

# Crewe and Nantwich Rugby Union Football Club



Est. 1922



3<sup>rd</sup> September 2020

Dear Player,

## **Note from Mini & Junior Club Chairman, Daniel Cheesbrough**

We can't wait to have everyone back playing rugby for Crewe and Nantwich RUFC. As you are aware the game will look a bit different under the current Covid-19 conditions but the club have been working hard to make sure everyone involved with the game, whether playing, volunteering or spectating will be in a safe environment and in compliance with Government and RFU guidelines.

At the time of writing we are currently in Stage D of the RFU's Return to Rugby Road Map: Community Game which allows teams of up to 10 players to train under adapted contact training restrictions and play non contact fixtures. Note that Stage F is Return to Full Contact Match Play. Also the 2020/21 season will be extended as a one off to 31 May 2021.

The key focus for the 2020/21 season is to continue to proactively grow all sections of the Mini and Junior club together with adopting the whole club values to ensure the enjoyment of the game for both players and spectators.

Our rugby family - Crewe and Nantwich **CaN**



We **CaN** enjoy our teamwork

We **CaN** play with passion

We **CaN** encourage progression

We **CaN** support our community

Working with feedback from parents and players, we will improve communication from the club and coaches, work together to increase the number of players in all age groups, support players and coaches with training courses and coaching sessions.

Over the last couple of years', we have seen an increase in the number of girls playing at the club after they had passed through the mixed age grade rugby. Such was the increase that we now have 3 teams being the U13's, U15's & U18's Girls teams who continue to have their own fixtures.

This year we see the season starting at the club on the **13th September 2020** and every age group will be training/playing on grass, albeit at staggered start times.

**We will be holding a Registration Day on 6<sup>th</sup> September 2020 at 11.30 to explain the new online registration process and to answer any queries relating to Returning to Rugby in the current environment. A copy of the current return to rugby Covid-19 risk assessment can be seen on the club website in the News Section.**

We hope to see the return of social events over the coming months when RFU and government regulations permit these.

Finally, please take a couple of minutes to register yourself and child/children on the club website. It is full of news, fixtures etc. and on the front page has a section with information about pitch status which will be used to inform everyone if pitches are available or not. Also the Club shop there for you to order your kit.

<http://www.cnrugby.uk/>

I wish you all a fantastic and fun season ahead.

**Daniel Cheesbrough**

The Welcome Pack contains the following:

**General Information**

**Codes of Conduct**

**Committee & Coaches Contact Details**

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## 1. Season Start Date and Start Times and other Training times

The official start date for the Season is **Sunday 13th September 2020 – all at Vagrants)**

**As a result of the current Covid-19 pandemic we are staggering the times to allow more space per age group. This could be subject to change should the situation change and teams will be notified in advance by their coaches.**

- Mini Rugby U6 to U12 - Sunday's 9.45-11.00 at the Crewe Vagrants Sports Club.
- Junior Rugby U13 to U15 - Sunday's 11.15-12.30. Crewe Vagrants Sports Club and at this level teams also train midweek. Winter period at Reaseheath.
- Girls U13,15 & 18's – Sunday's - 2.00–3.30
- Junior Colts Rugby - Sunday's late morning or early afternoon at the Crewe Vagrants Sports Club At this level teams also train midweek.

**IMPORTANT-** We would ask that all parents of U6-U10 players remain at the ground. For older players please ensure when they are dropped off that their session is still on and has not been cancelled due to weather or other factors, before leaving.

## 2. Subscription Fees and Membership

**We will be holding a registration day on Sunday 6<sup>th</sup> September 2020 at 11.30 at Crewe Vagrants Sports Club where the registration process will be explained and assistance in logging onto the GMS will be provided.**

**All memberships will be processed online using the RFU Game Management System – [www.rfu.gms.com](http://www.rfu.gms.com). Coaches will no longer be collecting paper copies of membership forms.**

Subscription fees; U6s - **£50**, U7s to U12s - **£105** and U13s to Senior Colts - **£115**. Junior Girls - **£115**. For U7s – Senior Colts, the fees include a club training top which will be ordered by the club. Details to be provided by team coaches.

Please Note - There are no match fees and meals are provided after all games for all players.

**NOTE** - For families with more than 1 child, discounted memberships are available.

Please complete your memberships online promptly. Not only does this allow us to provide equipment, coaches training courses, match day meals, trophies and other services, but most importantly insures you and your coach.

**\*\*\*If you have not paid your subscription you cannot play. \*\*\***

## 3. Kit

The Club playing kit is available through the Club Shop on the Crewe & Nantwich website. You will see some kit on there, other kit like match shirts – you need to click the link taking you to the O'Neill's website.

## 4. Website

The website covers the Minis, Juniors and Seniors. Each age group has a dedicated section with coach information, fixtures and photos. Please register yourself at the site as a supporter, player or other to gain full access and be kept up to date.

Go to <http://www.cnrugby.uk/> .

## **5. Club Social Events & Fundraising**

A number of events will happen throughout the year, some combined with the Senior section, some allow opportunities to get together, socialise, have fun and make friends, others like the Bag Pack allow us to raise important funds to support the funding of the Club. We hope that you will get involved.

## **6. Child Safeguarding, Policies and Codes of Conduct**

The club has a Safeguarding Officer, Aaron Baxter, and he is listed on the contact list should you need to contact him. There are a number of policies that we follow as a club and these are listed below, and their content can be found on the website.

RFU/NSPCC Parent Guide, Rugby Core Values, Equity Policy, Safeguarding Policy, Anti Bullying Policy, Photographic Policy, Best Practice Guidelines, Health & Safety Policy, Discipline Policy, Fair Play Codes. It is always important to remember that as a club we expect coaches, players, and parents/ spectators to follow the RFU Codes of Conduct. These are listed on the next page.

## **7. Insurance**

Players are covered by the RFU's insurance Policy as paid up members of the Club (details of which can be found at [www.rfu.com/ManagingRugby/Insurance.aspx](http://www.rfu.com/ManagingRugby/Insurance.aspx)). If you feel it is not sufficient you are free to take out additional cover yourselves.

## **8. Sponsorship**

Various sponsorship options are available such as sponsoring training kit, post protectors, or having an advertising board pitch side.

If you are interested in sponsoring in any form or your employer has funding, don't hesitate to ask any members of the committee who will gladly help.

## **9. Helpers on Match Days and other events**

Coaches do a tremendous job supporting all the players in the development of their skills and enjoyment of the game. Additional support for the coaches is sometimes needed in various forms; such as helping on pitch or food preparation in match days, and when needed this help is very much appreciated

## **10. Dogs on the pitches**

If you do bring your dog to rugby, please ensure they are kept on a lead, and kept off the playing area and well away from players and coaches. Please ensure all dog mess is cleared from the pitches and disposed of in a suitable manner.

## **11. Club House**

We use the Vagrants clubhouse after training and after matches on a Sunday. It is important that we respect the facility so can all players and parents ensure that muddy/dirty clothing or boots are removed before entry and that players are supervised as necessary by parents.

Thank you.

## **12. Discipline**

As a club we may need to convene a Discipline Committee should the need arise from an incident during training or matches, and sometimes this is done at the behest of the RFU. On serious occasions it may be necessary to go to a RFU Disciplinary committee where it is possible fines can be imposed on the player/parent/guardian.

The Club will not be responsible for these costs.

## **13. Any Questions**

If you have any further questions, don't hesitate to contact your team coach or a committee member.

# Crewe and Nantwich Rugby Union Football Club



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## **THE GOOD PLAYERS CODE:**

- Participate for the fun of it, not just to please your parents or coach.
- Play to the laws of the game.
- Accept the referee's decision.
- Control Your Temper- You and your team will benefit.
- Recognise all good play, whether by your team or your opponent's team – be a good sport
- Treat all players, as you yourself would like to be treated. Don't interfere with, bully, or take unfair advantage of any player.
- Remember, as well as the enjoyment the aims of the game are to improve your skills and feel good. Don't be a show off.
- Co-operate with your coach, referee, teammates and opponents, for without them you do not have a game.
- Work equally hard for yourself and your team – your team's performance will benefit and so will your own.
- Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
- Members must wear suitable clothing and equipment for training and match sessions, as agreed with the coach/team manager and relevant laws of the game or competition.
- Members must pay any fees for training or events promptly.

## **THE GOOD SPECTATOR'S CODE:**

- Act as positive role models to all players.
- Be familiar with, and abide by, the RFU Child Protection Guidance in relation to verbal and emotional abuse.
- Respect guidance from the Club or School with regard to spectator behavior.
- Remember children play sport primarily for their own enjoyment, not for that of the spectators.
- Acknowledge good individual and team performance from all players irrespective of the team in which they play.
- Respect match officials' decisions, even if they appear to make a mistake – remember, they are volunteers providing an opportunity for players to play rugby.
- Never verbally abuse players, coaches, match officials or fellow spectators: such behavior can create a negative environment for players and their behavior will often reflect this.
- Acknowledge effort and good performance rather than 'to win at all costs'.
- Verbally encourage all players in a positive manner, shouting 'for', not 'at', the players.
- Encourage all players irrespective of their ability.

## **THE GOOD PARENT'S CODE:**

- Be familiar with the coaching and training programme in order that they can ensure their child is fully involved and the coaches are aware of their availability.
- Be familiar with the teaching and coaching methods used by observing the coaching and training sessions in which their child participates.
- Be aware that the Club has a duty of care to ensure the safety of players and therefore, where appropriate, assist coaches with the supervision of the players, particularly where numbers are large and there is a need to transport players to away games.
- Be involved with Club activities and share their expertise.
- Share concerns, if they have them, with Club officials.
- Be familiar with the Good Coaches' Code contained in the Rugby Continuum. In particular be aware that: coaches should recognise the importance of fun and enjoyment when coaching players; and coaches should keep winning and losing in perspective, encouraging players to behave with dignity in all circumstances.
- Support coaches in instilling these virtues.
- Remember that young people play rugby for their own enjoyment not that of their parents.
- Encourage young people to play - do not force them.
- Focus on the players' efforts, rather than winning or losing.
- Be realistic about the players' abilities; do not push them towards a level that they are not capable of achieving.
- Provide positive verbal feedback both in training and during the game.

- Remember that persistent, negative messages will adversely affect the players' and referee's performance and attitude.
- Always support the Club in their efforts to eradicate loud, coarse and abusive behavior from the game.
- Remember young people learn much by example.
- Always show appreciation of good play by all players both from their own Club and the opposition.
- Respect decisions made by the match officials, even if they appear to make a mistake, and encourage the players to do likewise.

## Crewe & Nantwich RUFC Mini & Junior Section 2020/21

### Contact Details

#### Committee

<b>M&amp;J Chairman</b>	Dan Cheesborough	<a href="mailto:dan@ip-ex.com">dan@ip-ex.com</a>	<b>07948 454499</b>
<b>M&amp;J Vice Chairman</b>	Rob Applin	<a href="mailto:robapplin@btinternet.com">robapplin@btinternet.com</a>	<b>07564 159955</b>
<b>M&amp;J Secretary</b>	Scott Pearson	<a href="mailto:scott2010p@live.co.uk">scott2010p@live.co.uk</a>	<b>07593312866</b>
<b>M&amp;J Treasurer</b>	Erica Johnston	<a href="mailto:ericajayne16@icloud.com">ericajayne16@icloud.com</a>	<b>07713 776183</b>
<b>M&amp;J Fixture Secretary</b>	Jonathan Thomas-Nash	<a href="mailto:jnfixturesecretarycandnrufc@gmail.com">jnfixturesecretarycandnrufc@gmail.com</a>	<b>07917 672539</b>
<b>M&amp;J Membership Secretary</b>	Naomi Povey	<a href="mailto:jnmembershipcandnrufc@gmail.com">jnmembershipcandnrufc@gmail.com</a>	<b>07815 140603</b>
<b>Junior Girls Fixtures</b>	Michelle Gauntlett	<a href="mailto:mgauntlett@outlook.com">mgauntlett@outlook.com</a>	<b>07852 252331</b>
<b>Junior Girls Secretary</b>	Paula Manaton	<a href="mailto:paula.manaton@bluearrow.co.uk">paula.manaton@bluearrow.co.uk</a>	<b>07885 174931</b>
<b>Safeguarding Officer</b>	Aaron Baxter	<a href="mailto:aaron@thebaxterspad.co.uk">aaron@thebaxterspad.co.uk</a>	<b>07715 337344</b>
<b>Club Coach Coordinator</b>	Sam Thorneycroft	<a href="mailto:sam.thorneycroft@a1-cbiss.com">sam.thorneycroft@a1-cbiss.com</a>	<b>07812 248449</b>
<b>Media Officer</b>	Joanne Quinn	<a href="mailto:Quinnjoanne1@sky.com">Quinnjoanne1@sky.com</a>	<b>07538 115406</b>

#### Team Contacts

Full Name	Age Group	Email	Mobile Phone
Katie Heirene	U6/7's Coach	<a href="mailto:Katie.h@didirugby.com">Katie.h@didirugby.com</a>	07983 622717
Dan Cheesbrough	U 8's Coach	<a href="mailto:Dan@ip-ex.com">Dan@ip-ex.com</a>	07948 454499
Steve Hartley	U9s Coach	<a href="mailto:hartleys@ruskin.cheshire.sch.uk">hartleys@ruskin.cheshire.sch.uk</a>	07977 551259
Dan Cheesbrough	U 10's Coach	<a href="mailto:dan@ip-ex.com">dan@ip-ex.com</a>	07948 454499
David Harrison	U 11's Coach & Admin	<a href="mailto:Davidharrison999@gmail.com">Davidharrison999@gmail.com</a>	07794 014457
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Peter Evans	U 16's Coach	<a href="mailto:p.evans343@btinternet.com">p.evans343@btinternet.com</a>	07795 396902
Daniel Lynch	Junior Colts Coach	<a href="mailto:danandyvonne@sky.com">danandyvonne@sky.com</a>	07951 983297

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