Care of Young People



England Hockey acknowledges that good practice when dealing with young people is essential.

All people caring for young people are expected to adhere to the following guidelines.

- Always be publicly open when working with young people. Ensure that whenever possible there is more than one adult present during activities with young people, or at least that you are in sight or hearing of others.
- Manual support is rarely required in the sport of hockey. If an adult feels that it is necessary the reasons should be clearly explained to the young person, and if possible the parents/carers, and their consent gained. Be aware that any physical contact with a young person may be misinterpreted.
- ▶ Where possible, parents should be responsible for their own child in the changing rooms.
- ► Treat all young people with respect.
- Provide an example of good conduct you wish others to follow.
- Respect a young person's right to personal privacy/encourage young people and adults to feel comfortable and caring enough to point out attitudes or behaviour that they do not like
- ► Remember that someone else might misinterpret your actions, no matter how well intentioned.
- ► Challenge unacceptable behaviour and report all allegations/ suspicions of abuse.

All people caring for young people should never, except in emergency:

- spend excessive amounts of time alone with young people away from others
- ► take young people alone on car journeys, however short
- ▶ take young people to your home where they will be alone with you.

If cases arise where these situations are unavoidable, they should occur only with the full knowledge and consent of the young person's parents. Where someone has had to act outside England Hockey's guidance in an emergency, this should be reported to your Welfare Officer.

You should never:

- engage in rough, physical or sexually provocative games
- ▶ allow or engage in any inappropriate physical or verbal contact with young people
- allow young people to use inappropriate language unchallenged
- make sexually suggestive comments to a young person, even in fun
- allow allegations of a young person to go unchallenged, unrecorded or not acted upon
- ▶ do things of a personal nature for young people that they can do for themselves
- invite or allow young people to stay with you at your home unsupervised

- allow bullying or bad behaviour by young people
- allow yourself to be drawn into inappropriate attention-seeking behaviour or make suggestive or derogatory remarks or gestures in front of young people
- ▶ jump to conclusions about others without checking facts
- either exaggerate or trivialise child abuse issues
- ► show favouritism to any individual
- believe 'it could never happen to me'

You should give guidance and support to inexperienced helpers.

If you accidentally hurt a young person, the young person seems distressed in any manner, appears to be sexually aroused by your actions, or misunderstands or misinterprets something you have done, report any such incident as soon as possible to another colleague and make a brief note of it. Parents or guardians should be informed of the incident.

It is strongly recommended that you do not work completely alone with groups of young people. Enlist the support of others – assistants, parents/carers.

Positions of trust

All adults who work with young people in hockey are in a position of trust which has been invested in them by parents, the sport and the young person. This relationship can be described as one in which the adult is in a position of power and influence by virtue of their position.

Within hockey most adults in a position of trust recognise that there are certain boundaries in their relationship with a young person that must not be crossed in terms of the relationship with the young player. The relationship, in essence, is no different to that between a school teacher and the pupils in their care. Adults must not encourage a physical or emotionally dependant relationship to develop between the person in a position of trust and the young person in their care.

All those within the club have a duty to raise concerns about the behaviour of coaches, officials, volunteers, administrators and professional staff which may be harmful to the young people in their care, without prejudice to their own position.

