

# Karen Potter Craven Minor JFL FOOTBALL

## Results Week Ending March 22

**Under 9 Jim Rourke Cup Final**  
Altown United 1  
Southport Trinity Blue 5

**Under 10 Charity Shield Final**  
Maghull Youth 1  
Redgate Rovers Yellow 3

**Under 10 Wilf Jenkinson Cup Final**  
Southport & Ainsdale Amateurs 6  
Formby JSC Black 1

**Under 11 Premiersip**  
Trinity White 2 S&A Red 1

**Under 11 Championship**  
Hesketh Colts 2 Crosby Stuart 6  
Phoenix 1 Trinity Blue 0  
Formby JSC Black 1 Redgate Yellow 4

**Under 12 Joseph Jackson Cup**  
Phoenix 0 Formby JSC Rangers 9

**Under 12 Premiersip**  
Trinity White 0 Hesketh Colts 9  
Trinity Blue 1 Altown United 2

**Under 12 Championship**  
S&B Red 3 Formby JSC Black 2  
Southport FC Juniors 1 S&A Amateurs 3  
Mitch Green 3 Redgate Rovers 2

**Under 13**  
Southport FC Juniors 7 Birkdale R 5  
Birkdale Black 8 Hesketh Colts 1  
Birkdale 5 0 Southport Trinity 5  
Formby Athletic 1 Redgate Rovers 3  
Formby JSC 9 S&A Amateurs 0

**Under 14**  
Southport Trinity 3 Formby JSC 1  
Birkdale Black 2 S&A Amateurs 2

**Under 15**  
The Hares 4 Formby JSC 0  
Southport Trinity 5 Southport FC Juniors 1  
Birkdale United 3 Redgate Rovers 0

**Under 16 Adam Bell Cup**  
Hesketh Colts 4 Redgate Yellow 2

**Under 16**  
Jaguars White 9 Redgate Green 0  
Formby JSC 2 Jaguars Red 1

**Under 18 Premiersip**  
S&A Red 5 Myers 3  
Lydiat 1 Redgate Rovers 3

**Under 18 Premiersip**  
Dynamo Rangers 1 Birkdale Black 4  
Hudson Celtic 1 Burscough Green 1  
Southport Trinity 2 S&A Blue 1  
Redgate Yellow 1 Formby JSC Black 3

## Fixtures Week Ending March 29

**Under 11 Premier**  
Southport FC Juniors v S&A Red  
Maghull Youth v Trinity White  
Formby JSC White v Redgate White

**Under 11 Championship**  
Redgate Yellow v Crosby Stuart  
Formby Athletic v Hesketh Colts  
Phoenix v S&A Blue

**Under 12 Premiersip**  
Formby JSC White v Birkdale United  
Hesketh Colts v Altown United  
Trinity White v Trinity Blue

**Under 12 Championship**  
Formby JSC Black v Redgate Rovers  
Mitch Red Warriors v Ormskirk  
S&B Yellow v Southport FC Juniors

**Under 13 Catherine Oldfield Cup**  
Birkdale Black v Birkdale R

**Under 13**  
S&A Amateurs v Southport FC Juniors  
Birkdale 5 v Redgate Rovers  
Formby Athletic v Formby JSC

**Under 14**  
Southport Trinity v North Sefton  
S&A Amateurs v Formby JSC  
Birkdale Black v Redgate Rovers  
Birkdale United v Hesketh Colts

**Under 15**  
Southport Trinity v Redgate Rovers  
Churchtown Athletic v Southport FC Juniors  
The Hares v Birkdale United

**Under 16**  
Formby JSC v Jaguars White  
Redgate Green v Hesketh Colts  
Southport FC Juniors v Jaguars Red

**Under 18 Premiersip**  
Lydiat v Redgate Rovers  
Myers v AFC Liverpool  
Birkdale United v Town Green  
S&A Red v Hudson Rangers

**Under 18 Championship**  
Hudson Celtic v S&A Blue  
Burscough Green v Formby JSC Black  
Birkdale Black v Southport Trinity  
Redgate Yellow v Dynamo Rangers

## Farnborough pupils flying high

FARNBOROUGH Road Junior School won the Merseyside Indoor Athletics Competition for the first time in the school's history.

The annual competition is held to allow the best teams from Sefton, Liverpool, Halton, Wirral and St Helens to compete against each other.

The Farnborough team

of 28 Y5 and 6 children beat 13 other teams from across the county in a fabulous performance, winning the prestigious event by nearly 40 points from defending champions Legh Vale from St Helens.

The event was won in the field, with the team winning five of the 12 events and coming second in five others.

The team from the Birkdale school also won the competition for best boy and girl teams on the day, with the girls four points ahead of second and the boys six ahead of their nearest rivals.

Organisers believe that the team total of 660 points is the best team score in the country for this age group in 2015.



● Farnborough Road won the Merseyside Indoor Athletics Competition for the first time in the school's history.

# Black belt success for duo sets club record

## MARTIAL ARTS

BY ROB WILLIS

JACOB Holt and Thomas Sutton passed their cadet black belt grade in Shotokan Karate, setting a new town record while doing so.

Both the boys train at the West Lancs Karate Academy in Southport and have become the youngest in the club's 17 year history to pass the grade.

Club officials say they are also the youngest in the town to do so.

Thomas (11) and Jacob (12) have been training consistently for more than four years.

Their training has seen them attend courses and competitions across the UK, with the grading itself taking place on a special course after three hours of training.

This is not their first taste of success with both having also made their mark in tournament karate.

In 2012 Jacob fought through to the third round at the BKA National Championships in Oldham, while in 2013 both won medals at the ESA National Kata Championships in Grimsby, Jacob taking bronze and Thomas silver.

At the 2014 National Championships the roles were reversed with Jacob taking silver and Thomas taking bronze, illustrating how evenly matched they have been in their training and competing.



● Thomas Sutton (left) and Jacob Holt, along with members of the West Lancashire Karate Academy

The club has a strong junior section, although both boys also train with the adults and are now setting their sights on further success, including looking towards further competitions. For more details about Karate or the club at: [www.westlancskarate.org.uk](http://www.westlancskarate.org.uk)

## Relegation battle continues

HESKETH Bank returned to action after last week's postponement at Lostock St. Gerards with a tough visit to champions-elect Charnock Richard, who eventually overcame them with three second half goals.

The visitors welcomed back Stefan Dill in goal and Tommy Toth, who took his place in midfield, but were without the services of forward David Hogg, who is still injured.

On a lovely spring afternoon and with a good surface it became apparent early in the game that Hesketh Bank were quite happy to let the home side have plenty of possession in areas of the pitch that would not cause any problems.

Indeed most of the first half saw neither keeper have much to do, although Dill was forced to make the only save of a goalless first half after 12 minutes when Charnock's leading goalscorer Carl Grimshaw got clear on the right.

The visitors' best chance arrived on the stroke of half time, a Jamie Wynne header from a free-kick fell to the feet of skipper Tony Sergeant but his stabbed effort went just wide of the upright from close range, although a linesman's flag for offside spared his blushes.

Any hopes of Hesketh Bank getting a result were quickly extinguished early in the second half as Charnock capitalised on a couple of mistakes to take a two-

goal lead. David Fisher picked up a loose ball in midfield a minute after the break and set up Grimshaw, who made no mistake from 12 yards.

Five minutes later Mark Woods charged down a Dill clearance to add a second.

Hesketh Bank needed to change their game plan and substitute Lewis Saunders had a glorious chance to reduce the arrears on the hour mark, but shot wide.

Try as they might the visitors did not unduly worry the home side further and Grimshaw completed the scoring after 80 minutes to give his side a 3-0 victory.

After the match it was confirmed that Charnock Richard's nearest challengers had lost and so with four games still left to play they were crowned champions for the fourth year on the trot.

Meanwhile Hesketh Bank's relegation fight continues with a home match on Saturday against Longridge Town, which kicks off at 3pm.

● For up to date information or to book a 3G pitch, visit the website at [www.heskethbankafc.co.uk](http://www.heskethbankafc.co.uk) for more information.

● Hesketh Bank AFC skipper Tony Sergeant in action at Charnock Richard

