



Tunbridge Wells Foresters FC

Covid-19 Compliance Memo.

To all parents, guardians and carers of Foresters players.

The good news is that from August, pre-season fixtures can be played and from September grassroots leagues can commence. We expect the majority of leagues that Foresters are involved with to start the season in the first or second week in September. However, a return to competitive football can only happen once clubs and facility providers have completed the necessary risk assessments and comprehensive plans are in place. A summary of key points from the FA's guidelines to consider and the actions the Foresters Committee are taking are listed for ease below.

By registering a player for the 2020/2021 season you confirm that you have read the below and where appropriate discussed with your child what is and isn't permissible. You also consent for your child to take part and you are confirming that you have read and understood the activities being offered to your child and agree with the measures the club has put in place to manage any risks, including its Covid-19 measures in line with current Government guidance.

- Everyone should self-assess for COVID-19 symptoms before every training session or match. If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend; at the risk of stating the obvious please ensure your child does not show any signs of being unwell prior to attending any Foresters session.
- Clubs and facility providers should ensure that their facility is compliant with current Government legislation and guidance related to COVID-19; we are currently working with St Gregory's School and TWBC to ensure that all reasonable and necessary measures are put in place prior to the commencement of any training sessions or matches.
- Competitive training is now permitted, with groups limited to a maximum of 30 people, including coaches;
- Competitive match play is permitted, with social distancing in place before and after the match, and in any breaks in play;
- Players and officials should sanitise hands before and after a game as well as scheduled breaks throughout a game or training session; Foresters will be providing sanitiser bottles to be used prior to each session but we also encourage each child to bring their own sanitiser as well as a marked water bottle that is not to be shared with anyone else.

- Ball handling should be kept to a minimum with most contact via a boot and the ball disinfected in breaks of play;
- Youth football coaches are encouraged to limit persistent close proximity of participants during match play and training;
- Goal celebrations, spitting and chewing gum should be avoided;
- Equipment should not be shared, and goalkeepers should ensure they disinfect their gloves regularly in breaks in training or matches and thoroughly afterwards. Where possible, coaches should only handle equipment in training;
- Where possible, players, coaches and officials should arrive changed and shower at home. Use of changing and shower facilities must follow government advice on the use of indoor facilities;
- Participants should follow best practice for travel including minimising use of public transport and walking or cycling if possible. People from a household or support bubble can travel together in a vehicle;
- Clubs should keep a record of attendees at a match or training session, including contact details, to support NHS Test and Trace; all Foresters coaches will ensure this process is completed for every training session or match
- Clubs should ensure they are affiliated with the County FA. This will be completed for Foresters prior to the first pre-season matches being played.
- In the event of an injury a coach will only attend to a player if consent has been provided by a parent / carer.

Thank you for your understanding; notwithstanding the current challenges we all look forward to playing a full 2020/21 season.

Best regards

TW Foresters Committee.

30th July 2020.