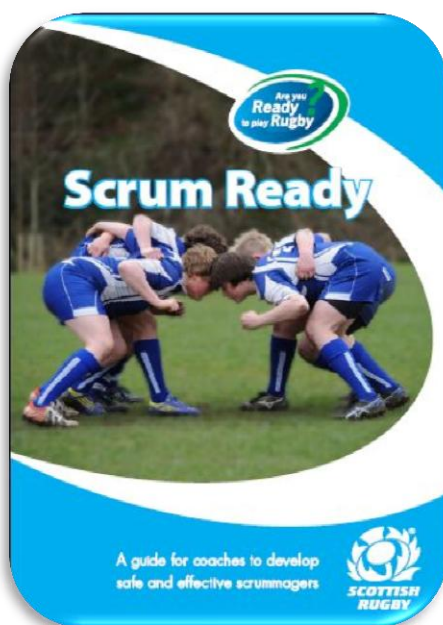


SCRUM READY WORKSHOPS & RESOURCE



WHEN & WHERE

Date	Time	Venue	Tutor
11/11/2013	7pm-9pm	Aberdeen Grammar RFC	Kevin Wyness
11/11/2013	7pm-9pm	Gala RFC	Kevin Barrie
18/11/2013	7pm-9pm	Stirling County RFC	Eddie Pollock
25/11/2013	7pm-9pm	Ayr RFC	Alex Edmonstone
27/11/2013	7pm-9pm	Highland RFC	Kevin Wyness
2/12/2013	7pm-9pm	Cartha Queens Park RFC	Alex Edmonstone
16/12/2013	7pm-9pm	Dundee RFC	Eddie Pollock
16/12/2013	7pm-9pm	Murrayfield Stadium	TBC

Each coach in attendance is asked to bring a player along, to allow them to practice using the resource with a player.



WWW.SCOTTISHRUGBY.ORG

COST

Free!

WHO IS THIS WORKSHOP FOR?

Any coaches who wish to develop their understanding of safe and effective scrummaging from primary 6 - Adult

WHAT DOES THE WORKSHOP INCLUDE?

You will receive a copy of the new ScrumReady resource, as well as guidance on how to use it. You will also be given a chance to practice some of the activities with your own player who you bring along on the evening.

HOW DO I APPLY?

Email Samantha Finlayson
(Coach Development
Administrator)
samantha.finlayson@sru.org.uk

In your email, please state your club and age group you work with.