



Dear HFC Member/Guest

Covid-19 virus information – Match Days and Training Sessions from 29th August 2020

Hambleton FC are taking practical measures to help reduce the spread of the Covid-19 virus (Coronavirus).

We would ask all participants to read the information provided below and confirm they fully understand and will comply with the additional measures to be adopted:

The FA have recently updated their guidelines for the commencement of grassroots football which includes more competitive training, playing friendlies and competitive matches.

- For information on re-starting of grassroots football during the coronavirus pandemic, please visit the FA website <https://www.thefa.com/news/2020/jul/17/grassroots-guidance-for-competitive-football-restart-in-england-170720> .
- If you or anyone within your household have been in contact with someone with coronavirus or are feeling unwell with a cough, difficulty breathing or fever, stay at home and use the NHS 111 online coronavirus service or call NHS 111. **DO NOT ATTEND THE SESSION**
- Unless living in the same household, avoid travelling to or from the playing venue in groups in one car.
- Any member who is planning to travel out of the UK must inform HFC committee and on their return must keep avoid attending the Club's ground, training venue and match day venue for a maximum of 14 days.
- Hand sanitisers will be provided by HFC for use before and after every training session and on match days. All participants **MUST** sanitise at least before and after play.
- HFC are encouraging a no-contact policy, which includes all common forms of greeting that contain physical contact such as handshake, fist bumping etc. – please don't shake hands etc. with other participants
- Balls and flags will be disinfected by HFC prior to each training session, match and outfield participants must avoid contact with their hands.
- Social distancing must be adhered to upon arrival to training, friendlies and match day venues.
- First-aiders will wear protective gloves and masks when treating injuries.
- HFC will hand out training bibs to each participant during sessions and shirts before each match. It is therefore the responsibility of each participant to place used bibs and shirts in the kit bag provided after each session/match.



- All goalkeepers will wear their own gloves - these must be washed/disinfected after each session. Goalkeeping gloves MUST not be shared under any circumstances.
- No spitting is permitted at any time during the training session or match, if required use tissue and dispose of straight away only in purpose provided waste bins or safely removed and disposed of by the individual.
- Drinks, whistles or pens or anything that could potentially infect others MUST not be shared under any circumstances.
- Payment preference is online/cashless for training, friendlies and match day fees.
- If you are feeling unwell during a session, please immediately inform one of the HFC Committee members
- Participants personal data may need to be used for the purposes of track and trace.

Obviously, we all want to return to playing competitive football, which must be done in a safe manner, limiting risk to a minimum. All participants, either HFC members or guests must agree to the above guidance and accept that Hambledon Football Club accepts no liability whatsoever, directly or indirectly for any Covid-19 related infections during training sessions, friendly matches or competitive matches (We all play at our own risk with respect to Covid-19 and or any future strain of the virus).

It should be noted that these additional measures are based on current guidance and may need to be updated as further guidance is issued by the FA. This guidance is in addition to the requirements of HFC constitution and code of conduct, a copy of which is available on HFC website.

If you have any questions regarding any of the above please contact a HFC committee.

Once read, please send an acceptance email to: hambledonfc@gmail.com

Please note that only once an acceptance email is received, will participants be able to play in football competitive training sessions, friendlies or matches.

HFC Committee – 21st August 2020 – Revision 0