



# BECOME A GAME CHANGER COACH

## Upcoming CPD Courses

Rugby Ready	Warrington RFC	29.10.18	<a href="https://goo.gl/UcZJEp">https://goo.gl/UcZJEp</a>
CARDS	Liverpool St Helens	12.11.18	<a href="https://goo.gl/oUWyzy">https://goo.gl/oUWyzy</a>
CARDS	Widnes RUFC	19.11.18	<a href="https://goo.gl/wZHpSq">https://goo.gl/wZHpSq</a>
GAME CHANGERS	West Park RUFC	26.11.18	<a href="https://goo.gl/rzHw3y">https://goo.gl/rzHw3y</a>
GAME CHANGERS	Warrington RFC	03.12.18	<a href="https://goo.gl/CkyTba">https://goo.gl/CkyTba</a>
PRINCIPLES OF ATTACK	Widnes RUFC	28.01.19	<a href="http://www.englandrugby.com/my-rugby/courses/search/#/search?id=&amp;c=&amp;eventid=226341990">http://www.englandrugby.com/my-rugby/courses/search/#/search?id=&amp;c=&amp;eventid=226341990</a>
PRINCIPLES OF DEFENCE	Liverpool St Helens	04.02.19	<a href="https://www.englandrugby.com/my-rugby/courses/search/#/results">https://www.englandrugby.com/my-rugby/courses/search/#/results</a>
PRINCIPLES OF DEFENCE	Warrington RFC	11.02.19	<a href="https://www.englandrugby.com/my-rugby/courses/search/#/results">https://www.englandrugby.com/my-rugby/courses/search/#/results</a>

## Join our qualified referees & coaches

### COACHING

NEW CPD's, WHAT ARE THEY?

**CARDS**

This course explores how coaches can develop and use the England Rugby model of developing players who are **Creative, Aware, Resilient, Decision Makers** and **Self - Organisers**. We will explore how using challenges and creating problems for players to solve can help develop these skills along with examining of the coaches actions and behaviours to support.

**GAME CHANGERS**

This workshop explores ideas around shaping and sharing meaningful **game based practices** to effectively facilitate player development within a fun and inclusive environment. Attendees will be helped to understand the key principles that are necessary for effective **game design** through a blend of theory and practical. Those attending will leave with tangible ideas around 'what' and 'how' to coach through effective Game Zones.

**PRINCIPLES OF ATTACK**

This course has a blend of theory and practical and will look at exploring the England Rugby principles of attack- **Go Forward, Support, Continuity and Pressure**. The practical activities are designed to help coaches to challenge player's creativity, decision making and self -organisation in attack and includes the use of effective contact skills.

**PRINCIPLES OF DEFENCE**

This course is a blend of theory and practical which will look at exploring England Rugby's principles of defence which are:

- **Assess threats**
- **Cut down options**
- **Get the ball back.**

The practical activities are designed to help the coach to challenge player's decision making and self -organisation in defence, whilst developing tackle technique.

**To book go to: [www.englandrugby.com/my-rugby/courses/search](http://www.englandrugby.com/my-rugby/courses/search) • Duration: 2.5hrs • Cost: £15**

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