



NORTH SHIELDS

RUGBY FOOTBALL CLUB

Clubhouse / Pavilion
Preston Playing Fields
Monks Wood
Preston Village
North Shields
Tyne and Wear
NE29 9ND

Tel: 0191 2577352

Accident and Emergency Procedures

The following guidelines should be applied in the event of an accident / Injury occurring at the club or where a club member is involved in an accident / Injury at an event attended as members of North Shields RFC.

- Stay calm but act swiftly and observe the situation. Is there danger of further injuries? – If so, try to minimize the danger.
- Listen to what the injured person is saying.
- Alert a first aider who should take appropriate action for minor injuries.
- In the event of an injury requiring specialist treatment, call the emergency services. Keep the injured person warm and keep onlookers at bay.
- DO NOT move someone with major injuries. Wait for specialists from the emergency services.
- Deal with the rest of the squad and ensure that they are adequately supervised.
- Contact the injured person's parent/carer.
- If the injured person is taken to hospital, ensure that all his/her personal belongings are collected up and returned to the injured person or his/her parent/carer in due course.
- Complete an Incident/Accident report form, if necessary, notify the welfare officer at the Club of certain serious incidents/injuries.
- Ensure that arrangements have been made to replenish any first aid supplies used.
- In the case of a serious injury, ensure that the injured person or his/her parents are contacted for 'updates' and arrange visits if appropriate.
- Ensure that the injured person does not resume playing until fit to do so.

What constitutes an accident/incident?

There is no all-encompassing definition of what constitutes an injury/incident that necessitates the completion of a Incident/Accident Report Form – a common sense approach is needed. It is therefore suggested that a Form is always completed where the injured person:

- Needs to have blood cleaned off or strapping etc applied before playing on after an injury
- Appears to have suffered a dislocation or a broken bone
- Appears to be concussed in any way
- Sees a doctor or physio or similar following the injury.

The above list is not exhaustive – if in doubt, a Form should be completed.

Notification to Max Barton

It is a mandatory RFU requirement that certain injuries/incidents are reported to the RFU promptly. To meet this requirement, reportable matters must be notified to the club secretary within 24 hrs. Reportable matters re are:

- Any head or neck injury that requires a player to be transported directly from the ground to an accident and emergency department
- An injury that results in admission to hospital as an in patient after a game/training has finished and is game/training related
- Any injury which prevents a player from playing or training for 8 weeks or longer Deaths, which occur during a game or within 6 hrs of the game finishing.

