

WELWYN GARDEN CITY PANSHANGER FOOTBALL CLUB

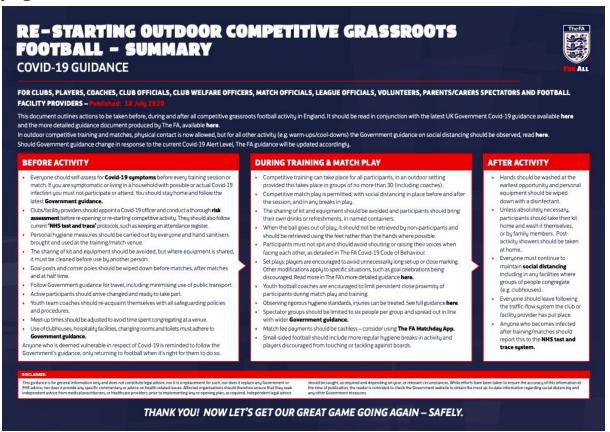


Moneyhole Lane Playing Fields, Sylvan Way, Welwyn Garden City, Hertfordshire, AL7 2RT www.panshangerfc.co.uk

COVID GUIDANCE & ACTIVITY CONSENT

On Friday 17 July 2020 the UK Government approved the FA plan for the return of outdoor competitive grassroots football. In order to comply with new FA rules and guidance, Panshanger FC are implementing a number of changes to procedure to ensure we operate safely. We now require the full cooperation and support from coaches, players, spectators and parents / carers.

Below is a summary of the guidance from the FA. Full details can be seen by clicking on this <u>link</u>. **There are further details in the following** pages.





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Here is a summary

- Everyone <u>must</u> self-assess for Covid-19 symptoms before <u>every</u> training session or match. Do not leave home if you or someone you live with has any of the following; a high temperature, a new, continuous cough, a loss of, or change to your sense of smell or taste. In this situation you must stay at home and follow the latest Government guidance.
- Although activities are resuming, other preventative measures are still in force and you must follow Government guidance for travel, including minimising use of public transport.
- Personal hygiene is important with everyone bringing personal hand sanitiser and water/drinks, clearly named, for use at the training/match venue.
- Changing facilities are considered a high-risk environment, therefore,
 players should arrive in match kit.
- A register of all activity attendees must be completed and signed on arrival by managers/coaches. This is to support the NHS track and trace process if subsequent infection is reported and we will hold this data on file for 21 days after the activity.
- For players under 16 we require the respective parent/carer to remain present at all times during the session (following social distancing guidelines) to assist should the child require assistance (e.g. first aid from an injury).
- Club first aiders will be equipped with basic PPE, but this is strictly for emergency use only. Parents/Carers are required to tend to their child for non-emergency minor injuries.
- All spectators must continue to observe the 2m social distancing requirements and cooperate fully with the coach should they require assistance.
- In addition to our existing Code of Conduct, chewing gum, smoking,
 vaping and spitting are now strictly prohibited by anyone.
- Social distancing must be maintained by players when not on the field of play.



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- Goal celebrations in close proximity to other players are strongly discouraged until further notice.
- Handling of the ball should be kept to a minimum.
- Hands should be sanitised/washed regularly during and after activity.
- The club must be informed immediately if anyone subsequently develops symptoms within 14 days of any of our activities.
- Any player who has been diagnosed with COVID-19 must have proper medical clearance from their doctor before rejoining any activities.

We now require your agreement and consent before you can take part in future football activities. For players under 16 this consent must be provided by the child's parent/carer. By completing the form below you are confirming that you have read and understood the activities being offered and agree with the measures the club has put in place to manage any risks, including its Covid-19 measures in line with current Government guidance. A copy of the club's risk assessment can be found here. If a player has any specific medical conditions it is vital the parent / carer ensures the coach is made fully aware and this is discussed with them, and the club welfare officer if necessary, to jointly agree how this is managed.