



FWOE CC

Artificial Net Conduct

ONLY USE THIS NET IF:-

- 1) YOU ARE A PAID UP MEMBER OF FWOE CC
- 2) YOU ARE FOLLOWING THE NET SAFETY RULES
- 3) YOU ARE ABIDING BY THE KIT AND EQUIPMENT RULES

IF NOT!! YOU ARE NOT INSURED FOR YOUR OWN INJURIES OR THOSE CAUSED TO OTHERS

The committee reserves the right to withdraw the privilege of net use from members who do not follow these rules.

KIT RULES

- 1) No kit bags on the artificial playing surface, or within the hitting direction of practice
- 2) Wear suitable footwear. i.e. Rubber-soled (non Marking) cricket shoes or trainers. NO Spikes, NO heels, NO smooth soles, NO Street shoes
- 3) Batsmen working with a hard ball must wear adequate protection, helmet, box, pads etc
- 4) **All U 18's must bat in a helmet.** Only proper leather cricket balls or bowling machine balls to be used in nets. Tennis balls or purpose made "incrediballs" may be used in appropriate circumstances
- 5) No Footballs to be used in the nets

NET CONDUCT

- 1) No spectators to be in the nets
- 2) Players per net should not exceed 7
- 3) Batters should pad up outside the net area
- 4) Bowlers should only bowl when the batter is ready and face the batter at all times. They should not bowl if a loose ball is in the net
- 5) A loud cry of "STOP" should stop activity in all nets immediately to address any safety problem
- 6) Balls should be returned immediately by the batsman and not left to lie loose in the net
- 7) Balls must be retrieved from the side netting by the safe method. (If you do not know this Ask a coach and find out)
- 8) Bowling must be in accordance with the laws of cricket. (From legal distance, legal action, no deliberate excess of short bowling)
- 9) Training in the play of short bowling must be coach (level 2 or above) supervised
- 10) Bowling machines. These should only be used by those qualified and authorised to do so

For further information please contact Club Welfare Officer, Laura Hill on 07811 153621.

FWOE CC Committee