

# Changing



## The following guidelines should be adhered to:

- ▶ players aged 10 and under must be supervised at all times in changing rooms by two members of staff, of the same gender as the players
- ▶ adults working with young teams, including volunteers, coaches, umpires or staff, should not change or shower at the same time when using the same facility as young players
- ▶ mixed gender teams must have access to separate male and female changing rooms
- ▶ if young players play for adult teams, they and their parents must be informed of the club's policy on changing arrangements
- ▶ young people are uncomfortable changing or showering in public, no pressure should be placed on them to do so. Encourage them to do this at home
- ▶ if your club has disabled players, involve them and their carers in deciding how, if applicable, they wish to be assisted to change and ensure they provide full consent to any support or assistance required
- ▶ if adults and young people need to share a changing facility, the club must have consent from the parents that their child/children can share a changing room with adults in the club
- ▶ if young people need to share changing facilities with adults, their parents should be allowed to supervise them whilst they are changing

Photograph: [www.hockeyweb.co.uk](http://www.hockeyweb.co.uk)

