



NORTH SHIELDS

RUGBY FOOTBALL CLUB

Clubhouse / Pavilion
Preston Playing Fields
Monks Wood
Preston Village
North Shields
Tyne and Wear
NE29 9ND

Tel: 0191 2577352

Volunteers Needed

The running of your club is overseen by The Club Committee who are all volunteers. It is a huge job and we are always looking for volunteers to help out.

Many hands make light work and we encourage willing volunteers to step up and make a difference. Most of the existing committee are fulfilling two, three or even more roles – they do it because they want the club to succeed and if more people could get involved NSRFC could thrive.

Match day jobs such as putting out/bringing in flags and post protectors, sorting out the kit, picking up rubbish, helping out in the kitchen, team managers, first aiders are but a few.

Successful rugby clubs are more than just victorious on the pitch. Players and coaches are vitally important but so are those dedicated volunteers who work hard behind the scenes to help a club function.

You don't have to be a rugby expert to get involved; parents, wives and girlfriends, children, retired players etc. with a little spare time could make a big difference to our club.

Benefits of Becoming a Volunteer

- Building self-esteem and confidence
- Learning and developing new skills
- Enhancing work experience and building a CV
- Being active and improving health and wellbeing
- Meeting new people and broadening your social network
- Giving something back to the game you love
- Making a difference in the community
- Having fun!

As well as the jobs listed above, we are also urgently looking to fill the vacant positions highlighted overleaf. With Health & Safety, Child Welfare and player / member retention paramount the RFU demands more club officers / roles than ever before and we don't currently have the numbers in either our Senior or Youth programmes, please see if there is a role suited to you which you could take on or assist with.

We can also offer various training courses, through the RFU, in first aid, refereeing, coaching and many other of the volunteering roles.

Speak to a member of the Club Committee if you would like to get involved.

