



CREWE & NANTWICH RUGBY UNION FOOTBALL CLUB LTD

RETURN TO TRAINING – COVID-19 RISK ASSESSMENT – SENIOR MEN AND WOMEN

Description of activity	Location	Persons at Risk		Review
Pre-season training	Vagrants Sports Club	A	Players	To be reviewed by the Board at least weekly or as Government advice changes
		B	Coaches etc supervising training activities	

Guidance: <https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/guidance-for-providers-of-outdoor-facilities-on-the-phased-return-of-sport-and-recreation>

Identification of Hazard	Affected Group	Control Measures	Additional Controls	By When
COVID-19 spread and infection	A, B	Hand Cleansing: Hand washing facilities are not available as the toilets are closed. Gel sanitiser (minimum 60% alcohol) will be available for hand cleansing at the entrance to the training area and at strategic points around the ground.	Attendees to be reminded of the importance of, and the need to, sanitise hands regularly including before and after every session. Cough/sneezes to be caught in tissues.	Sanitisers/tissues to be available on return to training.



			<p>Avoid touching face, eyes, nose or mouth with unclean hands.</p> <p>Tissues to be available.</p>	
	A, B	<p>Hygiene:</p> <p>Frequent cleaning and disinfecting of objects and surfaces which are touched regularly, particularly training aides such as cones etc.</p> <p>Equipment should be kept to a minimum.</p> <p>Players should bring their own towel to mop up sweat and not permit any other player to use their towel.</p>	<p>Training aides to be taken out, handled and put away in a secure location by coaches only, and disinfected before and after every session.</p> <p>Avoid touching surfaces such as pitch sign boards, goal posts and barriers.</p>	<p>Disinfecting solution to be available on return to training.</p>
	A, B	<p>Social Distancing:</p> <p>Maintain 2m gap between all attendees. Hand shaking and huddles are prohibited. If space allows, increase social distancing between players during heavy exertion.</p> <p>Players can train with members of their own household or with five others from outside their household. 2m separation is still required.</p> <p>No physical contact is permitted.</p> <p>Water bottles must not be shared.</p>	<p>Redesign training procedures to ensure social distancing in place.</p> <p>No group of players in training to exceed six in number (coaches count towards the group number).</p> <p>Use markers or cones to assist in maintaining 2m separation.</p> <p>Attendees to bring their own water bottles.</p>	<p>All attendees to be briefed by coaches on social distancing before every training session.</p>



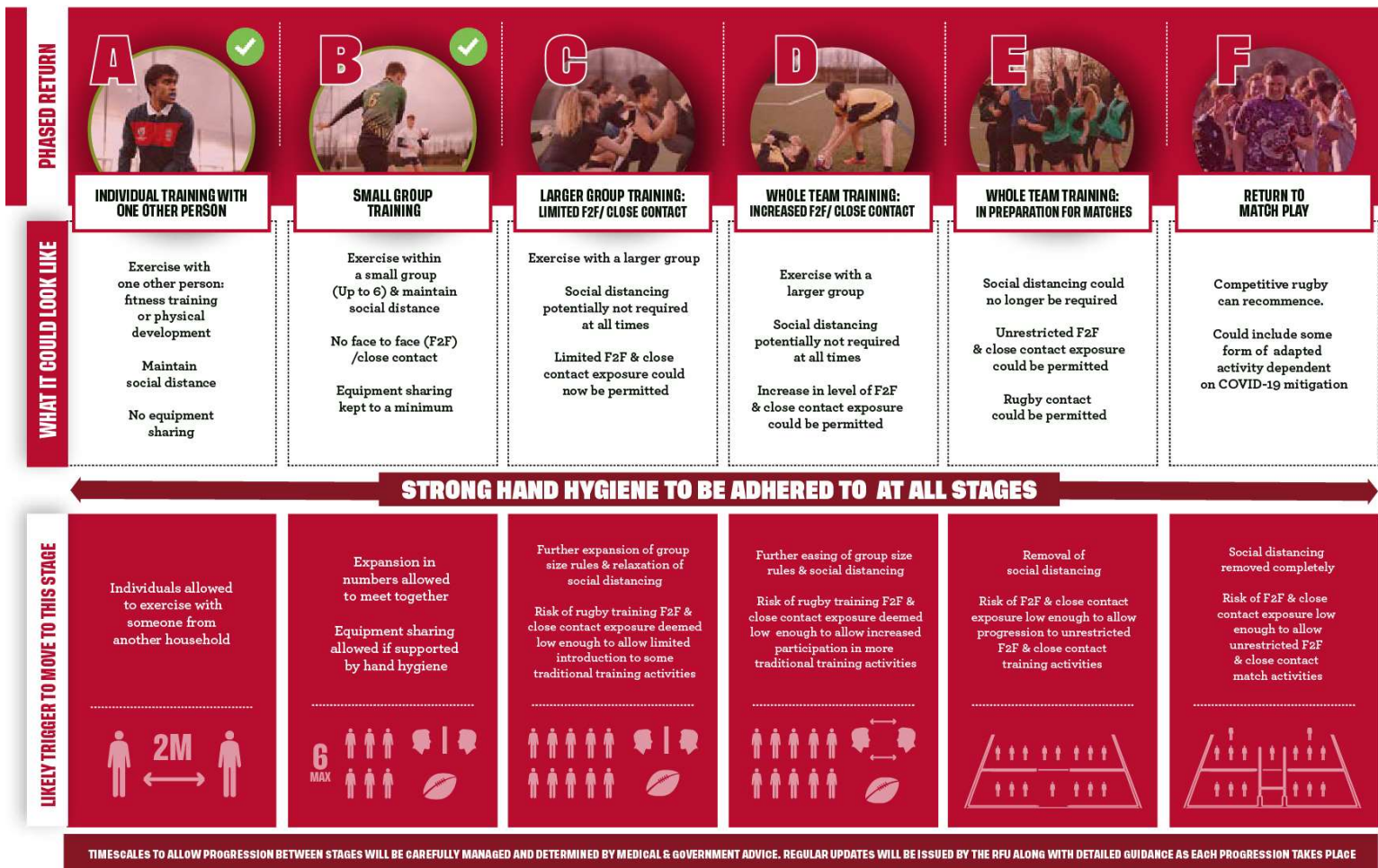
	A, B	Symptoms of Covid-19 A record is to be kept of all attendees. All attendees are required to confirm that they currently do not display any symptoms of COVID-19 infection and have not within the last 14 days come into contact with anyone displaying symptoms. Symptoms include a new continuous cough, loss of sense of smell or taste and a high temperature (note that this is not an exhaustive list of symptoms). If any attendee presents with a new continuous cough or high temperature, they are to be sent home and advised to follow stay at home procedures.	Attendees to report feeling unwell immediately. Coaches are to report to the Board any infections potentially affecting attendees immediately.	Ongoing
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See England Rugby *Return to Rugby Road Map: Community Game* infographic below. We are currently at Stage B.



RETURN TO RUGBY ROAD MAP: COMMUNITY GAME

ADHERENCE TO ALL RFU REGULATIONS
MUST BE ADHERED TO AT ALL STAGES
UNLESS RELAXATIONS HAVE BEEN GRANTED



TIMESCALES TO ALLOW PROGRESSION BETWEEN STAGES WILL BE CAREFULLY MANAGED AND DETERMINED BY MEDICAL & GOVERNMENT ADVICE. REGULAR UPDATES WILL BE ISSUED BY THE RFU ALONG WITH DETAILED GUIDANCE AS EACH PROGRESSION TAKES PLACE