

AIR Consultants Ltd

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# CB Hounslow United Football Club



Companies that sponsor/partner CB Hounslow Utd FC

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Universal Solutions



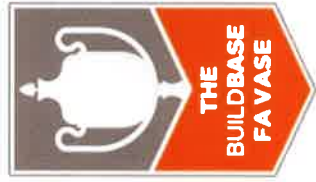
Saturday 29th Jan 22 - 1st Team v Virginia Waters FC



CHARTER STANDARD CLUB

OFFICIAL MATCHDAY PROGRAMME

Tel: 0208 538 5480



# COMBINED COUNTIES FOOTBALL LEAGUE



**ALLIED  
A**  **OUNTIES  
YOUTH FOOTBALL LEAGUE**

[illegible]



**Founder**

Frank James

**Patron**

Max Lea MBE

**Chairman—Board of the Club**

Dave Fuller

**President**

David Brown

**Life Vice Presidents**

Gary Bridges, Keith Head, Ray Forde, Barry Chapman, Steve Donnelly,  
Reuben Longdon-Hughes, Pete Morris, Craig Elliott, Tracy Elliott, Andy Blows,  
Ian Heffernan

**Chairman of Football Activities/Club Secretary**

Frank James

**Vice Chairman**

Roy Wright

**Director Ladies & Girls Football**

Rob Rush

**Youth Chairman/Youth Secretary**

James Harrington/Vijay Kumar

**Chairman's Assistant Leagues**

Vacant

**Vice Youth Chairman**

Frank James

**Welfare Officer**

Tracy Elliott/Frank James

**Fund Raiser/Charity**

Vijay Kumar

**CB Club Committee Members**

Steve Donnelly, Pete Morris, Ian Kelly

**Match Day Secretary**

Ian Kelly—Steve Donnelly

Andy Pocock

**Discipline Committee**

Team Captains



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Outsize



Dangerous  
Goods



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Welcome all

Today we welcome ALL to Green Lane for CB Hounslow United FC home game in the

The Combined Counties FL—Premier League North

MCFL Premier

GLWFL

MCFL Division 3

MCFL Reserve Division

A warm welcome goes out to the clubs Board , club officials, managers and players.

We at CB hope you all have an enjoyable day here at the ground and enjoy the facilities.

### Today's Match officials

CB Hounslow FC v Virginia Waters FC

Match Referee: Bogdan Caraghan

Assistant Referee; Andrew Tooley

Assistant Referee: Eric Strange

Guest of Honour:

Match Ball Sponsor—Pete Morris

## Club Honours

1989/90	Junior Trophy Finalist	Middlesex County F.A	2008/09	Under 16's Division champions	Hayes & District Youth League
1990/91	Fred Barnard Cup Finalist	Hounslow & District F.L	2008/09	Under 11's Division runner up	Hayes & District Youth League
1991/92	Junior Trophy Finalist	Middlesex County F.A	2008/09	Intermediate Division Champions	WMSFL
1992/93	Division One R/U	Hounslow & District F.L	2009/10	Division four Finalist	WMSFL
1994/95	Junior Cup Finalist	Middlesex County F.A	2009/10	Under 9's champions	Hayes & District Youth
1995/96	Fred Barnard Cup Finalist	Hounslow & District F.L	2009/10	Under 9's Premier div runner up	Hayes & District youth
1995/96	Premier Division R/U	Hounslow & District F.L	2009/10	Under 12's premier Div runner up	Hayes & District Youth
1995/96	Division Three R/U	Hounslow & District F.L	2010 to 2015	— honours to be updated	
1995/96	Ben Little 6 aside Winners	Hounslow & District F.L	2015/16	Secretary of the year	Combined Counties FL
1996/97	Fred Barnard Cup Winners	Hounslow & District F.L	2015/16	Div 1 Champions	Combined Counties FL
1997/98	Division Four Champions	Hounslow & District F.L	2016/17	premier Cup finalist	Combined Counties FL
1997/98	Presidents Cup Finalist	Middlesex County F.L			
1998/99	Division One R/U	Harrow Sunday League			
1998/99	Jubilee Cup Winners	Hounslow & District F.L			
1998/99	Intermediate Cup Winners	Middlesex County F.A			
1999/00	Fred Barnard Cup Finalist	Hounslow & District F.L			
1999/00	Plate Trophy 6 aside Finalist	Hounslow & District F.L			
1999/00	Premier Cup Finalist	West London Sunday League			
2000/01	Premier Cup Winners	West London Sunday League			
2000/01	Premier Division Champions	West London Sunday League			
2000/01	Ben Little 6 aside Winners	Hounslow & District F.L			
2001/02	Premier Cup Winners	West London Sunday League			
2001/02	Ben Little 6 aside Champions	Hounslow & District F.L			
2001/02	Ben Little 6 aside R/U	Hounslow & District F.L			
2001/02	Fred Barnard Cup Winners	Hounslow & District F.L			
2001/02	Division Four Champions	Hayes & District Sunday F.L			
2001/02	Chairman's Cup Winners	Hayes & District Sunday F.L			
2001/02	Junior Trophy Cup Winners Sun	Middlesex County F.A			
2001/02	Secretary of the Year—B.Lawlor	West London Sunday League			
2002/03	Junior Cup Winners Sunday	Middlesex County F.A			
2002/03	Federation Cup Finalist	Middlesex County F.L			
2002/03	Division Two R/U	Middlesex County F.L			
2002/03	Division Two Cup R/U	Middlesex County F.L			
2002/03	JSC Cup R/U	Middlesex County F.L			
2002/03	Division Two R/U	Hayes & District Sunday F.L			
2002/03	6 aside Cup Winners	Soccer Sixes			
2002/03	5 aside R/U	West London Sunday F.L			
2002/03	5 aside R/U under 13's	Hayes & District Youth League			
2003/04	Division One Champions	Hayes & District Sunday F.L			
2003/04	Senior Reserves Finalist	Middlesex County F.L			
2004/05	Premier Division R/U	Middlesex County F.L			
2004/05	Senior Res Division R/U	Middlesex County F.L			
2004/05	Junior Trophy Cup Winner	Middlesex County F.A			
2004/05	Jubilee Cup Winners	Hounslow & District F.L			
2004/05	Division One Cup Finalist	Hayes & District Sunday F.L			
2005/06	Under 13's Division champions	Hayes & District Youth League			
2005/06	Under 16's Cup Finalists	Hayes & District Youth League			
2005/06	Sportsmanship Trophy	Hayes & District Youth League			
2005/06	Division 5 Champions	Hayes & District Sunday F.L			
2005/06	Division 5 Cup Winners	Hayes & District Sunday F.L			
2005/06	Vice Presidents Cup Winners	Hayes & District Sunday F.L			
2005/06	Junior Trophy Finalist	Middlesex County F.A			
2005/06	Junior Res Div Runner Up	Middlesex County F.L			
2005/06	Junior Res Cup Winners	Middlesex County F.L			
2005/06	Senior Res Div Champions	Middlesex County F.L			
2005/06	Premier Div Runner Up	Middlesex County F.L			
2006/07	Reserve Div Runner-up	Middlesex County FL			
2006/07	Jubilee Cup Finalist	Hounslow & District FL			
2006/07	Ben Little 6 aside Champions	Hounslow & District FL			
2007/08	Reserve Div Cup Winner	Middlesex County FL			
2007/08	Reserve Div Runner-up	Middlesex County FL			
2007/08	Intermediate Div Runner up	WMSFL			

## Squad list

1	<a href="#">Croydon CWFC Women</a>	8	7	1	0	20	22
2	<a href="#">Sutton United Women U21</a>	8	5	2	1	25	17
3	<a href="#">Wandsworth Borough Women</a>	8	5	1	2	19	16
4	<a href="#">Civil Service Women</a>	9	5	1	3	14	16
5	<a href="#">Kenningwell United Women FC</a>	8	5	0	3	22	15
6	<a href="#">South London Womens Reserves</a>	8	4	1	3	10	13
7	<a href="#">CB Hounslow United Women Reserves</a>	10	2	0	8	-30	6
8	<a href="#">Tooting Bec Women Development</a>	8	1	0	7	-23	3
9	<a href="#">South East Parakeets FC Development Women</a>	9	1	0	8	-57	3

## MCFL Sunday—Div 3

[illegible]

Team colours: All Grey or Green/Black – Black/Green

## History of CB Hounslow United

CB Hounslow United F.C is a Football club based in the London Borough of Hounslow. The team was originally named Richmond Rangers, and was a collection of friends and local troubled youth that where losing their path in life.

In season 1987/88 Richmond Rangers where disbanded and reformed in 1988/89 under the name of CB united.

CB Hounslow United FC carry the community flag for football and support in Hounslow, since the demise of the historic Hounslow FC which was formed in 1884. Community support is the essence of what we do as a club.

Currently the club supports Promise Academy for 16 to 18 year olds. With a sports and educational programme. We currently run our own mini kickers programme midweek and support Promise coaching on Saturdays

CB stands for 'Cater Bank' which was the company co-owned by the late father of our Chairman/founder Frank James. CB Hounslow played in the Hounslow & District Football League with some distinction, and after 5 successful years we were promoted to the Middlesex county Football League (MCFL) in 1994/95 that is when we then took our present name CB Hounslow United. The club still have 3 sides that play in the MCFL and the 1st team playing in the Premier of Combined Counties FL @ Step 5.

CB Hounslow United 1st team played for 11 years in the MCFL before being promoted to the Combined Counties in 2005/6 season. The club is now affiliated to the Combined Counties League, Middlesex County FL, West Middlesex Sunday League, Allied Counties Youth League, Surrey Youth League, West Middlesex Youth League and Harrow Youth League and Greater London Womens league.

Club has now a Patron: Mr Max Lea MBE a stalwart in football, who come up through the referee ranks and played football for Old Parmeritians Football Club. His support to Club is hugely appreciated and can only benefit the club going forward.

Also Frank the owner of CB has handed the reigns over to Mr Dave Fuller who will become the Chairman of the board and handle non on the pitch matters for the club. Allowing Frank to concentrate on just football matters as he enjoys running a team. Dave comes with a huge amount of experience. He is a MCFA Councillor and has officiated in Middlesex for over 50 years and CB itself for 20 years.

The club this season will be competing in The FA Cup, The FA Vase, The FA Youth Cup and MCFA Senior Charity Cup amongst many other Cups.

As always I would like to thank our numerous sponsors, who donate to the Youth & Ladies teams and the main body of the club and also help greatly with the fundraising. The club continues to grow its partnership with DNATA, United Airlines, Biffa, Tarmac. Mohan's Caterers, AIR Consultants, InTime Worldwide Express, Mount Café,

As a club we are blessed with have many volunteers who make up our management, coaching and secretarial staff who without them the club wouldn't be where it is now.

Website: [www.cbhounslowunitedfc.com](http://www.cbhounslowunitedfc.com)

## Association A Code of Conduct for Football

Football is the National Game. All those involved with the game at every level and whether as a player, match official, coach owner or administrator, have a responsibility, above and beyond compliance with the law, to act according to the highest standards of integrity, and to ensure applies to all those involved in football under the auspices of the football associating.

### **Community**

Football, at all levels, is a vital part of the community. Football will take into account community feeling when making decisions.

### **Equality**

Football is opposed to discrimination of a form and will promote Measures to prevent it, in whatever form, from being expressed.

### **Participants**

Football recognize the sense of ownership felt by those who participate at all levels of the game. This includes those who play, those who coach or help in any, and those who officiate, as well as administrators and supporters consultation.

### **Young People**

Football Acknowledges the extent of the influence over young People and pledges to set a positive example.

### **Trust and respect**

Football will uphold a relationship of trust and respect between all involved in the game, whether they are individuals, clubs or other organizations.

### **Violence**

Football rejects the use of Violence of any nature by anyone involved in the game.

### **Fairness**

Football is committed to Fairness in its dealings with all involved in the Games.

### **Integrity and Fair play**

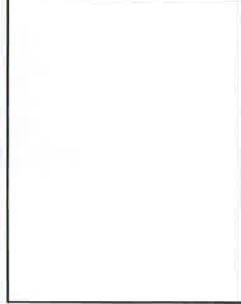
Football is committed to the principle of playing to win consistent its fair play.

By order of the council  
November 1998





## Because Youth Matters



**For more info: T: 0208 538 5480**  
**CBHounslowunitedfc.com**

### CB Hounslow Utd FC EXTERNAL Visitors AGREEMENT

This written agreement is between CB Hounslow Utd FC and all external hirers. It sets out below what is expected from all visitors whilst they are using our facility –

We have also attached our risk assessment which we would encourage you to read.

Whilst using our facility you will –

- Self-assess yourself and will ask everyone else who falls under your jurisdiction to do the same. This includes asking the opposition team if you are booking 'friendlies' as well as referees, spectators, or anyone else that is at the facility with you
- You will complete the sign in form which will be at the ground. You will ensure all persons under your jurisdiction including opposition teams, parents, spectators, referees do the same.
- You will inform the club asap if you are aware of anyone that has used our facility has

#### o Symptoms of COVID-19

- o Has had a positive test for COVID-19
- o Has been in contact with anyone who has symptoms of COVID 19
- You will adhere to any one-way system and ensure everyone under your jurisdiction does so
- You will ensure that before and after your session/game you clean all the equipment you have used; this includes wiping down goal posts and corner flags
- You will remove all your rubbish and belongings from the ground after your session/game
- You will follow all the instructions given in the risk assessment and pass this information on to all the participants of your session/game
- You will send home any persons find to be suffering with symptoms of COVID-19 and inform us immediately

If you have any questions about this guidance or would like to discuss anything further please do contact our COVID-19 officer.

By continuing with your session/game you are agreeing to follow these conditions and those set out in our risk assessment.

Anyone found not adhering to these conditions will be removed from the facility and it may affect your chances of re-visiting us

Frank James

Club Secretary & Football Chairman

07958-718930

frankjames@cbhounslowfc.com

**CBHounslowunitedfc.com**



# Becoming the leading Community Sports Club



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**INFO@KSTEAMWEAR.CO.UK**

FIND US ON





The club will grow from 290 to over 700 Regular member, many coming from the Hounslow Area, most of whom will not have been members of a sports club before.

There will also be opportunities for more informal participation for many other residents in the area.

This will help us grow as a Social enterprise, as well as offering training and employment opportunities. In summary the club will become a key focal point for the community for the people both living and working in the area.

MATRIX FOR CLUBS					
CAUTION 1	CAUTION 2	CAUTION 3	CAN RE-ENTER	CAUTION SUBSTITUTED	CAUTION
C-DISSENT = SIN BIN			YES	YES*	
C-DISSENT = SIN BIN	C = YELLOW CARD		YES	YES*	
C-DISSENT = SIN BIN	C-DISSENT = SIN BIN		NO	YES*	
C = YELLOW CARD	C-DISSENT = SIN BIN		YES	YES*	
C-DISSENT = SIN BIN	C = YELLOW CARD	C-DISSENT = SIN BIN	NO	NO	
C-DISSENT = SIN BIN	C = YELLOW CARD	C-DISSENT = SIN BIN	NO	NO	
C = YELLOW CARD	C-DISSENT = SIN BIN	C-DISSENT = SIN BIN	NO	NO	
C = YELLOW CARD	C-DISSENT = SIN BIN	C-DISSENT = SIN BIN	NO	NO	

C = other cautionable offences.

\* Substitution only allowed after Sin Bin period has been served and provided the team has not used all permitted substitutions.



1	<a href="#">Hammersmith Football Club Women</a>	9	7	2	0	29	23
2	<a href="#">Actonians Ladies Development</a>	10	7	2	1	24	23
3	<a href="#">CB Hounslow United Women</a>	9	7	1	1	25	22
4	<a href="#">Hilltop Womens</a>	10	4	1	5	-2	13
5	<a href="#">Regents Park (Adults) Womens</a>	9	3	2	4	4	11
6	<a href="#">Islington Borough Ladies FC Reserves</a>	9	2	1	6	-20	7
7	<a href="#">Hounslow Women FC Development</a>	10	2	0	8	-20	6
8	<a href="#">Camden Town (Womens) Red</a>	10	1	1	8	-40	4



BE WARNED!!!!

As a Club we do not allow alcohol around the pitch whilst a match is in progress– this is a

FIFA– UEFA & FA Rule.

Megan Curran  
Megan King Martin  
Donna Osmond  
Tori Waters  
Sharna Davison  
Lucy Easton  
Ellie Cullen  
Kianni Mae o'Garro  
Elizabeth Waters

Ella Benson  
Isis Manzi McCuaig  
Chloe McCarthy  
Ellen Scheer  
Elisha Timms  
Emma Spencer  
Megan Price

Sabrina Alves de Souza  
Mae Rush  
Sasha Treadaway

Alice McGann  
Michelle Figueroa  
Zoe Rafferty  
Tiegann Watson  
Amy O'sullivan  
Abi Scupholme  
Eleanor Field  
Holly Roaf  
Francine Goncalves



At In Time Worldwide Express we are football crazy! At last count we were following 15 teams between us, from Stevenage F.C. (The 'mighty' Boro) to New York City, where we have an office. As one of Heathrow's leading logistics companies, we are proud to support and be involved with a local team, and what better than one managed by our very own Transport and Warehouse Manager, Rob Rush! Come on United!!! In Time Worldwide Express  
Air, ocean, road and rail freight solutions, and specialists in time-critical cargo.  
www.itwx.co.uk

**Well run Family**  
business .When visiting this cafe, it's a must to try good coffee. Most reviewers say that the staff is gracious here. If you want to experience fast service, you should go to Mount Cafe. Delicious dishes at low prices are provided here.



**CHARTER STANDARD  
COMMUNITY CLUB**



# Respect

Website - [cbhounslowunitedfc.com](http://cbhounslowunitedfc.com)  
Twitter - @cbhounslow1989  
Facebook - CB Hounslow Utd FC







Promise Football Academy is a sports education college programme available to 16-19 year old students seeking a future in sport. Our students spend their 2 college years training like a professional athlete whilst securing an education to cement careers and pathways.

Boasting a plethora of opportunity for each and every young adult that embarks on the 'Promise' journey.

- Directly from our programme, students have -
- Progressed into pro football
- Progressed into semi-pro football
- Gone onto University
- Pursued extended education abroad in the States
- Gone straight into full time employment
- Become physiotherapists
- Become sports coaches
- Become personal trainers
- Worked in sports analysis ... To name just a few of the many possibilities.

Check us out -



@Promise\_Football\_Academy

**FOOTBALL FOR ALL** said Frank James & Barry Chapman! Before embarking on a relationship and close friendship with Promise Sports Coaching's lead coach Tom Kanek (TK).

Promise Sports Coaching set out with dreams matched by those of Frank and Barry to offer affordable child care and sports entertainment packages to each and every family possible!

True to their name; Promise Sports Coaching were blessed to be surrounded by supportive people with similar dreams that allowed them to deliver on the very foundations they promised from the beginning.

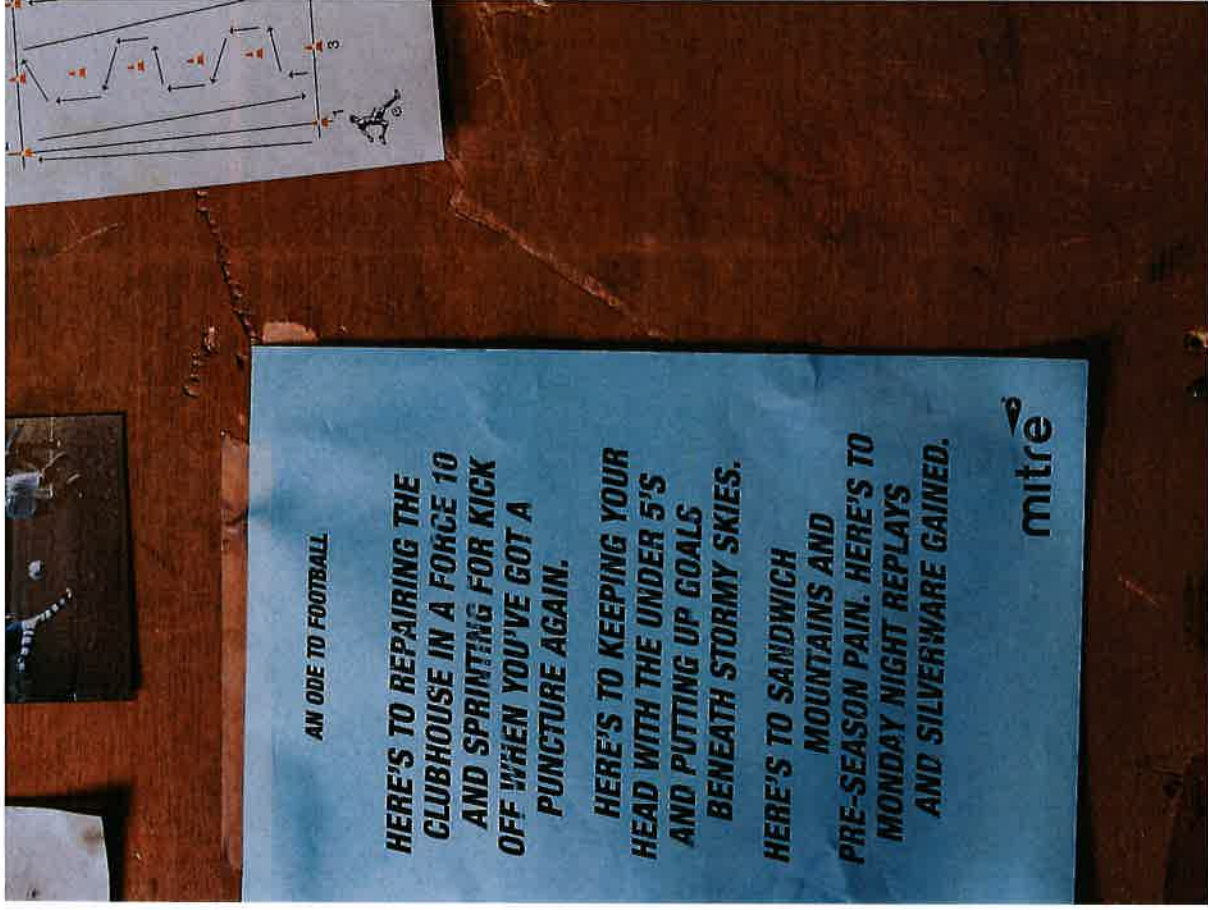
The mantra at 'Promise', has been and forever will be the same -

EVERY child is different &  
EVERY child matters!

Offering -

- Primary & Secondary school PE coverage
- Lunch time and after school clubs
- School holiday camps
- Private sports 1 to 1 sessions
- Child birthday party entertainment
- Mini - kicker sessions
- Direct links to age group appropriate team participation

..... And much, much more!



Website: [cbhounslowunitedfc.com](http://cbhounslowunitedfc.com)  
Twitter: @cbhounslow1989  
Facebook: CB Hounslow Utd FC



**Smart AC Solutions:** Are a Heating ventilation and air conditioning company founded in 2019. The company's directors Daniel Sines and Aaron Lockwood are strong supporters in the youth system that CB Hounslow operates and have overseen many youth players over the years achieve there dreams of playing a high level of football if it be at other football academy's or CB Hounslow itself and are delighted to be sponsoring CB Hounslow under 18's in the coming season.

At Smart AC Solutions, we work with you to create the perfect environment for innovation and success by designing and installing air conditioning, heating and ventilation systems.

We are experts in our industry, so we can combine your mechanical and HVAC systems into one efficient and cost-effective climate control package. We take the risk out of your project because our quotes are guaranteed, giving you complete peace of mind.

Find us at [smartacsolutions.co.uk](http://smartacsolutions.co.uk)



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## Allied Counties Football League

1	<a href="#">North Greenford United</a>	8	8	0	0	33	24
2	<a href="#">Uxbridge</a>	9	5	2	2	6	17
3	<a href="#">Hanwell Town</a>	7	5	1	1	26	16
4	<a href="#">CB Hounslow United</a>	7	3	1	3	0	10
5	<a href="#">Harefield United</a>	5	3	0	2	8	9
6	<a href="#">AFC Hayes</a>	9	3	0	6	-7	9
7	<a href="#">Wembley</a>	6	0	0	6	-31	0
8	<a href="#">Hillingdon Borough</a>	7	0	0	7	-35	0

Managers: Mick McGann, James Harrington



TELECOMS ▪ INTERNET ▪ CLOUD SERVICES ▪ IT SUPPORT

Equity Networks is a leading UK IT & Telecoms Service provider. For more information on our services or to find out about our special offers for CB Hounslow supporters & associates, please get in touch on the details below.

TEL ▪ 01753 668668 ▪ EMAIL ▪ [SALES@EQUITYNETWORKS.CO.UK](mailto:SALES@EQUITYNETWORKS.CO.UK)

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#### Saturday

Youth training – 9:30am @ green Lane  
1st Team v Virginia Waters – 3pm ko – Mian pitch @ Green Lane – gate/hospitality etc  
Cricklewood wanderers v CB Hounslow Res (away) – 2:30pm ko @ Wembley FC  
3rd Team v wiseman West – 1:30pm ko – pitch one @ Green Lane – ref Mervyn Hughes

#### Sunday

CB Hounslow Sunday v Court Park Utd – pitch 1 - 10:30am ko @ Green Lane – ref Les Morgan  
AFC Walcottians u9 v CB u9s – away  
CB u11s v Hampton & Richmond u11s – home – ko time tbc – on grass @ Beavers – cup game  
Hallford colts u15 v CB u15s – Away  
CB Hounslow Ladies 1st v Sutton Utd Ladies – 2pm ko – main pitch @ green Lane  
Wandsworth Women v CB Ladies Res – 2pm ko tbc @ Richardson Evans memorial



**CBHounslowunitedfc.com**





Walker Construction (UK) Ltd is a multi-disciplined construction company delivering Building, Civil and Rail projects across a diverse range of industry sectors, including but not restricted to; Education, Healthcare, Industrial, Retail, Refurbishment, Leisure, Infrastructure, Section 106 agreement. Section 278 agreements.

We understand and respect our client's needs and expectations on every project we deliver, whilst utilising Professional In-House Design & Build Services, Experience and Technical Innovation, Research and Development alongside Sustainable Construction Solutions.

We aim to be the preferred construction contractor of choice for our clients, assured by the delivery of excellence, quality of service and by carefully selecting new opportunities with clients aligned to our core beliefs and objectives.



KUMK provide its customers with transparent, optimal distribution solutions with its partners and services worldwide, We strive to find unique processes for a unique market. KUMK has the resources and contracts to compile tailor made solutions along with utilising the resources which it has built over many years of experience.

Our goal is to be creative and focus on partnerships with both our customers and vendors, to provide speed to market whilst meeting all our customer expectations. KUMK aim to place ourselves strategically between our customers and vendors, to offer both value for money and benefits which will grow our business. Unique partnerships provide unique challenges

**Wickes**

Let's do it right

We have over 40 years' experience working with both the trade and DIYers. We have formed strong, loyal partnerships with many large corporations and have helped millions of people complete their projects, both in the home and the garden. Whether you need to bulk order building supplies, or just a couple of pots of paint for the living room, we've got it covered. And with over 230 stores nationwide, you won't have to travel far for what you need. Our team of specialists understand the challenges you face and strive to offer a solution, that you too, will be proud to put your name to.

**CBHounslowunitedfc.com**



Mohans Catering was established in 1989 and has been serving the Middlesex and wider London community for over 20 years with its distribution of Indian snacks and outdoor catering services. Founded upon a family ethos and professional work ethic Mohans have prided themselves on excellent customer service, creative cuisine, as well as warm and effective client relationships. With Head Chef Pankaj Makol at the forefront, Mohans over the last decade have built up an extensive network of event services that enable them to provide their clients with the best possible catering and dining experiences. They have provided food services all over the United Kingdom and have been fortunate enough to supply and extend their services internationally into parts of Europe. Year by year the Mohans team are continually adapting to the latest cuisine styles and changes within the industry, while simultaneously incorporating their own and unique innovative twist to their menus and special dishes. Mohans Catering has also expanded in other areas by increasing their distribution of snack products by providing groceries, market stalls and restaurants with Mohans original handmade samosas. In addition to this, since 2009 Mohan's have produced their own line of Indian sweets and are currently working on introducing their own branded line of special sauces.







AIR Consultants is a reputable and rapidly growing Staffing, Training & Auditing Solutions Services Company being established over 10 years. We specialise in working within the Freight Forwarding, Courier, Logistics & Shipping Industries.

Our client base is continually expanding and we enjoy successful partnerships with other recruitment agencies and training associations which when joined together give us over 40 years of industry experience.

When affording AIR Consultants the opportunity to take care of all your Staffing, Training & Auditing needs, you can rest assured that you are placing your needs in the hands of a professional team who will endeavour to provide you with an exceptional service at all times.



Tarmac, a CRH company, is the UK's leading sustainable building materials and construction solutions business. Our innovative services and solutions help to deliver the infrastructure needed to grow the economy today and create a more sustainable built environment to support our future prosperity.



dnata are a performance driven organisation and a global player in niche markets. We currently operate out of 131 airports across 6 continents, providing service excellence for over 400 airlines

This makes dnata one of the worlds largest service providers. Our vision is to become the most admired, not necessarily the biggest but unequivocally the best in the eyes of our customers

dnata's operations in The United Kingdom began in 2010. The company was founded with the mission of providing industry-leading ground handling at London Heathrow airport.

In 2011, Plane Handling was rebranded as dnata as part of a global initiative to unify the company's international businesses.

Today dnata in the United Kingdom employs around 2200 staff at 7 airports and provides ground handling and cargo to more than +34 international airlines





# MCFL—Premier—Step 7 NLS

FC Soma	16	9	4	3	39	30	+9	31
Brentham	13	8	2	3	27	20	+7	26
Cricklewood Wanderers	12	8	1	3	29	18	+11	25
Clapton Community	15	8	1	6	37	32	+5	25
NW London	12	8	0	4	35	24	+11	24
Larkspur Rovers	13	6	5	2	32	18	+14	23
Sporting Hackney	12	5	3	4	26	21	+5	18
Stonewall	13	5	3	5	21	25	-4	18
Indian Gymkhana Club	11	4	2	5	24	23	+1	14
Pitshanger Dynamo	10	2	3	5	25	29	-4	12
AVA	12	4	0	8	20	26	-6	12
C.B. Hounslow United Reserves	12	3	2	7	24	37	-13	11
Kensington Dragons	15	2	5	8	28	51	-23	11
The Wilberforce Wanderers	12	1	1	10	21	34	-13	4

## MCFL Div 3

Whistlers	8	7	0	1	28	8	+20	21
Kodak (Harrow) Reserves	10	7	0	3	29	20	+9	21
Hillingdon Abbots Reserves	9	7	0	2	44	21	+23	18
Old Hat	5	5	0	0	26	9	+17	15
Sudbury Court	10	4	3	3	15	16	-1	15
Harrow Town Eagles	8	4	1	3	20	13	+7	13
Wiseman West	9	4	1	4	17	19	-2	13
Larkspur Rovers Reserves	9	2	2	5	13	19	-6	8
Centenary Park	8	2	1	5	14	21	-7	7
C.B. Hounslow United 3rds	12	2	1	9	15	54	-39	7
Kinja	9	1	1	7	10	27	-17	4
LNER	5	1	0	4	10	14	-4	3

## MCFL Jeff Nardin Division

Jamrock Shamrock	12	11	1	0	38	11	+27	34
C.B. Hounslow United 4ths	11	10	0	1	47	14	+33	30
Adamant	12	5	2	5	33	22	+11	17
London Athletic	8	4	1	3	20	17	+3	13
LPOSSA	9	3	3	3	20	23	-3	12
Kodak (Harrow) 3rds	11	3	1	7	20	30	-10	10
Ealing Trailfinders	11	3	1	6	17	31	-14	10
West Palops	13	3	3	6	12	19	-7	9
Rajputs Del Mundo Reserves	9	2	0	7	16	30	-14	9
Brent Athletic	10	2	0	8	22	48	-26	6

	P	W	D	L	F	A	Pts	GD
Hanworth Villa	21	18	3	0	61	12	57	49
North Greenford United	20	13	3	4	73	33	42	40
Abbey Rangers	18	12	1	5	36	26	37	10
Southall	16	11	2	3	47	21	35	26
Egham Town	18	10	5	3	31	14	35	17
Edgware Town	19	8	7	4	47	26	31	21
Ascot United	18	9	4	5	40	32	31	8
St. Panteleimon	19	9	3	7	43	37	30	6
Wembley	22	8	6	8	38	32	30	6
Windsor	21	8	4	9	39	46	28	-7
Reading City	21	6	6	9	42	47	24	-5
Spelthorne Sports	21	6	5	10	29	37	23	-8
Burnham	20	5	5	10	30	60	20	-30
Tadley Calleva	21	5	3	13	38	53	18	-15
Virginia Water	21	5	2	14	23	48	17	-25
Wokingham & Emmbrook	19	4	3	12	24	38	15	-14
Holyport	21	4	2	15	20	55	14	-35
CB Hounslow United	20	4	2	14	17	61	14	-44



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### CB Hounslow Reserves

Lee Brompton	Stef Livingstone	Shane O'Connell	Alfie Saunders
Andre Martin	Alex Hilton	Jerome Edwards	Nathan Rose
Nathan Munroe	Alex D'Riggs	Connor Miller	Ado Owolana
Jon Lloyd	Umar Brown	Luke Gilbert	Tyreek Kasim
Adam Knight	David Pinto	Asher Reid	Mark Peters
Ross Young	Warren Williams	Aaron Spencer	Baker Kimera

### CB Hounslow 3rds

Rhys Pottle	Sean McDermott	Jamie Knight	Blair N'Zeza
Omid Ghassemi	Egidio Anastasio	Al Badr	Michael Barima
Abdel Bendif	Bruno Cane	Ryan Evans	Iman Ghassemi
Saboor Jayasuriya	Ahmed Kamjeh	Miah Rahul	A Thirukeswarew
MD Ullah	Joe Williams	Prince Amo	

### CB Hounslow 4th

Daniel Austin	Mo Berghout	Chris Bridgeman	Dale Bridges
Jack Bridges	Je Vonte Deabreau	Billy Hall	Kieron Horrill
Dean Knight	Matt Mullins	Joshua Osbourne	Oskar Prokop
Callum Walter	Yassen Mohamed	Jonathan Zola	Daniel Pocock
Garra Mark	Farid Bainur	Keith Gallagher	

### CB Hounslow Youth

We as a club are embarking of the regrowth of our youth section.. The club has lost some 15 sides since 2018/19 with the effect of Covid 19 and parents and players losing interest with football.

We are looking to develop extra teams at the following age groups for season 2022/23 with this season them doing mini-kickers and training/training games;

u7, u8, u9, u11, u13, u14, u15

We are also with the success of our 2 ladies sides we are starting on developing our Wildcats from U10, u12, u14, u16

We also require coaches to assist with these groups

If you or anyone that are interested please contact:

frankjames@cbhounsflowfc.com

rrush@itwx.net

Jameshc05@icloud.com



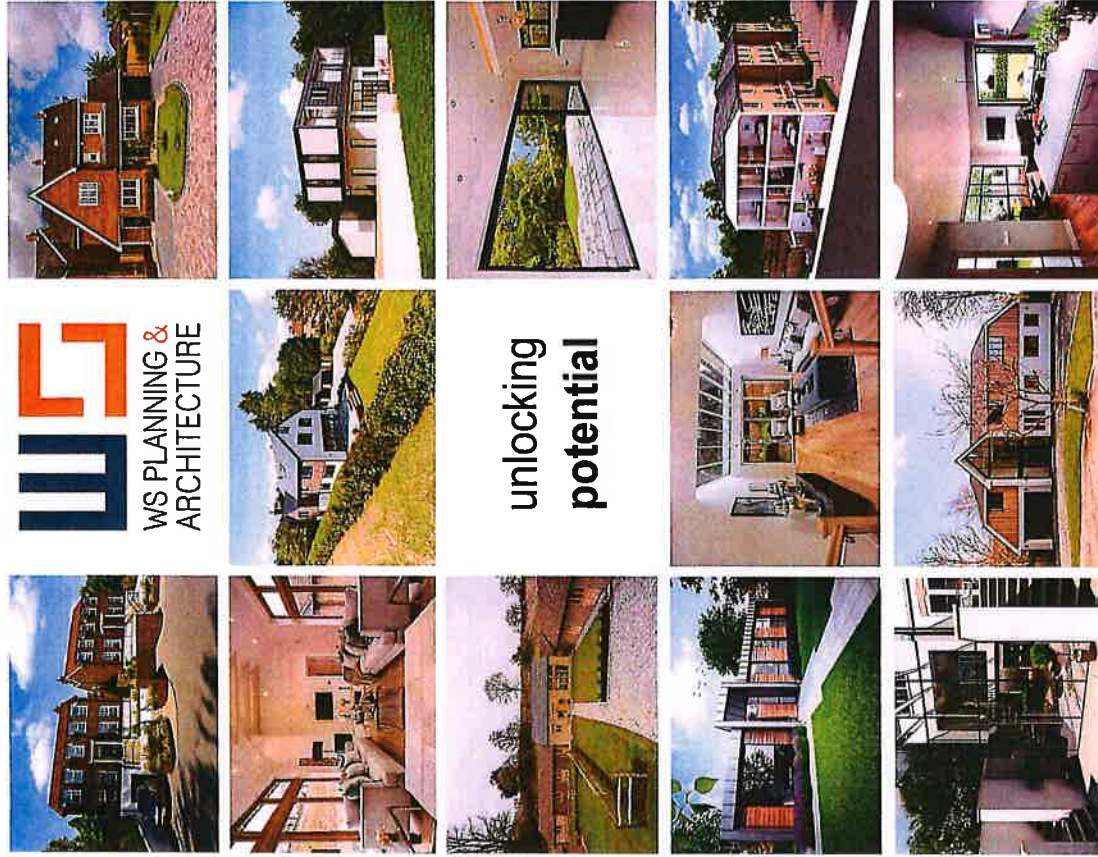
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**Zack Basey** – Very good shot stopper and deserves to play higher but his dad and the coaches will not let him. Until he learns to drive, he hasn't got a choice.

**Thomas Kanek** (captain and player coach) most of his pre-match preparation involves putting half a tub of some sticky slimy hair product into his cherished hair. Dreading the day it starts to thin or he finds a grey hair.

**Ademide Baruwa** – One of the famous Baruwa brothers, not sure where they are famous but when we find out we will put it on twitter.

**Adetola Baruwa** – He is the brains of the double act. Not that he is famous for that though. Neither is his brother.

**James Wheeler** – great addition to the squad always positive and enthusiastic (apart from when it is his round) **Trisdon Andrews** – can play almost any position and is very quick, except when it comes to paying his fines!!

Smiled once ....it was a few years ago now.

**Brandon Jackson** – not much we can say about him because he never speaks. Just nods and fist pumps. Similar frequency of smiling as Trisdon.

**Adewale Orisagbemi** – studying at Brunel University for something really intellectual which surprised us all because we would not trust him to buy us 20 fags!!

**Gilbaut Batouso** – got an exotic French sounding name – he can't even kiss in French

**Joe Smith** – the 2nd best looking of the two Smith brothers in the squad. Loves a football quiz.

**Sam Smith** – better looking than Joe but is injured more often as well

**Carlos Bain** – our youngest player. Lives in Shepherds Bush but does not support QPR – unfortunately, that could limit his CB Hounslow career

**Andy Morris** – Also lives very near QPR but supports another club – for this reason, the management team are open to a double transfer with Carlos.....!!

**Asher Reid** – weighs about the same as a wet tea towel but has the strongest handshake ever. God knows how long his hair would be if he took it out of his braids.

**Justin Thompson** – very quick winger who is always happy and laughing which for someone who sits in traffic for a living is incredible.

**Jahmari Morgan** – his closest link to football is that he works in M&S in Teddington and speaks to Paul Merson in there most days.

**Morgan Grout** – looks like Apollo Creed from Rocky 4 (before he got beat up by Drago). Only scores world class goals.

**Mark Sangster** – would play a lot more often if he a) did not support Fulham and b) did not insist on wearing Fulham merchandise to training. Career limiting decision.

**Tyrese Cummings** – looks like Joleon Lescott with a similar hairstyle (not that a receding hairline is a bad thing of course).

**Danny James** (manager) brings the sock tape, white boards, bananas, and sweets otherwise we would get rid of him. QPR fan.

**Alex Wines** (coach) best Goalkeeper to ever play for the club, now part of the coaching set up. Don't mention that his hair at the front is starting to resemble an island (if you can see that high). QPR fan.

**Harry Churchill** (coach) bit posh for us, teaches PE at a private school and knows big words – he uses smaller words in the dressing room at half time when we are losing.

**James Key** (goalkeeper coach) Looks like Tyson Fury but punches more like Paris Fury. G4S deliver his family allowance in one of those armoured vans.

**Peter Morris** (physio) genuinely the funniest person ever. If marinating and barbecuing chicken was an Olympic sport he would be Steve Redgrave





Virginia Water Football Club was formed during the 1919-1920 season and during the 1930's, during the reign of King Edward VIII, gained financial support (patronage) from the crown to the sum of £2 per annum and this was continued after his abdication by King George VI and continued through his reign. Waters were a part of the Woking & District league during this time until 1964 when they joined the Surrey Intermediate league, and then the Spartan League. In 1969 the clubhouse at the Timbers was opened by Sir Stanley Rous CBE who was the then President of FIFA. The Timbers, on Crown Road was named after the late Harry Timbers, one of the founder members of the club. In the 1970's Waters gained promotion to the Combined Counties League from the Spartan League. 1972 saw VWFC reach the first round of the FA Vase losing 3-1 to Egham Town FC and in 1979 Waters re-joined the Combined Counties League. The 1980's were disappointing with relegation in successive seasons from the Combined Counties and Surrey Premier league's seeing Waters drop into the Surrey South Eastern Combination Intermediate League. The 1990/1991 season saw a change in fortunes with Virginia Water winning the Surrey Intermediate Cup beating Coney Hall 3-0 in the final. This was followed with promotion back to the Surrey Premier League at the end of the 1991/1992 season and then back again to the Combined Counties League the following season. However, Waters only stayed in the CCL for one season due to a league ruling. Although returning to the Surrey Premier League, Waters continued to be successful and won three Surrey County Premier Cups in 1995, 1996 and 1997, the latter as part of a historic treble, not only winning the County Cup, but also the League and League Cup. In 2000 the Surrey Premier League became the Surrey Senior League where Waters stayed until 2002 Waters then joined the Surrey Intermediate League (Western) playing in the Premier Division for three seasons, before relegation in 2005, but gained immediate promotion the following season. Waters remained in the Surrey Intermediate League (Western) until 2010, when they won promotion to the Surrey Elite League. Waters continued to progress and despite winning the league cup and County cup on occasion, promotion out of the Surrey Elite League proved elusive, resulting in many managerial changes during that time. The present manager Ceri Jones, was appointed in the summer for the 2015/2016 season, and in his second full season in charge and following the appointment of Richard Banks as First Team Coach, Waters completed an historic league and league cup double and won promotion into the Hellenic League. This season VWFC will have an U18s team playing in the Allied Counties League creating a direct pathway from U16s to adult football. The Youth section continues to flourish, we now currently provide football for U7s U8s U9s U10s and U13s.

1. Luke Wynn-Lintern
2. Eric Mafuta
3. Isiah Goddard-Joseph
4. Travis Hodge
5. Joe Morrison
6. Ryan Blake
7. Saaïm Shabeer
8. Joe McBride
9. Ben Harris
10. Michael Chambers
11. Adam McNamara
12. Ross Nunn
13. Cadell Fraser-Robinson
14. Turnell Sinclair
15. Billy Blake
16. Jake Baker
17. Harry Brooks
18. Finn Evered
19. Joel Drew

Manager – Ceri Jones  
 Asst Manager – Adam Bessent  
 Coach – Jake Bessent  
 Coach/Physio – Matt Holliday