



COACHES Codes of Conduct

Coaches' Codes of Conduct

- Do not overload young players with demands, technical information and tactics - remember they are children and they are playing rugby for fun.
- Do not over play the better players - include everyone.
- Players develop at different times and in different ways - make allowances for their physical, emotional and mental maturity and development.
- Winning isn't everything - teach your players to enjoy taking part and performing to the best of their ability. Encourage each player to reach his or her potential.
- Never abuse, yell, criticise or ridicule children for making mistakes or losing a game.
- Be organised - establish a structure for the season, prepare a coaching plan for each session, have the appropriate kit. Above all, communicate to players, parents and fellow coaches to set expectations.
- Make sure players develop an understanding of the rules and laws of the game, that they respect opponents, team mates, coaches and officials.
- Never question an official's judgement or honesty.
- Ensure players and parents behaviour is appropriate and in keeping with the spirit of the game and the expectations of the Club.
- Do not swear or verbally abuse anyone.
- Never be alone with a child – in a changing room, car, anywhere.
- Do not be drunk or under drugs while coaching
- Make sure you have read and understood the rules, policies and Codes of Conduct for Trowbridge RFC.

The codes of conduct above set out the values and behaviours all of us at Trowbridge RFC aspire to.