



RFU UPDATE ON GUIDANCE FOR RESTARTING GRASSROOTS RUGBY (7/8/20)

The RFU has announced the move from **Stage B to Stage C** of the **Return to Rugby Road Map** (and **Ready4Rugby** for U/7s & U/8s)
This means that:-

- Training can now involve up to 20 players in 2 teams of 10, using half a pitch, instead of 6 players on a quarter of a pitch.
- The Social Distancing of 2m will not be required at all times when training, but **will be** before, after and during training intervals. This applies to all – coaches, players and spectating parents.
- Equipment sharing should be minimised with only essential equipment shared e.g. balls
- Some Face to Face (F2F) and close contact exposure is now permitted i.e. Touch Rugby, or passive opposition/line of defence.
- But NO tackling, scrummaging, lineouts, rucks or mauls until Stage F is introduced
- Recommend sub sessions of 15 minutes, then clean balls etc with a **bucket of soapy water and towel** located at each pitch side
- We will provide team coaches with buckets, soap, towels and antiseptic wipes for cleaning balls. Players to provide **their own** sanitiser.
- Training sessions should not exceed 75 minutes for U/9s and above, and 60 minutes for U/8s and below.
- No one with any symptoms of Covid 19 should attend the Club or any training session
- A register of all players and coaches, plus parent spectators must be taken at each session and given/emailed to Will Brewer for T&T
- The Marquee bar will normally be open after training where the use of hand sanitiser and Social Distancing is required.
- The Age Group Head Coach must send these Guidelines and the Risk Assessment below to all parents and coaches to explain/share with the players before training in Stage C begins. Parents and other coaches should acknowledge both receipt AND ACTION of this email. (i.e. discuss and explain to their children)

ENJOY YOUR RUGBY - PLAY SAFE - STAY SAFE

Doug Humphries (CRFC Covid 19 Officer)

Chinnor Rugby Club Risk Assessment:- to prevent the transmission of the Covid 19 virus

TEAMS: Youth Section						Date Assessed: 8 th August 2020				Assessed By: D Humphries	
Activity: RFU Stage C rugby training						Activity Date: 12 th August onwards				Reference: 1.1	
Ref	Hazard	Risk	S (1-5)	L (1-5)	Rating	Controls in place	S (1-5)	L (1-5)	Rating	Additional controls required	
01	Lift Sharing outside of social bubble	Fails Social Distancing standards	5	3	15	Instruction to avoid lift sharing unless in own social bubble (family members)	2	2	4	If not from same bubble then wear masks, sanitise hands with windows open for ventilation.	
02	Use of changing rooms	Infection through contact	5	3	15	All changing rooms and showers will be closed except access to toilets	2	2	4	Instructions given to arrive in kit ready to train and return home in kit. Use one way system for toilets.	
03	Players too close	Fails Social Distancing standards	5	4	20	Players told to maintain 2m distance before and after training and at rest intervals	3	2	6	Some training can include a reduction in the 2m Social Distancing but not all of the session.	
04	Contact with infected surfaces	Infection through contact with surfaces	4	3	12	Players go to training area Hand sanitiser to be applied at the start and end of training. Balls to be wiped at the start/end of sessions. Pitch lines marked so no, or fewer cones are required	3	2	6	Ensure sufficient hand sanitiser and antiseptic wipes are available. (WB) Training sub sessions to last 15 mins, then balls/equipment wiped. Only 1 coach to hand out/collect in bibs and 1 for cones. Bibs must not be swapped/shared by players	
05	Contact with infected fluids	Sharing drinks increases risk of infection	5	3	15	No sharing of water bottles or towels. First Aiders to wear gloves and/or mask as deemed appropriate to the injury	2	1	2	Players told to bring their own drinks/water bottles. A tap available on the N side of Club house facing the marquee. Water bottles should be named.	
06	Contact with vapour by air	inhalation of virus	5	3	15	Instructions to avoid spitting & sneeze into arm. No showers are available.	2	2	4	Increase Social Distancing if exertion causes heavy breathing	
07	Infection spread by players etc	Player or coach has Covid 19	5	3	15	No player, coach or parent should attend if s/he show symptoms of Covid 19.	3	2	6	Instructions to all parents and players in advance, not to attend if they show any Covid 19 symptoms	

Risk/Priority Indicator Key

S = Severity/Consequence)		L = Likelihood	
1. Trivial impact on Covid 19 Transmission		1. Remote chance of transmitting the virus	
2. Minor impact on Covid 19 Transmission		2. Unlikely to cause the transmission of the virus	
3. Moderate impact on Covid 19 Transmission		3. A Possible cause of transmitting the virus	
4. High impact on Covid 19 Transmission		4. A Likely cause of transmitting the virus	
5. Major impact on Covid 19 Transmission		5. Almost certain to cause the transmission of the virus	

Risk/Priority Indicator Matrix						
Likelihood	5	5	10	15	20	25
	4	4	8	12	16	20
	3	3	6	9	12	15
	2	2	4	6	8	10
	1	1	2	3	4	5
		1	2	3	4	5
		Severity/Consequences				

Summary		
Score	Risk	Suggested Time frame for Action
12-25	High	As soon as possible
6-11	Medium	Within the next month
1-5	Low	Whenever viable/possible to do so