



COVID-19 PARENTS & GUARDIANS



- ▶ **COVID-19 Safety Officer**
- ▶ All Parents/Guardians to ensure that Children/Youths attending Rugby Clubs or events are fully aware of the Guidelines enforced in the current phase by the COVID-19 Safety Officer.
- ▶ • Parents/Guardians must ensure that the COVID-19 Safety Officer and Event team are made fully aware in advance of any medical conditions a player may have.



- ▶ Travel to / from Club
- ▶ Only one Parent/Guardian should travel with younger players where possible
- ▶ Parents/Guardians not directly involved in the training session are NOT permitted to attend or observe training.



- ▶ The driver must either stay in the vehicle or leave the grounds and return at the appointed collection time.
- ▶ Players to arrive no more than 5 minutes prior to session commencing.
- ▶ Players must not physically greet each other at any stage.
- ▶ Players should arrive ready to play as there will be no access to changing rooms.



- ▶ Parents/Guardians of players with specific medical conditions can remain in Car Park in case of emergency, providing they adhere to all Guidelines in place in that phase.



- ▶ Check in (registration) Process/Pre-Training
- ▶ Parents/Guardians should complete the IRFU Pre-Return to Rugby Personal Assessment Declaration prior to attending.
- ▶ Players check in and confirm attendance with COVID-19 Compliance Officer.
- ▶ Parents should not approach check in areas where possible and must adhere to social distancing Guidelines at all times.
- ▶ Attendees must go immediately to training zone area (Via Sanitising Station) post check in.



- ▶ **Clubhouse and Facilities**
- ▶ All Clubhouses are to remain closed during this period, except for toilet facilities.
- ▶ Parents/Guardians must ensure their children are fully kitted out when they arrive for the session as there will be no access to dressing rooms on site.
- ▶ • All children should have their own equipment and must **NEVER** share that with anyone else. These items include water bottles, balls, clothing, sun cream etc.



- ▶ Pitch (grounds)
- ▶ Training areas will be divided into zones with players/coaches allocated to training within each zone. Zones will be identified by colour, number, section, etc.
- ▶ Every player should know their training zone before arriving at the pitch.



- ▶ Pods/Groups will stay the same throughout these Phases/Steps, from exercise to exercise and training to training. (Subject to change on Government advice).
- ▶ All players to remain in socially distanced groups during breaks and not to mingle.
- ▶ Bathroom breaks, will be staggered with no grouping and this should be organised prior to commencement of event.



- ▶ Access to dressing rooms and function halls is prohibited during these Phases/Steps so Parents/Guardians should be mindful of this when packing the players bag.



- ▶ **Post Training**
- ▶ Players must leave immediately, and dressing rooms will not be accessible for anyone.
- ▶ Players must shower at home and no access will be given to shower facilities in clubs at this time.
- ▶ Parents/Guardians should ensure that all kit and equipment is thoroughly cleaned.



- ▶ **Social Distancing Behaviours**
- ▶ Players must refrain from handshakes and high fives.
- ▶ Practice good cough/sneeze etiquette and dispose of any used tissue in a responsible manner.
- ▶ Avoid touching your face.
- ▶ Remain apart from other players when taking a break.



- ▶ If a ball from another zone comes across, send it back with a kick on the ground. Refrain from picking up the ball.
- ▶ Social distancing is advised when travelling in vehicles to/from training.
- ▶ No spitting or clearing of nostrils on pitch or grounds.



KEEP YOUR CLUBMATES SAFE

KNOW

- KNOW YOUR ROLE & RESPONSIBILITIES IN PREVENTING THE SPREAD OF COVID-19

SHOW

- SHOW YOUR TEAMMATES RESPECT WITH SAFE BEHAVIOUR AND BY CALLING OUT UNSAFE BEHAVIOUR

GO

- GO TRAIN WELL THEN GO STRAIGHT HOME TO ALLOW YOUR TEAMMATES TO TRAIN SAFELY