



Before travelling to Football Activity

We request that each participant undertakes the following self-screen check list before travelling to a training session or other football activity. If you answer 'yes' to any one of them you should not travel to the training session and follow all applicable Government Guidance (e.g. call NHS 111).

It is important to remember some people can pass on the virus before they develop symptoms, or never have symptoms despite being infectious. Despite everyone's best efforts, these cannot be screened out of training.

These are potential indicators of Covid-19 infection. Please Check for the following...	Check negative	Check positive
A high temperature (above 37.8o C) <ul style="list-style-type: none"> • Some clubs may include on-site temperature checking of participants as part of their SOP, this is more relevant to clubs who employ medical staff. 		
A new continuous cough.		
Shortness of breath.		
A sore throat.		
Loss of or change in normal sense of taste or smell.		
Feeling generally unwell.		
Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.		

Player Personal Health Check

Arrival at the venue

Coaches at the Club should check that each participant completed the self-screen check list before attending and if so, if the self-screen checks were negative for all participants. Ensuring everyone understands the importance of this simple process being completed before travelling is essential to avoid potential transmission.

If a participant says they forgot to self-check before their arrival, then the coach should ask them the health check questions before they join any group at the facility. If they answer 'yes' to one or more of the questions, participants must not take part in the activity and should be told to safely return home.

During the session

Please refer to The FA First Aid guidance, for how to manage the situation if anyone appears to be symptomatic during the session. You can find this guidance [here](#)