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CB Hounslow United Football Club

Founder

Frank James

Patron

Max Lea MBE

Chairman—Board of the Club

Dave Fuller

President

David Brown

Life Vice Presidents

Gary Bridges, Keith Head, Ray Forde, Barry Chapman, Steve Donnelly, Reuben Longdon-Hughes, Pete Morris, Craig Elliott, Tracy Elliott, Andy Blows

Chairman of Football Activities/Club Secretary

Frank James

Vice Chairman

Roy Wright

Director Ladies & Girls Football

Rob Rush

Youth Chairman/Youth Secretary

James Harrington/Vijay Kumar

Chairman's Assistant Leagues

Vacant

Vice Youth Chairman

Frank James

Welfare Officer

Tracy Elliott/Frank James

Fund Raiser/Charity

Vijay Kumar

CB Club Committee Members

Steve Donnelly, Pete Morris, Ian kelly

Match Day Secretary

Ian Kelly—Steve Donnelly

Andy Pocock

Discipline Committee

Team Captains



Welcome all

Today we welcome ALL to Green Lane for CB Hounslow United FC home game in the

The Combined Counties FL—Premier League
MCFL Premier
GLWFL
MCFL Division 3

A warm welcome goes out to the clubs Board , club officials, managers and players.

We at CB hope you all have an enjoyable day here at the ground and enjoy the facilities.

Todays Match officials

MCFL Reserve Division

CB Hounslow FC 1st v Ascot utd FC
Match Referee: Oliver Cross
Assistant Referee; Andy Mirza

Assistant Referee: Matt Swimburn

Guest of Honour:

Match Ball Sponsor—Pete Morris

On Tuesday 30th November the 1st Team play away @ Rayners lane FC in the Middlesex Senior Charity Cup

Club Honours

2008/09 Under 16's Division champions Hayes & District Youth League
2008/09 Under 11's Division runner up Hayes & District Youth League

2009/10 Under 9's Premier div runner up Hayes & District youth 2009/10 Under 12's premier Div runner up Hayes & District Youth

Hayes & District Youth

CCFL

CCFL

CCFL

2008/09 Intermediate Division Champions WMSFL

2009/10 Division four Finalist 2009/10 Under 9's champions

2015/16 Secretary of the year

2016/17 premier Cup finalist

2015/16 Div 1 Champions

2010 to 2015 — honours to be updated

1989/90	Junior Trophy Finalist	Middlesex County F.A
1990/91	Fred Barnard Cup Finalist	Hounslow & District F.L
1991/92	Junior Trophy Finalist	Middlesex County F.A
1992/93	Division One R/U	Hounslow & District F.L
1994/95	Junior Cup Finalist	Middlesex County F.A
1995/96	Fred Barnard Cup Finalist	Hounslow & District F.L
1995/96	Premier Division R/U	Hounslow & District F.L
1995/96	Division Three R/U	Hounslow & District F.L
1995/96	Ben Little 6 aside Winners	Hounslow & District F.L
1996/97	Fred Barnard Cup Winners	Hounslow & District F.L
1997/98	Division Four Champions	Hounslow & District F.L
1997/98	Presidents Cup Finalist	Middlesex County F.L
1998/99	Division One R/U	Harrow Sunday League
1998/99	Jubilee Cup Winners	Hounslow & District F.L
1998/99	Intermediate Cup Winners	Middlesex County F.A
1999/00	Fred Barnard Cup Finalist	Hounslow & District F.L
1999/00	Plate Trophy 6 aside Finalist	Hounslow & District F.L
1999/00	Premier Cup Finalist	West London Sunday League
2000/01	Premier Cup Winners	West London Sunday league
2000/01	Premier Division Champions	West London Sunday League
2000/01	Ben Little 6 aside Winners	Hounslow & District F.L
2001/02	Premier Cup Winners	West London Sunday League
2001/02	Ben Little 6 aside Champions	Hounslow & District F.L
2001/02	Ben Little 6 aside R/U	Hounslow & District F.L
2001/02	Fred Barnard Cup Winners	Hounslow & District F.L
2001/02	Division Four Champions	Hayes & District Sunday F.L
2001/02	Chairman's Cup Winners	Hayes & District Sunday F.L
2001/02	Junior Trophy Cup Winners Sun	Middlesex County F.A
2001/02	Secretary of the Year—BLawlor	West London Sunday League
2002/03	Junior Cup Winners Sunday	Middlesex County F.A
2002/03	Federation Cup Finalist	Middlesex County F.L
2002/03	Division Two R/U	Middlesex County F.L
2002/03	Division Two Cup R/U	Middlesex County F.L
2002/03	JSC Cup R/U	Middlesex County F.L
2002/03	Division Two R/U	Hayes & District Sunday F.L
2002/03	6 aside Cup Winners	Soccer Sixes
2002/03	5 aside R/U	West London Sunday F.L
2002/03	5 aside R/U under 13's	Hayes & District Youth League
2003/04	Division One Champions	Hayes & District Sunday F.L
2003/04	Senior Reserves Finalist	Middlesex County F.L
2004/05	Premier Division R/U	Middlesex County F L
2004/05	Senior Res Division R/U	Middlesex County F L
2004/05	Junior Trophy Cup Winner	Middlesex County F A
2004/05	Jubilee Cup Winners	Hounslow & District F L
2004/05	Division One Cup Finalist	Hayes & District Sunday F L
2005/06	Under 13's Division champions	Hayes & District Youth League
2005/06	Under 16's Cup Finalists	Hayes & District Youth League
2005/06	Sportsmanship Trophy	Hayes & District Youth League
2005/06	Division 5 Champions	Hayes & District Sunday F L
2005/06	Division 5 Cup Winners	Hayes & District Sunday F L
2005/06	Vice Presidents Cup Winners	Hayes & District Sunday F L
2005/06	Junior Trophy Finalist	Middlesex County F A
2005/06	Junior Res Div Runner Up	Middlesex County F L
2005/06	Junior Res Cup Winners	Middlesex County F L
	Senior Res Div Champions	
2005/06	Premier Div Runner Up	Middlesex County F L
2005/06 2006/07	•	Middlesex County F L
	Reserve Div Runner-up	Middlesex County FL
2006/07	Jubilee Cup Finalist	Hounslow & District FL
2006/07	Ben Little 6 aside Champions	Hounslow & District FL
2007/08	Reserve Div Cup Winner	Middlesex County FL
2007/08	Reserve Div Runner-up	Middlesex County FL

2007/08 Intermediate Div Runner up

WMSFL

Squad list



Zack Basey Ollie De Jesus Joe Smith James Greenwood Brandon Jackson Thomas Kanek Sid Dack Jerome Edwards **Lewis Wood** Alfie Lal Trisdon Andrews Morgan Elliott - Grout Jahamari Morgan Thomas Kanek Jack Vincent Sam Smith Oskar Propok Asher Reid

Management Team

Danny James

Thomas Kanek

Alex Wines

James Key

Physio

Billy Tutt

Match Secretary

Ian kelly

Team colours: All Grey or Green/Black – Black/Green



1	Croydon CWFC Women		8	3	7	1		0	20	22
2	Sutton United Women U21		8	3	5	2		1	25	17
3	Wandsworth Borough Women		8	3	5	1		2	19	16
4	Civil Service Women		Ç	9	5	1		3	14	16
5	Kenningwell United Women FC		8	3	5	0		3	22	15
6	South London Womens Reserves	<u> </u>	8	3	4	1		3	10	13
7	CB Hounslow United Women Res	<u>serves</u>	1	0	2	0		8	-30	6
8	Tooting Bec Women Developmen	<u>nt</u>	8	3	1	0		7	-23	3
9	South East Parakeets FC Develor Wome	pment	Ç	9	1	0		8	-57	3
N	1CFL Sunday									
<u>N</u>	lorth West Jets	6	5	1	0	44	8	+36	16	
	ondon Samurai Rovers Sunday)	8	5	1	2	23	19	+4	16	
_	<u>Chairboys</u>	6	4	1	1	19	14	+5	13	
<u>A</u>	FC Heathrow Reserves	6	3	1	2	23	12	+11	10	
<u>M</u>	<u> 1iddlesex Arms</u>	6	2	2	2	18	12	+6	8	
<u>C</u>	Court Park Utd	4	2	1	1	21	8	+13	7	
<u>I</u>	nter Manor	8	2	1	5	13	32	-19	7	
<u>C</u>	Cowley	5	1	0	4	8	20	-12	3	
	<u>:B Hounslow United</u> Sunday)	5	0	1	4	5	24	-19	1	
-	learts Of Teddlothian	4	0	1	3	5	30	-25	1	

History of CB Hounslow United

CB Hounslow United F.C is a Football club based in the London Borough of Hounslow. The team was originally named Richmond Rangers, and was a collection of friends and local troubled youth that where losing their path in life.

In season 1987/88 Richmond Rangers where disbanded and reformed in 1988/89 under the name of CB united.

CB Hounslow United FC carry the community flag for football and support in Hounslow, since the demise of the historic Hounslow FC which was formed in 1884. Community support is the essence of what we do as a club.

Currently the club supports Promise Academy for 16 to 18 year olds. With a sports and educational programme. Promise Academy Mini Kickers and OHM Sports Mini Kickers

CB stands for 'Cater Bank' which was the company co-owned by the late father of our Chairman/founder Frank James. CB Hounslow played in the Hounslow & District Football League with some distinction, and after 5 successful years we were promoted to the Middlesex county Football League (MCFL) in 1994/95 that is when we then took our present name CB Hounslow United. The club still have 3 sides that play in the MCFL and the 1st team playing in the Premier of Combined Counties FL @ Step 5.

CB Hounslow United 1st team played for 11 years in the MCFL before being promoted to the Combined Counties in 2005/6 season. The club is now affiliated to the Combined Counties League, Middlesex County FL, West Middlesex Sunday League, Allied Counties Youth League, Surrey Youth League, West Middlesex Youth League and Harrow Youth League and Greater London Womens league.

This season and going forward the club has now a Patron: Mr Max Lea MBE a stalwart in football, who come up through the referee ranks and played football for Old Parmiterians Football Club. His support to Club is hugely appreciated and can only benefit the club going forward.

Also Frank the owner of CB has handed the reigns over to Mr Dave Fuller who will become the Chairman of the board and handle non on the pitch matters for the club. Allowing Frank to concentrate on just football matters as he enjoys running a team. Dave comes with a huge amount of experience. He is a MCFA Councillor and has officiated in Middlesex for over 50 years and CB itself for 20 years.

The club this season will be competing in The FA Cup, The FA Vase, The FA Youth Cup and MCFA Senior Charity Cup amongst many other Cups.

As always I would like to thank our numerous sponsors, who donate to the Youth & Ladies teams and the main body of the club and also help greatly with the fundraising. The club continues to grow its partnership with DNATA, United Airlines, Biffa, Tarmac. Mohan's Caterers, AIR Consultants, Time Worldwide Express, Mount Café,

As a club we are blessed with have many volunteers who make up our management, coaching and secretarial staff who without them the club wouldn't be where it is now.

Website: www.cbhounslowunitedfc.com

Twitter: @cbhounslow1989

Association A Code of Conduct for Football

Football is the National Game. All those involved with the game at every level and whether as a player, match official, coach owner or administrator, have a responsibility, above and beyond compliance with the la, to act according to the highest standards of integrity, and to ensure applies to all those involved in football under the auspices of the football associating.

Community

Football, at all levels, is a vital part of the community. Football will take Into account community feeling when making decisions.

Equality

Football is opposed to discrimination of a form and will promote Measures to prevent it, in whatever form, from being expressed.

Participants

Football recognize the sense of ownership felt by those who participate at all levels of the game. This includes those who play, those who coach or help in any, and those who officiate, as well as administrators and supporters consultation.

Young People

Football Acknowledges the extent of the extent of its influence over young People and pledges to set a positive example.

Trust and respect

Football will uphold a relationship of trust and respect between all involved in the game, whether they are individuals, clubs or other organizations.

Violence

Football rejects the use of Violence of any nature by anyone involved in the game.

Fairness

Football is committed to Fairness in its dealings with all involved in the Games.

Integrity and Fair play

Football is committed to the principle of playing to win consistent its fair play.

By order of the council November 1998



Because Youth Matters























For more info: T: 0208 538 5480 CBHounslowunitedfc.com

CB Hounslow Utd FC EXTERNAL Visitors AGREEMENT

This written agreement is between CB Hounslow Utd FC and all external hirers. It sets out below what is expected from all visitors whilst they are using our facility –

We have also attached our risk assessment which we would encourage you to read.

Whilst using our facility you will -

- Self-assess yourself and will ask everyone else who falls under your jurisdiction to do the same. This includes asking the opposition team if you are booking friendlies as well as referees, spectators, or anyone else that is at the facility with you
- You will complete the sign in form which will be at the ground. You will ensure all persons under your jurisdiction including opposition teams, parents, spectators, referees do the same.
- You will inform the club asap if you are aware of anyone that has used our facility has
- o Symptoms of COVID-19
- o Has had a positive test for COVID-19
- o Has been in contact with anyone who has symptoms of COVID 19
- You will adhere to any one-way system and ensure everyone under your jurisdiction does so
- You will ensure that before and after your session/game you clean all the equipment you have used; this includes wiping down goal posts and corner flags
- You will remove all your rubbish and belongings from the ground after your session/game
- You will follow all the instructions given in the risk assessment and pass this information on to all the participants of your session/game
- You will send home any persons find to be suffering with symptoms of COVID-19 and inform us immediately

If you have any questions about this guidance or would like to discuss anything further please do contact our COVID-19 officer.

By continuing with your session/game you are agreeing to follow these conditions and those set out in our risk assessment

Anyone found not adhering to these conditions will be removed from the facility and it may affect your chances of revisiting us

Frank James

Club Secretary & Football Chairman

07958-718930

CBHounslowunitedfc.com

frankjames@cbhounslowfc.com

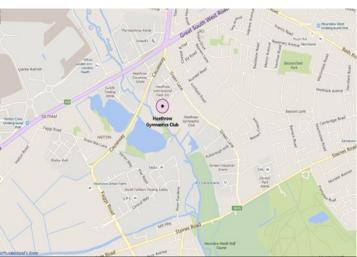












CBHounslowunitedfc.com

The club will grow from 290 to over 700 Regular member, many coming from the Hounslow Area, most of whom will not have been members of a sports club before.

There will also be opportunities for more informal participation for many other residents in the area.

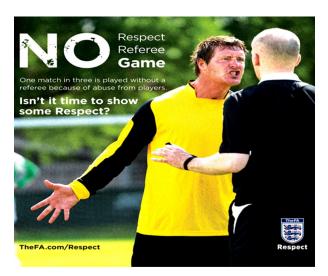
This will help us grow as a Social enterprise, as well as offering training and employment opportunities. In summary the club will become a key focal point for the community for the people both living and working in the area.

	CAUTION 2	CAUTION 3	CAN RE-ENTER	CAN BE SUBSTITUTED
-DISSENT = SIN BIN			YES	YES'
C-DISSENT = SIN BIN	C = YELLOW CARD		YES	YES*
C-DISSENT = SIN BIN	C-DISSENT = SIN BIN	All the same	NO	YES*
C = YELLOW CARD	C-DISSENT = SIN BIN		YES	YES*
C-DISSENT = SIN BIN	C = YELLOW CARD	C-DISSENT = SIN BIN	NO	NO
C-DISSENT = SIN BIN	C = YELLOW CARD	2ND CAUTION = SENDING OFF	NO	NO
C = YELLOW CARD	C-DISSENT = SIN BIN	C-DISSENT = SIN BIN	NO	NO
C = YELLOW CARD	C-DISSENT = SIN BIN	2 ND CAUTION = SENDING OFF	NO	NO



CBHounslowunitedfc.com

1	Hammersmith Football Club Women	9	7	2	0	29	23
2	Actonians Ladies Development	10	7	2	1	24	23
3	CB Hounslow United Women	9	7	1	1	25	22
4	Hilltop Womens	10	4	1	5	-2	13
5	Regents Park (Adults) Womens	9	3	2	4	4	11
6	Islington Borough Ladies FC Reserves	9	2	1	6	-20	7
7	Hounslow Women FC Development	10	2	0	8	-20	6
8	Camden Town (Womens) Red	10	1	1	8	-40	4



BE WARNED!!!!!

As a Club we do not allow alcohol around the pitch whilst a match is in progress– this is a

FIFA- UEFA & FA Rule.

CB Hounslow Ladies FC

Megan Curran
Megan king Martin
Donna Osmond
Tori Waters
Sharna Davison
Lucy Easton
Ellie Cullen
Kianni Mae o'Garro
Elizabeth Waters

Ella Benson Isis Manzi McCuaig Chloe McCarthy Ellen Scheer Elisha Timms Emma Spencer Megan Price

Sabrina Alves de Souza Mae Rush Sasha Treadaway

Alice McGann Michelle Figueroa Zoe Rafferty Tiegan Watson Amy O'sullivan Abi Scupholme Eleanor field Holly Roaf Francine Goncalves



At In Time Worldwide Express we are football crazy! At last count we were following 15 teams between us, from Stevenage F.C. (The 'mighty' Boro) to New York City, where we have an office. As one of Heathrow's leading logistics companies, we are proud to support and be involved with a local team, and what better than one managed by our very own Transport and Warehouse Manager, Rob Rush! Come on United!!!@@In Time Worldwide Express

Air, ocean, road and rail freight solutions, and specialists in time-critical cargo.

www.itwx.co.uk







CHARTER STANDARD COMMUNITY CLUB



Website - cbhounslowunitedfc.com

Twitter - @cbhounslow1989

Facebook - CB Hounslow Utd FC





Website: cbhounslowunitedfc.com

Twitter: @cbhounslow1989 Facebook: CB Hounslow Utd FC

Promise Football Academy is a sports education college programme available to 16-19 year old students seeking a future in sport. Our students spend their 2 college years training like a professional athlete whilst securing an education to cement careers and pathways.

Boasting a plethora of opportunity for each and every young adult that embarks on the 'Promise' journey.

Directly from our programme, students have -Progressed into pro football Progressed into semi-pro football Gone onto University Pursued extended education abroad in the States Gone straight into full time employment

Become physiotherapists Become sports coaches

Become personal trainers

Worked in sports analysis ... To name just a few of the many possibilities.

Check us out - @Promise Football Academy





FOOTBALL FOR ALL said Frank James & Barry Chapman! Before embarking on a relationship and close friendship with Promise Sports Coaching's lead coach Tom Kanek (TK).

Promise Sports Coaching set out with dreams matched by those of Frank and Barry to offer affordable child care and sports entertainment packages to each and every family possible!

True to their name; Promise Sports Coaching were blessed to be surrounded by supportive people with similar dreams that allowed them to deliver on the very foundations they promised from the beginning.

The mantra at 'Promise', has been and forever will be the same -

EVERY child is different & **EVERY child matters!**

Offering -

- Primary & Secondary school PE coverage
- Lunch time and after school clubs
- School holiday camps
- Private sports 1 to 1 sessions
- Child birthday party entertainment
- Mini kicker sessions
- Direct links to age group appropriate team participation

..... And much, much more!







Smart AC Solutions: Are a Heating ventilation and air conditioning company founded in 2019. The company's directors Daniel Sines and Aaron Lockwood are strong supporters in the youth system that CB Hounslow operates and have overseen many youth players over the years achieve there dreams of playing a high level of football if it be at other football academy's or CB Hounslow itself and are delighted to be sponsoring CB Hounslow under 18's in the coming season.

At Smart AC Solutions, we work with you to create the perfect environment for innovation and success by designing and installing air conditioning, heating and ventilation systems.

We are experts in our industry, so we can combine your mechanical and HVAC systems into one efficient and cost-effective climate control package. We take the risk out of your project because our quotes are guaranteed, giving you complete peace of mind.

Find us at smartacsolutions.co.uk





STREET OF	Allied Cour	<u>ities Footba</u>	<u>ll Leagu</u>	<u>e</u>	
li Clife					
	North Greenford United	7	7	0	

1	North Greenford United	7	7	0	0	32	21
2	Hanwell Town	7	5	1	1	26	16
3	<u>Uxbridge</u>	7	3	2	2	-2	11
4	Harefield United	5	3	0	2	8	9
5	AFC Hayes	7	3	0	4	-3	9
6	CB Hounslow United	5	1	1	3	-5	4
7	Wembley	4	0	0	4	-22	0
8	Hillingdon Borough	6	0	0	6	-34	0

Managers: Mick McGann, Anthony Morgan



Equity Networks is a leading UK IT & Telecoms Service provider. For more information on our services or to find out about our special offers for CB Hounslow supporters & associates, please get in touch on the details below.

TEL • 01753 668668 • EMAIL • SALES@EQUITYNETWORKS.CO.UK

Proud Partners of CB Hounslow FC & AIR Consultants



Saturday

CB Hounslow 1st v Ascot – 3pm ko – main pitch @ GL (gate & hospitality) CB Hounslow 3rd v Harrow Town Eagles – 2pm ko – pitch 1 @ GL Rajput Del Mundo v CB Hounslow 4th – 2pm ko @ Cranford Community

Sunday

CB Hounslow u9s - 10am ko - 3G @ Beavers

CB Hounslow u11s – 12 noon – Grass @ Beavers

CB Hounslow u15s - Away

CB Sunday v London Samurai – 10;30am ko – pitch 1 @ GL

CB Hounslow Ladies 1st v Ridgeway Rovers ladies – 12 noon – main pitch @ GL

CB Hounslow Ladies Res v Regents Park – 2pm ko – main pitch @ GL

Tuesday 30th

Rayners Lane v CB Hounslow 1st - 7:45pm ko – Away @ rayners lane – MCFA Charity Cup





CBHounslowunitedfc.com

Walker Construction (UK) Ltd is a multi-disciplined construction company delivering Building, Civil and Rail projects across a diverse range of industry sectors, including but not restricted to; Education, Healthcare, Industrial, Retail, Refurbishment, Leisure, Infrastructure, Section 106 agreement. Section 278 agreements.

We understand and respect our client's needs and expectations on every project we deliver, whilst utilising Professional In-House Design & Build Services, Experience and Technical Innovation, Research and Development alongside Sustainable Construction Solutions. We aim to be the preferred construction contractor of choice for our clients, assured by the delivery of excellence, quality of service and by carefully selecting new opportunities with clients aligned to our core beliefs and objectives.



KUMK provide its customers with transparent, optimal distribution solutions with its partners and services worldwide, We strive to find unique processes for a unique market. KMUK has the resources and contracts to compile tailor made solutions along with utilising the resources which it has built over many years of experience.

Our goal is to be creative and focus on partnerships with both our customers and vendors, to provide speed to market whilst meeting all our customer expectations. KMUK aim to place ourselves strategically between our customers and vendors, to offer both value for money and benefits which will grow our business. Unique partnerships provide unique challenges



We have over 40 years' experience working with both the trade and DIYers. We have formed strong, loyal partnerships with many large corporations and have helped millions of people complete their projects, both in the home and the garden. Whether you need to bulk order building supplies, or just a couple of pots of paint for the living room, we've got it covered. And with over 230 stores nationwide, you won't have to travel far for what you need. Our team of specialists understand the challenges you face and strive to offer a solution, that you too, will be proud to put your name to.



Mohans Catering was established in 1989 and has been serving the Middlesex and wider London community for over 20 years with its distribution of Indian snacks and outdoor catering services. Founded upon a family ethos and professional work ethic Mohans have prided themselves on excellent customer service, creative cuisine, as well as warm and effective client relationships. With Head Chef Pankaj Makol at the forefront, Mohans over the last decade have built up an extensive network of event services that enable them to provide their clients with the best possible catering and dining experiences. They have provided food services all over the United Kingdom and have been fortunate enough to supply and extend their services internationally into parts of Europe. Year by year the Mohans team are continually adapting to the latest cuisine styles and changes within the industry, while simultaneously incorporating their own and unique innovative twist to their menus and special dishes. Mohans Catering has also expanded in other areas by increasing their distribution of snack products by providing groceries, market stalls and restaurants with Mohans original handmade samosas. In addition to this, since 2009 Mohan's have produced their own line of Indian sweets and are currently working on introducing their own branded line of special sauces.







AIR Consultants is a reputable and rapidly growing Staffing, Training & Auditing

Solutions Services Company being established over 10 years. We specialise in working within the Freight Forwarding, Courier, Logistics & Shipping Industries.

Our client base is continually expanding and we enjoy successful partnerships with other recruitment agencies and training associations which when joined together give us over 40 years of industry experience.

When affording AIR Consultants the opportunity to take care of all your Staffing,

Training & Auditing needs, you can rest assured that you are placing your needs in the hands of a professional team who will endeavour to provide you with an exceptional service at all times.



Tarmac, a CRH company, is the UK's leading sustainable building materials and

construction solutions business. Our innovative services and solutions help to deliver the infrastructure needed to grow the economy today and create a more sustainable built environment to support our future prosperity.



dnata are a performance driven organisation and a global player in niche markets. We currently operate out of 131 airports across 6 continents, providing service excellence for over 400 airlines

This makes dnata one of the worlds largest service providers. Our vision is to become the most admired, not necessarily the biggest but unequivocally the best in the eyes of our customers

dnata's operations in The United Kingdom began in 2010. The company was founded with the mission of providing industry-leading ground handling at London Heathrow airport.

In 2011, Plane Handling was rebranded as dnata as part of a global initiative to unify the company's international businesses.

Today dnata in the United Kingdom employs around 2200 staff at 7 airports and provides ground handling and cargo to more than +34 international airlines









	Р	W	D	1	F	Α	Pts	GD
								30
Hanworth Villa	15	12	3	0	38	8	39	30
Southall	14	10	1	3	41	19	31	22
Abbey Rangers	13	9	1	3	24	19	28	5
North Greenford United	15	8	3	4	53	23	27	30
St. Panteleimon	14	8	2	4	38	24	26	14
Windsor	16	7	4	5	32	33	25	-1
Edgware Town	13	6	4	3	34	18	22	16
Egham Town	13	6	4	3	20	11	22	9
Wembley	16	6	4	6	29	23	22	6
Ascot United	13	6	3	4	27	24	21	3
Spelthorne Sports	14	5	3	6	19	22	18	-3
Reading City	15	4	5	6	29	32	17	-3
Virginia Water	15	4	2	9	15	31	14	-16
Burnham	14	3	4	7	21	37	13	-16
Tadley Calleva	17	3	3	11	23	43	12	-20
Wokingham & Emmbrook	12	3	2	7	17	24	11	-7
CB Hounslow United	16	3	2	11	12	48	11	-36
Holyport	15	1	2	12	15	48	5	-33



MCFL—Premier—Step 7 NLS

FC Soma	13	8	3	2	31	19	+12	27
Clapton Community	12	8	1	3	35	25	+10	25
Larkspur Rovers	12	6	4	2	31	17	+14	22
NW London	10	6	1	3	33	22	+11	19
Cricklewood Wanderers	10	6	1	3	23	17	+6	19
Indian Gymkhana Club	10	5	2	3	24	19	+5	17
Brentham	10	5	2	3	17	17	+0	17
Sporting Hackney	10	4	2	4	22	18	+4	14
Stonewall	11	4	1	5	17	22	-5	13
Pitshanger Dynamo	11	3	3	5	27	28	-1	12
AVA	10	3	1	6	17	20	-3	10
C.B. Hounslow United Reserves	10	2	2	6	20	32	-12	8
Kensington Dragons	12	1	5	6	21	43	-22	8
The Wilberforce Wanderers	11	2	1	8	16	25	-9	7
AEK London	10	1	3	5	10	20	-10	6
MCFL Div 3								
Kodak (Harrow) Reserves	7	5	0	2	18	12	+6	15
Whistlers	5	4	0	1	21	8	+13	12
Sudbury Court	6	3	2	1	13	10	+3	11
Wiseman West	5	3	1	1	11	9	+2	10
Old Hat	3	3	0	0	18	6	+12	9
Hillingdon Abbots Reserves	3	2	0	1	15	7	+8	6
Larkspur Rovers Reserves	6	1	2	3	8	9	-1	5
Centenary Park	4	1	1	2	9	11	-2	4
C.B. Hounslow United 3rds	7	1	1	5	9	36	-27	4
Kinja	4	1	0	3	2	10	-8	3
Harrow Town Eagles	3	0	1	2	4	6	-2	1
LNER	3	0	0	3	5	9	-4	0
MCFL Jeff Nardin Division	<u>on</u>							
Jamrock Shamrock	5	4	1	0	12	4	+8	13
C.B. Hounslow United 4ths	4	4	0	0	29	4	+25	12
Adamant	5	3	1	1	26	9	+17	10
London Athletic	4	2	1	1	10	7	+3	7
LPOSSA	4	2	1	1	10	9	+1	7
Rajputs Del Mundo Reserves	6	2	0	4	14	26	-12	6
Brent Athletic	6	2	0	4	18	35	-17	6
West Palops	6	1	2	3	6	9	-3	5
Ealing Trailfinders	2	1	0	1	7	15	-8	3
Kodak (Harrow) 3rds	6	0	0	6	6	20	-14	0



PHYSICAL THERAPY | SPORTS MASSAGE | REHABILITATION





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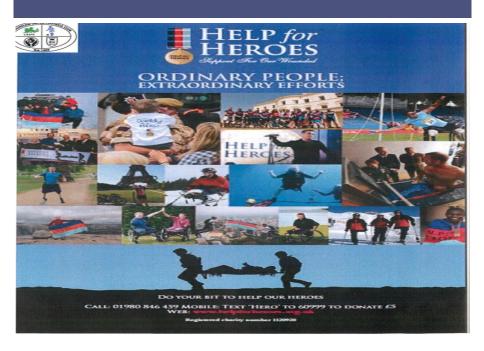
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CB Hounslow Reserves

Lee Brompton	Stef Livingstone	Shane O'Connell	Alfie Saunders
Andre Martin	Alex Hilton	Jerome Edwards	Nathan Rose
Nathan Munroe	Alex D'Riggs	Connor Miller	Ade Owalana
Jon Lloyd	Umar Brown	Luke Gilbert	Tyreek Kasim
Adam Knight	David Pinto	Asher Reid	Mark Peters
Ross Mullady	Warren Williams	Aaron Spencer	Baker Kimera

CB Hounslow 3rds

Rhys Pottle	Sean McDermott	Jamie Knight	Blair N'Zeza
Omid Ghassemi	Egidio Anastasio	Al Badr	Michael Barima
Abdel Bendif	Bruno Cane	Ryan Evans	Iman Ghassemi
Saboor Jayasuriya	Ahmed Kamjeh	Miah Rahul	A Thirukeswarew
MD Ullah	Joe Williams	Prince Amo	

CB Hounslow 4th

Daniel Austin	Mo Berghout	Chris Bridgeman	Dale Bridges
Jack Bridges	Je Vonte Deabreau	Billy Hall	Kieron Horrill
Dean Knight	Matt Mullins	Joshua Osbourne	Oskar Prokop
Callum Walter	Yassen Mohamed	Jonathan Zola	Daniel Pocock
Garratt Mark	Farid Bainur		















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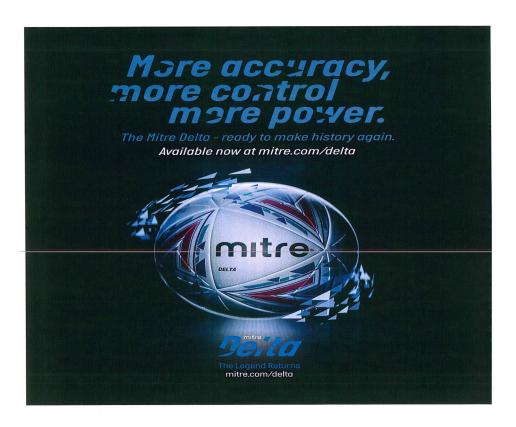
We want all employees to feel pride in working for Middlesex Flooring

Limited, knowing that we offer great job security, benefits and get rewarded for the work that they put in.

'We want to be the best flooring contractor not the biggest.'







CB Hounslow Youth

We as a club are embarking of the regrowth of our youth section. The club has lost some 15 sides since 2018/19 with the effect of Covid 19 and parents and players losing interest with football.

We are looking to develop extra teams at the following age groups for season 2022/23 with this season them doing mini-kickers and training/training games;

u7, u8, u9, u11, u13, u14, u15

We are also with the success of our 2 ladies sides we are starting on developing our Wildcats from

U10, u12, u14, u16

We also require coaches to assist with these groups

If you or anyone that are interested please contact: frankjames@cbhounslowfc.com

rrush@itwx.net

Jameshc05@icloud.com vj88ok@yahoo.co.uk



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Sam Gray (GK) **Alex Sykes (GK) Adam Everiss Alex Hall Calum Ferguson Chris Ellis Dan Bailey Dan Price Danny Walden David Amate Denis Nortey Duarte Surnanu George Lock Harry Laflin lan Davies James Harner Jonny Denton Josh Masters Josh Nice Keaton August Louis Bouwers Oliver Graham Rashid Hamid Rory Merrick Sam Evans Sean McCormack Taylor Morgan Toby Thompson Tom Scott Will Frank**

Jamie Tompkins Dan Masters Jamie Ashdown Bjorn Dunkley Manager Asst. Manager GK Coach Coach

Steve Quelch Chad Smith

Coach Therapist

CLUB HISTORY - ASCOT UNITED

Ascot United as we know it, was founded in 1965 by a men's team who played their games at Sunninghill with "after match meetings" in The Wells in Cheapside village (now Mikado's). Teams played as long ago as 1928 under the name Ascot United but nothing to link them directly to the current club. In 1965, the club had gained permission from the Ascot Racecourse Trustees to convert the land east of coach park 10 into a football pitch. A wooden clubhouse was built and this team went on to win many prestigious trophies in the years that followed

Various youth teams represented Ascot United over the years up to 1988, and 1992 the East Berks 7-aside Association was formed by our then Chairman Keith Wicks introducing small-sided junior games and having disbanded in 1980 the men's team also reformed. The club continued to grow, entering into partnership with Charters School and being awarded FA Charter Standard status in 2004. The men's senior team enjoyed early success through the East Berks League gaining continued promotions to the Senior division and winning various Cups including the Fielden Charity Cup in 1996/7. 2001 saw the 1st team join the Reading Senior League and winning the Evening Post Senior Cup at the Madejski Stadium in 2006. Promotion to the Hellenic League soon followed in 2007, followed by promotion to the Hellenic Premier Division in 2009. The club today has grown to become one of the largest Community football clubs in the UK with over 1000 registered players and over 70 teams playing every weekend embracing all ages and abilities from 5 year olds through to Vets. A new clubhouse opened in September 2010, together with an improved main pitch, floodlights and a stand. The club has enjoyed much success at all levels particularly in the Ladies and Girls Section where they are regularly winners of leagues and county Cups. Our senior Ladies won promotion to the Premier Division of the Southern Region Women's' Football League in 2017-18 and consolidated their position with a mid-table finish in 2018-19. Meanwhile, 2018-19 was an outstanding one for our junior Boys' teams who won an array of county cups at various age groups, a feat we've rarely previously achieved. The past decade has been hugely successful for our first team; our debut in the FA Cup in 2011 attracted 1,149 people to the Racecourse on a Friday evening where the famous trophy itself was on display and the match was streamed live on Facebook. Between 2012-13 and 2015-16 we reached the Quarter Final of the FA Vase twice, enjoyed two top-three finishes in the Uhlsport Hellenic League Premier Division, and won both the Bluefin Sport Challenge Cup and Perpetua Press Floodlit Cup. More recently, our players' development took the spotlight, as a host of Yellamen have enjoyed success with other local sides and many of our talented development players stepped up into the first team. After finishing 2017-18 in style, in 2018-19 new manager Jamie Tompkins led his side to the top of the table for long spells, winning two team-of-the-month awards, and finishing with league cup glory once again by defeating Windsor 3-1.

We were transferred into the Combined Counties League for the 2019-20 season, playing on our new 3G pitch facility, which transformed the club by facilitating more of our teams' matches and training at The Racecourse. The stronger platform facilitated further player development, and Jamie's young side would lead the table for long periods before establishing what looked like a title-winning margin at the top shortly before the league was aborted due to Coronavirus. Retaining much of the same squad for 2020-21, Jamie saw his side in and around the challengers before another pandemic-curtailed season, although they battled through to the league cup final where they were ultimately beaten on penalties by Redhill.

As Ascot enjoy a third season in the Combined Counties League, everyone hopes for a safe and consistent campaign, and if silverware comes with it then that will surely be a bonus in current times!