

Grassroots Football COVID-19 Risk Assessment

Name of Club	Sawbridgeworth Town FC	Assessed by (Name & Role)	Lisa Mott Secretary	Assessment Date	26/08/2020
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Activity	Matters to consider	Control measures and action plan
Pre-planning	Large numbers of players and officials attending	<p>The club must ensure that social distancing guidelines can be maintained where activities are taking place. This should include assessing the maximum numbers of players and officials that can safely operate in each space/area.</p> <p>There should be a sufficient number of club officials present to help ensure and maintain social distancing during sessions.</p> <p>Depending on player and/or officials numbers eligible to attend a session, staggered arrival/exit time slots for groups may need to be considered to minimise player and officials interaction.</p>
	High-risk players and officials with underlying health issues within the household	Request that any players or officials within the club communicate such circumstances with the us so that we can make a decision on how to proceed with reducing risk. Consider limiting the number of high-risk persons present at events or shielding them away from others.
Communication	Communicating with players and officials about the risks involved and	<p>Information should be distributed by the club to players and officials regarding;</p> <ul style="list-style-type: none"> • The COVID-19 risk and symptoms, and the practices that should be undertaken to mitigate risks. • Awareness that although COVID-19 infection risks can be minimised through adherence to the club's policies and procedures, they cannot be eliminated and risks remain for at-risk populations, their families, and the potential for unintended transmission. • The club's approach, standards, and policies to mitigate the risks. <p>Before leaving home to attend a session, players and club officials should assess whether they have any symptoms of COVID-19, for example, a high temperature or fever, a new continuous cough, new unexplained shortness of breath, loss of taste, or smell etc. Players and officials should be instructed in communications to stay home and not attend any sessions when they are showing symptoms of COVID-19, or have had close contact with a person with COVID-19.</p> <p>Information should be communicated by way of email, social media, coach talks, and public announcements where applicable and practicable.</p>

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Transportation	Use of public and private transportation to attend club activities	<p>For those attending activities through the use of private transport, discourage the use of car pools to transport participants who do not live in the same household.</p> <p>For those attending by public transport, consider setting activity times outside of busy hours on public transport. Face coverings should be used on public transport as required by present legislation.</p>
Pre-event (training, social, match)	Arrival of players and officials to venue	<p>Players and team staff should not congregate and should ideally stay in cars until just before the start of the session.</p> <p>All participants should abide by the policies or procedures implemented by the particular venues with regards to social distancing control measures introduced. These may include reduced or removed use of changing facilities and access to toilet areas. Wherever possible, it is advised that participants arrive to the venue ready to play or train and avoid the use of changing facilities. Where these are necessary, clubs should plan to avoid overcrowding and set up safe, clean, socially distanced spaces for changing.</p> <p>When arriving at team seating or sideline areas, team staff should disinfect all hard surfaces, such as benches, railings, equipment and equipment racks.</p> <p>Train all players and staff on appropriate cleaning and disinfection, hand hygiene, and respiratory etiquette. Staff and players should ensure that hand hygiene/sanitisation is being undertaken upon arrival, during and leaving the facility.</p>
	Pre-event health checks	<p>Conduct pre-event observation and/or questioning of all players and staff about;</p> <p>1) The existence of any COVID-19 symptoms in the last 7 days, for example:</p> <ul style="list-style-type: none"> • New cough. • Fever/temperature. • Unusually short of breath during exercise or at rest. • Loss of smell. • Red eyes or sticky eyes. • New abdominal pain or diarrhoea. • New blocked/runny nose. • New unusual fatigue with muscle and joint pains. • Headache. • Feeling generally unwell in any other way. <p>2) That they have not been in contact with a COVID-19 confirmed or suspected case</p>

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		in the 14 days, and that no one in the same household is unwell.
During event	Particular training activities	<p>The type, duration, layout, and location of the activity should be considered closely.</p> <p>Training sessions should be designed and pre-planned in advance to ensure that social distancing can be maintained wherever possible and structured to enable adherence to the risk assessment at all times.</p>
	Shared use of equipment at training and matches presents a risk of transmitting infection to others	<p>Only equipment deemed as essential should be used during training. Any equipment used by a player should be thoroughly cleaned/sanitised before it can be used again by another person not from the same household.</p> <p>The use of team shared equipment, (e.g. protective gear, footballs, cones, etc.) should be limited whenever possible to one group of players at a time and sanitised between uses.</p>
	Cleaning routines during sessions	<p>Hand sanitiser to be made available by the club for use between play periods, as well as antibacterial wipes for disinfecting player provided equipment, hard surfaces and shared equipment. Additionally, where appropriate, face masks and gloves to be provided to club officials where the risk assessment deems these items necessary, e.g. bagging up of rubbish, whilst cleaning surfaces, etc.</p>
	Food and drink	<p>Players and officials to bring their own personalised water bottles to all team activities to help reduce the transmission risk. Individuals should take their own water bottles home for cleaning and sanitisation. Consider storage/holding area for any bags maintaining adequate spacing. Ideally, no food should be consumed on site.</p>
	Ensuring player conduct reduces risk of transmission	<p>Players and officials must be told to refrain from spitting and the use of chewing gum, both of which can increase the risk of transmission.</p> <p>Players and officials should refrain from unnecessary physical contact, including handshakes, high fives, chest bumps, group celebrations, etc.</p>
	Provision for safe first aid and physio treatment for participants	<p>Consider the first aid provision and arrangements for first aiders and physiotherapists</p> <p>Formulate a plan of the steps to be taken in the event that a player is injured and requires first aid treatment/attention including the provision of PPE to those who may need to provide the treatment i.e. face masks and/or gloves.</p>
Post-event	Ensure that activity spaces are cleared and waste disposed of safely	<p>Team staff should clean and dispose of all rubbish from player seating or sideline areas when departing sessions using dedicated PPE and refuse sacks to prevent risk of transmission with other user groups.</p>

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		All pitch furniture, hard surfaces and shared equipment to be cleaned down thoroughly using antibacterial wipes.
	Players and officials leaving the venue	Players and team staff should quickly exit the session location after the event and go directly to their cars/public transport without congregating with other players or using changing/shower facilities.
	Cleaning of kit and clothing	Wherever practically possible, kit or clothing worn by participants should be taken home by that individual to be laundered after all activities. Where this is not possible, for instance in the case of football kits, these items should be stored securely in a bag and handled with the use of PPE i.e. face mask or gloves.

Risk assessment for spectators

Date: 26/08/2020

Position: Club Covid officer

Assessed by: Darren Gilbert Purcell

Activity	Matters to consider	Measures taken an action plan
traveling and parking	traveling in large groups and conjugating within the car park	Fans to travel within their social groups that fit within the government guidelines of six people or less. And to avoid public transport where able. Furthermore, they are asked to abide by social distancing while waiting to be permitted to enter within the grounds.

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		<p>while they are parked up for you, we ask to socially distance themselves while waiting to be allowed into the spectator stands.</p> <p>Track and trace will be used at the main gate while they enter fans that are able to scan in with the bar code provided will be asked to do so in front of the officer in charge of entry As this is the digital form of track and trace. if a fan cannot scan with a smartphone, we have pen and paper which we will take their details down and keep for 21 days as asked by the government and then they will be destroyed.</p> <p>Upon entry there will be a sanitizing station for each spectator to use before they enter the ground.</p>
Moving around the ground	moving in large groups	<p>Anyone moving around the ground are asked to follow the one-way system that has been designed by the club to allow social distance in to take place there is 1 exit and entry and we asked while moving around the ground that you socially distance yourself to allow smaller groups to move instead of large groups.</p>

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		<p>We also asked teams to follow the one-way system while moving to the training pitch and the main pitch, we asked him to socially distance while moving around the club.</p>
Spectators area	<p>conjugating within large groups within the spectator stands and around the pitch</p>	<p>We also find that they socially distance themselves within their social groups while the match is being played and they stay within the spectator area provided no fans to go beyond the marked areas where the players and teams will be training this will be blocked off. If you wish to move around the Clock that you follow the one way system provided. Due to safety concerns we ask that you remain within the club grounds during the match and you do not leave while the match is being played.</p> <p>if an emergency arises and you must leave can you please speak to a member of staff and they will escort you outside the ground.</p> <p>There is also no smoking or the use of vapes within the ground.</p>
Hospitality	<p>Cross contamination</p>	<p>While there is no drinks and food from outside permitted within the grounds of the club, we are providing refreshments which are tea coffee and bears at the clubhouse. while you cannot enter</p>

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		<p>the clubhouse there will be tables where you could be served from while remaining socially distance from the employees of the club.</p> <p>Refreshments will be served with plastic cups, we ask the fans to throw away the cups once done with the bins provided.</p>
Ball out of play	Spectators touching the ball	If the ball out of play, fans are not to touch the ball or kick it back, they are to wait for the bold collector to come and pick the ball up from the stand.
Drinking area	Conjugating in large groups	We asked fans to socially distance within drinking area and stay within their social bubbles of six people or less
Leaving the ground	Conjugating in large groups	<p>we ask fans follow the one way system and socially distance in their social bubbles to allow social distancing to take place while leaving the ground.</p> <p>We also ask the fans to sanitize their hands using the sanitizing stations around grounds upon their exit of the ground.</p> <p>We also find to not linger around in large groups in the car park and social distance themselves while getting into their cars or making their way home.</p>

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Please note that the club are following FA guidance to reduce the risk of transmission or contamination of the covid virus, we will be reviewing the risk assessment on policies we have put in place every time the FA changed their guidance on covid-19.