



LEWES HOCKEY CLUB

Southdown Sports Club, Cockshut Road, Lewes BN7 3PR
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Code of conduct for children and young people

Note: Where we refer to 'parents' we mean parents and carers inclusively. The term 'children', 'child' or 'young player' describes any person under the age of 18. As a young person taking part in our club or activity, we'd like you to follow this guidance to make sure you are able to participate in your sport or activity safely.

The best way to keep our child/ren safe is for them to listen closely to our coaches, behaving responsibly and to speak out when something isn't right. When your young person is with us please can they stay in the places where they're supposed to, don't wander off or leave without telling a member of their coaching team.

Please take care of club equipment and premises as if they were your own. Make it to practices or sessions on time and if you're running late, let a member of your coaching team know. Bring the right kit to practice and wear appropriate kit for the weather. Do not smoke or consume alcohol on our premises or during practices, competitions or when representing your club.

Young players must wear mouth guards and shin pads (appropriate for hockey) during all training and games when on the Astro and a ball is in play. Short corner face masks must also be worn for all short corners, in practice or games.

Your child/ren must not participate in Adult training or games until their 13th birthday and then only with express invitation/agreement of Player, Parent and Coach. It is also recommended that an U16 does not defend in-game short corners when playing adult hockey unless approved by parent and coach.

It's very important to respect and celebrate difference in our club or activity and there is no discrimination against anyone on the grounds of gender, race, sexual orientation or ability. Please report any incidents of bullying, including homophobia and transphobia to a member of staff, even if you're just a witness or have concerns. This can always be handled with the Clubs Welfare Officer if anonymity is a worry.

Treat other young players, with respect and appreciate that everyone has different levels of skill and talent when playing. Make our club or activity a welcoming and friendly place to be. Support and encourage your team mates. Tell them when they've done well and be there for them when they're struggling.

Respect coaches, team managers and volunteers and young players from our club and visiting teams. Be a good sport, celebrate appropriately when we win and be gracious when we lose. Play by the rules and have fun. Follow our online safety and internet safeguarding & conduct policies. Get involved in club or activity decisions, it's your sport too.

As a young person taking part, we understand you have the right to:

- ⇒ Enjoy the time you spend with us and know that you're safe.
- ⇒ Be told who you can talk to if something's not right.

- ⇒ Be listened to, be included, be involved and contribute towards decisions within the club or activity.
- ⇒ Be respected by us and other team members and be treated fairly.
- ⇒ Feel welcomed, valued and not judged based on your race, gender, sexuality or ability.
- ⇒ Be encouraged and develop skills with our help.
- ⇒ Be looked after if there's an accident or injury and have your parents informed if needed.

We expect all young people to follow the behaviours and requests set out in this code. If any young person behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with the parent's involvement and aim to resolve the issue. Continued issues and repeated breaches of this code may result in us regrettably asking you to leave the activity, event or club permanently, for the welfare of other young people and our staff. This is something we never want to do and rest assured we will offer as much support as possible to resolve matters that might become an issue fairly.

Signature of young person:

Signature of parent:



RESPECT

GOOD BEHAVIOUR MAKES FOR A GREAT EXPERIENCE