



# **AFC Sudbury Walking Football**

**Every Monday 6pm -7pm**

**Every Tuesday 2pm-3pm**

**Every Friday 2pm - 3pm**

**FIRST SESSION FREE**

**Why not try a slower paced version of the  
beautiful game**

**Are you over 45 and love football? All the  
rules are the same but players can only  
walk**

**No need to book just turn up and play**

**For more information contact Craig on  
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