



Panshanger FC Covid-19 Risk Assessment

The FA have produced a Football Restart Guidance along with specific guidance for different parties, including coaches, which can be downloaded from <http://www.thefa.com/about-football-association/covid-19>

The FA have advised the following during the reintroduction of football training: social distancing should be maintained, the sharing of equipment should be kept to a minimum and strong hand hygiene practices should be in place before and after each session.

This risk assessment details the current controls in place and what further action is required for Panshanger FC to re-start coaching sessions during COVID-19. This assessment, the existing control measures and further actions required to be Covid-secure will be shared with the coaches and parents. This will be done via the Manager's WhatsApp group as well as being published on our [website](#).

Club Name	Panshanger FC
Club Address	Moneyhole Lane Playing Fields, Sylvan Way, Welwyn Garden City, Hertfordshire AL7 2RT
Service Activity	Resumption of training
Name of assessor	Darren Williams, Vice-Chair
Date of assessment	28/06/2020
Review Date	18/07/20

What are the hazards?	Infection from the Coronavirus disease (Covid-19)
Who may be harmed and how?	<ul style="list-style-type: none">• The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes• The virus can survive for up to 72 hours out of the body on surfaces which people have coughed on, etc.• People can catch the virus from others who are infected by breathing in the droplets or by touching contaminated surfaces and then touching their eyes or mouth.• Anyone can be affected.

Hazard Areas	Controls in place	Further Actions	By whom?	By when?	Date Completed
Arrival at & departure from Moneyhole playing fields	<ul style="list-style-type: none"> Adequate parking to allow people to park, get equipment out of cars and still maintain social distancing Coaches in regular communication with their parents so know exactly who should be turning up for session Parents aware that their child must come to the session already changed and ready to participate Parents asked to arrive shortly before the session starts and depart promptly when it finishes. Children and parents/ carers also advised not to congregate at the venue and to maintain social distancing at all times. 	<p>Parents to be reminded not to just turn up with the expectation of their child participating in the session</p> <p>Parents to be informed club house and toilet/hand-wash facilities will not be open before, during or after the session.</p> <p>Committee to monitor parking situation and may ask Coaches to stagger start and finish times of sessions to avoid overlap or build-up of parents at site</p>	<p>All Coaches via Club Committee</p> <p>All Coaches via Club Committee</p> <p>Club Committee</p>	<p>3/7/20</p> <p>3/7/20</p> <p>3/7/20</p>	<p>3/7/20</p> <p>3/7/20</p> <p>Ongoing</p>
Participation, delivery and supervision of training session	<p><u>Social Distancing</u></p> <ul style="list-style-type: none"> Coaches advised they should only re-start coaching if they feel able to provide safe sessions in line with Government guidance. Parents advised they must remain present throughout training sessions and games, ensuring they adhere to social distancing guidelines. In all settings before and after the session, and in any breaks, all participants should practise social distancing, in line with Government guidelines on two metres or 'one metre plus'. From 18/7/20 competitive training and match play can take place for all participants, in an outdoor setting provided this takes place in groups of no more than 30 (including coaches). Competitive match play is now permitted, however, in all settings before and after matches all participants should practise social distancing. <p><u>Managing Transmission Risks</u></p> <ul style="list-style-type: none"> Sharing of equipment to be kept to a minimum 	<p>Children to be reminded at the beginning of the session what the rules are on interaction and social distancing (no handshakes, high-fives or group goal celebrations) and asked not to touch their face - eyes / nose / mouth as far as possible during the session</p> <p>Parents to be asked to ensure their child brings with them their own named water bottle, named hand sanitiser and football, ensuring they are labelled with their names.</p> <p>Following FA authorisation to return to competitive training and match play, updated guidance produced and circulated to all coaches</p>	<p>All Coaches</p> <p>All Coaches</p> <p>Club Committee</p>	<p>Before each session</p> <p>3/7/20</p> <p>20/7/20</p>	

	<ul style="list-style-type: none"> Parents advised to bring refreshments for their child with them and instructed not to share drinks bottles, food or equipment with other participants. 	<p>Parental consent for issued out to all parents</p> <p>Parents to be advised that players should remove all training kit before entering the home and placing the kit straight into the wash.</p> <p>Summary guidance to be produced and circulated to all coaches</p>	<p>Club Committee</p> <p>All Coaches via Club Committee</p> <p>Club Committee</p>	<p>20/7/20</p> <p>3/7/20</p> <p>20/7/20</p>	
First Aid and medical requirements	<ul style="list-style-type: none"> All coaches to be provided with first aid kit containing disposable gloves, apron and facemask to wear in the event of having to deal with a first aid incident where social distancing can't be maintained. Coaches sweep the area for dog waste, anything that can cause slips, trips or falls etc. immediately before the session Coaches advised that sessions should include a thorough warm-up, starting at a low physical intensity with gradual progression. Coaches to continue to ensure physical demands of the session are age appropriate. 	<p>For treatment of minor injuries coaches advised to encourage children to apply any first aid (cool packs, steri-wipes, plasters etc.) themselves or with the assistance of their watching parent/guardian where possible.</p> <p>Coaches to ask parents to inform them of any specific medical needs such as asthma, epilepsy, diabetes, allergies requiring the use of an epi-pen or any other medical condition etc. which may increase the possible need for one to one assistance. Depending on the severity of the condition Coaches to seek advice from club Committee as to whether it would be appropriate for the child to participate.</p>	<p>All Coaches via Club Committee</p> <p>All Coaches via Club Committee</p>	<p>3/7/20</p> <p>3/7/20</p>	Ongoing
COVID-19 symptoms and potentially spreading to staff and others	If a player or Coach becomes symptomatic, with a new continuous cough, high temperature or loss of taste and smell, during the session they will be immediately removed from the session and advised to go home as soon as possible and follow NHS guidance on further management of symptoms.	Self-checks to be carried out before attending a planned training session to help identify if anyone has:	All Coaches via Club Committee	Before each session	

		<ul style="list-style-type: none"> • Had a high temperature (above 37.8oC); • Has developed a new continuous cough; • Has shortness of breath or a sore throat; • Loss of or change in normal sense of taste or smell; • Is feeling unwell. <p>Parent/Coach to ensure individual member self-isolates for least 10 days (14 days if member of household is symptomatic)</p>	Parent/Coach	As required	
Safeguarding	<ul style="list-style-type: none"> • Safeguarding procedures in place and followed • Coaches working with children must have an in-date FA DBS Check • Ration of 1 FA DBS qualified coach to 5 players. • Minimum of one FA-DBS-checked adults present at any one time 	Club Committee to monitor DBS status of each coach	Club Committee	Ongoing	

Risk Assessment Approval & Consultation Process	
Date of Committee approval	2/7/2020
Date Risk Assessment shared with Coaches	3/7/2020
Date Risk Assessment sent to Welwyn Hatfield Council and Club insurance company	3/7/2020
Risk Assessment Review Dates	18/7/20
<i>Ensure risk assessment is kept under regular review with a timescale agreed with committee</i>	