

for Ages 6-11 & 12-16

Only **\$150**
register early!

**Give it
a try!**

SPORTS CAMP

to be held at: **Victoria Park Fieldhouse**, Fergus
home of **Highland Rugby**

Aug 7-10, Aug, 13-17
and Aug 20-24
9am-4pm

FUNDAMENTALS - AGES 6-11

Campers will develop fundamental movement skills - agility, balance coordination, speed, running, kicking, throwing and jumping - in a well-structured, positive and fun environment.

LEARNING TO TRAIN - AGES 12-16

Campers will enhance and develop overall sports skills. We will integrate physical, mental and emotional training components within a well-structured program.

Hosted by University of Guelph Women's Rugby head coach Colette McAuley and members of the women's Gryphon rugby team plus Highland Rugby Club members.

All Camp Registration Fees Include:

- Camp T-shirt
- Staff to camper ratio 1:9 or better
- Pre and Post camp supervision from 8:30am until 5pm is an additional \$10/day
- Recreational swim(s) 1/week

Registration starts: June 3rd
Late day of registration: July 27th

to register email:
giveitatri@highlandrugby.com