



# Reds In The Community Football Academies

**Reds in the Community Football Academies** are designed to improve the individual technique and team play of every participant using a mixture of **FUTSAL and COERVER** coaching techniques. The sessions are aligned to Academy practices including ball mastery programs each week, continuous coaching cycle including the main stream topics and small sided games to ensure your child has maximum contact hours to fulfil their potential. All coaches are qualified with full DBS checks to ensure a safe environment for you child.

**Price £24 for 6 Sessions (Siblings half price)**  
Starts week commencing 11<sup>th</sup> September

Date/Time	Venue	Age Group
Tuesday's <b>5-6pm</b>	<a href="#">Egremont</a> @ West Lakes Gymnasium	Reception to Year 6 All genders and abilities
Tuesday's <b>5-6pm</b>	<a href="#">Maryport</a> @ Netherhall School 3G	Reception to Year 6 All genders and abilities
Wednesday's <b>5-6pm</b>	<a href="#">Cockermouth</a> @ School All Weather	Reception to Year 6 All genders and abilities
Thursday's <b>5-6pm</b>	<a href="#">Millom</a> @ School All Weather	Reception to Year 6 All genders and abilities
Friday's <b>5-6pm</b>	<a href="#">Workington</a> @ Lakes College 3G	Reception to Year 6 All genders and abilities

Register your child for free @ [www.workingtonafc.com/information](http://www.workingtonafc.com/information)

For info contact Brian Dawson t- 07872859531 e- [ritc@workingtonafc.com](mailto:ritc@workingtonafc.com) w- [www.workingtonafc.com](http://www.workingtonafc.com)

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