



DALTON ARLFC



Monthly eNewsletter

Open Age Pre Season

The Open Age are back in preseason training now and looking forward to the 2020 season and hope to build on the success of the 2019 season.



Our application to the North West Men's League (NWML) was successful and we were placed in Division 1. As a result we will be fielding two teams in the 2020 season; NWML Division 1 and the Barrow & District League.

We have a tough start to the campaign when we welcome Heysham Atoms from the NWML Premier, for a friendly at Kelland Park. February will also see the start of the Barton Townley Cup as we welcome National Conference League side Millom in the first round.



200 CLUB

£20 - Neil Rawlinson
£20 - Shelley Askew
£20 - Eddy Tyson

£100 - Paul
Armstrong

CLUB CONTACTS

Chairman: J. Winward
Secretary: I. Gordon
Open Age: D. High

CLUB RESULTS

Lee Park



Position: **Prop.**
Favourite Player: **Sam Burgess.**
Favourite Team: **Wigan.**
Best you've played with: **Ryan Birkby.**
Best you've played against: **Danny Morrow.**
Favourite food: **Burgers.**
Who would you be for the day: **Eminem**
Favourite band: **Arctic Monkeys**
Who would you want to be stuck in a lift with: **Ryan Baines**

Thor Atkinson

A big thank you to Thor Atkinson who has come onboard and become the main kit sponsor of the Under 10s. We are really thankful for the support of the local business and it makes a significant difference to the club.



Junior Pre Season

All our micro's, Mini's and Junior teams are also back in action this month following the winter break.

The Micro's are taking advantage of the club gym and the numbers have been looking good to start the year.



The U6, U7, U8, U10 and U12s are on a 6 week program at Pulse to utilise the all weather facilities. The training has started well and the kids look to be enjoying their rugby.

The U14s have been training at Dowdales gym and head

back onto the pitch this week. The boys have been working hard, and are readying themselves for two upcoming friendlies plus a National Cup tie away at Dewsbury Moor.

Numbers are looking good in all our age groups but we're always looking for new players and anyone is welcome to come along and give it a go. FUN, PARTICIPATION & DEVELOPMENT.



Mini of the Month Eedi Park- U8



Eedi joined the Dragons at the start of last season and played all last year in the U7 team. Eedi has picked up the game very quickly and is a talented player who is excellent in both defence and attack. Eedi also has dad Lee as a coach in the U8s this season and we are all looking forward to seeing Eedi develop further.



JUNIOR CORNER

Our Under 6, 7, 8, 10 and 12s squads continue to train at Pulse on Sundays.

The Micro's are now back in action in the club gym on Wednesdays 5-6pm.

The Under 14s are currently training at the rugby club on a Thursday 5:30pm. Our Under 14s will start their season shortly with an away trip to Dewsbury Moor in the National Cup. With one pre season friendly under their belt, which was a 18-8 win at Askam, they are looking for a good season ahead. We wish the lads all the best for the National Cup game. The players have been working hard, and a squad of 20 players will make the journey.