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OUR VISION & MISSION STATEMENT

Our Vision

To be an excellent independent sustainable amateur Rugby Union Club and a leading provider of sports facilities in the Orrell area, recognised as a valued contributor to the local community.

Mission Statement

To be a high quality, well run club, offering opportunities for all ages, genders and levels of ability; embracing the RFU core values by creating an environment and culture that promotes teamwork, discipline, respect and enjoyment- whilst maintaining respect for the club's history and retaining our links with the past; incorporating changes in society, new ideas and new technologies.

Values & Conduct

- To behave with integrity and in a manner, that is consistent with the principles of good teamwork, discipline, and respect for others.
- To promote the club and the sport of Rugby Union to those outside the club
- To demonstrate individual commitment in all activities and roles undertaken on behalf of the club
- To contribute in a positive manner to team activities and show respect to other team members
- To nurture and develop the skills of individuals
- To promote wider member participation in the Club and the community
- To carry out our duties or tasks for Orrell Rugby Union Club with pride and respect for the club values

The Club also follows the RFU Code of Rugby:

Everyone involved in rugby in England, whether as a player, coach, referee, administrator, parent or spectator is expected to uphold the core values of our sport

Teamwork | Respect | Enjoyment | Discipline | Sportsmanship

- Play to win – but not at all cost
- Win with dignity – lose with grace
- Observe the laws and regulations of the game
- Respect opponents, referees and participants
- Reject cheating, racism violence and drugs
- Value volunteers and paid officials alike
- Enjoy the game

ORRELL RUFC

CONTACTS



President	Bill Lyon billylyon.longshaw.wigan@hotmail.co.uk
Chairman	Tony Havlin tony.havlin@btinternet.com 01942 222145
Treasurer	Karl Lee karlleeorrellrufc@outlook.com 07833 704812
Secretary	John Huyton secretary@orrellrugbyunion.com 07809 374201
Membership Secretary	Janet Wilkinson jmw.45@btinternet.com
Commercial & Sponsorship Manager/Match Day Programmes	Dave Hewlett dhewlett.orrellrufc@gmail.com 07764 576278
Communications Manager	Tracy Monckton orrellrugbyunion@gmail.com 07900 101014
1XV Fixtures Secretary	Graham Winstanley norah.winstanley@btinternet.com 01257 423223
Head of Coaching	Paul Wingfield paul.wingfield@williamjamesrecruitment.com 07581 469779
1XV Coaches	Andy Carroll andrew_carroll2@sky.com Peter Carletti peter.carletti@btinternet.com
2XV Coaches	Bill Ashton billyashtonroofcare@icloud.com 07879 881927 Brian Roberts ber.roberts@sky.com 07989 155886
2XV Fixtures Secretary	Paul Wingfield paul.wingfield@williamjamesrecruitment.com 07581 469779
Mini & Junior Section Chair	Chris Gibson cm.gibson@hotmail.co.uk 07843 290481
Mini & Junior Section Vice Chair	Jacqui Campbell jacquicampbell286@btinternet.com
Mini & Junior Section Fixture Secretary	Neil Bradley wkbradleyandsons@talktalk.net 07850 866247
Touch Rugby	Ian Hollis ianhollis@hotmail.com 07903 806438



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WELCOME FROM BILL LYON

PRESIDENT ORRELL RUFC



A very warm welcome to our visitors-players, officials and supporters. As ever we look forward to an afternoon of good, competitive rugby.

Preparations for the senior players began in mid-July and the numbers involved have been encouragingly high. When considering the competition for places both of our senior teams seem to be in a healthy condition in readiness for their demanding league programmes.

The Mini and Junior section continues to prosper and with the growth of so many teams inevitably more and more help is needed, especially regarding coaches-every volunteer is invaluable! In twelve months time we should hopefully see an Orrell Colts team take the field for the first time in four years. The flow of colts into the senior ranks has been the lifeblood of the club and it is important to acknowledge the importance to the club.

The Touch Rugby section is developing steadily with new players always welcome to the Friday training group. A number of tournaments have been successfully entered by a squad that contains three internationals.

Inevitably our focus this season is not only on the field of play but also on the continued efforts of executive, fund raising committees and volunteers regarding the joint venture. Various events are planned and every bit of support is valuable. It is of course important to acknowledge all of our sponsors and how vital their contributions are (not forgetting our FOPS) - a genuine thank you to all concerned.

The very best of luck to all our players, coaches, supporters, volunteers, sponsors and anyone I have omitted. Please continue your excellent work and help to take us forward to achieve our goal.

Regards.

ORRELL RUFC 200 CLUB

This is an excellent opportunity to support your Rugby Club and win cash prizes by being entered in to the monthly prize draw. The prizes are issued pro-rata, based on the number of participants in the draw. Entry is by completion of a standing order form for either monthly or annual payment. Except for the prize money, all funds (less any administration costs) will be used to support the club and its objectives. 40% of the income is issued in prize money. 30% for first prize and 10% for second. The draw is held monthly throughout the year.

The cost is £5.00 per month or £60.00 per year.

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Contact David Robinson and complete the standing order form



CHAIRMAN'S MESSAGE

TONY HAVLIN

As I said at the start of the season we have a challenging year ahead but we still approach the next 12 months ahead with optimism and resolve to achieve our goals which this year are;

- 1. Grow our playing numbers**
- 2. Improve our playing standards**
- 3. Attract more coaches for the mins and junior section**
- 4. Raise enough money to start the construction of our new facilities**
- 5. Establish Winstanley Tennis club as our base**
- 6. Recruit more volunteers to help us achieve our goals**
- 7. Improve our communications**

Memberships are down again this year and as I know you are all aware, without our members and players, there is no club. Please, if you haven't already done so, renew your membership for this year. Some of you may have not received any communication from us – but unless you responded to our GDPR letters/emails, etc – by law, we are not allowed to contact you. Get in touch, let us know you want to be a member and updated with all things Orrell.

You can telephone any member of the Executive Committee – our numbers are at the front of this programme – or you can email us at enquiries@orrellrugbyunion.com – but please get in touch!

Regarding communications, we produce regular newsletters, articles in the programme, web site updates, social media updates and emails to members (where we can) and yet I hear that some members claim not to know what is going on and don't believe that anything is happening. Well if you sat where I do you would know that there is a lot of work going on behind the scenes however most of it is being done by the same small group of members. So I would draw your attention to goal number 6 above and ask that you get involved.

For example, last year we had some 270 adult members but only 88 donations towards our development fund. It would be nice to add a further 50 donations before the end of the year so why not start there.

There will be more specific updates throughout the season, but I have kept this as brief as possible in the interest of time.

Tony Havlin
Chairman

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Welcome to St John Rigby for what should be a fantastic game of rugby this afternoon.

After only one game in four weeks for the 1st XV, last week's fixture at Oswestry will have hopefully blown away a few cobwebs.

I think I speak on behalf of everybody concerned with the club, when I say that the stop-start element to the league this year has been frustrating. We were starting to build some consistency, rhythm and tempo to our game and the 50 – 12 win over Dukinfield on the 22nd September was really encouraging.

Our performance at Oswestry last week wasn't the best but we got the win and a bonus in the end. We were rusty but still created numerous opportunities. We didn't convert the majority of our opportunities and the home side to their credit stood fast in defence, under lengthy spells of pressure. We also managed to hold out pretty well in defence, until a sin binning late on left us short and we conceded a penalty try which was disappointing.

Marple will be a tough challenge this weekend and currently sit mid table on 15 points, just four points behind ourselves in second place. Last week they obviously performed well in a 40 – 15 win over Dukinfield and will be full of confidence I'm sure. They had several players that stood out last year and we'll need to be careful that we don't allow them to gain good field position and momentum early in the game. It's a tough challenge for us and I hope that the lads are up for it come 14.30 p.m. on Saturday afternoon.

Paul Wingfield
07581 469 779

Hello and welcome back to St John Rigby after 3 weeks without a home game, due too having 2 free weekends and then last weeks game at Oswestry.

Its good to be home, and we want to kick on with our season as the two weeks off only interrupted our form. With the lads not being together for two weeks and having no real contact, last weeks game almost felt like the start of the season again and it showed in our performance. A slow start and lethargic defending saw us concede a sloppy try early on and we had to fight just to draw back level, but eventually with the help of our fitness toward the end of the game, we finally began to take a bit of control and score some points. It was far closer that we expected but Oswestry really showed up and were not going to be a push-over. Not our best day at the office performance wise, however we got a win and a bonus point on the road and we cant ask for more than that!

After the game Oswestry looked after us really well and everyone enjoyed a few pints together in their club house!

Today I would like welcome Marple R.U.F.C and I'm sure today's game will be a good one with both teams hitting form early on in the season and getting a few wins under their belt. We hope for another well contested game here today!

Also hope to see you all down and Holland Hall for the beer festival this weekend!

And a huge congratulations to Zac Houghton, Matty Wareing, Dylan Hartley Kris Gibson, Tom Lee and Tom Campbell on their selection in the Sale Sharks DPP programme! Well done lads and good luck!

Thankyou
Dan Huxley.

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1XV MATCH REPORT, 22ND SEPTEMBER 2018

ORRELL RUFC VS DUKINFIELD

Looking to secure a third league win of the season Orrell started strongly in front of the home fans and then romped to an emphatic eight try victory over Dukinfield.

Josh Grant the young and imposing Orrell front rower opened the scoring on 6 minutes. The tight head picked up a loose pass and then powered his way over for a close range but impressive effort. Craig Thomas slotted the conversion easily for an early 7 – 0 lead.

The first quarter flew by, Orrell's forwards led by example and the impressive front row combination of Kyle Herbert, Lloyd Davies and Josh Grant were matched by the pairing of Wilbur Harris and Jack Granby in the second row.

Against a much larger pack the Orrell enforcers dominated and set up good field position for the backs to try and exploit. Their speed and ability to move the ball through the hands was evident and it took only another six minutes for Harris to pick the ball up from the back of a ruck and whistle passed two defenders in trade mark fashion. The score came just to the right of the uprights and Thomas converted easily.

Leading 14 – 0 the home side were in full control and the backs still hadn't found their rhythm. Outside centre Tom Hallsall then finished a free flowing move to edge them into the contest, whilst also adding to his seasons tally and highlighting his ever increasing strike threat in the outside centre position. With the try out on the left edge, Thomas was left with a difficult conversion and put the kick wide.

Dukinfield regathered some composure and had a few fine passages of play themselves, with pick and go's and slick interchanges between their back row and front row. Their approach worked the home sides middle channels highly effectively but Orrell stood fast during 10 minutes of relentless forwards play.

When Orrell did manage to get the ball back they broke fast, racing nearly the full length of the field only to be halted with some excellent cover tackles close to the Dukinfield try line.

Dan Huxley, the busy Orrell flanker then tagged onto to some more strong front row play and got his own five pointer. With Craig Thomas limping off the field with a calf strain, it was Ratcliffe that missed the conversion from the touchline but Orrell were 24 – 0 up and flying.

Some sloppy penalties and loose passes let Dukinfield gain field position and momentum, which resulted in a great kick and chase from the Oldham full back. A foot race between Chris Wynn and his opposite number followed. Wynn looked to have won the sprint and indeed protested that he had in fact grounded the ball first. The referee saw it differently and awarded Dukinfield their first try and points of the game. The conversion was missed for a score of 24 – 5.

Just before half time what would have been the try of the game was bombed, much to the disappointment of the Orrell coaching staff. The ball went through five of six pair of hands leaving Dan Huxley and Kieron Herbert to slice through the Oldham defence with a one two passing sequence. With the two of them racing towards the Dukinfield fullback, Huxley had Herbert in support and screaming for the ball but somehow

Herbert dropped the most immaculate of passes, leaving a frustrated Huxley ruing the fact that he should have gone on his own.

Orrell wasted no time dwelling on the mistake though and after some more slick handling Jack Granby, who has started to play some outstanding rugby in recent weeks, raced over for a typical back row try full of pace and determination. Ratcliffe converted and Orrell were leading 31 points to 5 at the half time break.

After the restart it was a moment of magic that sent the home crowd ecstatic, as Kieron Herbert who had been busily trying to make amends for his earlier mistake and who has been outstanding in the unfamiliar inside centre position this season, dropped into scrum half (due to the sin binning of Adam Worley).

Sniffing an opportunity with tired bodies everywhere, Herbert picked up the ball at the base of a ruck and dashed 70 metres for the try of the afternoon. He rounded the full back at speed, reminiscent of his days as a St Helens academy flying wingman and touched down the under the sticks. The easy conversion for Ratcliffe was slotted over convincingly, thus pushing Orrell into a 38 points to 5 lead.

Matty Johnson who had replaced the injured Craig Thomas on the left wing earlier in the game, then got on the score sheet after some varied, fast and free flowing backs play. Chris Wynn, who is still learning the fullbacks role in only his second season provided the slick pass out the back of two edge runners... Johnson finished over in the far left corner in true wingman's style. Reminiscent of a training ground move Wynn was seen jubilant and enjoying the fruits of his labour until long after the game on a move that had worked to perfection.

The conversion was missed but Johnson wasted no time after the restart and was almost immediately racing down the touch line again. For the third consecutive time Johnson tried to the beat the last man standing but this time he put boot to ball for a chip and regather. The Dukinfield full back then proceeded to flatten Johnson off the ball and quite rightly received his marching orders. A penalty try was given and a 50 – 5 lead gained.

At this stage it looked like Dukinfield were going to capitulate but to their credit they didn't and Orrell were in for a rough ride with 20 minutes remaining. What followed wasn't pretty but with two sin binning's and some solid no-nonsense forwards play, Dukinfield pressed the home sides buttons and got on the score sheet for a seven pointer.

Orrell's young pack led by and barked at by the experienced Wilbur Harris, stood firm under constant pressure and harassment. The penalty count did start to creep up but cool heads prevailed and a line was crossed with regards to keeping their composure in difficult circumstances. Which will only benefit the team in the weeks and months to come.

Orrell know that travelling to Oldham on the 5th January in the return fixture is going to be a completely different ball game but will take heart from another win, a try scoring bonus point and some sturdy defence against an experienced and sizeable Dukinfield pack and backline.

ORRELL RUFC 1XV

RESULTS, TABLE AND FIXTURES



Lancashire/Cheshire Division Two Results 22nd September

Garstang	12-67
Marple	14-12
Orrell	50-12
Oswestry	20-39
Port Sunlight	13-15

Aspull
Congleton
Dukinfield
Birchfield
New Brighton

Lancashire/Cheshire Division Two Results 29nd September

Aspull	94-8	Port Sunlight
Birchfield	42-33	Marple
Congleton	34-10	Garstang
Dukinfield	29-17	Oswestry
New Brighton	7-17	Eccles

#	Team	Pl	HW	HD	HL	AW	AD	AL	W	D	L	F	A	Diff	Pts	Adj	Recent Form
1.	Aspull	5	2	0	0	3	0	0	5	0	0	284	42	242	24	4	W W W W W
2.	Orrell	4	3	0	0	1	0	0	4	0	0	137	63	74	19	3	W W W W
3.	Birchfield	5	1	0	0	3	0	1	4	0	1	150	142	8	19	3	W W W L W
4.	Congleton	5	2	0	0	1	0	2	3	0	2	154	64	90	17	5	W W L W L
5.	Eccles	4	1	0	1	2	0	0	3	0	1	99	73	26	15	3	L W W W
6.	Marple	5	3	0	0	0	0	2	3	0	2	131	121	10	15	3	W L W L W
7.	New Brighton	4	1	0	1	1	0	1	2	0	2	69	92	-23	9	1	L W W L
8.	Dukinfield	4	1	0	1	0	0	2	1	0	3	73	127	-54	6	2	L W L L
9.	Garstang	5	0	0	3	0	0	2	0	0	5	109	212	-103	4	4	L L L L L
10.	Oswestry	5	0	0	3	0	0	2	0	0	5	57	185	-128	1	1	L L L L L
11.	Port Sunlight	4	0	0	2	0	0	2	0	0	4	53	195	-142	1	1	L L L L

Lancashire/Cheshire Division Two Fixtures Fixtures 20th October

Aspull	vs	New Brighton
Birchfield	vs	Port Sunlight
Congleton	vs	Eccles
Dukinfield	vs	Garstang
Orrell	vs	Marple

Lancashire/Cheshire Division Two Fixtures Fixtures 27th October

Eccles	vs	Birchfield
Garstang	vs	Orrell
Marple	vs	Oswestry
New Brighton	vs	Congleton
Port Sunlight	vs	Dukinfield



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SOCIAL & FUNDRAISING EVENTS

We've lots going on this season at Orrell RUFC (including some events in support of our Joint Venture with Winstanley Park Cricket Club to build our own home and pitches and a fantastic community hub for our local areas).

4 November	Bonfire Night at Holland Hall
24 November	Orrell and Winstanley Community Sports Club Annual Dinner Dance
TBC	Orrell and Winstanley Community Sports Club Christmas Carol Concert
9 December	Santa Dash
23 March 2019	Sportsman's Dinner
14 June 2019	Orrell RUFC Golf Day
20 June 2019	Orrell RUFC Ascot Ladies Day

The Fundraising Group is also reviewing events with Winstanley Park Cricket Club in support of our Joint Venture possibly around Spring, Summer and Autumn next year, such as a Northern Soul Night and a cabaret style dinner dance. These are very exciting times for our Fundraising Team; looking at new venues for events and completely new ideas – events we've never run before such as the Octoberfest!

Exciting times and you can get involved, either through supporting our events or by helping organise. Volunteers to help are always welcome or just ideas of how we can raise money to help achieve the dream of our own home and pitches.



HOLLYWOOD THEMED DINNER DANCE

Tickets are now available for our Dinner Dance on 24th November at Houghwood Golf Club. The Hollywood themed event includes a 3-course dinner and entertainment.

Tickets are £35 and can be obtained from Pauline Lloyd on 01695 623427.

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COMMERCIAL & SPONSORSHIP

DAVE HEWLETT



As you are aware i am constantly looking for sponsors and now i can offer a new sponsorship opportunity which will appeal to businesses looking for a return for their money. From 1st December the 1st xv games will be filmed and the edited highlights put on YouTube. Below the highlights will be a rolling strap line with the sponsor's name. Great advertising, permanently on YouTube with the potential to be seen by anyone, anywhere in the world. Interested in sponsoring a match film? Please get in touch.

There are several events taking place before Christmas and your support for these events would be greatly appreciated.

Obviously, this weekend we have the beer gin and prosecco festival at Holland hall with the profits from the weekend going to the fund-raising pot for our new ground and facilities. Please support the festival and help us raise loads of money. A massive effort has been put in by Glyn Worley, Tracy Monckton and the team at Holland hall to get the event off the ground. The long-term aim is to establish it as annual festival and provide the community club with a valuable income stream. Great excuse to have a few beers!

Next up is bonfire night on 4th November at Holland hall. Thanks to Holland hall for staging this event and very generously sharing the profits with Christies hospital and Orrell rugby club. Details regarding tickets and prices are on the club website and on social media.

Our second event in November is the annual dinner dance, once again being held at hoghood golf club on 24th November. Tickets are available from Pauline Lloyd and you will not be allowed to say no!!!!!! Once again details can be accessed via the club website and social media.

Now into December and on 9th December there will be a Santa dash round Mesnes park. Jason Lloyd has taken ownership of this event and details will follow shortly. It would be great if we could get a mass of Orrell



members running, jogging, walking, pushing buggies or whatever round the park raising money for and promoting Orrell RUFC.

As you can see a tremendous amount of time and effort is put into organising these events and their success is dependent on our support. Please support your club.

If anyone wants to help the events team then do not hesitate to contact myself or Tracy Monckton, details on the contact page of the programme. You don't have to sit on a committee, would not impose that on anyone, but just be willing to help in any capacity to ensure the success of every event.

Thank you.

Dave Hewlett

dhewlett.orrellrugby@gmail.com
07764 576278

THE FUTURE IS BLACK AND AMBER

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CHORLEY RUFC 1ST XV V ORRELL RUFC 2ND XV

MATCH REPORT

SATURDAY 15TH SEPTEMBER 2018

Orrell 2s were looking to back up last week's first home league victory over Leyland Warriors, with at the very least a solid performance and they didn't disappoint.

A rearrangement of the squad due to injuries, work and holiday commitments meant that a slow start could have been forgiven but in fact Orrell started strongly and laid siege to the Chorley try line.

Some free-flowing rugby in the backs and a no-nonsense approach in the forwards, set the scene for a fantastic opening 40 minutes. Kelly, Stott and Garner ran the line outs and the front row of Anderson. Maguire and Statts kept the middles tight.

Free flowing rugby created numerous opportunities in the first half hour, but Chorley dug in and defended resolutely. On 32 minutes the deadlock was broken and the first points of game came by way of Harris. Billy Ashton had made the inspired substitution only moments before and with a fresh pair of legs the number eight skipped past two tired defenders and went under the posts. Ratcliffe successfully converted for a seven-point lead.

Jordan Watts entered the field of play due to an injury, just before half time and it was the returning flying wingman that managed to squeeze in the left corner for the second try of the afternoon. Rattcliffe converted from the touchline for a fourteen-point half time lead and Orrell were in full control.

The travelling support were expecting more of the same in the second half, but Chorley had other ideas and they fired back right from the restart. Starting like men possessed they scored almost immediately and were back in the game.

The relatively easy conversion was missed but was made amends for with a sweetly struck penalty on 53 mins. Chorley then had sustained pressure and territory and when the black and ambers had a

player sin binned on 64 mins, it looked like Chorley were going to convincingly win the game.

At this point Orrell could quite easily have given the game up but they didn't, and they too started to act like men possessed, covering every blade of grass in defence, making several last-ditch tackles.

When the home side eventually scored on 72 minutes, for a few moments at least, Orrell looked done for... However, Chorley missed the conversation and Orrell were left with a slim 13 – 14 lead.

With the lads back up to 15 players and looking reenergised, they then made significant headway into the Chorley half and although the defence scrambled well, the home aide made an infringement at the ruck and Rattcliffe coolly slotted the penalty from 40 yards out, giving the lads some breathing space at 13 – 17.

Orrell finished the game with some patient and cool-headed rugby and it resulted in a memorable first league win away from home. The game also doubled up as a cup game, so the lads now progress to the second round of the "Robinsons Brewery Bowl".

The opponents are confirmed as Trafford MV 2nds and the tie will be played on the 06th October 2018.

Some notable performances came from Jack Johnson and Matthew Stafford, who had their first run outs at outside centre and scrum half respectively.

The return of the increasingly energetic Carlton Bramwell was a major plus and James Pearson putting on the shirt for the first time in a month, added some real bite to the bench.



Orrell 2xv vs
Crosby St Mary's
Match Photographs
Saturday 22nd
September 2018



ORRELL RUFC 2XV

RESULTS, TABLE AND FIXTURES

Division 3 North Results Saturday 13 October 2018

Leyland Warriors	Post	Chorley
1st XV Men		
Littleborough 3rd XV	13-38	De La Salle (Salford) 2nd XV
Oldham 2nd XV	41-12	Crosby St Mary's
Orrell 2nd XV	37-0	Trafford MV 2nd XV
Upper Eden Boars (2nd XV)	48-7	Rossendale 3rd XV
Vale of Lune 3rd XV	22-5	Broughton

Saturday 29 September 2018

Broughton	62-5	Littleborough 3rd XV
De La Salle (Salford) 2nd XV	71-8	Rossendale 3rd XV
Eccles 2nd XV	27-17	Orrell 2nd XV
Leyland Warriors	104-0	Upper Eden Boars (2nd XV)
1st XV Men		Vale of Lune 3rd XV
Trafford MV 2nd XV	44-19	

Saturday 22 September 2018

Littleborough 3rd XV	19-37	Trafford MV 2nd XV
Oldham 2nd XV	19-34	Leyland Warriors 1st XV Men
Orrell 2nd XV	20-17	Crosby St Mary's
Rossendale 3rd XV	39-15	Broughton
Upper Eden Boars (2nd XV)	24-40	De La Salle (Salford) 2nd XV
Vale of Lune 3rd XV	5-36	Eccles 2nd XV

Division 3 North Fixtures Saturday 20 October 2018

Broughton	v	Orrell 2nd XV
Chorley	v	Upper Eden Boars (2nd XV)
Crosby St Mary's	v	Leyland Warriors 1st XV Men
De La Salle (Salford) 2nd XV	v	Vale of Lune 3rd XV
Eccles 2nd XV	v	Oldham 2nd XV
Rossendale 3rd XV	v	Littleborough 3rd XV

Saturday 27 October 2018

Chorley	v	Crosby St Mary's
Leyland Warriors	v	Eccles 2nd XV
1st XV Men		
Oldham 2nd XV	v	Trafford MV 2nd XV
Orrell 2nd XV	v	De La Salle (Salford) 2nd XV
Upper Eden Boars (2nd XV)	v	Littleborough 3rd XV
Vale of Lune 3rd XV	v	Rossendale 3rd XV

#	Team	Pl	FW	HD	HL	AW	AD	AL	W	D	L	F	A	Diff	Pts	Adj	Recent Form
1.	De La Salle (Salford) 2	6	2	0	0	3	0	1	5	0	1	243	104	139	21	0	W W W W W W
2.	Eccles 2	5	3	0	0	1	1	0	4	1	0	172	57	115	18	0	W W W D W
3.	Trafford MV 2	6	3	0	0	1	0	2	4	0	2	175	157	18	18	0	L W W W L
4.	Orrell 2	6	3	0	0	1	0	2	4	0	2	140	170	-30	18	0	W L W W W W
5.	Crosby St Mary's 1	5	0	0	0	3	0	2	3	0	2	114	97	17	15	1	L L W W W W
6.	Leyland Warriors 1	4	2	0	0	1	0	1	3	0	1	215	66	149	14	1	W W L W W
7.	Oldham 2	4	3	0	1	0	0	0	3	0	1	270	70	200	13	0	W L W W W
8.	Broughton 1	6	1	0	1	1	0	3	2	0	4	169	130	39	12	0	L W L L L W
9.	Chorley 1	3	1	0	1	1	0	0	2	0	1	142	38	104	10	1	W L W W
10.	Vale of Lune 3	6	1	0	3	0	0	2	1	0	5	96	198	-102	10	1	W L L L L L
11.	Rossendale 3	6	1	1	1	0	0	3	1	1	4	105	261	-156	10	0	L L W L L D
12.	Upper Eden 2 (Boars)	5	1	0	2	0	0	2	1	0	4	82	325	-243	8	0	W L L L L L
13.	Littleborough 3	6	0	0	3	0	0	3	0	0	6	52	302	-250	6	0	L L L L L L

ORRELL RUFC U10S VS SEFTON RUFC U10S 23 SEPTEMBER 2018



Orrell started the new season with high expectations but were unfamiliar to the incoming rules of rucking and mauling, this being a massive step up to u10s rugby.

Orrell found themselves in strange territory with scrums being introduced as well as 2 man mauls and rucks, some additional poor tackling and inadequate back line allowed Sefton to take control of the first 10 minute spell claiming 3 tries to Orrell's frustration.

A further game saw Orrell pull themselves together and produced small phases of open rugby, playing as a unit with off loads and direct running causing the visitors a few moments of panic, Orrell producing a fine try from new recruit Joe who went down the blind side to cross in the corner, Orrell lifted their tackle rate but Sefton

still managed to grab a further 3 tries against a more spirited Orrell side.

The final game saw a massive improvement and it was a much more controlled and aggressive display with Captain Will starting the throw the instructions around, Tom, Jack, Joe and Shay all powering forward with ball in hand, Finn was a constant threat throughout the morning with his defence and attacking ability, Liam and Thomas W starting to adjust to the match atmosphere with darting runs and willingness to receive the ball, Thomas K putting in a huge effort on the wing coming inside to release pressure off the runners and putting huge pressure on Sefton's defence line with his quick pace off the mark. Orrell gaining further tries from Finn and Shay.

Player of the Match: Finn



ORRELL U8S MATCH REPORT VS BLACKBURN

Orrell under 8s travelled to Blackburn RUFC on Sunday. A wet start to the day certainly didn't dampen the spirits of Thomas Daniels, Jacob Counce, William Mather, William Crimes and Eleanor Crimes. The Orrell captain, Thomas Daniels, bossed the game well running in 7 tries and defending well, diving to grab the tags of the Blackburn attack. Jacob Counce ran in 6 tries with some ducking, weaving runs to power past the opposition, whilst putting his body on the line to keep Blackburn out. New recruits William Mather, William Crimes and Eleanor Crimes are showing tremendous week on week improvements, Eleanor exhibiting really strong, consistent defence and scoring a couple of tries of her own, William Crimes demonstrating fantastic passion and determination in carrying the ball forward into Blackburn territory, and an excellent solo try from William Mather, hugging the touchline to score in the corner. All in all a great team performance both in attack and defence, looking forward to the rest of the season with Orrell under 8s.



**WE'VE BEEN LIGHTING UP THE RUGBY PITCHES
FOR A WHILE...**

**NOW WE'LL BE LIGHTING UP THE
SKY AS WELL WITH AN ORGANISED FIREWORK
DISPLAY ON SUNDAY 4TH NOVEMBER
AT HOLLAND HALL**

Another great new event has been added to the Orrell RUFC fundraising calendar; this time in conjunction with our Octoberfest (Beer, Gin & Prosecco festival) partner, Holland Hall.

Bill Kenyon, owner of Holland Hall, has organised a firework display for several years in support of Christie's Hospital. However, this year, we are delighted that Bill & Holland Hall have invited Orrell RUFC to be involved in the event, with a share of the profits going towards our fundraising for our Joint Venture development on land next door to Winstanley College.

It promises to be a great event and tickets will be on sale shortly. A family of 4 will be just £12; adults £5 and children £2 (with advance tickets) and a family of 4 will be £17, adults £7 and children £3 (if you pay on the day/gate). Tickets will be on sale shortly via Holland Hall or email us at enquiries@orrellrugbyunion.com

Put the date in your diary now so you don't miss out. Entry from 5.30pm with the firework display commencing at 6.30pm.



Keep up to date with all the latest club news at www.orrellrugbyunion.com
or follow us on [!\[\]\(17413706fd4997a1a4bdf85c6864eee1_img.jpg\) OrrellRUFC](#) or [!\[\]\(f419710cbe076aa30a9c6c031b5cbe84_img.jpg\) OrrellRUFC](#)



HEAD INJURIES IN SPORT

BY DR JOHN MORGAN

Sport plays a key role in keeping us fit and healthy, with team sports in particular providing a host of additional benefits including social interaction and, instilling discipline and teamwork in young people.

As with in life in general, however, accidents and collisions can occur in contact sports – with head injuries commonplace in sports such as football, rugby, hockey and many others. And while rules are in place in such sports to protect players from head injuries, collisions are inevitable in contact sports.

If in doubt, sit it out!

It is vital that all who participate in or watch sport are aware of the risks of concussion – particularly those involved at a grassroots or junior level, where ambulances and medics are not on standby should something go wrong.

What is concussion?

In simple terms, a concussion – or minor brain injury – is a temporary disturbance in the brain's functioning as a result of a blow to the head. The effects of concussion can leave people with symptoms including dizziness, nausea, confusion or an inability to process or retain information, sensitivity to light, and vision distortion.

In some cases, an individual may lose consciousness as a result of the head injury, but it is important to note that only around

10% of reported concussions involve a loss of consciousness – so it's important to not solely rely on this as an indicator.

How to identify concussion

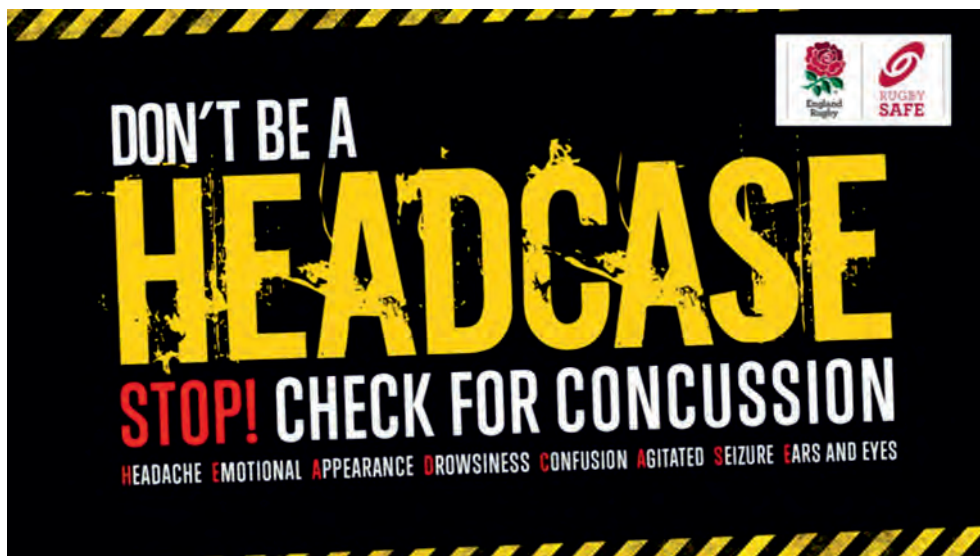
Concussions are notoriously difficult to identify, particularly in the midst of a sports match. It can be an evolving condition, with the symptoms taking time to display themselves, while many of the symptoms require honesty from the individual (feelings of nausea, vision distortion etc.) Given the difficulty in identifying concussion and the risks of continuing to play once one has been sustained, the message has to be if in doubt, sit it out!

Signs of concussion to look out for include:

- Dizziness
- Nausea
- Unsteadiness or imbalance
- Confusion
- Slurred speech
- Blurred or distorted vision

If any of these symptoms are experienced following a blow to the head, the player must be removed from the game to seek medical attention and not be allowed to return to the field of play.

Graduated return to play (and training) protocols must then be observed, with a player only commencing physical activity once he or she has received medical clearance to do so. I am happy to see any



Orrell player who has suffered a concussion at my surgery in Hindley to clear them to return to play.

What are the risks of ignoring concussion?

While injuries to external parts of the body can be identified, it is impossible to know what damage has occurred in the immediate aftermath of a head injury. Concussion is an evolving injury and the symptoms may be delayed in their presentation.

In the majority of cases, there will no long-term damage caused by a concussion – if treated appropriately with rest and medical assessment. Occasionally, complications can arise from seemingly minor blows to the head, which is why it is vital that people seek medical attention following a concussion.

There are significant risks in returning immediately to the field of play after sustaining a concussion. If a player sustains another blow to the head before the brain

has had a chance to recover from the initial concussion, the damage can be exacerbated to the point that it can be – on rare occasions – fatal. This is known as Second Impact Syndrome and it is believed to be most common among children and young adults.

In addition to putting themselves at risk of sustaining a more serious brain injury by returning to the field of play following a concussion, players are more susceptible to other injuries as they will not be able to perform at their best – either physically or cognitively.

The message from the RFU is clear – and remember ***'if in doubt, sit them out!'***

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ORRELL RUFC SENIOR LEAGUE FIXTURES 2018-19

HOME GAMES KICK OFF AT 2.30PM



2018/ 2019			Orrell			Orrell 2		
Date		1XV	Result			2XV	Result	
01-Sep-18	H	Congleton	W 22:15	A	Oldham 2	L 86:19		
08-Sep-18	H	Birchfield	W 43:19	H	Leyland Warrior 1	W 30:27		
15-Sep-18				A	Chorley 1	W13:17		
22-Sep-18	H	Dukinfield	W 50:12	H	Crosby St Marys 1	W 20:17		
29-Sep-18				A	Eccles 2	L 27:17		
06-Oct-18					Cup Match Trafford MV2	W 20:47		
13-Oct-18	A	Oswestry	W 17:22	H	Trafford MV 2	W 37:0		
20-Oct-18	H	Marple		A	Broughton 1			
27-Oct-18	A	Garstang		H	De La Salle (Salford) 2			
03-Nov-18	H	Port Sunlight		A	Rossendale 3			
10-Nov-18		Cup 2						
17-Nov-18	A	Eccles		H	Littleborough 3			
24-Nov-18				A	Vale of Lune 3			
01-Dec-18	H	New Brighton		A	Upper Eden 2			
08-Dec-18	A	Aspull			Weather Week			
15-Dec-18	A	Birchfield		A	Leyland Warriors 1			
22-Dec-18		Xmas Break			Xmas Break			
29-Dec-18		New Year			New Year			
05-Jan-19	A	Dukinfield		H	Chorley 1			
12-Jan-19		Weather Week		A	Crosby St Marys 1			
19-Jan-19				H	Eccles 2			
26-Jan-19	H	Oswestry		A	Trafford MV 2			
02-Feb-19					Cup QF			
09-Feb-19	A	Marple		H	Broughton 1			
16-Feb-19	H	Garstang		A	De La Salle (Salford) 2			
23-Feb-19								
02-Mar-19	A	Port Sunlight		H	Rossendale 3			
09-Mar-19	H	Eccles		A	Littleborough 3			
16-Mar-19					Cup SF			
23-Mar-19	A	New Brighton			Vale of Lune 3			
30-Mar-19					Upper Eden 2			
06-Apr-19	H	Aspull			Weather Week			
13-Apr-19	A	Congleton			Oldham 2			
20-Apr-19		Easter			Easter			
27-Apr-19								
04-May-19		Cup F			Cup F			



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- Open Age Training @OrrellRUFC
- 1st XV, 2s and 3s (Social Players)
- Date: Every Wednesday
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2018/2019**

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TODAY'S TEAMS

ORRELL 1XV

1. Josh Grant
2. Lloyd Davies
3. Willo
4. Jack Johnson
5. Jack Granby
6. Max Huxley
7. Dan Huxley (Captain)
8. Wilbur Harris
9. Adam Worley
10. Chris Owen
11. Matty Johnson
12. Kieron Herbert
13. Tom Hallsall
14. Alex Gaskell
15. Chris Wynn

16. Andy Stott
17. Kyle Herbert
18. James Ratcliffe
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3. Mark Stevenson
4. Nathan Todd
5. Simon Gregg
6. James Paterson
7. Gregg Simms
8. Darren David

9. Sam Thompson
10. Bryn Shipperlee
11. Daniel Fox
12. Andy King
13. Paul Howarth
14. Ben Martin
15. James Young

16. Simon Ingham
17. Oliver Blackshaw

