



WELCOME TO THE 2013 – 14 SEASON AT TIMPERLEY HOCKEY ACADEMY

Timperley Hockey Academy Newsletter SEPTEMBER 2014

Welcome back to hockey !

Join us on **Sunday 7th September** for our Registration / Club Day. We've reviewed our Coaching Model over the summer and are introducing a number of changes to help us continue to improve the coaching provided. Details are on page 2 including changes to times.

Registration: 10.00am – 12.30pm (all ages)

Coaching from 11.00am (all ages except Under 16's school years 10 and 11)

Parents will need to attend in order to:

- Complete and updated membership / consent form
- Sign up to Gift Aid scheme
- Pay subs !

There will also be the chance to answer questions and tell you more about the Academy's plan for the coming season.

Academy Kit

SilverFX our kit suppliers will be on site on 7th September with examples of academy kit along with a range of hockey equipment for sale.

Place your Academy kit orders with Sarah Marsh by Sunday 20th September for orders to be delivered by the end of October.

Take a look at the full range on line at: www.silverfx.info/acatalog/timperley-hockey-club.html#

Purchasing Club kit is not compulsory, however we do encourage all players in Year 7 and above to purchase a playing shirt and have a squad number allocated.

Mouth guard

Mouth guards are strongly recommended for all players. You can buy relatively cheap DIY ones from sports

shops or custom fitted type available from Dentists.

We have arranged a local dentist to come to the Club and take impressions for custom fit mouth guards on Sunday 7th September from 10.00am – 12.30pm. There are a full range of colours and design options at competitive prices.

Head Coach

Duncan Rudge, an EH Level 3 coach, has joined us as Head Coach and brings a wide range of experience of developing young hockey players in the England Hockey Single System.

Sophie Robinson has taken up the role as a Greater Manchester Girls JAC coach this season, and we wish her well in this next stage in her coaching career. Sophie has made a fantastic contribution to the Academy over recent years and we thank her for all her work and dedication.

As well as welcoming many of our coaching team back we've also a number of new coaches joining us this season.

Main Coaching Groups

We have made a number of small changes to the way we organise coaching groups. Each coaching group will be split based on player ability rather than just on age. These coaching groups will focus on player development, not specific teams, as players may be eligible to play for a number of teams. The changes also reflect the need to create the best coaching environment to manage 200+ young players and pitch time/space.

Coaching will be organised as follows:

Cubs – from aged 5 / entry group

Under 10's (up to School year 5)

Under 12's (School years 6 – 7)

Under 14's (School years 8 – 9)

Under 16's (School year's 10 – 11)

During September Duncan Rudge will be completing player assessments to split players into sub groups based on ability.

Players will be given a self adhesive number to wear on their shirt during September so that Duncan and the coaches can assess players and allocate them to coaching groups. Duncan will be monitoring how players and groups are working and re-assess players during the season. Our priority remains to improve the hockey skills for all player's.

Coaching times

Sunday's (all ages, except under 16's)

Players to arrive from 10.50am to sign in at the administration desk. Please arrive promptly so sessions to start on time.

Please note that players involved in mini Timperley Tournament's, GMJHL, or other matches on a Sunday should not come training as well.

Cubs: (from age 5) 11.00 – 12noon

Under 10's 11.00 – 12.30

Under 12's 11.00 – 12.30

Under 14's 11.00 – 12.30

Sessions do not include a planned break. Players must bring a water bottle to have pitch side. Coaches may decide to have a short break depending on the weather.

Monday's (green pitch)

Starting on Monday 8th September

The main Academy mid-week training has moved to a Monday to be able to accommodate the number of players in each age group and to provide more pitch space as well as due to changes in senior training.

Under 14 (sch years 8 – 9) 18.30 -20.00

Under 16 (sch years 10 -11) 18:30 – 20:00

Players will be split by ability.

Year 7's will train on Sundays and they will still have the opportunity to play Beavers, Under 12's and 13's teams.

High Performance Groups

We are also initially introducing two coaching groups for 13 – 16 year old boys and girls – High Performance Groups (HPG's). Following assessment players will be invited to join these groups. Duncan Rudge will run these sessions and they will support the transition to senior hockey and player development.

Tuesdays (blue pitch)

Girls (13 – 16 years old) 18.00 – 18.50

Boys (13 – 16 years old) 19.00 – 19.50

This is a new initiative that builds on our overall coaching framework and will not shift focus away for our main coaching sessions. Duncan will also be working with all ages groups/ability groups on Sunday's, Mondays and Tuesday's.

We will be looking to review how we can potentially extend this approach for younger age groups later in the season, once the other changes have bedded in.

Senior training

Some Academy players may be invited to attend senior men's or ladies training sessions held on Tuesday / Wednesdays.

The decision for a player to progress to senior hockey training takes into account a number of factors and these factors will be discussed with both parents and players to support the transition.

Teams and matches

We try to offer a full range of opportunities for all players to play in matches and tournaments, both for development and at a competitive level in National competitions.

As players get older they can fall into a number of team based age groups. In some cases these differ from our coaching groups.

Team managers and coaches will be working hard to ensure players get opportunities to play in the most appropriate team for their development. We have over 16 different teams so this is a major logistical exercise and we have just introduced a new Saturday team 'Vixens' for girls aimed at girls in years 7, 8 and 9.

The opportunities to play in matches / teams include:

Mini Tournaments held at Timperley once a month from October for:

- Under 10's (up to school year 5)
- Under 12's (up to school year 7)

Greater Manchester Junior Hockey League (aka Belle Vue!)

Held monthly for:

- under 11's (up to year 6)
- under 13's (up to year 8)
- and under 15 (up to year 10).

England Hockey competitions

EH Under 14 and 16 boys and girls championships start in September with regional league games.

Under 10's and 12's enter the EH minis Cheshire tournament in March / April

Badgers, Beavers and Vixens

Playing on a Saturday afternoon, with some Vixens (girls) games on Sunday. Beaver and Badgers are mixed but usually play against all boys teams.

This year the sides will be coached by:

Badgers: Matt Curnow

Beavers: Andrew Foster & Ruth Maddocks .

For the latest fixtures information for all teams go to:

<http://w.fixtureslive.com/club/830/team/s/Timperley>

Volunteers

We couldn't run any of our teams or coaching without the help and commitment of our dedicated band of volunteers. Any help is greatly appreciated and we are always looking for parents to join the team.

However limited the time you have available every little really counts ! Whether it's helping with transport to games, selling cakes or helping with team administration or taking on one of our committee roles everyone is welcome!

The most important role all parents can help with is to support your child and attend as many matches and tournaments as possible.

We are restructuring how we organise our committee and are setting up a number of smaller sub groups in order to breakdown and share out the roles and activities across a wider group of volunteers.

We are actively looking for new parent managers for teams, volunteers to work on our communications, on social events, with tournament administration, right down to volunteering a few hours a month to help us do the register at training sessions.

Please talk to one of the team or email thc.academy@btinternet.com if you

would like to find out more or would like to help.

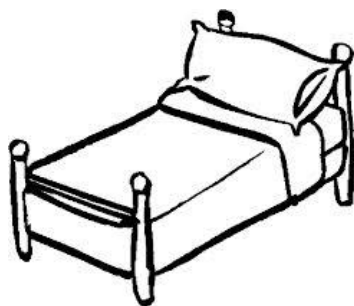
We would like to take this opportunity to thank all our 2013 – 14 season volunteers who contributed over 3000 hours of volunteer time to create our hockey community at Timperley.

Can you help ?

If any parents, family or friends can help us we are looking for ...



Duncan will be introducing using video as part of our coaching and player development. We are looking for a wall mounted flat screen TV to use the committee room from small group sessions. If you can help please let us know. Ideally 32 inch screen or smaller. Used will be fine as long as it works!



Jesse our South African player returns to the UK next week. He has now passed his Level 1 coaching and will be working with the Academy on Sunday's and Monday's and playing for the Men's 1st XI. He's 19 and taking a gap year and arrives in the UK next week. The Club are looking for (and will make a contribution to costs) short term accommodation for him for 3 - 4 weeks if you know of anyone locally with a spare room who may be able to help and please contact thc.academy@btinternet.com

ACADEMY FEES 2013 – 14

Academy Fees vary by age group and have increased by a small amount to cover additional costs.

In additional players in year 3 and above are required to join Timperley Sports Club (TSC) as a junior member and this covers all sports played at the club (lacrosse and cricket).

As a Community Amateur Sports Club TSC now treat the TSC Junior subscription as a voluntary donation. This donation is eligible for Gift Aid and we encourage all parents to sign up to Gift Aid which will give financial benefit to sports development at TSC.

The Academy operates from September until mid-May and our fees remain competitive compared to other local clubs. We also offer the best on site facilities of any local club.

We also offer a discount to families with 2 or more children of £5 discount for the second and subsequent children.

Please make cheques payable to: **TIMPERLEY HOCKEY ACADEMY** and write your child's names and DOB on the back of the cheque. Online payments can also be accepted please ask for details

Reception to year 2 : **£50 or £4 per session**

Year 3– 6: £105 (£50 academy fee & £55 TSC membership donation)

Year 7 – 11: £115 (£60 academy fee & £55 TSC membership donation)

Academy match fee for all matches / tournaments (except mini Timperley Tournaments which are free) remain at **£3**, significantly lower than other clubs

ACADEMY FEES MUST BE PAID BY 30th SEPTEMBER

All under 16's (up to year 11) need to register and pay the academy even if playing senior hockey.

