



**W** ***Wallenborn***

**EXPERIENCE DRIVES US**



Air Cargo  
RFS



Overland



Secure



Temperature  
controlled



Outsize



Dangerous  
Goods

For your transport needs visit  
[www.wallenborn.com](http://www.wallenborn.com)



# SURREY HIRE

YOU REQUIRE IT – WE HIRE IT

## CB Hounslow United Football Club

### **Founder**

Frank James

### **Patron**

Max Lea MBE

### **Chairman—Board of the Club**

Dave Fuller

### **President**

David Brown

### **Life Vice Presidents**

Gary Bridges, Keith Head, Ray Forde, Barry Chapman, Steve Donnelly,  
Reuben Longdon-Hughes, Pete Morris, Craig Elliott, Tracy Elliott, Andy Blows

### **Chairman of Football Activities/Club Secretary**

Frank James

### **Vice Chairman**

Roy Wright

### **Director Ladies & Girls Football**

Rob Rush

### **Youth Chairman/Youth Secretary**

James Harrington/Vijay Kumar

### **Chairman's Assistant Leagues**

Vacant

### **Vice Youth Chairman**

Frank James

### **Welfare Officer**

Tracy Elliott/Frank James

### **Fund Raiser/Charity**

Vijay Kumar

### **CB Club Committee Members**

Steve Donnelly, Pete Morris, Ian Kelly

### **Match Day Secretary**

Ian Kelly—Steve Donnelly

Andy Pocock

### **Discipline Committee**

Team Captains



Welcome all

Today we welcome ALL to Green Lane for CB Hounslow United FC home game in the

The Combined Counties FL—Premier League

MCFL Premier

GLWFL

MCFL Division 3

MCFL Reserve Division

A warm welcome goes out to the clubs Board , club officials, managers and players.

We at CB hope you all have an enjoyable day here at the ground and enjoy the facilities.

**Todays Match officials**

1st team v Chalvey Sports—cup game (no programme details supplied)

Match Referee: Mark Roberts

Assistant Referee; Steven Hart

Assistant Referee: Matthew Leaning

**Saturdays 30th match officials**

1st team v Hanworth Villa

Match referee: Daniel Maylon

Assistant Referee: Phil Paice

Assistant Referee: Joe Alborough

Match Ball Sponsor—Pete Morris

**Saturday**

CB 3rd v Sudbury Court – 2pm ko – Pitch 1 @ green Lane

CB Hounslow 1st v Hanworth Villa – 3pm ko – main pitch @ GL – hospitality, gate required

Brentham v CB Hounslow Res – 2pm ko away @ Brentham

Brent Athletic v CB 4th – 2pm ko away @ saddlers mead

**Sunday**

CB Sunday - Home v Cowley 10:30am - pitch 1 @ green lane

Regents Park Ladies v CB Hounslow Ladies – 2pm ko away

CB Hounslow Ladies res v Civil Service Ladies – 2pm ko – main pitch @ Green Lane

Reigate u15 v CB Hounslow U15 Greens



## Squad list

Zack Basey  
Ollie De Jesus  
Joe Smith  
James Greenwood  
Brandon Jackson  
Thomas Kanek  
Sid Dack  
Jerome Edwards  
Lewis Wood  
Alfie Lal  
Trisdon Andrews  
Luke Dunn  
Morgan Elliott - Grout  
Jahamari Morgan  
Thomas Kanek  
Jack Vincent  
Sam Smith

## Management Team

Danny James  
Thomas Kanek  
Alex Wines  
James Key

## Physio

Billy Tutt

## Match Secretary

Ian Kelly

Team colours: All Grey or Green/Black – Black/Green



1	<a href="#">Croydon CWFC Women</a>	6	5	1	0	16	16
2	<a href="#">Wandsworth Borough Women</a>	6	4	1	1	16	13
3	<a href="#">Kenningwell United Women FC</a>	5	4	0	1	21	12
4	<a href="#">Sutton United Women U21</a>	5	3	1	1	14	10
5	<a href="#">Civil Service Women</a>	6	3	1	2	7	10
6	<a href="#">South London Womens Re-serves</a>	5	2	0	3	4	6
7	<a href="#">CB Hounslow United Women Reserves</a>	5	1	0	4	-21	3
8	<a href="#">Tooting Bec Women Development</a>	5	0	0	5	-13	0
9	<a href="#">South East Parakeets FC Development Wome</a>	5	0	0	5	-44	0

## MCFL Sunday

<a href="#">London Samurai Rovers (Sunday)</a>	2	2	0	0	8	2	+6	6
<a href="#">North West Jets</a>	1	1	0	0	16	1	+15	3
<a href="#">AFC Heathrow Reserves</a>	1	1	0	0	4	1	+3	3
<a href="#">Inter Manor FC</a>	2	1	0	1	5	4	+1	3
<a href="#">Middlesex Arms</a>	1	1	0	0	4	3	+1	3
<a href="#">Chairboys</a>	0	0	0	0	0	0	+0	0
<a href="#">Court Park Utd</a>	2	0	0	2	5	8	-3	0
<a href="#">CB Hounslow United (Sunday)</a>	1	0	0	1	0	4	-4	0
<a href="#">Cowley</a>	1	0	0	1	0	4	-4	0
<a href="#">Hearts Of Teddlothian</a>	1	0	0	1	1	16	-15	0

## History of CB Hounslow United

CB Hounslow United F.C is a Football club based in the London Borough of Hounslow. The team was originally named Richmond Rangers, and was a collection of friends and local troubled youth that where losing their path in life.

In season 1987/88 Richmond Rangers where disbanded and reformed in 1988/89 under the name of CB united.

CB Hounslow United FC carry the community flag for football and support in Hounslow, since the demise of the historic Hounslow FC which was formed in 1884. Community support is the essence of what we do as a club.

Currently the club supports Promise Academy for 16 to 18 year olds. With a sports and educational programme. Promise Academy Mini Kickers and OHM Sports Mini Kickers

CB stands for 'Cater Bank' which was the company co-owned by the late father of our Chairman/founder Frank James. CB Hounslow played in the Hounslow & District Football League with some distinction, and after 5 successful years we were promoted to the Middlesex county Football League (MCFL) in 1994/95 that is when we then took our present name CB Hounslow United. The club still have 3 sides that play in the MCFL and the 1st team playing in the Premier of Combined Counties FL @ Step 5.

CB Hounslow United 1st team played for 11 years in the MCFL before being promoted to the Combined Counties in 2005/6 season. The club is now affiliated to the Combined Counties League, Middlesex County FL, West Middlesex Sunday League, Allied Counties Youth League, Surrey Youth League, West Middlesex Youth League and Harrow Youth League and Greater London Womens league.

This season and going forward the club has now a Patron: Mr Max Lea MBE a stalwart in football, who come up through the referee ranks and played football for Old Parmerians Football Club. His support to Club is hugely appreciated and can only benefit the club going forward.

Also Frank the owner of CB has handed the reigns over to Mr Dave Fuller who will become the Chairman of the board and handle non on the pitch matters for the club. Allowing Frank to concentrate on just football matters as he enjoys running a team. Dave comes with a huge amount of experience. He is a MCFA Councillor and has officiated in Middlesex for over 50 years and CB itself for 20 years.

The club this season will be competing in The FA Cup, The FA Vase, The FA Youth Cup and MCFA Senior Charity Cup amongst many other Cups.

As always I would like to thank our numerous sponsors, who donate to the Youth & Ladies teams and the main body of the club and also help greatly with the fundraising. The club continues to grow its partnership with DNATA, United Airlines, Buffa, Tarmac. Mohan's Caterers, AIR Consultants, Time Worldwide Express, Mount Café,

As a club we are blessed with having over 50 volunteers who make up our management, coaching and secretarial staff who without them the club wouldn't be where it is now.

Website: [www.cbhounslowunitedfc.com](http://www.cbhounslowunitedfc.com)

## Association A Code of Conduct for Football

Football is the National Game. All those involved with the game at every level and whether as a player, match official, coach owner or administrator, have a responsibility, above and beyond compliance with the la, to act according to the highest standards of integrity, and to ensure applies to all those involved in football under the auspices of the football associating.

### ***Community***

Football, at all levels, is a vital part of the community. Football will take Into account community feeling when making decisions.

### ***Equality***

Football is opposed to discrimination of a form and will promote Measures to prevent it, in whatever form, from being expressed.

### ***Participants***

Football recognize the sense of ownership felt by those who participate at all levels of the game. This includes those who play, those who coach or help in any, and those who officiate, as well as administrators and supporters consultation.

### ***Young People***

Football Acknowledges the extent of the extent of its influence over young People and pledges to set a positive example.

### ***Trust and respect***

Football will uphold a relationship of trust and respect between all involved in the game, whether they are individuals, clubs or other organizations.

### ***Violence***

Football rejects the use of Violence of any nature by anyone involved in the game.

### ***Fairness***

Football is committed to Fairness in its dealings with all involved in the Games.

### ***Integrity and Fair play***

Football is committed to the principle of playing to win consistent its fair play.

By order of the council

November 1998





## Because Youth Matters



For more info: T: 0208 538 5480  
[CBHounslowunitedfc.com](http://CBHounslowunitedfc.com)

### CB Hounslow Utd FC EXTERNAL Visitors AGREEMENT

This written agreement is between CB Hounslow Utd FC and all external hirers. It sets out below what is expected from all visitors whilst they are using our facility –

We have also attached our risk assessment which we would encourage you to read.

Whilst using our facility you will –

- Self-assess yourself and will ask everyone else who falls under your jurisdiction to do the same. This includes asking the opposition team if you are booking friendlies as well as referees, spectators, or anyone else that is at the facility with you
- You will complete the sign in form which will be at the ground. You will ensure all persons under your jurisdiction including opposition teams, parents, spectators, referees do the same.
- You will inform the club asap if you are aware of anyone that has used our facility has
  - o Symptoms of COVID-19
  - o Has had a positive test for COVID-19
  - o Has been in contact with anyone who has symptoms of COVID 19
- You will adhere to any one-way system and ensure everyone under your jurisdiction does so
- You will ensure that before and after your session/game you clean all the equipment you have used; this includes wiping down goal posts and corner flags
- You will remove all your rubbish and belongings from the ground after your session/game
- You will follow all the instructions given in the risk assessment and pass this information on to all the participants of your session/game
- You will send home any persons find to be suffering with symptoms of COVID-19 and inform us immediately

If you have any questions about this guidance or would like to discuss anything further please do contact our COVID-19 officer.

By continuing with your session/game you are agreeing to follow these conditions and those set out in our risk assessment.

Anyone found not adhering to these conditions will be removed from the facility and it may affect your chances of re-visiting us

Frank James

Club Secretary & Football Chairman

07958-718930

[frankjames@cbhounslowfc.com](mailto:frankjames@cbhounslowfc.com)

[CBHounslowunitedfc.com](http://CBHounslowunitedfc.com)



## Becoming the leading Community Sports Club



**KS**  
**TEAMWEAR**

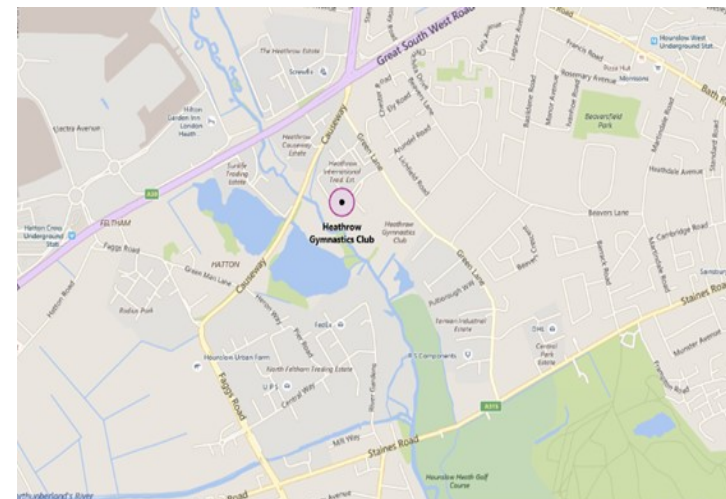
201-203 LALEHAM ROAD  
SHEPPERTON  
MIDDLESEX  
TW17 0AH

*Everything your team needs!*

**Football Specialist**  
**Sports Teamwear**  
**Shirt Printing**  
**Embroidery**  
**Trophies**  
**Workwear**  
**Online Club Shop**

**01932 267 477**  
**WWW.KSTEAMWEAR.CO.UK**  
**INFO@KSTEAMWEAR.CO.UK**

FIND US ON





The club will grow from 290 to over 700 Regular member, many coming from the Hounslow Area, most of whom will not have been members of a sports club before.

There will also be opportunities for more informal participation for many other residents in the area.

This will help us grow as a Social enterprise, as well as offering training and employment opportunities. In summary the club will become a key focal point for the community for the people both living and working in the area.

MATRIX FOR CLUBS				
CAUTION 1	CAUTION 2	CAUTION 3	CAN RE-ENTER	CAN BE SUBSTITUTED
C-DISSENT = SIN BIN	-	-	YES	YES*
C-DISSENT = SIN BIN	C = YELLOW CARD	-	YES	YES*
C-DISSENT = SIN BIN	C-DISSENT = SIN BIN	-	NO	YES*
C = YELLOW CARD	C-DISSENT = SIN BIN	-	YES	YES*
C-DISSENT = SIN BIN	C = YELLOW CARD	C-DISSENT = SIN BIN	NO	NO
C-DISSENT = SIN BIN	C = YELLOW CARD	2 <sup>ND</sup> CAUTION = SENDING OFF	NO	NO
C = YELLOW CARD	C-DISSENT = SIN BIN	C-DISSENT = SIN BIN	NO	NO
C = YELLOW CARD	C-DISSENT = SIN BIN	2 <sup>ND</sup> CAUTION = SENDING OFF	NO	NO

**C = other cautionable offences.**

\* Substitution only allowed after Sin Bin period has been served and provided the team has not used all permitted substitutions.



1	<a href="#">Hammersmith Football Club Women</a>	6	6	0	0	21	18
2	<a href="#">Actonians Ladies Development</a>	6	5	0	1	20	15
3	<a href="#">CB Hounslow United Women</a>	6	5	0	1	19	15
4	<a href="#">Hilltop Womens</a>	6	4	0	2	6	12
5	<a href="#">Regents Park (Adults) Womens</a>	6	1	1	4	-4	4
6	<a href="#">Hounslow Women FC Development</a>	5	1	0	4	-10	3
7	<a href="#">Islington Borough Ladies FC Reserves</a>	6	0	1	5	-22	1
8	<a href="#">Camden Town (Womens) Red</a>	5	0	0	5	-30	0



**BE WARNED!!!!**

As a Club we do not allow alcohol around the pitch whilst a match is in progress– this is a FIFA– UEFA & FA Rule.

## CB Hounslow Ladies FC

Megan Curran  
Megan King Martin  
Donna Osmond  
Tori Waters  
Sharna Davison  
Lucy Easton  
Ellie Cullen  
Kianni Mae o'Garro  
Elizabeth Waters

Ella Benson  
Isis Manzi McCuaig  
Chloe McCarthy  
Ellen Scheer  
Elisha Timms  
Emma Spencer  
Megan Price

Sabrina Alves de Souza  
Mae Rush  
Sasha Treadaway

Alice McGann  
Michelle Figueroa  
Zoe Rafferty  
Tiegan Watson  
Amy O'sullivan  
Abi Scupholme  
Eleanor Field  
Holly Roaf  
Francine Goncalves



At In Time Worldwide Express we are football crazy! At last count we were following 15 teams between us, from Stevenage F.C. (The 'mighty' Boro) to New York City, where we have an office. As one of Heathrow's leading logistics companies, we are proud to support and be involved with a local team, and what better than one managed by our very own Transport and Warehouse Manager, Rob Rush! Come on United!!! In Time Worldwide Express

Air, ocean, road and rail freight solutions, and specialists in time-critical cargo.

[www.itwx.co.uk](http://www.itwx.co.uk)

**Well run Family business .When visiting this cafe, it's a must to try good coffee. Most reviewers say that the staff is gracious here. If you want to experience fast service, you should go to Mount Cafe. Delicious dishes at low prices are provided here.**



**CHARTER STANDARD  
COMMUNITY CLUB**



**Respect**

**Website - [cbhounslowunitedfc.com](http://cbhounslowunitedfc.com)**

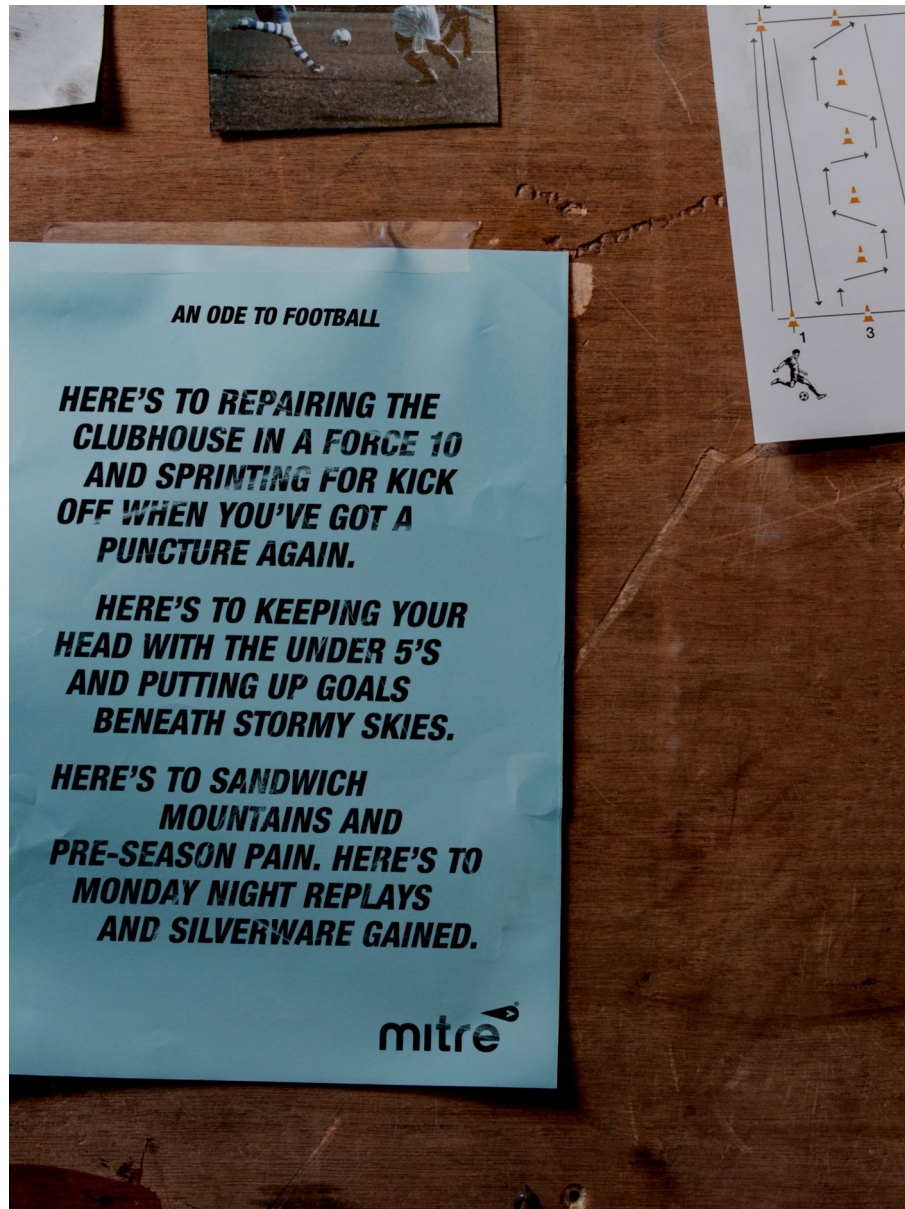
**Twitter - @cbhounslow1989**

**Facebook - CB Hounslow Utd FC**

**CBHounslowunitedfc.com**







**Website: [cbhounslowunitedfc.com](http://cbhounslowunitedfc.com)**

**Twitter: @cbhounslow1989**

**Facebook: CB Hounslow Utd FC**



**Promise Football Academy** is a sports education college programme available to 16-19 year old students seeking a future in sport. Our students spend their 2 college years training like a professional athlete whilst securing an education to cement careers and pathways.

Boasting a plethora of opportunity for each and every young adult that embarks on the 'Promise' journey.

Directly from our programme, students have -  
 Progressed into pro football  
 Progressed into semi-pro football  
 Gone onto University  
 Pursued extended education abroad in the States  
 Gone straight into full time employment  
 Become physiotherapists  
 Become sports coaches  
 Become personal trainers  
 Worked in sports analysis ... To name just a few of the many possibilities.

Check us out - @Promise\_Football\_Academy



**FOOTBALL FOR ALL** said Frank James & Barry Chapman! Before embarking on a relationship and close friendship with Promise Sports Coaching's lead coach Tom Kanek (TK).

Promise Sports Coaching set out with dreams matched by those of Frank and Barry to offer affordable child care and sports entertainment packages to each and every family possible!

True to their name; Promise Sports Coaching were blessed to be surrounded by supportive people with similar dreams that allowed them to deliver on the very foundations they promised from the beginning.

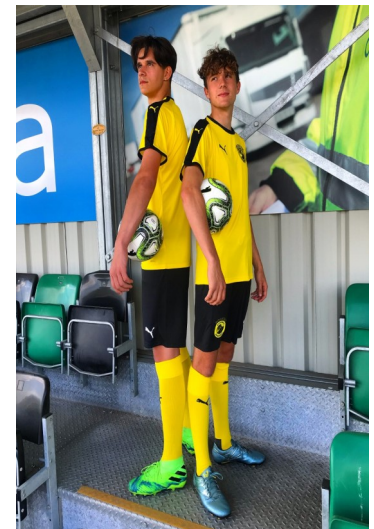
The mantra at 'Promise', has been and forever will be the same -

EVERY child is different &  
 EVERY child matters!

Offering -

- Primary & Secondary school PE coverage
- Lunch time and after school clubs
- School holiday camps
- Private sports 1 to 1 sessions
- Child birthday party entertainment
- Mini - kicker sessions
- Direct links to age group appropriate team participation

..... And much, much more!





**Smart AC Solutions:** Are a Heating ventilation and air conditioning company founded in 2019. The company's directors Daniel Sines and Aaron Lockwood are strong supporters in the youth system that CB Hounslow operates and have overseen many youth players over the years achieve there dreams of playing a high level of football if it be at other football academy's or CB Hounslow itself and are delighted to be sponsoring CB Hounslow under 18's in the coming season.

At Smart AC Solutions, we work with you to create the perfect environment for innovation and success by designing and installing air conditioning, heating and ventilation systems.

We are experts in our industry, so we can combine your mechanical and HVAC systems into one efficient and cost-effective climate control package. We take the risk out of your project because our quotes are guaranteed, giving you complete peace of mind.

Find us at [smartacsolutions.co.uk](http://smartacsolutions.co.uk)



## Allied Counties Football League

1	<a href="#">Hanwell Town</a>	2	2	0	0	11	6
2	<a href="#">Harefield United</a>	2	2	0	0	11	6
3	<a href="#">North Greenford United</a>	2	2	0	0	9	6
4	<a href="#">CB Hounslow United</a>	2	1	0	1	2	3
5	<a href="#">Uxbridge</a>	2	1	0	1	-2	3
6	<a href="#">Hillingdon Borough</a>	2	0	0	2	-16	0
7	<a href="#">AFC Hayes</a>	2	0	0	2	-4	0
8	<a href="#">Wembley</a>	2	0	0	2	-11	0

Managers: Mick McGann, Anthony Morgan



TELECOMS ▪ INTERNET ▪ CLOUD SERVICES ▪ IT SUPPORT

Equity Networks is a leading UK IT & Telecoms Service provider. For more information on our services or to find out about our special offers for CB Hounslow supporters & associates, please get in touch on the details below.

TEL ▪ 01753 668668 ▪ EMAIL ▪ [SALES@EQUITYNETWORKS.CO.UK](mailto:SALES@EQUITYNETWORKS.CO.UK)

*Proud Partners of CB Hounslow FC & AIR Consultants*





 [CBHounslowunitedfc.com](http://CBHounslowunitedfc.com)





Walker Construction (UK) Ltd is a multi-disciplined construction company delivering Building, Civil and Rail projects across a diverse range of industry sectors, including but not restricted to; Education, Healthcare, Industrial, Retail, Refurbishment, Leisure, Infrastructure, Section 106 agreement. Section 278 agreements.

We understand and respect our client's needs and expectations on every project we deliver, whilst utilising Professional In-House Design & Build Services, Experience and Technical Innovation, Research and Development alongside Sustainable Construction Solutions.

We aim to be the preferred construction contractor of choice for our clients, assured by the delivery of excellence, quality of service and by carefully selecting new opportunities with clients aligned to our core beliefs and objectives.



KUMK provide its customers with transparent, optimal distribution solutions with its partners and services worldwide, We strive to find unique processes for a unique market. KMUK has the resources and contracts to compile tailor made solutions along with utilising the resources which it has built over many years of experience.

Our goal is to be creative and focus on partnerships with both our customers and vendors, to provide speed to market whilst meeting all our customer expectations. KMUK aim to place ourselves strategically between our customers and vendors, to offer both value for money and benefits which will grow our business. Unique partnerships provide unique challenges



Mohans Catering was established in 1989 and has been serving the Middlesex and wider London community for over 20 years with its distribution of Indian snacks and outdoor catering services. Founded upon a family ethos and professional work ethic Mohans have prided themselves on excellent customer service, creative cuisine, as well as warm and effective client relationships. With Head Chef Pankaj Makol at the forefront, Mohans over the last decade have built up an extensive network of event services that enable them to provide their clients with the best possible catering and dining experiences. They have provided food services all over the United Kingdom and have been fortunate enough to supply and extend their services internationally into parts of Europe. Year by year the Mohans team are continually adapting to the latest cuisine styles and changes within the industry, while simultaneously incorporating their own and unique innovative twist to their menus and special dishes. Mohans Catering has also expanded in other areas by increasing their distribution of snack products by providing groceries, market stalls and restaurants with Mohans original handmade samosas. In addition to this, since 2009 Mohan's have produced their own line of Indian sweets and are currently working on introducing their own branded line of special sauces.



We have over 40 years' experience working with both the trade and DIYers. We have formed strong, loyal partnerships with many large corporations and have helped millions of people complete their projects, both in the home and the garden. Whether you need to bulk order building supplies, or just a couple of pots of paint for the living room, we've got it covered. And with over 230 stores nationwide, you won't have to travel far for what you need. Our team of specialists understand the challenges you face and strive to offer a solution, that you too, will be proud to put your name to.





AIR Consultants is a reputable and rapidly growing Staffing, Training & Auditing

Solutions Services Company being established over 10 years. We specialise in working within the Freight Forwarding, Courier, Logistics & Shipping Industries.

Our client base is continually expanding and we enjoy successful partnerships with other recruitment agencies and training associations which when joined together give us over 40 years of industry experience.

When affording AIR Consultants the opportunity to take care of all your Staffing,

Training & Auditing needs, you can rest assured that you are placing your needs in the hands of a professional team who will endeavour to provide you with an exceptional service at all times.



Tarmac, a CRH company, is the UK's leading sustainable building materials and

construction solutions business. Our innovative services and solutions help to deliver the infrastructure needed to grow the economy today and create a more sustainable built environment to support our future prosperity.



dnata are a performance driven organisation and a global player in niche markets. We currently operate out of 131 airports across 6 continents, providing service excellence for over 400 airlines

This makes dnata one of the worlds largest service providers. Our vision is to become the most admired, not necessarily the biggest but unequivocally the best in the eyes of our customers

dnata's operations in The United Kingdom began in 2010. The company was founded with the mission of providing industry-leading ground handling at London Heathrow airport.

In 2011, Plane Handling was rebranded as dnata as part of a global initiative to unify the company's international businesses.

Today dnata in the United Kingdom employs around 2200 staff at 7 airports and provides ground handling and cargo to more than +34 international airlines





	P	W	D	L	F	A	Pts	GD
Southall	12	8	1	3	38	18	<b>25</b>	20
Hanworth Villa	10	7	3	0	26	7	<b>24</b>	19
St. Panteleimon	10	7	1	2	32	18	<b>22</b>	14
Abbey Rangers	9	7	0	2	20	16	<b>21</b>	4
North Greenford United	12	6	2	4	37	22	<b>20</b>	15
Egham Town	9	6	1	2	19	9	<b>19</b>	10
Edgware Town	10	5	3	2	30	15	<b>18</b>	15
Windsor	11	5	2	4	22	25	<b>17</b>	-3
Ascot United	8	5	1	2	22	16	<b>16</b>	6
Wembley	10	5	0	5	20	18	<b>15</b>	2
Spelthorne Sports	9	4	2	3	14	13	<b>14</b>	1
Reading City	11	2	4	5	21	28	<b>10</b>	-7
CB Hounslow United	11	3	1	7	11	33	<b>10</b>	-22
Virginia Water	10	2	2	6	10	20	<b>8</b>	-10
Burnham	11	1	4	6	14	33	<b>7</b>	-19
Wokingham & Emmbrook	9	1	2	6	10	19	<b>5</b>	-9
Tadley Calleva	12	1	2	9	17	34	<b>5</b>	-17
Holyport	10	1	1	8	12	31	<b>4</b>	-19



#### MCFL—Premier—Step 7 NLS

Clapton Community	7	6	0	1	24	18	+6	18
Cricklewood Wanderers	8	5	1	2	21	13	+8	16
Brentham	8	5	1	2	15	10	+5	16
Larkspur Rovers	9	4	3	2	22	14	+8	15
FC Soma	9	4	3	2	21	16	+5	15
Sporting Hackney	8	3	2	3	19	15	+4	11
NW London	6	3	1	2	20	16	+4	10
AVA	7	3	1	3	14	13	+1	10
Indian Gymkhana Club	7	3	1	3	15	18	-3	10
Pitshanger Dynamo	9	2	2	5	22	26	-4	8
C.B. Hounslow United Reserves	8	2	2	4	19	26	-7	8
Kensington Dragons	8	1	4	3	16	26	-10	7
The Wilberforce Wanderers	7	2	0	5	11	15	-4	6
AEK London	8	1	3	4	8	14	-6	6
Stonewall	7	2	0	5	13	20	-7	6

#### MCFL Div 3

Old Hat	2	2	0	0	14	4	+10	6
Kodak (Harrow) Reserves	3	2	0	1	7	4	+3	6
Sudbury Court	3	1	2	0	8	7	+1	5
Wiseman West	2	1	1	0	5	3	+2	4
Hillingdon Abbots Reserves	1	1	0	0	8	0	+8	3
Whistlers	2	1	0	1	7	6	+1	3
Kinja	2	1	0	1	1	5	-4	3
Centenary Park	1	0	1	0	2	2	+0	1
Larkspur Rovers Reserves	3	0	1	2	1	3	-2	1
C.B. Hounslow United 3rds	4	0	1	3	5	24	-19	1
Harrow Town Eagles	0	0	0	0	0	0	+0	0
LNER	1	0	0	1	0	0	+0	0

#### MCFL Jeff Nardin Division

Jamrock Shamrock	2	2	0	0	8	1	+7	6
Brent Athletic	3	2	0	1	8	10	-2	6
C.B. Hounslow United 4ths	1	1	0	0	2	1	+1	3
West Palops	1	1	0	0	0	0	+0	3
Rajputs Del Mundo Reserves	2	1	0	1	5	6	-1	3
Ealing Trailfinders	0	0	0	0	0	0	+0	0
Valhalla	0	0	0	0	0	0	+0	0
Kodak (Harrow) 3rds	2	0	0	2	2	3	-1	0
Adamant	1	0	0	1	1	2	-1	0
LPOSSA	1	0	0	1	1	2	-1	0
London Athletic	1	0	0	1	2	4	-2	0





PHYSICAL THERAPY | SPORTS  
MASSAGE | REHABILITATION



LOCATION:  
CB HOUNSLOW SPORTS CLUB, GREEN LANE, TW4 6JF

At **ZEN Anatomy sports therapy**, we put the patient first. From the initial point of contact and consultation, to the aftercare service you receive after your treatment.

Every service we provide is personalised to your specifications using the most up to date evidence-based practices to ensure you recover as swiftly as possible

**OFFERING**  
**Pain relief:** using manual therapy; Joint & soft tissue mobilisation, trigger point therapy, Muscle energy techniques (METs) & muscle stimulation.

**Corrective exercise prescription:**  
Muscle strengthening, flexibility & postural correction.



07788 550 591

[WWW.ZENANATOMY.CO.UK](http://WWW.ZENANATOMY.CO.UK) | [INFO@ZENANATOMY.CO.UK](mailto:INFO@ZENANATOMY.CO.UK)

### CB Hounslow Reserves

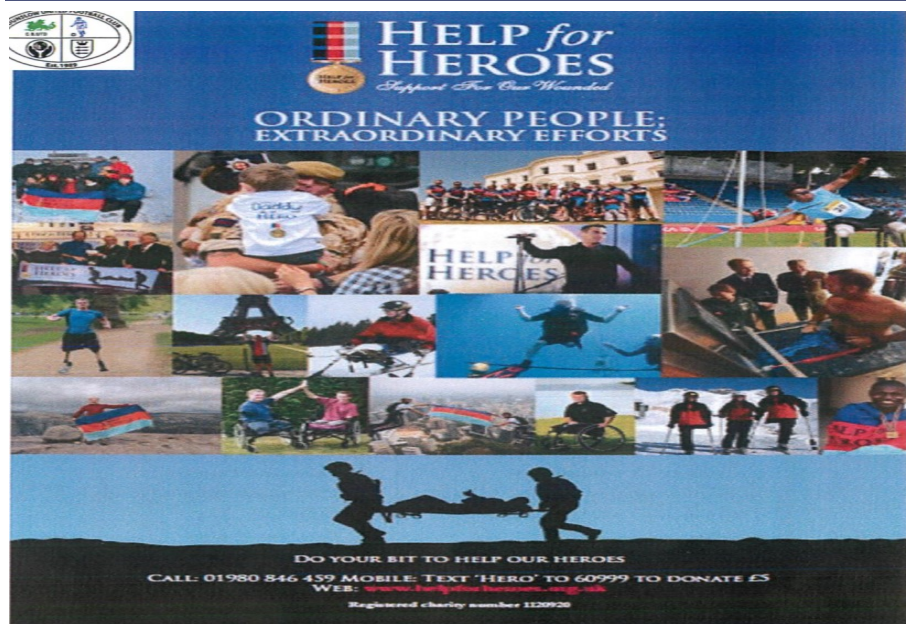
Lee Brompton	Stef Livingstone	Shane O'Connell	Alfie Saunders
Andre Martin	Alex Hilton	Jerome Edwards	Nathan Rose
Nathan Munroe	Alex D'Riggs	Connor Miller	Ade Owalan
Jon Lloyd	Umar Brown	Luke Gilbert	Tyreek Kasim
Adam Knight	David Pinto	Asher Reid	Mark Peters
Ross Mullady	Warren Williams	Aaron Spencer	Baker Kimera

### CB Hounslow 3rds

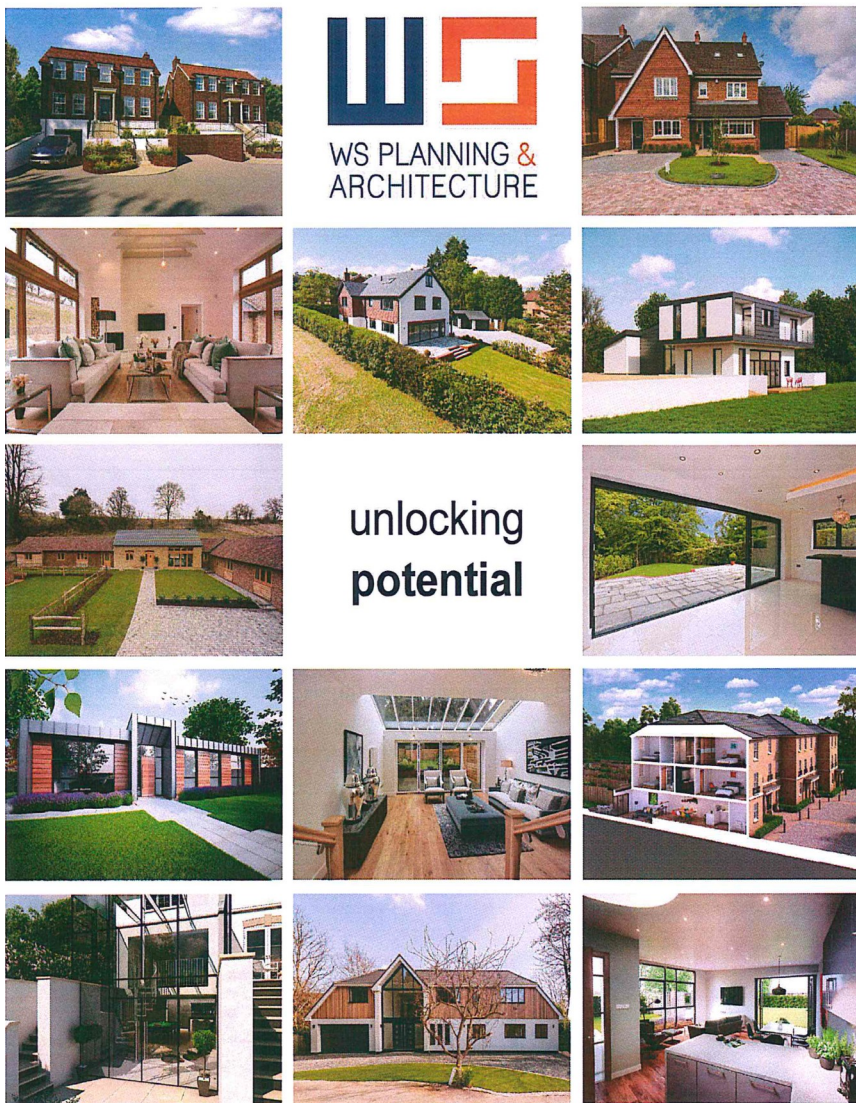
Rhys Pottle	Sean McDermott	Jamie Knight	Blair N'Zeza
Omid Ghassemi	Egidio Anastasio	Al Badr	Michael Barima
Abdel Bendif	Bruno Cane	Ryan Evans	Iman Ghassemi
Saboor Jayasuriya	Ahmed Kamjeh	Miah Rahul	A Thirukeswarew
MD Ullah	Joe Williams	Prince Amo	

### CB Hounslow 4th

Daniel Austin	Mo Berghout	Chris Bridgeman	Dale Bridges
Jack Bridges	Je Vonte Deabreau	Billy Hall	Kieron Horrill
Dean Knight	Matt Mullins	Joshua Osbourne	Oskar Prokop
Callum Walter	Yassen Mohamed	Jonathan Zola	Daniel Pocock
Garratt Mark	Farid Bainur		







WS Planning & Architecture are very proud to support

CB Hounslow United Football Club

Whether you are seeking to extend your property or uplift the value of land or buildings, we can provide that early expert guidance. #unlockingpotential

  01737 225711 [www.wspa.co.uk](http://www.wspa.co.uk)  




# middlesex flooring ltd

contract flooring specialists

[www.middlesexflooring.com](http://www.middlesexflooring.com)

---

We are respected flooring contractors since 1992 and have built our business on quality, reliability and pride ourselves in developing long standing relationships with our customers, who trust us to deliver and be proactive throughout the process.

Our aim is to re-enforce our beliefs to our current and future employees and offer training where required so we can all stay at the top of our game. Middlesex Flooring Limited staff, are aware of our goals and help achieve them so that customers get a first class service from beginning to end, and return to us time and time again for future works.

We want all employees to feel pride in working for Middlesex Flooring Limited, knowing that we offer great job security, benefits and get rewarded for the work that they put in.

‘We want to be the best flooring contractor not the biggest.’



*More accuracy,  
more control  
more power.*

*The Mitre Delta - ready to make history again.*

*Available now at [mitre.com/delta](http://mitre.com/delta)*



mitre  
**Delta**

The Legend Returns  
[mitre.com/delta](http://mitre.com/delta)

**Biffa**

**South Central**

## Service that's streets ahead

From our iconic red bins to our food waste recycling services, Biffa have got you covered.

At Biffa, we've been providing waste disposal services to businesses across the UK for more than a century – you've probably seen us around!

From general waste collection to food waste disposal, recycling services and specialist industrial cleaning, we can tailor our solutions to your individual waste management needs.

Businesses require a professional approach to waste and recycling.



We work with businesses of varying sizes and within all sectors across the UK, to help you decide which waste and recycling services best fit your needs.

We can help you reduce, reuse and recycle with our efficient and competitive service. By offering you a full range of containers to suit your waste production and your available space and using the latest transport and disposal technologies.

**Our waste collection packages are competitively priced against local and national suppliers.**

**Contact us direct on 01494 427 200 or email our sales team, [SouthCentralSalesTeam@biffa.co.uk](mailto:SouthCentralSalesTeam@biffa.co.uk)**

Hanworth Villa, ‘The Villains,’ was formed in 1976. In the early years, the team struggled in Division one of the Hounslow & District League, scoring a goal was usually celebrated with a public holiday. During a close season, following hard work by Jimmy Connors, the team was completely rebuilt and this led to them finishing as Division 1 Champions.

The following Season saw the club start an incredible run in the league, which finished 68 matches later, with the ‘Villains’ winning the Hounslow Premier League and the West Middlesex Divisions one and two championships. The success continued with Hanworth being elected to the newly formed Middlesex County Football League in 1984/1985.

From 1980 the club had a nomadic existence but in 1997 moved to their current headquarters at Rectory Meadow. This move led to the formation of Hanworth Villa Sunday and a new reserve team, being an amalgamation of teams from The Sawyers Arms, The Queen Dowager and Feltham Railway Club. A Chiswick League double in 1992/1993 and a 19-0 Cup Final victory in the National Railways Cup cemented the successful amalgamation.

Following hard work by Dave Brown the club was granted a lease at Rectory Meadow. At last the team had a permanent home and could set about converting an existing pavilion into a clubhouse, which has become known as the ‘Ranch’. With a permanent base, Villa were also able to concentrate on improving the level of football, and in 2002/2003 a notable performance by the Saturday first team was to win ‘the treble’ of the Middlesex County Premier Cup, the Open Cup and the Middlesex County League. After another Premier League title in 2004/2005, with a record number of points, it was decided to move on and the club were elected to Division 1 of the Combined Counties League in 2005/2006.

It took a while to adapt to the new level of football, but in the second season they managed to win the Challenge Cup. The following season, 2007/2008, the team managed to successfully defend the Challenge Cup and also narrowly miss out on the league title, finishing a credible second. However the lack of facilities at the ‘Ranch’ prevented promotion to the Premier Division. The club were determined to ensure that the situation should not arise again and with typical determination the committee managed to raise the funds to ensure that floodlights and a spectator stand were installed in time for the 2008/2009 campaign. The effort was not in vain as once again the team finished second and following a successful ground inspection Hanworth Villa were promoted to the Combined Counties Premier League for the 2009/2010 season

The debut season was as expected difficult with points being few and far between and it was not until the second half of the campaign that the team came to terms with the standard of football required. By the end of the season the team had collected enough points to finish 17th, three points clear of relegation.

The first season taught the club a lot and changes were put in place to allow for a more comfortable second season, in which not only did the team finish in 5th position in the league, but also reached the finals of the Middlesex Senior Charity Cup and the Southern Combination Cup. Unfortunately they were to lose in both.

The 2011/2012 season will live long in the memory of all concerned at the club as being their most successful in national competition. In the FA Cup the team, after victories over Shrivensham, Bedfont Sports, Wembley, Aveley and Slough, lined up against AFC Totten for a place in the 1st Round proper, a rare achievement for a team competing at national level 9. In a very close encounter AFC won 3-2.

In the FA Vase the team reached the 3rd round losing to Herne Bay, one of the beaten semi-finalists that year. In 2013/2014 the team were successful in achieving a double, in winning both the Middlesex Premier League Cup and the Southern Combination Cup.

At the end of the 2015/16 season the club appointed former Queens Park Rangers and Fulham defender Rufus Brevett as their new manager. Rufus had previously managed at Arlesey Town and had coached at Banbury United. Under the Management of Rufus and his team, Bobby Watson, Carl Cleaver and Cliff Angol the team won the Middlesex Senior Charity Cup with a 3 – 2 win over Spelthorne Sports. It was the second occasion in three years that the team have won this trophy.

In December 2018, by mutual agreement, Rufus Brevett stepped down as first team Manager with Louis Carder-Walcott, previously Assistant Manager at Westfield FC, being appointed shortly after.

Following a poor run of form at the start of the 2019/20 and with no positive signs of recovery it was, mutual agreement, decided that Louis would step down as Manager of the club. In November 2019 the position was filled by Simon Haughney and his management team of Paul Thomas and Leon Solomon.

The players responded well to this new team and with the addition of several new signings performed well, despite the distractions of the Covid pandemic. Not only did they remain unbeaten in the ten matches played during the suspended 2020-21 season, they also set a new club record by progressing to the last 16 of the F A Vase, narrowly losing to Long Eaton United on penalties.

	Honours
2002/03	Middlesex County League Champions Middlesex Federation League Cup Winners Alec Smith Middlesex County Premier Division Cup Winners
2004/05	Middlesex County League Champions
2006/07	Combined Counties League Division One Cup Winners
2007/08	Combined Counties League Division One Cup Winners
2011/12	Southern Combination Cup Winners
2013/14	Combined Counties Premier Challenge Cup Winners Southern Combination Cup Winners
2015/16	Middlesex Senior Charity Cup Winners
2017/18	Middlesex Senior Charity Cup Winners



## Players: : (From)

Terry Buss (GK)

Gagan Samra

James Fenlon

Michael Kamara (*Capt*)

Rory DaCosta

Louis Taylor

Jerome Federico

Elliot Simpson

Sam Merson

Theo Crawford

Meshach Williams

Ben Merson

Imaad Sankho

Ocsar Kally

Jordan Ellis

Tom Jelley

Leon Solomon

Joshua Obanleowo

Jordan Williams

Guy Ansah-Palmer

Jamie Thoroughgood

## Management

### Manager

Simon Haughney

### Assistant Manager

Paul Thomas

Leon Solomon

### Coaches

Chris Balchin

Mark Floyd

### Playing Strip:

Red/White Shirts

White Shorts

Black Socks

**GK:** Blue

