



Covid 19 Guidance For Training & Playing Football Matches 2020-2021 Season



Version 9 – Training & Game Activities
(incorporating the Latest Government and FA Guidance of 10/05/2021)

#EatSleepTevieRepeat

TEVERSAL FOOTBALL CLUB – Covid 19 Guidance For Playing Football

INTRODUCTION

These guidelines have been produced in line with the current Government and FA guidance, which allows for adjustments on the restrictions through the Government's roadmap out of national lockdown and take effect from 17/05/2021. This document is to be used for training and the playing of games.

As the UK Government DCMS department and FA change to the needs of the changing status of Covid-19, the club must make changes to follow the approval for outdoor football and training sessions. This detailed guidance has been produced by the club and we will continue to plan, do and review how we incorporate the changes in relation to the guidance the FA have put in place for football in England. It applies to outdoor youth and adult football. The FA have created one set of guidance that applies to all our teams to mitigate that risk as per our risk assessment (appendix 1) and will incorporate a matchday action plan produced for each team's needs.

We have appointed Antony Coleman as our Covid Officer, to support Antony each team must appoint an Official in Charge for ALL activities. Antony will support the Official in Charge and can be contacted by email at Antony.Coleman@Teversalfc.co.uk or telephone on 07968 992835. The Covid-19 Officer has established a Covid-19 group to be responsible for producing and implementing the Covid-19 risk assessment and to oversee the safe return to play. The Covid-19 Officer at each club will be responsible for clearly communicating all relevant guidance to its players, coaches, and volunteers.

IN SUMMARY:

- Always follow the latest Government guidance.
- Club Covid-19 Officer is Antony Coleman, contact by email Antony.Coleman@Teversalfc.co.uk or telephone on 07968 992835 is available.
- Be aware of the club's football specific protocols which are in line with Government and FA guidance.
- Follow the club guidance when training or playing at our Teversal Grange Sports and Social venue and when we hire other facilities, we must also follow any guidance provided by our facilities provider.
- If in doubt, or you are not comfortable about being involved with football, there is no pressure to do so. Further guidance can be sort from the Covid-19 Officer.

QUOTE FROM THE FOOTBALL ASSOCIATION GUIDANCE OF 24/03/2021

EVERY PARTICIPANT MUST FOLLOW ALL FA AND GOVERNMENT ADVICE. THIS IS CRUCIAL TO ENSURE THE SAFETY OF EVERYONE INVOLVED IN THE GAME, AND SO WE CAN CONTINUE TO PLAY. ANY INCIDENTS OF NON-COMPLIANCE WILL BE REPORTED TO THE RELEVANT COUNTY FA FOR ACTION.

Important: If you or members of your household are showing symptoms of the virus or have been in contact with someone displaying symptoms within the last two weeks, then you should stay at home until an NHS practitioner advises you that you no longer need to remain in isolation.

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GOVERNMENT AND FA GUIDANCE UPDATE 10/05/2021 (Provided by the FA https://www.thefa.com/home/news/2021/may/11/step-three-guidance-20210511?sc_src=email_1199113&sc_lid=90954413&sc_uid=hE8I2wKe4B&sc_lid=611134)

On Monday 17 May, as part of the next step of the Government's roadmap out of national lockdown, there will be further changes to the restrictions on 'non-elite' football. Our guidance has therefore been updated to reflect this.

The key changes to note are in relation to spectators, indoor hospitality and indoor football and Futsal.

This updated guidance comes into effect on Monday 17 May and until then all participants should follow our guidance for Step 2 which can be found here. You can read the Government guidance here.

The key changes to be aware of are:-

Spectators

From Step 3, spectators will be permitted to view events on both public and private land but need to adhere to social distancing rules and social gathering limits set at groups of 30 outdoors and six people/two households indoors. Please note that multiple numbers of these group sizes are permitted as long as social distancing rules are followed.

Spectators are allowed indoors, but the total number of all participants, coaches, officials and spectators must comply with the ventilation rates permitted by the particular venue. You can find more information about this here.

At larger events, capacity limits for spectators, set by The Government will apply. For indoor events this is 1000 or 50 per cent of capacity and for outdoor events this is 4000 or 50 per cent of capacity (whichever is lower in both cases).

Indoor Hospitality

As part of Step 3 of the Government's roadmap out of lockdown, both outdoor and indoor hospitality at 'non-elite' football is permitted. All participants must follow Government guidance on hospitality settings and specific advice for sport facility operators available on the Government's website. People using clubhouses and hospitality facilities must adhere to legal gathering limits and wider government guidance.

Indoor Football and Futsal

From Step 3, indoor gatherings of either six people (the 'rule of six') or two households can take place. This means that organised indoor adult and children football can return.

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For organised indoor sport and physical activity, there's no limit on group numbers so long as people adhere to capacity restrictions on indoor facilities. The maximum occupancy of each indoor facility should be limited by providing a minimum of 100 square ft per person.

This guidance applies to all youth and adult football and futsal, including all formats of the game. If there are any further updates from the Government, we will communicate these in due course and we will continue to update our guidance as we move through the different steps of the Government's roadmap out of lockdown.

It's extremely important that clubs, players, coaches, match officials, league officials, volunteers, parents, carers, and facility providers continue to strictly follow both the UK Government's latest guidance on COVID-19 and respective bespoke guidance documents from the FA. Any incidents of non-compliance will be reported to the local County Football Association.

PRE-ACTIVITY PLANNING

- Use of the club's home base at Carnarvon Street will be available for playing games, dependant on availability. The booking of pitches is to be done by contacting the Assistant Football Secretary Keith Parnill or nominated deputy ideally seven days in advance of each session. No block booking as there will be limits that will have to be applied to cater for all teams and maintain training activities.
- Hiring facilities away from the club home is acceptable with the following requirements:
 - 1) The facility management to provide details of the Covid-19 Guidance / Action Plan to meet requirements of the FA Guidance on facilities. Evidence of the site Covid-19 Guidance / Action Plan to be received by the Covid-19 Officer or nominated Team Official In Charge.
 - 2) This guidance is adhered too, with respect to all documentation, briefings, and cleansing of equipment as per our club Covid-19 guidance.
- **Team Secretaries, must share the following information with opponents and match officials for games:**
 - 1) Issue this guidance document, Match Action Plan and Covid-19 Self-Assessment document to opposition and match official. This to be done by email or other electrical method when sending the match confirmation.
 - 2) All teams to advise opponents and match officials and all involved with our team that spectators at games must be restricted to the wider government guidance on social distancing. At venues away from the main pitch at our home ground the use of the respect barrier maintaining coaches and substitutes on one side of the pitch, spectators behind the respect barrier and no one behind either goal as per the FA Standard "Respect" code of conduct.

On our main Carnarvon Street pitch, the spectator information in this guidance applies.

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- 3) When playing away, we must be ensuring our opponents our complying with the FA Covid-19 Guidance and be prepared to communicate their guidance documents with all involved with our teams. This applies as for all games. We must complete our own Team Pre and Post Matchday / Training Assessment.
- 4) For our teams only ensure all players and Team Officials have completed the appropriate documentation prior to participating in any activity. Club player registration form and Covid-19 consent form for players and Team Officials completed the Covid-19 consent form.

- **Team Covid-19 Official In Charge:**

- 1) Each team's Official in Charge must ensure their training location and home game location has the official NHS QR poster displayed for all to scan and record their attendance by using the NHS Covid-19 app. Anyone who can't record their attendance on the NHS Covid-19 app, to record their details manually for track and trace purposes (see appendix 2 for QR Poster and the manual track and trace form).

The manual track and trace form must be kept and filed in the Microsoft Teams folder for their team that the Team Secretary will be able to access. In all games, the Team Secretary when arranging the game must inform opponents and Match Official/s they need to comply with this guidance.

When using hired facilities for training or home games we will follow their guidance and this guidance if there are any shortfalls to complying to this guidance.

For away games, the opponents should be doing something similar, if their documents match or contain more requirements than ours, we will have to adhere to their requirements. If opponent's documentation does not meet the required criteria, escalate to the Covid-19 Officer, if we have not received the guidance a minimum of 4 days before the game also escalate to the Covid-19 Officer or Football Secretary (Kev Newton).

- 2) Prior to the activity the Official in Charge or Coach will conduct a briefing to all participant (players, coaches, and officials) about their responsibilities in complying with the Code of Behaviour set out in appendix 4. This must be recorded as completed on the "Covid-19 Training and Games Briefing and Cleansing Record" document as per appendix 3. Opponents to ensure their officials, players spectators/parents comply to our guidance and The Team's Covid-19 Official in Charge to take the responsibility for Match Officials adhering to this guidance.
- 3) The Team Covid-19 Official In Charge must ensure that the Coaches or nominated person on their behalf must complete the "Covid-19 Training and Games Briefing and Cleansing Record" after every game to confirm they have cleaned all equipment used as per the Covid-19 Guidance and record as per item 2 above.

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TRAVEL TO TRAINING OR GAMES (Home, Away or Hired facilities)

All participants may travel to training or games but should avoid travel at the busiest times and routes, as well as minimising any unnecessary journeys where possible, taking note of the following:

- Share the transport with the same people each time.
 - Keep to small groups of people at any one time.
 - Open windows for ventilation.
 - Face away from each other.
 - Clean the car between journeys using standard cleaning products – including door handles and other areas that people may touch.
 - Ask the driver and all passengers to wear a face covering.
- Consider seating arrangements to maximise distance between people in the vehicle, this may mean using more than one car, coach or minibus if possible, and the wearing of face coverings on coaches or minibuses.
 - Require regular hand sanitisation by passengers on a coach or minibus.
 - Limit the time spent at garages, petrol stations and motorway services.
 - Keep distance from other people and if possible, pay by contactless.
 - Wash hands for at least 20 seconds or sanitise hands often, and always when exiting or re-entering the vehicle.
 - When finishing the journey participants should wash their hands for at least 20 seconds or sanitise their hands as soon as possible.

ARRIVAL AT THE VENUE (Safety briefing and Use Of Changing Rooms)

Safety briefing, all football activities the Covid-19 Officer or Official in Charge of each club must ensure a safety briefing is provided before the commencement of any training or game. This briefing will remind all players and officials about their responsibilities in complying with the Code of Behaviour set out in Appendix 4 to this guidance.

Changing rooms and shower facilities can be opened, but participants should minimise use where possible (for example, by arriving in kit and showering at home) and minimise the time spent in the changing area. Participants should social distance whilst in changing rooms. More than one household can use changing facilities at one time but they must not mix and must adhere to capacity limits.

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SPECTATORS

Spectators will be permitted to view events on both public and private land in step three but need to adhere to social distancing rules and social gathering limits (groups of 30 outdoors and six people/two households indoors).

During step three, larger events, capacity limits for spectators set by the Government will apply. For outdoor events this is 4,000 or 50% of capacity (whichever is lower in both cases).

Participants at all events must observe social distancing.

THE GAME

- Team sheets, physical team sheets should not be shared between the officials or opposition where possible. This can be sent electronically via photo or e-mail if required.
- Respect handshake, the handshake pre match will be suspended until further notice.
- Pitch Entrance Management, Teams will not enter the field of play collectively. The teams will stagger their arrival onto the pitch, and this will be pre-agreed with the match officials.
- Pre-match handshake should not happen. Instead, players will be asked to hand-sanitise before kick-off.
- Team talk huddles should not take place. Team talks can take place if social distancing is observed and held outdoors where possible.
- Warm-ups/cool-downs should always observe social distancing.
- Coaches, other team staff and substitutes are allowed, but must also always observe social distancing on touchlines/dug outs. Social distancing must also be observed during interactions when a substitution is being made.
- Set plays – free kicks: referees and coaches should encourage players to get on with the game and not unnecessarily prolong set play set-up, such as defensive walls.
- Set plays – corners should also be taken promptly to limit prolonged close marking.
- Goal posts and corners flags should be wiped down before matches, after matches and at half time.
- Goal celebrations should be avoided.
- Interactions with referees and match assistants should only happen with players observing social distancing.
- Youth football coaches are encouraged to limit persistent close proximity of participants during match play (where young participants may be more likely to cluster around the ball) and provide regular hygiene breaks in activity.

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PROMOTING GOOD HYGIENE ON THE PITCH

- The club will provide hand sanitisers at the entrance and exit of pitches and we advise all users to bring their own hand sanitiser marked with their own name. Additionally, all participants to bring their own drink also marked with their own name.
- The club will provide additional waste facilities and more frequent rubbish collection.

- Shouting, there is an additional risk of infection in close proximity situations where people are shouting or conversing loudly. This particularly applies when face to face. If possible, players should therefore avoid shouting or raising their voices when facing each other during, before and after games.
- Spitting, everyone should refrain from spitting. If you need to sneeze or cough, you are encouraged to do so into a tissue or upper sleeve and advised to avoid touching your face. Ensure any tissues are disposed of in a sealed bin as soon as possible.

SOCIAL DISTANCING DURING BREAKS (E.G. HALFTIME)

All participants must remain socially distanced during breaks in play, with spaced areas for equipment and refreshment storage for each individual including officials and substitutes. Coaching staff and substitutes, should, for example, spread out and avoid sharing a dug out or bench if social distancing cannot be observed. Players and officials should also observe social distancing during sin-bin instances.

- Water bottles or other refreshment containers should in no circumstances be shared. Participants are advised to bring their own drinks or refreshments, in a named container.
- After activity participants must maintain government mandated social distancing for social interaction. This includes in any available changing rooms, showers, and any clubhouse facilities or other venue participants congregate in afterwards.
- Any payments relating to the fixture (match fees, referee fees or facility fees) should where possible, be made in a cashless manner.

USE OF EQUIPMENT

- The sharing of equipment must be avoided where possible. Where equipment is shared, equipment must be cleaned before use by another person.
- Participants should take their kit home to wash it themselves, rather than have one person handling a large quantity of soiled materials. Where kit absolutely has to be shared or kept together (e.g. last-minute stand-in players, shortage of kit, or an essential club function), each person handling it must wash or sanitise their hands immediately after and appropriate cleaning arrangements for the kit must be made.
- Ball transfer, the nature of football means that the ball is not frequently handled. When the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible. Where there are breaks in the game, if throw-ins or handling has occurred the ball should be disinfected.

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PROMOTING GOOD HYGIENE OFF THE PITCH

Whilst on site we ask all users to be responsible for their own hygiene and to ensure they minimise the chance of transmission of Covid-19 within our facilities.

The club will provide Hygiene Stations with:

- Hand sanitisers.
- We will be ensuring the toilet has handwashing facilities are in good working order and provide soap, hot water, and the hand sanitiser.
- We will be ensuring all handwashing stations are in good working order with hand sanitiser, disposal hand towel and bins.

WARM-UP AND KEEPING EQUIPMENT CLEAN

Clubs will need to ensure that warm-up areas provide sufficient distance between the Home and Away teams and a provision of an area for match officials.

- Keeping equipment clean is the responsibility of each team when participating in warm up activities.
- Equipment used for the warm-up is the Management/Coaches responsibility, ALL Coaches encouraged to only bring enough equipment to deliver the warm-up for the numbers in attendance. Sanitisation of all equipment to be undertaken before and after the warm-up.

MAINTAINING SOCIAL DISTANCING AND AVOIDING CONGESTION

- Signage will be in place so people can find their destination quickly, we ask all to adopt the appropriate social distance from entering the ground.
- Each team is to make sure that all participants know their responsibilities are under this guidance.

MANAGEMENT AND COACHES CONSIDERATIONS WHEN RUNNING MANAGING A GAME (including First Aid)

- After a period of low or no activity, players may be more susceptible to injury more than before lockdown. Consider the need for a thorough warm-up, and for the physical demands of a game to be suitable to the individuals involved.
- Social distancing does not permit handshakes, high fives, or group celebrations, so please ensure that the players understand this and comply.
- Participants should bring with them their own named water bottles and named hand sanitiser. They must not share their drink with anyone else.
- Equipment should be handled as little as possible by as few people as possible. Where equipment is handled by more than one person, they should wash their hands immediately afterwards, taking care not to touch their mouth/face in the meantime.
- Players should refrain from spitting. If a player needs to sneeze or cough, encourage them to do so into a tissue or upper sleeve and advise them to avoid touching their face. Tissues should be disposed of immediately and hands washed.

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- If a player gets injured, try to maintain social distance unless a life or limb-threatening injury necessitates compromising guidelines to provide emergency care. If there is a other medical personnel present to assist with the treatment, they should be equipped with the appropriate PPE to protect themselves and others if they need to compromise social-distancing guidelines to provide medical assistance.
- If a player becomes symptomatic during the game, they should be immediately removed from the game and taken home as soon as possible. NHS guidance on further management of symptoms should be followed.

APPENDIX 1

Teversal Football Club Covid 19 Risk Assessment (Amended 16/05/2021)



Risk Assessment – COVID-19

Date:	16/05/2021												
Assessors Name:	Grant Breed	Reference Number:	ALL TEAMS MATCH DAY AND TRAINING SESSIONS	Review Date:	When necessary – Any government or FA reviews, accidents, near misses, COVID19 related health issues linked to the Club.								
Endorsed By:	Kevin Newton	Signature:	<i>Kevin Newton</i>	Position:	Football Secretary / Director	Date:	16/05/2021						
Description of assessment	To provide a suitable & sufficient risk assessment for all Teversal FC teams, to continue with outdoor competitive matches & training during the present Coronavirus (COVID-19) pandemic												
Location Details	Teversal FC Carnarvon Street and Any Other Hired Facilities as per the Facilities Providers Guidance.												
Identified Hazards	Who may be affected	Risk Level before control measures S x L = R				Existing control measures	Additional Control measures required	To be actioned by	Completion date	Final Risk level S x L = R			
		S	L	R	RR					S	L	R	RR
Transmission of COVID-19 Virus Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.	1.Everyone (i.e. players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers)	4	2	8	M	1.Anyone attending matches or training must complete a Club self-assessment form for Covid-19- symptoms and adhere to the current COVID-19 government advice. (Parents/Careers to complete form on behalf of players)	1.See attached link for current COVID-19 health advice. https://www.gov.uk/coronavirus	1. Everyone	1.Ongoing	4	1	4	L
Transmission of COVID-19 Virus Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.	2.Everyone (i.e. players, coaches, league officials, volunteers, parents/ carers, spectators, club, and football facility providers)	4	2	8	M	2. All matches and training sessions to be carried out following the current FA guidelines and applicable Government guidance	2.See attached link for current FA information. https://www.thefa.com/news/2021/may/11/step-three-guidance-20210511	2. Everyone	2.Ongoing	4	1	4	L

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<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	3.Club Officials	4	2	8	M	3.The Club must identify a COVID-19 officer who will be responsible for developing a COVID-19 plan and risk assessment prior to the restart of any matches. The COVID-19 officer should continually monitor how compliance is being observed within the club.	3.Anthony Coleman is the COVID-19 Officer for Teversal FC.	3.Club Officials	3. Current & Ongoing	4	1	4	L
<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	4.Everyone. (i.e., players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers)	4	2	8	M	4.To support the NHS test and trace the Club will collect names and contact information on participants at matches and training. The O.I.C (Official in Charge) must ensure a Team Pre and Post Match Assessment is completed.	4. This can be done by using the NHS COVID-19 app to scan in the NHS QR code poster. The Club will have a system in place to ensure that information can be collected from anyone who does not have a smartphone or does not want to use the NHS COVID-19 app. This data must be kept for 21 days.	4.Club Officials	4.Ongoing	4	1	1	L
<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	5.Everyone. (i.e., players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers)	4	2	8	M	5.For competitive matches and training sessions, the Covid-19 officer must ensure a safety briefing is provided before the commencement of any fixture or training session. This briefing will remind all participants about their responsibilities.	5. Must comply with the Code of Behaviour set out in Appendix 1 of the current FA COVID-19 guidance.	5.Club Officials	5.Prior to restarting matches & Ongoing	4	1	4	L
<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth etc</p>	6.Everyone. (i.e., players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers)	4	2	8	M	6.Arrival at venues, arrangements need to be in place to ensure social distancing can be maintained Meet-up times should be adjusted to avoid time spent congregating at a venue.	6. Clear signage required to manage entry to the venues. Parking arrangements and general movement around the venues, may require a one-way system, to ensure social distancing can be maintained.	6.Club & SCA Officials	6.Prior to restarting matches & Ongoing	4	1	4	L

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Risk Assessment – COVID-19

<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	<p>7.Players, match officials and coaches.</p>	4	2	8	M	<p>7.Changing rooms can now be used for matches and training, but participants should minimise use.</p>	<p>7. Where possible all players, match officials and coaches should minimise the time spent in the changing area by arriving in kit and showering at home.</p> <p>Participants should socially distance whilst in changing rooms. More than one household can use changing facilities at one time, but they must not mix and must adhere to capacity limits.</p>	<p>7.Coaches & Club Officials</p>	<p>7.Ongoing</p>	4	1	4	L
<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	<p>8. Everyone. (i.e., players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers)</p>	4	2	8	M	<p>8.Toilets should be open 30 minutes before the match / training session, during the match / session and for 30 minutes afterwards.</p>	<p>8. For matches at Teversal, there is already a COVID-19 Hygiene procedure in place for training playing. This is sufficient and will need to be adhered to for matches. For matches at Sutton Lawn or other venues the responsibility for hygiene will be with the facilities provider. The Club will need to see and agree the venue COVID-19 Hygiene procedure.</p>	<p>8.Club & SCA Officials</p>	<p>8.Prior to restarting & Ongoing</p>	4	1	4	L
<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	<p>9.Everyone. (i.e. players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers)</p>	4	2	8	M	<p>9. All matches and training session are now permitted, however, before, after and during breaks in play all participants should practise social distancing.</p> <p>Physical contact between players and coaches to be kept to a minimum.</p>	<p>9. Signage to be in place to remind all participants to adhere to the current government guidelines on Social Distancing. Designated spaced areas for equipment and refreshment storage are required for each individual. Water bottles should in no circumstances be shared. Participants are advised to bring their own drinks or refreshments, in a named container.</p>	<p>9.Club & SCA Officials.</p>	<p>9. Prior to restarting & Ongoing</p>	4	1	4	L

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Risk Assessment – COVID-19

<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	<p>10. Everyone. (i.e., players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers)</p>	4	2	8	M	<p>10. There are a number of current Covid-19 modifications required to be in place and adhered to, for all matches and where applicable to training to, the areas covered are:</p> <ul style="list-style-type: none"> • Pre-match handshake. • Team talk huddles. • Warm-ups/cool-downs • Coaches and substitutes • Match preparation meetings • Set plays – free kicks & corners. • Goal celebrations • Interactions with referees and match assistants 	<p>10. All participants need to be aware of the modifications and ensure compliance. For further details see the link below.</p> <p>https://www.thefa.com/news/2021/may/11/step-three-guidance-20210511</p>	<p>10. Club & Match Officials</p>	<p>10. Prior to restarting & Ongoing</p>	4	1	4	L
<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	<p>11. Everyone. (i.e., players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers)</p>		2	8	M	<p>11. Coaches & players to sanitise their hands before & after the match or training session. Everyone else encouraged to sanitise hands.</p> <p>Sanitiser will be provided by the Club for use at the Teversal ground entrances, toilets, and pitch side. Signage will be provided to highlight these areas.</p>	<p>11. See Club COVID-19 Hygiene Handbook for further guidance.</p> <p>Signage to be in place to inform everyone of the need to sanitise hands.</p> <p>Club to agree with SCA, hygiene provisions that comply with current FA & Government guidelines.</p>	<p>11. Coaches & Club Officials.</p>	<p>11. Ongoing</p>	4	1	4	L
<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, face etc.</p>	<p>12. Coaches & Players</p>	4	2	8	M	<p>12. All equipment to be only handled and cleaned by the coaches/club officials or nominated volunteers.</p> <p>Coaches/club officials must complete the Covid-19 Training and Games Briefing and Cleansing Record to confirm equipment has been cleaned per the COVID-19 guidance.</p>	<p>12. Adequate sanitising facilities will be in place at the Teversal ground or hired facilities for the cleaning of equipment.</p> <p>See link below for further information.</p> <p>https://www.thefa.com/news/2021/may/11/step-three-guidance-20210511</p>	<p>12. Coaches & Club Officials</p>	<p>12. Prior to restarting & Ongoing.</p>	4	1	4	L



Risk Assessment – COVID-19

<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	<p>13. Everyone. (i.e., players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers)</p>	4	2	8	M	<p>13. When the ball goes out of play it should not be retrieved by non-participants and should be retrieved using the feet rather than the hands where possible.</p>	<p>13. Where there are breaks in the game and if throw-ins or handling has occurred the ball should be disinfected.</p> <p>Goal posts and corner poles should be sanitised before matches, half time/breaks and on completion of the match or training.</p> <p>Each team to provide the means to comply with the above.</p>	<p>13. Coaches & Club Officials</p>	<p>13. Prior to restarting & Ongoing.</p>	4	1	4	L
<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	<p>14. Everyone. (i.e., players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers)</p>	4	2	8	M	<p>14. Participants must not spit and should avoid shouting or raising their voices when facing each other.</p>	<p>14. For further details see the FA Covid-19 Code of Behaviour (APPENDIX 1)</p>	<p>14. Coaches & Match Officials</p>	<p>14. Ongoing</p>	4	1	4	L
<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	<p>15. Everyone. (i.e., players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers)</p>	4	2	8	M	<p>15. The responsibility for the provision of First Aid will stay with the Club, as per the current FA guidelines.</p>	<p>15. Whilst observing rigorous hygiene standards, injuries can be treated. For further information see: https://www.thefa.com/news/2021/may/11/step-three-guidance-20210511</p>	<p>15. Coaches</p>	<p>15. Ongoing</p>	4	1	4	L

TEVERSAL FOOTBALL CLUB – Covid 19 Guidance For Playing Football



Risk Assessment – COVID-19

<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	<p>16. League officials, volunteers, parents/ carers, spectators.</p>	4	2	8	M	<p>16. Spectators will be permitted to view events on both public and private land in step three but need to adhere to social distancing rules and social gathering limits.</p>	<p>16. Maximum groups of 30 people outdoors and six people/two households indoors.</p> <p>See link below for further details.</p> <p>https://www.thefa.com/news/2021/may/11/step-three-guidance-20210511</p>	<p>16. Coaches & Club Officials</p>	<p>16. Ongoing</p>	4	1	4	L
<p>Transmission of COVID-19 Virus</p> <p>Transmission routes for coronavirus are through the eyes, nose, mouth, or hand to mouth, face etc.</p>	<p>17. Players.</p>	4	2	8	M	<p>17. Any medication required for players must be held by the parents not the coaches. Any medication required must be brought to every match.</p>	<p>17. Medication must not be shared i.e., sharing an inhaler.</p>	<p>17. Parents / Carers & Coaches.</p>	<p>17. Ongoing</p>	4	1	4	L



Risk Assessment – COVID-19

Guidance Notes

SEVERITY	5	5	10	15	20	25
	4	4	8	12	16	20
	3	3	6	9	12	15
	2	2	4	6	8	10
	1	1	2	3	4	5
		1	2	3	4	5
	LIKELIHOOD					

LIKELIHOOD	
5	Almost Certain
4	Very Likely
3	Likely
2	Unlikely
1	Rare

SEVERITY	
5	Extreme – Possibly fatal
4	Severe – Medical assistance
3	Moderate – First Aid
2	Minor – Insignificant injury
1	Trivial – No injury

1–4 LOW	5–9 MEDIUM	10–15 HIGH	16–25 VERY HIGH
Continue with existing control, however monitor for changes. Implement any additional control measures required, within the timescales given in the risk assessment.	Requires attention to reduce the rating as well as regular ongoing monitoring. Implement any additional control measures required, within the timescales given in the risk assessment.	Requires immediate attention to bring the risk down to an acceptable level. Implement the control measures required, within the timescales given in the risk assessment and continue to review working practices to reduce the probability of an accident to the lowest possible level.	Stop immediately – the risk is too high. Take immediate action to reduce the risk to the lowest level possible.



Risk Assessment – COVID-19

Additional comments:

1. Requirement that **Everyone**. (i.e., players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers adhere to the control measures set out above in the Risk Assessment.
2. Requirement that all Players or Parents/Carers complete all relevant consent forms, before being allowed to play.
3. Requirement that all Players or Parents/Carers, acknowledge that they have read & understood the risk assessment and all the accompanying documents.
4. Coaches and Club officials to sign an acknowledgement sheet, to show that they have read & understood the risk assessment and all the accompanying documents.
5. The Club will continually adopt and review new relevant government & FA guidance as and when made available.
6. The risk assessment is to be reviewed following – Any Government or FA reviews, accidents, near misses, COVID19 related health issues linked to anyone connected to the Club or location changes.
7. This risk assessment must be approved by the board before being issued as a live document.

Summary:

- The purpose of the above risk assessment is to identify hazards connected to COVID-19 which could affect the continued participation in competitive football matches and training for all Teversal FC Teams.
- The Risk Assessment is for the named location of Teversal FC Ground and other facilities hired for the purpose of playing games and training, all teams will follow any Covid-19 Guidance provided by the facilities provider.
- Where hazards have been identified and the risk (likelihood) calculated, control measures have been adopted to bring the risk level down.
- The Government currently has a phased Roadmap out of a Lockdown, with the Risk Assessment to be re-assessed at each step of the Roadmap (Current phase 3).
- With the adoption of the control measures set out in the above risk assessment and considering the national risk level, the risk rating for the continuation of competitive matches & training is Low (4).
- The ongoing COVID-19 situation will still require attention to reduce the risk level further if possible, as well as regular ongoing monitoring and implement any additional control measures identified.
- If the risk assessment is adhered to, along with all involved complying with current Government COVID-19 health guidance and FA guidelines, then the Club will have fulfilled its duty of care to players, coaches, match officials, league officials, volunteers, parents/ carers, spectators, club, and football facility providers.

Assessor name:	Grant Breed	Signature:	<i>G. Breed</i>	Date:	16/05/2021
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APPENDIX 2



TRACK AND TRACE FORM

TEAM _____ OFFICIAL IN CHARGE _____

All players, officials, volunteers, and spectators must undergo a self-assessment for any Covid-19- symptoms. No-one should participate in football if they, or someone they live with, has any of the following: • A high temperature (above 37.8°C), • A new, continuous cough, • A loss of, or change to, their sense of smell or taste. **This should be completed on arrival before any activity, so if anyone have symptoms there is no chance of others being affected.**

DATE	NAME	TELEPHONE NUMBER

DATE	NAME	TELEPHONE NUMBER

MAINTAIN SOCIAL DISTANCE AT ALL TIMES

Test and Trace

LET'S HELP STOP THE SPREAD OF CORONAVIRUS



Scan this QR code with your
NHS COVID-19 App to check-in



Teversal Football Club - Tomlin Personnel Park

Teversal Garage Sports & Social Centre, Constance Street, Teversal, NG27 2HU

DOWNLOAD THE
NHS COVID-19 APP



NHS
Test and Trace

**LET'S HELP STOP
THE SPREAD OF CORONAVIRUS**



Scan this QR code with your
NHS COVID-19 App to check-in



Teversal Football Club - Sutton Lawn Park

Sutton Lawn Park, Lawn Avenue, NG17 5RU

**DOWNLOAD THE
NHS COVID-19 APP**



APPENDIX 4

PRE-ACTIVITY BRIEFING (CODE OF BEHAVIOUR)

Covid-19 is a highly infectious and dangerous disease. A resumption of contact play is only achievable if those involved create and maintain a controlled environment that minimises the threat of infection.

Risk in sport cannot be completely eradicated but with caution and care these risks can be reduced. Each player will need to decide when to return to contact football, based on their own circumstances and the arrangements that have been put in place for a safe return.

This is particularly the case for players from BAME communities or those with underlying health conditions. All those returning to competitive grassroots football must adopt the following code of behaviour:

- **Be aware of your own personal health.**

If you show any of the Covid-19 symptoms you must stay at home, inform NHS Test and Trace and seek medical advice.

- **Be responsible.**

Read the guidance provided by The FA and by your club so that you are aware of the changes to the game and what is expected of you. This will include things like being prepared to wash your own kit, bringing your own labelled water bottle and being aware of changes to meet-up times.

- **Practise good hygiene.**

Wash your hands regularly and before, during and after a game.

- **Where possible maintain social distancing.**

This won't always be possible in a competitive match environment (for example when tackling an opponent) and that is acceptable. However, before, and after a game you should maintain social distancing.

- **Support NHS Test and Trace.**

You're likely to be asked to provide your details so that in the event of a Covid-19 outbreak those potentially infected can be traced. This is to everyone's benefit so please cooperate.

- **Do not spit.**

Spitting and the rinsing out of mouths is now a recognised risk to health and must not be done. Avoid shouting or raising your voice if face to face with other players.

- **After the activity.**

Be aware that other users may be waiting to use the facilities. Changing rooms and showers are closed and any socialising must follow the Government's guidance on social distancing.