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# SURREY HIRE YOU REQUIRE IT - WE HIRE IT

#### **CB Hounslow United Football Club**

#### Founder

Frank James

#### **Patron**

Max Lea MBE

#### Chairman—Board of the Club

Dave Fuller

#### President

David Brown

#### **Life Vice Presidents**

Gary Bridges, Keith Head, Ray Forde, Barry Chapman, Steve Donnelly, Reuben Longdon-Hughes, Pete Morris, Craig Elliott, Tracy Elliott, Andy Blows, Ian Heffernan

## Chairman of Football Activities/Club Secretary

Frank James

#### Vice Chairman

Roy Wright

#### **Director Ladies & Girls Football**

Rob Rush

#### Youth Chairman/Youth Secretary

James Harrington/Vijay Kumar

#### **Chairman's Assistant Leagues**

Vacant

#### Vice Youth Chairman

Frank James

#### **Welfare Officer**

Tracy Elliott/Frank James

#### **Fund Raiser/Charity**

Vijay Kumar

#### **CB Club Committee Members**

Steve Donnelly, Pete Morris, Ian kelly

#### Match Day Secretary

Ian Kelly—Steve Donnelly

Andy Pocock

#### **Discipline Committee**

**Team Captains** 



Welcome all

Today we welcome ALL to Green Lane for CB Hounslow United FC home game in the

The Combined Counties FL—Premier League North
MCFL Premier
GLWFL
MCFL Division 3
MCFL Reserve Division

A warm welcome goes out to the clubs Board , club officials, managers and players.

We at CB hope you all have an enjoyable day here at the ground and enjoy the facilities.

## **Todays Match officials**

CB Hounslow FC v St.Panteleimon FC

Match Referee: Gifford Manyange Assistant Referee; Dan Harvey Assistant Referee: Greg Zeigermaher Observer: Ray Herb

## **Saturdays Match Officials**

CB Hounslow FC v Burnham FC

Match Referee: Scott Orchard
Assistant Referee: Jake Symes
Assistant Referee: Greg Zeigermaher

Guest of Honour:

Match Ball Sponsor—Pete Morris

#### Club Honours

		Clubi
1000/00	looks Tarabo Flashet	National Courts F.A.
1989/90	Junior Trophy Finalist	Middlesex County F.A
1990/91	Fred Barnard Cup Finalist	Hounslow & District F.L
1991/92	Junior Trophy Finalist	Middlesex County F.A
1992/93	Division One R/U	Hounslow & District F.L
1994/95	Junior Cup Finalist	Middlesex County F.A
1995/96	Fred Barnard Cup Finalist	Hounslow & District F.L
1995/96	Premier Division R/U	Hounslow & District F.L
1995/96	Division Three R/U	Hounslow & District F.L
1995/96	Ben Little 6 aside Winners	Hounslow & District F.L
1996/97	Fred Barnard Cup Winners	Hounslow & District F.L
1997/98	Division Four Champions	Hounslow & District F.L
1997/98	Presidents Cup Finalist	Middlesex County F.L
1998/99	Division One R/U	Harrow Sunday League
1998/99	Jubilee Cup Winners	Hounslow & District F.L
1998/99	Intermediate Cup Winners	Middlesex County F.A
1999/00	Fred Barnard Cup Finalist	Hounslow & District F.L
1999/00	Plate Trophy 6 aside Finalist	Hounslow & District F.L
1999/00	Premier Cup Finalist	West London Sunday League
2000/01	Premier Cup Winners	West London Sunday league
2000/01	Premier Division Champions	West London Sunday League
2000/01	Ben Little 6 aside Winners	Hounslow & District F.L
2001/02	Premier Cup Winners	West London Sunday League
2001/02	Ben Little 6 aside Champions	Hounslow & District F.L
2001/02	Ben Little 6 aside R/U	Hounslow & District F.L
2001/02	Fred Barnard Cup Winners	Hounslow & District F.L
2001/02	Division Four Champions	Hayes & District Sunday F.L
2001/02	Chairman's Cup Winners	Hayes & District Sunday F.L
2001/02	Junior Trophy Cup Winners Sun	Middlesex County F.A
2001/02	Secretary of the Year—B.Lawlor	West London Sunday League
2002/03	Junior Cup Winners Sunday	Middlesex County F.A
2002/03	Federation Cup Finalist	Middlesex County F.L
2002/03	Division Two R/U	Middlesex County F.L
2002/03	Division Two Cup R/U	Middlesex County F.L
2002/03	JSC Cup R/U	Middlesex County F.L
2002/03	Division Two R/U	Hayes & District Sunday F.L
2002/03	6 aside Cup Winners	Soccer Sixes
2002/03	5 aside R/U	West London Sunday F.L
2002/03 2003/04	5 aside R/U under 13's Division One Champions	Hayes & District Youth League
2003/04	Senior Reserves Finalist	Hayes & District Sunday F.L Middlesex County F.L
2003/04	Premier Division R/U	Middlesex County F.L
		•
2004/05 2004/05	Senior Res Division R/U	Middlesex County F L Middlesex County F A
2004/05	Junior Trophy Cup Winner Jubilee Cup Winners	Hounslow & District F L
2004/05	Division One Cup Finalist	Hayes & District Sunday F L
2005/06	Under 13's Division champions	Hayes & District Youth League
2005/06	Under 16's Cup Finalists	Hayes & District Youth League
2005/06	Sportsmanship Trophy	Hayes & District Youth League
2005/06	Division 5 Champions	Hayes & District Fouth League Hayes & District Sunday F L
2005/06	Division 5 Cup Winners	Hayes & District Sunday F L
2005/06	Vice Presidents Cup Winners	Hayes & District Sunday F L
2005/06	Junior Trophy Finalist	Middlesex County F A
2005/06	Junior Res Div Runner Up	Middlesex County F L
2005/06	Junior Res Cup Winners	Middlesex County F L
2005/06	Senior Res Div Champions	Middlesex County F L
2005/06	Premier Div Runner Up	Middlesex County F L
2006/07	Reserve Div Runner-up	Middlesex County FL
2006/07	Jubilee Cup Finalist	Hounslow & District FL
2006/07	Ben Little 6 aside Champions	Hounslow & District FL
2007/08	Reserve Div Cup Winner	Middlesex County FL
2007/08	Reserve Div Runner-up	Middlesex County FL
2007/08	Intermediate Div Runner up	WMSFL
	ap	<del>=: =</del>

2008/09	Under 16's Division champions	Hayes & District Youth Leagu
2008/09	Under 11's Division runner up	Hayes & District Youth Leagu
2008/09	Intermediate Division Champions	WMSFL
2009/10	Division four Finalist	WMSFL
2009/10	Under 9's champions	Hayes & District Youth
2009/10	Under 9's Premier div runner up	Hayes & District youth
2009/10	Under 12's premier Div runner up	Hayes & District Youth
2010 to 20	15 — honours to be updated	
2015/16	Secretary of the year	Combined Counties FL
2015/16	Div 1 Champions	Combined Counties FL
2016/17	premier Cup finalist	Combined Counties FL

## Squad list

## BURNHAM FC SQUAD LIST 2021-22

Zack Basey	1 DANIEL PURDUE 2. NAOR BEN AMI	1	Croydon CWFC Women			8	7	1		0	20	22
Terence Cariba	3 ALFIE BRANWHITE 4 NASAR BAKARE											
Joe Smith	5 JONAS ROMARIO 6 AARON DE RAMA	2	Sutton United Women U21			8	5	2		1	25	17
Justin Thompson	7 KANE GUY SEIFORT	_						_		-		
Brandon Jackson	8 FIRAS CHNIBA 9 TAYO AYAYI	3	Wandsworth Borough Women			8	5	1		2	19	16
Thomas Kanek	10 LEO DECABO							•		_	. •	. •
Ade Orisagbemi	11 JAYDEN MOORE 12 DWAYNE CLARKE	4	Civil Service Women			9	5	1		3	14	16
Andy Morris	14 MORGAN CRIPPS 15 DAN CENZANO											
Trisdon Andrews	16 BEN PARROTT	5	Kenningwell United Women FC			8	5	0		3	22	15
Morgan Elliott - Grout	17.OLIVER BISHOP 18.MATTEO ESPIRITO											
Jahamari Morgan	19.LOUIS ENDEAN 20. SEBASTIEN LINTURN	6	South London Womens Reserve	20		8	4	1		3	10	13
Carlos Bain	21.RHYS HARPER 22.HARVEY POPE.	U	Court Editabil Wolfielis (Cacivo	<u> </u>		O	7	'		3	10	10
Golbert Batousol	22.HARVEY POPE.											
Jack Vincent		7	CB Hounslow United Women Ro	eserves	1	10	2	0		8	-30	6
Sam Smith	MANAGER : BEN MURRAY											
Oskar Propok	ASSISTANT MANAGER :KAVI LUCHOWA	8	Tooting Bec Women Developme	ent		8	1	0		7	-23	3
Asher Reid	PHYSIO: CHARLOTTE BELLAMY COACH: NAS BASHIR/ADAM BARNARD			_								
Mark Sangster	MATCH/CLUB SECRETARY: GARY REEVES (07919 415141)	South East Parakeets FC Deve		Nonmont								
James Wheeler	•	9	Wome	оринени		9	1	0		8	-57	3
Matteo Milazzo	KIT. SHIRTS:BLUE (AWAY RED)											
Tyrese Cummings	SHORTS: BLUE (AWAY RED) SOCKS: WHITE/RED (AWAY RED)		MCFL Sunday—Div 3									
Management Team	GK: LIME GREEN/GREEN		·									
Danny James	<u>CLUB OFFICIALS</u> CHAIRMAN : GLENN SKIVINGTON		North West Jets	10	9	1	0	61	10	+51	28	
Thomas Kanek	DIRECTOR OF FOOTBALL: NAS BASHIR TREASURER: ADAM WARDLE		Court Park Utd	11	7	2	2	51	19	+32	26	
Alex Wines	CLUB/COMPANY SECRETARY : GARY REEVES 07919 415141		Chairboys	11	8	2	1	36	18	+18	26	
James Key	0/ /1/ 413141		London Samurai Rovers									
<u>Physio</u>			(Sunday)	12	7	2	3	42	33	+9	23	
Billy Tutt			AFC Heathrow Reserves	11	4	1	6	36	30	+6	13	
,			CB Hounslow United	10	3	2	5	17	34	-17	11	
Match Secretary			(Sunday)									
lan kelly			<u>Inter Manor</u>	13	3	1	9	23	55	-32	10	
Team colours: All Grey or Green/Black –		1	<u>Middlesex Arms</u>	12	3	2	7	26	28	-2	8	
Black/Green			Hearts Of Teddlothian	11	2	1	8	16	55	-39	7	
•			<u>Cowley</u>	9	2	0	7	12	38	-26	6	

## **History of CB Hounslow United**

CB Hounslow United F.C is a Football club based in the London Borough of Hounslow. The team was originally named Richmond Rangers, and was a collection of friends and local troubled youth that where losing their path in life.

In season 1987/88 Richmond Rangers where disbanded and reformed in 1988/89 under the name of CB united.

CB Hounslow United FC carry the community flag for football and support in Hounslow, since the demise of the historic Hounslow FC which was formed in 1884. Community support is the essence of what we do as a club.

Currently the club supports Promise Academy for 16 to 18 year olds. With a sports and educational programme. We currently run our own mini kickers programme midweek and support Promise coaching on Saturdays

CB stands for 'Cater Bank' which was the company co-owned by the late father of our Chairman/founder Frank James. CB Hounslow played in the Hounslow & District Football League with some distinction, and after 5 successful years we were promoted to the Middlesex county Football League (MCFL) in 1994/95 that is when we then took our present name CB Hounslow United. The club still have 3 sides that play in the MCFL and the 1st team playing in the Premier of Combined Counties FL @ Step 5.

CB Hounslow United 1st team played for 11 years in the MCFL before being promoted to the Combined Counties in 2005/6 season. The club is now affiliated to the Combined Counties League, Middlesex County FL, West Middlesex Sunday League, Allied Counties Youth League, Surrey Youth League, West Middlesex Youth League and Harrow Youth League and Greater London Womens league.

Club has now a Patron: Mr Max Lea MBE a stalwart in football, who come up through the referee ranks and played football for Old Parmiterians Football Club. His support to Club is hugely appreciated and can only benefit the club going forward.

Also Frank the owner of CB has handed the reigns over to Mr Dave Fuller who will become the Chairman of the board and handle non on the pitch matters for the club. Allowing Frank to concentrate on just football matters as he enjoys running a team. Dave comes with a huge amount of experience. He is a MCFA Councillor and has officiated in Middlesex for over 50 years and CB itself for 20 years.

The club this season will be competing in The FA Cup, The FA Vase, The FA Youth Cup and MCFA Senior Charity Cup amongst many other Cups.

As always I would like to thank our numerous sponsors, who donate to the Youth & Ladies teams and the main body of the club and also help greatly with the fundraising. The club continues to grow its partnership with DNATA, United Airlines, Biffa, Tarmac. Mohan's Caterers, AIR Consultants, InTime Worldwide Express, Mount Café,

As a club we are blessed with have many volunteers who make up our management, coaching and secretarial staff who without them the club wouldn't be where it is now.

Website: www.cbhounslowunitedfc.com

## **Association A Code of Conduct for Football**

Football is the National Game. All those involved with the game at every level and whether as a player, match official, coach owner or administrator, have a responsibility, above and beyond compliance with the la, to act according to the highest standards of integrity, and to ensure applies to all those involved in football under the auspices of the football associating.

#### Community

Football, at all levels, is a vital part of the community. Football will take Into account community feeling when making decisions.

#### Equality

Football is opposed to discrimination of a form and will promote Measures to prevent it, in whatever form, from being expressed.

#### **Participants**

Football recognize the sense of ownership felt by those who participate at all levels of the game. This includes those who play, those who coach or help in any, and those who officiate, as well as administrators and supporters consultation.

#### Young People

Football Acknowledges the extent of the extent of its influence over young People and pledges to set a positive example.

#### Trust and respect

Football will uphold a relationship of trust and respect between all involved in the game, whether they are individuals, clubs or other organizations.

#### Violence

Football rejects the use of Violence of any nature by anyone involved in the game.

#### Fairness

Football is committed to Fairness in its dealings with all involved in the Games.

#### Integrity and Fair play

Football is committed to the principle of playing to win consistent its fair play.

By order of the council November 1998



## **Because Youth Matters**

























For more info: T: 0208 538 5480 **CBHounslowunitedfc.com** 



This written agreement is between CB Hounslow Utd FC and all external hirers. It sets out below what is expected from all visitors whilst they are using our facility -

We have also attached our risk assessment which we would encourage you to read.

Whilst using our facility you will -

- Self-assess yourself and will ask everyone else who falls under your jurisdiction to do the same. This includes asking the opposition team if you are booking friendlies as well as referees, spectators, or anyone else that is at the facility
- You will complete the sign in form which will be at the ground. You will ensure all persons under your jurisdiction including opposition teams, parents, spectators, referees do the same.
- You will inform the club asap if you are aware of anyone that has used our facility has
- o Symptoms of COVID-19
- o Has had a positive test for COVID-19
- o Has been in contact with anyone who has symptoms of COVID 19
- You will adhere to any one-way system and ensure everyone under your jurisdiction does so
- You will ensure that before and after your session/game you clean all the equipment you have used; this includes wiping down goal posts and corner flags
- You will remove all your rubbish and belongings from the ground after your session/game
- You will follow all the instructions given in the risk assessment and pass this information on to all the participants of your session/game
- You will send home any persons find to be suffering with symptoms of COVID-19 and inform us immediately

If you have any questions about this guidance or would like to discuss anything further please do contact our COVID-19 officer.

By continuing with your session/game you are agreeing to follow these conditions and those set out in our risk assessment.

Anyone found not adhering to these conditions will be removed from the facility and it may affect your chances of revisiting us

Frank James

Club Secretary & Football Chairman

07958-718930

**CBHounslowunitedfc.com** 

frankjames@cbhounslowfc.com

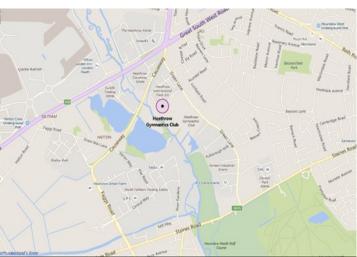












## **CBHounslowunitedfc.com**

The club will grow from 290 to over 700 Regular member, many coming from the Hounslow Area, most of whom will not have been members of a sports club before.

There will also be opportunities for more informal participation for many other residents in the area.

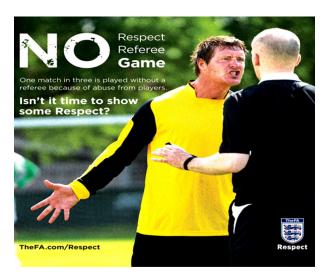
This will help us grow as a Social enterprise, as well as offering training and employment opportunities. In summary the club will become a key focal point for the community for the people both living and working in the area.

	CAUTION 2	CAUTION 3	CAN RE-ENTER	CAN BE SUBSTITUTED
-DISSENT = SIN BIN			YES	YES'
C-DISSENT = SIN BIN	C = YELLOW CARD		YES	YES*
C-DISSENT = SIN BIN	C-DISSENT = SIN BIN	All the same	NO	YES*
C = YELLOW CARD	C-DISSENT = SIN BIN		YES	YES*
C-DISSENT = SIN BIN	C = YELLOW CARD	C-DISSENT = SIN BIN	NO	NO
C-DISSENT = SIN BIN	C = YELLOW CARD	2ND CAUTION = SENDING OFF	NO	NO
C = YELLOW CARD	C-DISSENT = SIN BIN	C-DISSENT = SIN BIN	NO	NO
C = YELLOW CARD	C-DISSENT = SIN BIN	2 <sup>ND</sup> CAUTION = SENDING OFF	NO	NO



**CBHounslowunitedfc.com** 

1	Hammersmith Football Club Women	9	7	2	0	29	23
2	Actonians Ladies Development	10	7	2	1	24	23
3	CB Hounslow United Women	9	7	1	1	25	22
4	Hilltop Womens	10	4	1	5	-2	13
5	Regents Park (Adults) Womens	9	3	2	4	4	11
6	Islington Borough Ladies FC Reserves	9	2	1	6	-20	7
7	Hounslow Women FC Development	10	2	0	8	-20	6
8	Camden Town (Womens) Red	10	1	1	8	-40	4



## **BE WARNED!!!!!**

As a Club we do not allow alcohol around the pitch whilst a match is in progress– this is a

FIFA- UEFA & FA Rule.

## **CB Hounslow Ladies FC**

Megan Curran
Megan king Martin
Donna Osmond
Tori Waters
Sharna Davison
Lucy Easton
Ellie Cullen
Kianni Mae o'Garro
Elizabeth Waters

Ella Benson Isis Manzi McCuaig Chloe McCarthy Ellen Scheer Elisha Timms Emma Spencer Megan Price

Sabrina Alves de Souza Mae Rush Sasha Treadaway

Alice McGann Michelle Figueroa Zoe Rafferty Tiegan Watson Amy O'sullivan Abi Scupholme Eleanor field Holly Roaf Francine Goncalves



At In Time Worldwide Express we are football crazy! At last count we were following 15 teams between us, from Stevenage F.C. (The 'mighty' Boro) to New York City, where we have an office. As one of Heathrow's leading logistics companies, we are proud to support and be involved with a local team, and what better than one managed by our very own Transport and Warehouse Manager, Rob Rush! Come on United!!!@@In Time Worldwide Express

Air, ocean, road and rail freight solutions, and specialists in time-critical cargo.

www.itwx.co.uk







# CHARTER STANDARD COMMUNITY CLUB



Website - cbhounslowunitedfc.com

Twitter - @cbhounslow1989

Facebook - CB Hounslow Utd FC





Website: cbhounslowunitedfc.com

Twitter: @cbhounslow1989
Facebook: CB Hounslow Utd FC

**Promise Football Academy** is a sports education college programme available to 16-19 year old students seeking a future in sport. Our students spend their 2 college years training like a professional athlete whilst securing an education to cement careers and pathways.

Boasting a plethora of opportunity for each and every young adult that embarks on the 'Promise' journey.

Directly from our programme, students have Progressed into pro football
Progressed into semi-pro football
Gone onto University
Pursued extended education abroad in the States
Gone straight into full time employment

Become physiotherapists Become sports coaches

Become personal trainers

Worked in sports analysis ... To name just a few of the many possibilities.

Check us out -





@Promise\_Football\_Academy

**FOOTBALL FOR ALL** said Frank James & Barry Chapman! Before embarking on a relationship and close friendship with Promise Sports Coaching's lead coach Tom Kanek (TK).

Promise Sports Coaching set out with dreams matched by those of Frank and Barry to offer affordable child care and sports entertainment packages to each and every family possible!

True to their name; Promise Sports Coaching were blessed to be surrounded by supportive people with similar dreams that allowed them to deliver on the very foundations they promised from the beginning.

The mantra at 'Promise', has been and forever will be the same -

EVERY child is different & EVERY child matters!

#### Offering -

- Primary & Secondary school PE coverage
- Lunch time and after school clubs
- School holiday camps
- Private sports 1 to 1 sessions
- Child birthday party entertainment
- Mini kicker sessions
- Direct links to age group appropriate team participation

..... And much, much more!



**Smart AC Solutions**: Are a Heating ventilation and air conditioning company founded in 2019. The company's directors Daniel Sines and Aaron Lockwood are strong supporters in the youth system that CB Hounslow operates and have overseen many youth players over the years achieve there dreams of playing a high level of football if it be at other football academy's or CB Hounslow itself and are delighted to be sponsoring CB Hounslow under 18's in the coming season.

At Smart AC Solutions, we work with you to create the perfect environment for innovation and success by designing and installing air conditioning, heating and ventilation systems.

We are experts in our industry, so we can combine your mechanical and HVAC systems into one efficient and cost-effective climate control package. We take the risk out of your project because our quotes are guaranteed, giving you complete peace of mind.

Find us at smartacsolutions.co.uk





#### **Allied Counties Football League**

1	North Greenford United	8	8	0	0	33	24
2	<u>Uxbridge</u>	9	5	2	2	6	17
3	Hanwell Town	7	5	1	1	26	16
4	CB Hounslow United	7	3	1	3	0	10
5	Harefield United	5	3	0	2	8	9
6	AFC Hayes	9	3	0	6	-7	9
7	Wembley	6	0	0	6	-31	0
8	Hillingdon Borough	7	0	0	7	-35	0

Managers: Mick McGann, James Harrington



Equity Networks is a leading UK IT & Telecoms Service provider. For more information on our services or to find out about our special offers for CB Hounslow supporters & associates, please get in touch on the details below.

TEL • 01753 668668 • EMAIL • SALES@EQUITYNETWORKS.CO.UK

**Proud Partners of CB Hounslow FC & AIR Consultants** 



#### Saturday

Youth training – 9:30am @ Green lane CB Hounslow 1st v Burnham FC – 3pm ko – main pitch @ green Lane – Bar/Café/gate/Boardroom West Palops v CB Hounslow 4th Away – 2pm ko @ isleworth & syon playing field

## Sunday

CB Hounslow Sunday v Cowley – 10:30am – pitch 1 @ green lane (Ant Cox Ref)
CB u15s v Hampton Rangers- 10;30am – pitch 2 @ green lane
CB u11s v Mitcham Park u11s – 10am ko – Grass pitch @ Beavers
CB u9s v Wandgas – 10am ko – 3G @ Beavers
Actonians Ladies v CB Hounslow ladies 1st (away) @ Actonians
CB Hounslow Ladies Res v Sutton Utd ladies u21 – 2pm ko – main pitch @ green lane





Walker Construction (UK) Ltd is a multi-disciplined construction company delivering Building, Civil and Rail projects across a diverse range of industry sectors, including but not restricted to; Education, Healthcare, Industrial, Retail, Refurbishment, Leisure, Infrastructure, Section 106 agreement. Section 278 agreements.

We understand and respect our client's needs and expectations on every project we deliver, whilst utilising Professional In-House Design & Build Services, Experience and Technical Innovation, Research and Development alongside Sustainable Construction Solutions. We aim to be the preferred construction contractor of choice for our clients, assured by the delivery of excellence, quality of service and by carefully selecting new opportunities with clients aligned to our core beliefs and objectives.



KUMK provide its customers with transparent, optimal distribution solutions with its partners and services worldwide, We strive to find unique processes for a unique market. KMUK has the resources and contracts to compile tailor made solutions along with utilising the resources which it has built over many years of experience.

Our goal is to be creative and focus on partnerships with both our customers and vendors, to provide speed to market whilst meeting all our customer expectations. KMUK aim to place ourselves strategically between our customers and vendors, to offer both value for money and benefits which will grow our business. Unique partnerships provide unique challenges



We have over 40 years' experience working with both the trade and DIYers. We have formed strong, loyal partnerships with many large corporations and have helped millions of people complete their projects, both in the home and the garden. Whether you need to bulk order building supplies, or just a couple of pots of paint for the living room, we've got it covered. And with over 230 stores nationwide, you won't have to travel far for what you need. Our team of specialists understand the challenges you face and strive to offer a solution, that you too, will be proud to put your name to.



Mohans Catering was established in 1989 and has been serving the Middlesex and wider London community for over 20 years with its distribution of Indian snacks and outdoor catering services. Founded upon a family ethos and professional work ethic Mohans have prided themselves on excellent customer service, creative cuisine, as well as warm and effective client relationships. With Head Chef Pankaj Makol at the forefront, Mohans over the last decade have built up an extensive network of event services that enable them to provide their clients with the best possible catering and dining experiences. They have provided food services all over the United Kingdom and have been fortunate enough to supply and extend their services internationally into parts of Europe. Year by year the Mohans team are continually adapting to the latest cuisine styles and changes within the industry, while simultaneously incorporating their own and unique innovative twist to their menus and special dishes. Mohans Catering has also expanded in other areas by increasing their distribution of snack products by providing groceries, market stalls and restaurants with Mohans original handmade samosas. In addition to this, since 2009 Mohan's have produced their own line of Indian sweets and are currently working on introducing their own branded line of special sauces.







AIR Consultants is a reputable and rapidly growing Staffing, Training & Auditing

Solutions Services Company being established over 10 years. We specialise in working within the Freight Forwarding, Courier, Logistics & Shipping Industries.

Our client base is continually expanding and we enjoy successful partnerships with other recruitment agencies and training associations which when joined together give us over 40 years of industry experience.

When affording AIR Consultants the opportunity to take care of all your Staffing,

Training & Auditing needs, you can rest assured that you are placing your needs in the hands of a professional team who will endeavour to provide you with an exceptional service at all times.



Tarmac, a CRH company, is the UK's leading sustainable building materials and

construction solutions business. Our innovative services and solutions help to deliver the infrastructure needed to grow the economy today and create a more sustainable built environment to support our future prosperity.



dnata are a performance driven organisation and a global player in niche markets. We currently operate out of 131 airports across 6 continents, providing service excellence for over 400 airlines

This makes dnata one of the worlds largest service providers. Our vision is to become the most admired, not necessarily the biggest but unequivocally the best in the eyes of our customers

dnata's operations in The United Kingdom began in 2010. The company was founded with the mission of providing industry-leading ground handling at London Heathrow airport.

In 2011, Plane Handling was rebranded as dnata as part of a global initiative to unify the company's international businesses.

Today dnata in the United Kingdom employs around 2200 staff at 7 airports and provides ground handling and cargo to more than +34 international airlines









		Р	W	D	L	GD	Pts	
1	Hanworth Villa	26	23	3	0	60	72	
2	Abbey Rangers	23	16	1	6	18	49	
3	Egham Town	25	14	6	5	18	48	
4	Southall	21	15	2	4	34	47	
5	Ascot United	24	14	5	5	17	47	
6	North Greenford United	25	14	4	7	37	46	
7	Edgware Town	26	11	7	8	16	40	
8	Wembley	27	9	6	12	-1	33	
9	Reading City	27	9	6	12	-4	33	
10	Windsor	25	9	5	11	-8	32	
11	St Panteleimon	24	9	4	11	-1	31	
12	Spelthorne Sports	25	8	5	12	-8	29	
13	<u>Burnham</u>	25	7	6	12	-33	27	
14	Tadley Calleva	25	7	4	14	-13	25	
15	Wokingham & Emmbrook	26	7	4	15	-13	25	
16	Virginia Water	26	7	3	16	-20	24	
17	CB Hounslow United	27	5	3	19	-60	18	
18	Holyport	27	5	2	20	-39	17	



MCFL—Premier—Step 7 NLS		
FC Soma 16 9 4 3	39 30 +9 31	
Brentham 13 8 2 3	27 20 +7 26	
Cricklewood Wanderers 12 8 1 3	29 18 +11 25	
Clapton Community 15 8 1 6	37 32 +5 25	
NW London 12 8 0 4	35 24 +11 24	
Larkspur Rovers 13 6 5 2	32 18 +14 23	
Sporting Hackney 12 5 3 4	26 21 +5 18	
Stonewall 13 5 3 5	21 25 -4 18	
Indian Gymkhana Club 11 4 2 5	24 23 +1 14	
Pitshanger Dynamo 10 2 3 5	25 29 -4 12	
AVA 12 4 0 8	20 26 -6 12	
C.B. Hounslow United Reserves 12 3 2 7	24 37 -13 11	
Kensington Dragons 15 2 5 8	28 51 -23 11	
The Wilberforce Wanderers 12 1 1 10	21 34 -13 4	
The Wilbertotte Waliderers 12 1 1 10	21 34 -13 4	
MCFL Div 3		
Whistlers 12 11 0 1	42 14 +28 33	
Kodak (Harrow) Reserves 14 10 0 4	42 30 +12 30	
Hillingdon Abbots Reserves 15 10 0 5	66 38 +28 27	
Wiseman West 12 6 1 5	23 24 -1 19	
Old Hat 7 6 0 1	32 13 +19 18	
Larkspur Rovers Reserves 13 5 2 6	26 26 +0 17	
Harrow Town Eagles 11 5 1 5	25 17 +8 16	
Centenary Park 12 5 1 6	28 29 -1 16	
Sudbury Court 13 4 3 6	18 24 -6 15	
Kinja 13 3 1 9	16 42 -26 10	
C.B. Hounslow United 3rds 17 2 1 14	22 73 -51 7	
LNER 7 1 0 6	13 23 -10 3	
Maggi Laff Novello Di Silva		
MCFL Jeff Nardin Division  Jamrock Shamrock 15 11 2 2	40 15 +25 38 F	,
C.B. Hounslow United 4ths 13 11 1 1	40 15 +25 38 F 60 17 +43 34 F	
Adamant 14 6 2 6	25 27 -2 20	
London Athletic 11 5 2 4	30 22 +8 17	
West Palops 13 4 3 5	30 22 +8 17 15 16 -1 15	
Ealing Trailfinders 14 4 1 8	28 38 -10 13	
Kodak (Harrow) 3rds 13 4 1 8	28 38 -10 13 27 40 -13 13	
· · · · · · · ·	27 40 -13 13 16 19 -3 10	
	16 19 -3 10 23 70 -47 3	
Brent Athletic 13 1 0 12	25 /0 -4/ 3	



## PHYSICAL THERAPY | SPORTS MASSAGE | REHABILITATION





## LOCATION: CB HOUNSLOW SPORTS CLUB, GREEN LANE, TW4 6JF

At ZEN Anatomy sports therapy, we put the patient first. From the initial point of contact and consultation, to the aftercare service you receive after your treatment.

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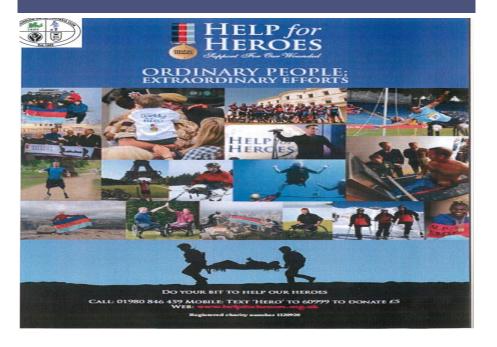
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#### **CB Hounslow Reserves**

Lee Brompton	Stef Livingstone	Shane O'Connell	Alfie Saunders
Andre Martin	Alex Hilton	Jerome Edwards	Nathan Rose
Nathan Munroe	Alex D'Riggs	Connor Miller	Ade Owalana
Jon Lloyd	Umar Brown	Luke Gilbert	Tyreek Kasim
Adam Knight	David Pinto	Asher Reid	Mark Peters
Ross Young	Warren Williams	Aaron Spencer	Baker Kimera

#### **CB Hounslow 3rds**

Rhys Pottle	Sean McDermott	Jamie Knight	Blair N'Zeza
Omid Ghassemi	Egidio Anastasio	Al Badr	Michael Barima
Abdel Bendif	Bruno Cane	Ryan Evans	Iman Ghassemi
Saboor Jayasuriya	Ahmed Kamjeh	Miah Rahul	A Thirukeswarew

## Joe Williams Prince Amo

#### **CB Hounslow 4th**

Daniel Austin	Mo Berghout	Chris Bridgeman	Dale Bridges
Jack Bridges	Je Vonte Deabreau	Billy Hall	Kieron Horrill
Dean Knight	Matt Mullins	Joshua Osbourne	Oskar Prokop
Callum Walter	Yassen Mohamed	Jonathan Zola	Daniel Pocock
Garratt Mark	Farid Bainur	keith Gallagher	

#### **CB Hounslow Youth**

MD Ullah

We as a club are embarking of the regrowth of our youth section. The club has lost some 15 sides since 2018/19 with the effect of Covid 19 and parents and players losing interest with football.

We are looking to develop extra teams at the following age groups for season 2022/23 with this season them doing mini-kickers and training/training games;

u7, u8, u9, u11, u13, u14, u15

We are also with the success of our 2 ladies sides we are starting on developing our Wildcats from

U10, u12, u14, u16

We also require coaches to assist with these groups

If you or anyone that are interested please contact: frankjames@cbhounslowfc.com

rrush@itwx.net

Jameshc05@icloud.com















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**Zack Basey** – Very good shot stopper and deserves to play higher but his dad and the coaches will not let him. Until he learns to drive, he hasn't got a choice.

**Thomas Kanek** (captain and player coach) most of his pre-match preparation involves putting half a tub of some sticky slimy hair product into his cherished hair. Dreading the day it starts to thin or he finds a grey hair.

**Ademide Baruwa** – One of the famous Baruwa brothers, not sure where they are famous but when we find out we will put it on twitter.

Adetola Baruwa – He is the brains of the double act. Not that he is famous for that though. Neither is his brother. James Wheeler – great addition to the squad always positive and enthusiastic (apart from when it is his round) Trisdon Andrews – can play almost any position and is very quick, except when it comes to paying his fines!! Smiled once ....it was a few years ago now.

**Brandon Jackson** – not much we can say about him because he never speaks. Just nods and fist pumps. Similar frequency of smiling as Trisdon.

**Adewale Orisagbemi** – studying at Brunel University for something really intellectual which surprised us all because we would not trust him to buy us 20 fags!!

Gilbaut Batousol – got an exotic French sounding name – he cant even kiss in French

Joe Smith – the 2nd best looking of the two Smith brothers in the squad. Loves a football quiz.

Sam Smith – better looking than Joe but is injured more often as well

Carlos Bain – our youngest player. Lives in Shepherds Bush but does not support QPR – unfortunately, that could limit his CB Hounslow career

**Andy Morris** – Also lives very near QPR but supports another club – for this reason, the management team are open to a double transfer with Carlos......!!

**Asher Reid** – weighs about the same as a wet tea towel but has the strongest handshake ever. God knows how long his hair would be if he took it out of his braids.

**Justin Thompson** – very quick winger who is always happy and laughing which for someone who sits in traffic for a living is incredible.

**Jahmari Morgan** – his closest link to football is that he works in M&S in Teddington and speaks to Paul Merson in there most days.

Morgan Grout – looks like Apollo Creed from Rocky 4 (before he got beat up by Drago). Only scores world class goals.

Mark Sangster – would play a lot more often if he a) did not support Fulham and b) did not insist on wearing Fulham merchandise to training. Career limiting decision.

**Tyrese Cummings** – looks like Joleon Lescott with a similar hairline (not that a receding hairline is a bad thing of course).

Danny James (manager) brings the sock tape, white boards, bananas, and sweets otherwise we would get rid of him. OPR fan.

**Alex Wines** (coach) best Goalkeeper to ever play for the club, now part of the coaching set up. Don't mention that his hair at the front is starting to resemble an island (if you can see that high). QPR fan.

Harry Churchill (coach) bit posh for us, teaches PE at a private school and knows big words – he uses smaller words in the dressing room at half time when we are losing.

James Key (goalkeeper coach) Looks like Tyson Fury but punches more like Paris Fury. G4S deliver his family allowance in one of those armoured vans.

**Peter Morris** (physio) genuinely the funniest person ever. If marinating and barbecuing chicken was an Olympic sport he would be Steve Redgrave



# Biffa South Central

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From our iconic red bins to our food waste recycling services, Biffa have got you covered.

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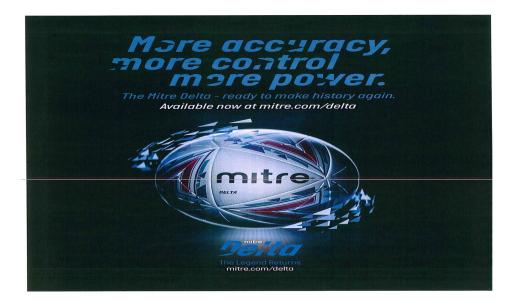


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St. Panteleimon FC (nicknamed "The Saints") was established within the Greek Orthodox Community in Harrow - NW London in 2015, to create a sporting and family based team. Our philosophy is the provision of a safe and supportive community setting, encouraging skills development, fitness, fair play and teamwork.

As of April 2018 St. Panteleimon FC achieved The FA Charter Standard Club Award, presented by the Middlesex FA, now England Football Accredited. We strive to provide an inspirational and motivational environment where preparation, practice and hard work generate legitimate opportunities for success, while emphasising the importance and development of fundamentals and techniques necessary for positive experiences in football and in life, creating a consistently exciting and entertaining programme that generates a wave of support, pride, and tradition for our entire community to share.

The Team was blessed by His Eminence Archbishop Gregorios of Thyateira and Great Britain.

Our team competed in the Cypriot KOPA League for two seasons, winning the double in 2016, as Second Division champions and Cup winners. In the 2017-18 season the "Saints" entered the English Football Association system, joining the Middlesex County Football League Division 1, and were promoted as undefeated Champions!

The 2018-19 season proved even more successful with the Saints claiming the Middlesex County Football League Premier Division Double registering only one loss for the entire year, winning the Championship and the Cup! We were also honoured to participate for the first time in our early history in the FA Vase, reaching the first round proper, after succeeding in the first two qualifying rounds. With four successive promotions, St Panteleimon FC have risen to Step 5 and play in the Cherry Red Combined Counties Premiership and look forward to the challenges ahead.

Manager: George Frangeskou

GOALKEEPERS
Lewis EVERETT
Donald MANAJ
DEFENDERS
Kevin MUSTALU
Nico CAMPBELL (C)
Michael FRANGESKOU
Addison GARNETT
Ryan MOLLOY

Sham ABUFALAH

Roberto KATSIKAS

MIDFIELDERS

Javonne MOLLOY
Ayub ALBADRI
Ahmed DOUKHI
Courtney MASSEY
Guillerme MONTI
FORWARDS
Noyan TAJBAKHSH
Arash ABDOLLAHI
Ibrahim LUKULAY
Jack SMITH



#### A BRIEF HISTORY OF BURNHAM FOOTBALL CLUB

Founded in 1878, <u>Burnham Football Club</u> is the second oldest club Buckinghamshire. We played in the early years, with considerable success, in various leagues, before joining the Great Western Combination in 1948.

We moved to the Wycombe Combination in 1964 and then spent one season (1970/71) in the Reading Combination. In 1971 the club was elected to the Hellenic League. Winning both the Premier Division and League Cup in 1975/76. We were also twice beaten finalists in the League Cup too.

In 1977 the club were elected to the Athenian League and were twice runners-up before the league folded in 1984.

We competed in the London Spartan League in 1984/85. Winning both the Premier Division title and the League Cup.

The summer of 1985 bought about the amalgamation of the football club with Hillingdon Borough FC, who had lost their ground and were about to fold.

We played in the Southern League as Burnham & Hillingdon FC and reverted back to the former name of Burnham FC in 1987. Season 1994/95 saw us finish bottom. Resulting in relegation to the Hellenic League.

After 3 seasons in the Hellenic League, finishing fifth, third and again third in 1998/99. the club won both the Premier Division title and the League Cup. Therefore, gaining promotion back to the Southern Football League where we have played ever since.

The 2006/07 season saw us achieve our highest league position. Finishing 3rd and thus qualifying for the end of season Promotion Play-Off semi final. Unfortunately losing to the eventual winners – Swindon Supermarine.

The 2012-2013 season was, without doubt, the most successful in the football clubs history. The First Team won the Evo Stik League Southern Division One Central (Southern League) championship. Earning promotion to the newly sponsored Calor League Premier Division (Southern League), while our Reserves won the UHLSPORT Hellenic League Division Two East championship at the first time of asking. Earning promotion to Division One East where they came up against the First Teams of many of the previous seasons opposition.

#### **CUP COMPETITION HISTORY**

In cup competitions Burnham reached the Quarter Final of the FA Vase in 1977/78 and then went one better in reaching the Semi Final in 1982/83. Losing 4-2 over two legs to Halesowen Town. The clubs record attendance of 2400 was achieved in the home leg.

We have twice reached the Third Qualifying round of the FA Cup and in 2005/06 we reached the First Round Proper for the first time ever, before losing at home to Aldershot Town.

In the F.A. Trophy we reached the Fourth Round (the last 16) in 1999/2000. Before losing to Scarborough in a replay after a creditable 1-1 draw at The Gore. In the Berks & Bucks Senior Cup we reached the Semi Final twice before losing on both occasions to Chesham United.

#### AND NOW... 2021

Burnham FC now play in the Cherry Red Records Combined Counties Premier League North.

The renamed 1878 stadium and its facilities have undergone a major refurbishment programme over the last 12 months. Providing the board with the chance to achieve one of their key objectives of building closer links with local clubs and the local community. In particular Burnham Juniors now enjoy the opportunity of both playing matches and training on the new football pitch together with other local football clubs, including Chalvey Sports FC who will play their home games for the 2021/22 season here, and Britwell FC who will also play some Friday night home games on the new pitch.