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## Academy Parent and Player Handbook 2017-2018

Welcome to Timperley Hockey Club's Academy. As one of the North West's premier hockey clubs we are immensely proud to have over 200 young people training and playing regularly within our Academy set up. Please take your time to peruse our handbook which contains all the information needed to become an active member of our successful Academy and Sports Club.

We trust you will find all you need within these pages to make the season as enjoyable as possible for players, coaches, umpires, supporters and volunteers. We hope you will gain an insight into how we function, what you can expect from us, and what we expect of our members. (Further information can be accessed via our website [www.timperleyhockeyclub.com](http://www.timperleyhockeyclub.com)).



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## The Academy Team

The Academy is a key element of the Club's main Hockey section, part of Timperley Sports Club, a large and thriving community amateur sports club. In order to ensure the smooth running of the academy on a weekly basis there are a number of key roles and people responsible for these, as outlined below.

Role	Person Responsible
Head Coach	Albert Marcano
Academy Administrator	Nisha Sathi
Academy Development	Sarah Chancellor
Parent Manager Co-ordinator	Sarah Manson
Kit	Nisha Sathi/Steph Ashworth
Child Welfare Officer	Steph Ashworth

## Our principles whilst looking after your child

As a club we are accredited by England Hockey under the Club's First/Club Mark Scheme. This sets out the best practice and standards for hockey clubs in England. We are governed by the rules, policies, procedures and guidance they set out for clubs. Please refer to [www.Englandhockey.co.uk](http://www.Englandhockey.co.uk) for further information, or alternatively visit our club website [www.timperleyhockeyclub.com](http://www.timperleyhockeyclub.com) which contains further information/links regarding safeguarding as well as other information pertaining to current roles/responsibilities, fixtures and social events. Feel free to login and see!



Timperley Hockey Club has adopted England Hockey's Safeguarding and Protecting Young People policy to ensure that the welfare and safety of young people in the care of THC is always the primary consideration.

**Our policies are based on the following three principles:**

- 1 A child's welfare is of paramount importance.
- 2 A child, regardless of age, ability, gender, racial origin, religious belief and sexual orientation has a right to be protected from abuse.
- 3 The rights, dignity and worth of a child should always be respected.

**Timperley Hockey Academy believes:**

- That the safety and welfare of children should always be of paramount importance, whatever the circumstances.
  - That everyone with a role in working with children has a moral responsibility to safeguard and promote a child's welfare particularly when it comes to protecting children from abuse.
  - That special care is needed in dealing with children whose age, inexperience or physical state makes them particularly vulnerable to abuse.
  - It is committed to providing an environment where children can learn about, participate in and enjoy hockey free from harassment or abuse.
- ❖ Like most clubs we are run by volunteers who give up many hours a week to the delivery of hockey at THC.

## Contact with parents and players

We aim to send out regular communication to parents and players by email. This contains information about training, social events and matches as well as match reports and other Club events and activities. Please ensure the Club has your relevant and most up-to-date contact information. The easiest way to stay in touch is via our website. There is a range of information online so we encourage all parents to login and register to our site. In addition to the website you may wish to follow us on Twitter [@TimperleyHockey](https://twitter.com/TimperleyHockey)

To aid with the management of teams and selection the whole club will be using Pitchero ([www.pitchero.com](http://www.pitchero.com)). This is a change from previous seasons. This service allows us to select players and send out the relevant information via email with regard to details for fixtures. As with all modes of communication it only works if used by all involved, so **please ensure you respond to Pitchero requests asap and at the latest by the Wednesday before the fixture as your place may be offered to someone else**. Pitchero is a free app based service. If unsure of how to use Pitchero please ask at the registration desk.

## Training Sessions

All training sessions are held at Timperley Sports Club astro-turf pitches. During the Sunday sessions, children attend training that is appropriate for their age group/ability. Training sessions, apart from teaching hockey, are used to assess your child's skill level and all-round ability, usually in preparation for involvement in a team. Therefore we are looking for commitment, willingness to learn, concentration and any other positive attributes your child may have and the team requires.

The Academy works closely with the senior sections to review and assess player development and to transition juniors to the senior teams. A range of factors are considered as part of this process and parents should discuss these with coaches if they wish to understand the approach taken.



Day	Age Group	Time
SUNDAY	Age 5 -7 (Up to Year 2)	11:00 -12:00
	Age 8 -14 (Year 3 to Year 9)	11:00-12:30
	Beavers Squad Training	11:00-12:30
TUESDAY	U16 Boys and Girls (Year 10 - Year 11)	17:45-19:00
	Badgers Squad Training	
	Academy Development Groups (on rotation with different Academy groups being invited)	19:00-20:00
	Club Senior Training (Academy players by invite)	19:00-20:15
TUESDAY	Goalkeeper Academy (every 3 weeks)	19:00-20:00

### Coaching Groups

GREEN PITCH	SUNDAYS
Group	Overview
“Cubs” Age 5 -7 (up to Year 2)	Entry level for those new to hockey. A parent/adult must stay on the pitch with the child during training
“Otters” Ages 7-11 (Year 3-6)	Building on the basics for players that have progressed from Cubs. Entry level for those new to hockey at this age
Goalkeepers	Specific goalkeeper training focused on basics. Integrated into small-sided games and shooting drills with outfield players.
BLUE PITCH	SUNDAYS
Group	Overview

U12/U14 (Year 7 - 9)  
Beavers and Vixens

Consolidation of core skills, continued development of these with greater competence and confidence during game-play. A greater emphasis on game play and the transition from 7-a-side to 11-a-side hockey.

#### BLUE PITCH

#### TUESDAYS

Group

Overview

U14 & U16 (Year 9 - 11)  
Badgers

At this stage a greater emphasis is placed on the tactics and game play for full-sided games. Again continued development and confidence of core skills during game-play.

#### BLUE PITCH

#### TUESDAYS

Goalkeepers

Specific Goalkeeper training and drills. (Every three weeks see schedule for rotations)

### Academy Teams

We run a large number of teams to give all players the opportunity to develop playing in matches from fun introductory mini tournaments with other clubs through to regional and national competitions. England Hockey recommend using the 7-a-side format (half pitch) to develop younger players and core skills, prior to the transition to 11-a-side on a full pitch. We recognise that young players develop at different paces and have differing needs so we try to use the variety of teams and formats to help all players develop.

Team	U10	U11	U12	U13	U14	U15	U16	Beavers	Badgers	Vixens *	Senior Teams
	SUNDAYS					TUESDAYS		SATURDAYS			
YEAR 4											
YEAR 5											
YEAR 6											
YEAR 7											
YEAR 8											
YEAR 9											
YEAR 10											
YEAR 11											

\* Vixens is a girls only team and play their fixtures on Sundays dependent on other fixtures and pitch availability.



Beavers/Badgers are mixed gender, mixed ability teams playing full pitch 11-a-side hockey. These teams have regular friendly Saturday fixtures alongside the Senior league fixtures. Details of all fixtures can be located via [www.fixtureslive.com](http://www.fixtureslive.com) or via the Club website and following links to THC Team fixtures.

## Coaches and Managers

**We have a dedicated team of volunteer coaches made up primarily of current players and parents.** They are lead by our Head Coach Albert Marcano (Level 3), who is employed by the hockey section. Almost all of our coaches have or are working towards England Hockey accredited qualifications. Timperley is committed to delivering high quality, fun and enjoyable sessions for all. With that in mind we offer Young Leaders the opportunity to gain experience coaching, umpiring and officiating for junior teams. We also embark on coaching workshops/ development sessions to ensure our coaches are utilising the most up-to-date methods. Parents are encouraged to get involved in the coaching on Sundays and will be supported by Albert and the team of coaches. If you are interested please speak to Sarah Chancellor.

## Signing In

**All young players must sign in, as proof of attendance, and will be issued with a sticker, at the registration table in the club entrance before entering the playing area. Registration commences from 10.45am (we aim to start training promptly by 11:00am).** They must show the sticker to their coach once on the pitch as proof of registration. At the end of training, children are expected to help collect equipment and leave the pitch as soon as possible. Parents/Guardians who do not remain at the club are asked to collect players promptly. We do play in most conditions, however, we will cancel the session if the pitch is frozen or we feel that the conditions could potentially expose the players to undue risk. Parents should not leave children at the club until they have confirmed with a coach that training is going ahead. In the midst of winter please ensure your child is suitably dressed (i.e. such that they can remove layers if they get warm. Children who get cold become disinterested and are unable to participate fully. **Should we need to cancel training due to adverse weather conditions we will endeavour to post updates via the website and Twitter asap.**

### Dropping-off Players

- Please use the parking area nearest to Stockport Road to drop players off use pavement to access the club
- Please do not drop players by the Astro-Turf pitches; this tends to cause congestion and can be dangerous
- Exit club via Stockport Road entrance

### Parking and staying at club

- Please use the parking area nearest to Stockport Road -If this is full please drive up the top car park nearest Wood Lane and the golf course
- Emergency access to the pitches is needed at all times. **Please do not obstruct in any instance.**
- Parents are welcome to use the clubhouse and facilities during training. There is free Wifi and hot and cold beverages and food.

### Collecting players

- We recommend parents arriving to collect players, to park in the Stockport Road car park. This will ease traffic flow.
- Parents/carers can then walk up to collect their child/children which means that if coaches have any information for parents they can hear it/collect it
- If parents are late for any reason, players should wait in the clubhouse

### Tournaments and busy days

- On these days we try and operate a one way traffic system whereby traffic can enter via the Stockport road entrance and leave by the 'temporary' Wood Lane entrance. Volunteers to help manage the flow of traffic/drop off/ collection will be essential at peak times like these.
- This season we will host coffee mornings to share information and get parents together.

## Match Details

As all of our team managers and coaches are volunteers who give a considerable amount of personal time to the running of the Academy please support them and make it as easy as possible for them to get teams organised by checking your e-mail on a regular basis and respond promptly to confirm availability. It is much more efficient for everyone if players and parents can support the method of contact preferred by coaches/managers. If for any reason a player becomes unavailable to play please ensure you contact the manager/coach by phone ASAP as players not showing up or late notification impacts on the whole team.

## Accidents

Coaches plan all sessions to be as safe as possible, however due to the nature of the game, and the playing surface, accidents can and do occur. Timperley Sports Club has an established first aid assessment procedure and accident reporting system. We will always inform you of any first aid incident involving your child and the actions that we may have taken. All accidents must be recorded in the file held behind the bar.

A defibrillator is located behind the bar. Bar staff are fully trained for it's use.

Ice packs are located in the freezer. This is located in the main bar area behind the kit partition.

All sports are undertaken at the participants own risk. Please consult the TSC/THC Membership form and the website for more details.





## Kit Detail

For training you should wear a suitable shirt and track suit bottoms, shorts or a skirt/skort. You should also bring a warm sweatshirt and wet weather gear for colder days. Footwear should be appropriate for astro-turf, studs or football boots **must not** be worn. You **must wear** shin pads, long socks and a gum shield for training and matches. Our kit supplier is SilverFx, also provide kit to the senior teams. For matches, the kit is a Timperley Academy Shirt, black shorts for boys, royal blue skorts for girls, and royal blue /THC socks. Shirts may be borrowed from the team manager or coach on match days. All players Year 6 and above are encouraged to buy a new shirt for matches. Players should also bring a named water bottle for training and matches. All items of personal kit must be named.

Club kit can be ordered throughout the year, see the club website for details, or go direct to [www.silverfx.co.uk](http://www.silverfx.co.uk) and go to the club pages. Nisha and Steph who are at training most Sunday mornings can also advise on kit. Sticks can also be borrowed. Hockey items can be purchased from Silverfx or other specialist local hockey suppliers including: Barrington Sports, Parkgate Industrial Estate, Knutsford WA16 8XJ [www.barringtonsports.com](http://www.barringtonsports.com) or Sports Direct and Decathlon.



**SILVERFX** supply sportswear to  
Timperley Hockey Club

Tel: 01432 355231 Email: [sales@silverfx.info](mailto:sales@silverfx.info) Fax: 01432 355478



## Subscription and Fees

### Membership of Timperley Sports Club

All Academy members are required to join Timperley Sports Club, irrespective of when during the season they join the Academy. The only exception is for Under 7s, as set out below. This element of the fee covers the use of the clubhouse, pitches and a contribution to the general upkeep of the Club etc. If Academy members are also members of the TSC Cricket section and have already paid their TSC membership, then these members need only pay the Academy training fees. All hockey players under the age of 16 as at 1 October that year are required to be registered with the Academy in order to comply with the provisions of the Clubmark/Child protection policies adopted by the Club and to pay the Club membership.

**Payment of fees** All fees are payable on the registration day at the start of September. Additional payment plans can be considered, please speak to the Academy Co-ordinator Woody to discuss. Payment to be made by cash or cheque. Cheques made payable to 'Timperley Men's Hockey'

### Academy Fees

There are two parts to the fees payable on behalf of academy members. The first element is the membership fee to join Timperley Sports Club as already noted above; the second element is a contribution towards the costs of running the academy programme for the season (entry to tournaments, match teas, equipment etc).

**Current Fees** From Reception-Year 2 there is a one off training fee of £55. There is no club membership fee for this age group. From School year 3 all players need to pay the £60 Timperley Sports Club membership fee plus a training fee as follows:

School Year 3 - 6 £55 (total £115)

School Year 7 - 11 £65 (total £125)

Family discount of £5 for second and subsequent children.

**Trial sessions** New members are welcome to attend 2 free "taster" sessions, before they decide to join the Academy/Club.

**Match fees** £3 per match for all academy matches and tournaments. £5 match fees for juniors playing in senior games. Match fees will be collected by team managers/captains and help contribute to the cost of match teas, league fees, umpire fees, tournament entry fees, pitch hire etc.

### Academy Players playing exclusively in our Senior sections

These players must register with the Academy for child protection purposes and to satisfy our obligations under Club Mark.

## Code of Conduct

The aim of Timperley HC's academy is to promote healthy participation in sport. It is hoped that everyone will play to the best of their ability and that teams are successful.

However, we believe that it is more important to enjoy sport and play fairly. The following Code of Conduct and Rules have been written to uphold the aims of THC and to help and protect all junior players, coaches, umpires, managers, spectators and parents involved in the playing of hockey regardless of whether it is in league games, friendly matches, or training sessions.

The Club believes that it is important that its members, coaches, managers, umpires, administrators, general volunteers and parents associated with the club should, at all times, show respect, be encouraged to be open and to share any concerns or complaints about any aspect of the club with the coach or the appropriate committee member.

Each individual is accountable for his or her own actions. Whether you are playing, watching, coaching or umpiring any match, it is your personal responsibility to treat your own team, opposition players, coaches, spectators and the umpires with respect and consideration before, during and after the match.

**As a member of Timperley Hockey Academy you are expected to comply with the following junior code of conduct and rules.**

- Compete for enjoyment.
- Do your best.
- Show positive sporting behaviour
- Play within the rules at all times
- Respect colleagues, coaches, managers, opponents and the decisions of officials.
- Keep to agreed timings for training and competitions or inform your coach or team manager if you are going to be late
- Wear suitable kit (including shin pads and gum shields) for training and match sessions, as agreed with the coach/team manager.
- Pay any fees for training or events promptly.
- Junior members are not allowed to smoke on club premises or whilst representing the club at competitions.
- Junior members are not allowed to consume alcohol or drugs of any kind on the club premises or whilst representing the club.



## Code of Conduct for Parents/Guardians and Spectators

Timperley HC encourages parents/guardians/spectators to take an active interest in their child's development within hockey and ask that every parent/guardian/spectator observe the following:

- Encourage your child to learn the rules and play within them
- Discourage unfair play and arguing with officials or players
- Help your child to recognise good performance and players, not just results
- Never force your child to take part in sport
- Set a good example by recognising fair play and applauding the good performances of all
- Never punish or belittle a child for losing or making mistakes
- Publicly accept officials' judgements
- Support your child's involvement and help them to understand that the enjoyment of sport and fair play are more important than winning
- Use correct and proper language at all times

## Data Protection

Information on young players is collected via registration, consent forms and online systems such as the website and Pitchero. It is then collated on a database which is shared with the Academy Team, coaches and team managers. The leader of each coaching session has a register which contains all relevant medical information and is accessible to all representatives of THC at the session or match. Extracts of the database are provided to team managers and coaches. Coaches and representatives of THC who have access to this information treat this information sensitively.



## Keeping You Safe!

*You have rights - Sport should be fun. You should feel safe and enjoy your sport. You can't do this if you feel unhappy - if someone is bullying or abusing you.*

### To keep safe, always:

- ❖ Tell someone you trust, so they can help you
- ❖ Trust your instincts about the people you meet
- ❖ Avoid being alone or with just one other person
- ❖ Carry a mobile phone, phone card or change.
- ❖ Travel with a friend, avoid travelling in someone else's car by yourself
- ❖ Avoid going to other people's homes by yourself

### Something is wrong if someone:

- ❖ Constantly teases you, shouts at you or calls you names
- ❖ Threatens, hits, kicks or punches you
- ❖ Damages or steals your belongings
- ❖ Touches you or does anything that makes you feel uncomfortable
- ❖ Makes suggestive remarks or tries to pressurise you into sexual activity
- ❖ Does anything that makes you feel lonely, upset, worried, unsafe, hurt or embarrassed?
- ❖ If any of the above happens to you, do not wait for it to happen again, act immediately. If you are being bullied or abused, it is not your fault.

**If you have concerns please address them to Timperley HC's Child Welfare Officers: Steph Ashworth details 07786 868474 [steph.s.ashworth@gmail.com](mailto:steph.s.ashworth@gmail.com) or alternatively speak to Childline 0800 1111 or the**



@TimperleyHockey

@Timperleysports



## Timperley Academy Fixtures 2017-2018

	U10 (Y5)	U11 (Y6)	U12 (Y7)	U13 (Y8)	U14 (Y9)	U15 (Y10)	U16 (Y11)
Sun 24th Sept	5 THC fixtures		End of Seas				
Sun 1st Oct	and End of Seas		tourn TBC			GMJHL U15	
Sun 8th Oct	tourn TBC			GMJHL U13			
Sun 15th Oct		GMJHL U11			EH T2 Cup U14		EH T2 Cup U16
Sun 22nd Oct	Half Term						
Sun 29th Oct	Half Term						
Sun 5th Nov		GMJHL U11			EH T2 Cup U14		EH T2 Cup U16
Sun 12th Nov				GMJHL U13			
Sun 19th Nov		GMJHL U11			EH T2 Cup U14		EH T2 Cup U16
Sun 26th Nov						GMJHL U15	
Sun 3rd Dec				GMJHL U13			
Sun 10th Dec						GMJHL U15	
Sun 17th Dec							
Xmas Break							
Sun 7th Jan							
Sun 14th Jan				GMJHL U13			
Sun 21st Jan						GMJHL U15	
Sun 28th Jan							
Sun 4th Feb		GMJHL U11			EH T2 Cup U14		EH T2 Cup U16
Sun 11th Feb	Half Term						
Sun 18th Feb	Half Term				EH T2 Cup U14		EH T2 Cup U16



Sun 25th Feb	EH in2 U10 Cou		EH in2 U12 Cou	GMJHL U13			
Sun 4th Mar						GMJHL U15	
Sun 11th Mar	EH in2 U10 Cou	Reserve GMJHL	EH in2 U12 Cou	Reserve GMJHL		Reserve GMJHL	EH T2 Cup U16
Sun 18th Mar		GMJHL U11					
Sun 25th Mar		Reserve GMJHL		Reserve GMJHL	EH T2 Cup U14	Reserve GMJHL	
Sun 1st Apr	Easter Weekend						
Sun 8th Apr							EH T2 Cup U16 (Area)
Sun 15th Apr	EH in2 U10 Reg						
Sun 22nd Apr							
Sun 29th Apr			EH in2 U12 Reg				
Sun 6th May	EH in2 U10 Reg						
Sat 12th May Sun 13th May			EH in2 U12 (12th) Nat		EH T2 Cup U14 (Area)		

**Key:**

GMJHL - Greater Manchester Junior Hockey League - 7 a-side

EH in2 - England Hockey In2hockey (minis) - 7 a-side

EH T2 Cup - England Hockey Tier 2 competition - 11 a-side

COU - County Round, REG - Regional Round, NAT - National Round

There will be 5 U10 mini fixtures, once a month TBC, held at Timperley HC

Fixtures are for both boys and girls, unless otherwise specified by (B/G)

## Beavers and Badgers Fixtures 2017-2018

Date	Beavers			Badgers		
	Opposition	H/A	Time	Opposition	H/A	Time
09-Sep-17	Northop Hall	(H)	16:30	Formby	(H)	12:10
16-Sep-17	Sandbach	(A)		Lymm	(A)	
23-Sep-17	Blackpool / Lytham	(H)	13:40	Macclesfield	(H)	16:30
30-Sep-17	Alderley Edge B	(A)		Neston South Wirral	(A)	
07-Oct-17	Bowdon B	(H)	16:30	Oxton	(H)	13:40
14-Oct-17	Brooklands B	(A)		Sandbach	(A)	
21-Oct-17	Chester B	(H)		Deeside B	(A)	
28-Oct-17	Winnington Park	(A)		Triton	(H)	
04-Nov-17	City of Preston	(H)		Wilmslow	(A)	
11-Nov-17	Alderley Edge C	(A)		Winnington Park	(H)	
18-Nov-17	Chester C	(H)		Northrop Hall	(A)	
25-Nov-17	Sandbach B	(A)		Alderley Edge	(A)	
02-Dec-17	Deeside A	(A)		Bolton	(H)	
09-Dec-17	Alderley Edge A	(H)		Bowdon	(A)	
16-Dec-17	Bowdon A	(A)		Brooklands	(H)	
06-Jan-18	Brooklands A	(H)		Chester	(A)	
13-Jan-18	Chester A	(A)		Deeside A	(H)	
20-Jan-18	Bolton	(H)		Formby	(A)	
27-Jan-18	Formby	(A)		Lymm	(H)	
03-Feb-18	Lymm	(H)		Macclesfield	(A)	
10-Feb-18	Macclesfield	(A)		Neston South Wirral	(H)	
17-Feb-18	Neston South Wirral	(H)		Oxton	(A)	
24-Feb-18	Oxton	(A)		Sandbach	(H)	
03-Mar-18	Preston A	(H)	15:10	Deeside B	(H)	16:30
10-Mar-18	Southport	(A)		Triton	(A)	
17-Mar-18	No Game	(A)		Wilmslow	(H)	
24-Mar-18	Triton	(H)		Winnington Park	(A)	