

TRFC

Health and Safety Policy Statement

As a Club, it is important to us to be professional and responsible in everything we do. A key element of this is Health and Safety Management, where we are committed to proactive management of all risks that could arise out of the things we do, and to avoiding any negative effects on players, volunteers, members, staff, visitors and anyone else who could be affected by our activities.

Key elements of our approach will be:

1. Identifying, assessing and managing all significant risks;
2. Ensuring staff and volunteers are effectively trained to carry out their activities safely;
3. Providing a safe environment and properly maintained equipment; and
4. Providing effective emergency arrangements to deal with out of line situations.

Where there are nationally recognised laws and standards that relate to our activities, we will always seek to meet those as a minimum requirement.

Whilst everyone in the Club has a responsibility for their own activities, the responsibility for our overall Health and Safety performance lies with the Operations Committee.

TRFC Committee

November 2014

Risk Management Overview

Player Safety

There are inherent risks involved in playing rugby, and it is essential that we follow all aspects of good practice to minimise that risk.

This includes:

- Providing properly maintained grounds and equipment for training and matches
- Pre-session inspections of pitch areas by coaches to ensure they are safe for the activity
- Ensuring players use and wear approved safety equipment eg mouth-guards as appropriate
- Ensuring players, coaches, referees, first aiders and other volunteers are properly trained for the games and sessions they are involved in

Young People (Including vulnerable adults)

In addition to the above arrangements which relate to all players, our arrangements for protection Young People (under 18 years of age) are particularly important. All training sessions and games should be conducted in accordance with the current RFU rules and guidelines, and the emphasis should be on player safety and enjoyment of the game as all times. Policies and Procedures with which age group Coaches and Managers should be familiar include:

- Safeguarding
- Mini and Junior Safety Guidelines
- RFU “Headcase” Concussion Guidelines

Facilities and Grounds Maintenance

The Head of Facilities will maintain appropriate rules and policies to ensure the maintenance activities are carried out safely. Young persons, under the age of 16, should not be involved in activities with additional risk factors, such as work with machinery or working at height.

Bar and Catering

The Club Steward and Catering Manager respectively will maintain appropriate rules and procedures for their activities, to cover all aspects of health and safety, as well as food hygiene considerations.

First Aid and Emergency Provisions

Appropriate medical, physiotherapy and first aid arrangements will be maintained by the First Aid and Physiotherapy Manager.

Relevant Policies and Procedures include:

- RFU “Headcase” Concussion Guidelines
- Emergency Action Plan