

Our training times follow the state school terms from September to Easter. There is no training during half terms.

All training takes place at:

Thirsk Floodlit Astro, entrance off Gravel Hole Lane, Sowerby.

The age group is based on age at 1st September at start of season.

Monday Evenings from 4th September

5.30pm to 6.30pm U10 Boys

5.30pm to 6.30pm U8 Boys & Girls

6.30pm to 7.45pm GK Coaching (15 minutes for kitting up)

6.30pm to 7.30pm U12 Boys

7.45pm to 8.45pm U14 and U16 Boys

Tuesday Evenings from 6th September

6.00pm to 7.00pm U12 Girls (year 6 only)

7.00pm to 8.00pm U14 Girls

8.00pm to 9.30pm Women's 1s and 2s

Wednesday Evenings from 7th September

6.00pm to 7.00pm U12 Girls (year 7 only)

7.00pm to 8.00pm U16 Girls

8.00pm to 9.30pm Men's 1s and 2s

Thursday Evenings from 8th September

6.00pm to 7.00pm U10 Girls

7.00pm to 8.00pm Northallerton hockey club

8.00pm to 9.00pm Women's 3s

8.00pm to 9.00pm Development