

1999

Thurlow Nunn

EASTERN COUNTIES FOOTBALL LEAGU

League

OFFICIAL MATCHDAY PROGRAMME

Зрм Saturday 14th December 2019 vs Kings Lynn Town FC Reserves Thurlow Nunn Divison 1N

2019

ANDE

WHO ARE WE ?

AFC (Amalgamated Football Club) Sudbury was formed on Tuesday 1st June 1999 from the amalgamation of Sudbury Town (founded 1885) and Sudbury Wanderers (founded 1958) making it then the newest senior club in East Anglia.

The first ever game was played at The Priory Stadium (the previous home of Town) on 17th July 1999 against a full Colchester United side in the Harwich Charity Cup Centenary Shield Semi-Final, and saw a 2-4 defeat after extra time in front of 397 spectators.

The club now plays at King's Marsh, Brundon Lane, Sudbury, which

Wanderers purchased in 1972 and were previously water meadows, from which two pitches and a training area were created. The clubhouse was opened in 1985 and the dressing rooms in 1991. Floodlights were added in 1992 and the following year a 200-seat



stand was built in addition to the two areas behind the goals being covered. In 2000 a new stand, 'The Shed', was opened and caters for 300 standing fans. In 2016 seating was added into The Shed stand as well.

AFC Sudbury's Academy was launched in 2015/16 and has very quickly become one of the best academy's in the region with numerous silverware in the trophy cabinet and players now studying in USA and playing professional football. AFC Sudbury Girls Academy was launched in 2019 and has proved an immensely popular option for girls interested in studying and playing sport post sixteen.

The AFC Sudbury Women's team has a rich and colourful history, the latest chapter of which begun in late 2018 following a restructure. Now under new leadership and guidance, the future of women's football in Suffolk looks very exciting at AFC Sudbury.



First Team

Ryman North Champions: 2015/16

Eastern Counties League Premier Division Champions: 2000/01, 2001/02, 2002/03, 2003/04, 2004/05

Eastern Counties League Cup Winners: 2005/06

Suffolk Premier Cup Winners: 2001/02, 2002/03, 2003/04 (Finalists 2000/01)

FA Cup First Round Proper: 2000/01

F A Challenge Vase Finalists: 2002/03, 2003/04, 2004/05 (Semi-Finalists 2001/02)

FA Trophy Second Round Proper: 2016/17

FA Trophy First Round Proper: 2006/07, 2009/10, 2011/12 2013/14

Ryman League Division One North Play-Off Finalists: 2006/07 (Semi-Finalists 2007/08 and 2014/15)

Ryman League Cup Finalists: 2007/08, 2013/14

Academy

Suffolk U18 Midweek Cup Winners: 2015/16, 2016/17, 2017/18, 2018/19

Thurlow Nunn South League Winners: 2015/16, 2016/17, 2017/18, 2018/19

Thurlow Nunn Youth League Cup Winners: 2015/16, 2016/17

Thurlow Nunn Youth League Playoff Finalists: 2015/16

Thurlow Nunn Youth League Playoff Winners: 2016/17, 2017/18, 2018/19

Thurlow Nunn Youth League Cup Runners Up: 2017/18

AOC U19 Eastern Region College League Winners: 2017/18, 2018/19

Southwest Soccer Club Tournament Winners: 2017/18

ECFA National Knockout Trophy Finalists: 2018/19

Suffolk Primary Cup Winners: 2018/19

ESBL Tommy Thompson Cup Winners: 2018/19

ESBL Knockout Finalists: 2018/19

ESBL League Runners Up: 2018/19



Everyone at AFC Sudbury would like to welcome the players, officials and supporters of **Kings Lynn Town FC Reserves** to the Mel Group Stadium.

We hope you enjoy our hospitality and have a safe journey home. Players, officials and supporters please feel free to use our kitchen & bar area for all your refreshment needs.

We also extend a warm welcome to today's match officials:

John Hyde Adrian Arnot Jack Luckman

Enjoy the game!



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Official Government Test Environmental Data. Fuel consumption figures mpg (I/100km) and CO₂ emissions (g/km). Vauxhall range: Urban: 12.7 (22.3) - 74.3 (3.8), Extra-urban: 23.9 (11.8) - 91.1 (3.1), Combined: 18.0 (15.7) - 85.6 (3.3). CO₂ emissions: 373 - 88g/km. The official fuel consumption in mpg (I/100km) and CO₂ emissions (g/km) for the PEUGEOT range: Urban 34.9 - 80.7 (8.1 - 3.5), Extra Urban 53.3 - 104.6 (4.9 - 2.9), Combined 46.3 - 94.2 (6.1 - 3.0) and CO₃ 136 - 95 (g/km). Figures are achieved under official

EU test conditions, intended as a guide for comparative purposes only, and may not reflect actual on-the road driving conditions.

ACADEMY OVERVIEW

We are the only Football and Education Post 16 Scheme that provides the unique 'player performance pathway' where players are taught together, coached together and play together.

Every one of our coaches is also trained to degree level and therefore fulfills the role of coach and class teacher and instructor.

Our four Academy League Teams, AFC Sudbury Reserves, A, U19s and U18s only consist of players who are members of the Academy, we do not draw upon players who attend a different school or work or who plays for someone else. Similarly all our players only play for AFC Sudbury and no one else. We feel this is the only way to ensure your son develops alongside his peers and with the same coaches.

This may sound common but is unique in schemes such as this.

This unique program exposes our players to a high level of adult football from 16 years of age weekly in two leagues as well as regular age group football in our U18s and U19s. Because we do not balloon players in from outside the program a suitable volume of game time is available to maximise your two years with us.















AFC Sudbury Academy would like to thank the following partners:







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Sponsors



AFC Sudbury Academy Player Sponsors 2019/12 & 2020/21

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| ٢ | Finley Long | Sponsorship Available | | Sam Wright | Sponsorship Available | | |
| ٢ | Jack Palmer | Sponsorship Available | If you would like to become an Academy partner or explore different ways of getting involved with the | | | | |
| | Ted Penn | Mason Law Racing | AFC Sudbury Academy or any section of the club, please contact Gavin Peters via strikersltd@aol.com | | | | |
| ۲ | Shane Temple | Sponsorship Available | or speak to a member of staff. Sponsorship of an AFC Sudbury Academy Player for their two-year academy program is available for only £50.00 . | | | | |

IN THE C

AFC SUDBURY FOOTBALL PARTY PACKAGES

CHAMPIONSHIP FOOTBALL PARTY

- £95 for 10 players
- AFC Sudburu 3G oitch/equipment hire
- Thr 30 mins of fun oames & malches
- FA qualified coach

PREMIERSHIP FOOTBALL PARTY

- -£125 for 10 plauers
- AFC Sudburu 30 oitch/equipment hire
- 2 hours of fun oames & malches
- Community Lounge hire (bring your own food)
- FA qualified coach



IST TEAM MATCHDAY FOOTBALL PARTY

- £175 for 10 players
- Includes 1 hr 30 mins Chamoionshio Parlu
- Birthdau cake
- All players are matchdau mascols
- Free entru for 1 parent per plauer





£10 per extra player - 10% off all bookings made 30 days in advance Add hot food for £4.50 per head - choose from sausage & chips. fish fingers & chips or pasta bake

T: 01787 376213 E: afcsudburu.filc@omail.com W: www.afcsudburu.co.uk S: @AFCSudburuFITC #improveuourskills

AFC SUDBURY

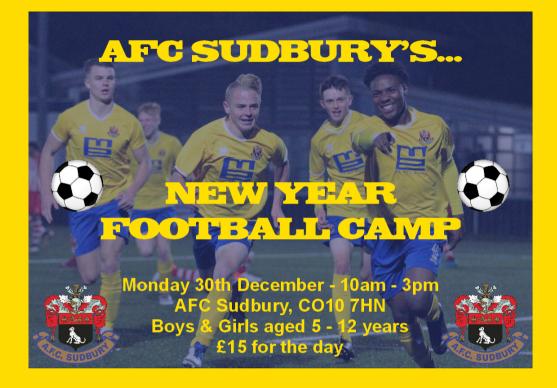
FOOTBALL DEVELOPMENT CENTRE

GOALKEEPER DEVELOPMENT CENTRE TUESDAYS JOIN SEP

4:30 - 5:30pm (U6-U12) 5:30 - 6:30pm (GKs 13+) £4 per session - GKs £5 AFC Sudburu 3G. CO IO 7HN

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OMMUNIT*y*



AFC Sudbury New Year Football Camp

Monday 30th December 2019

10am - 3pm

For boys & girls aged 5 - 12 years

Just £15 for the day

To book online visit: www.afcsudbury.co.uk



A 2-1 victory over Bowers and Pitsea FC booked AFC Sudbury U18s a trip to professional football club Bristol Rovers FC in the FA Youth Cup Second Round. Goals from Rauf Kabangu and 1st year player Jack Palmer saw off the gallant effort of the visiting EJA side who led at the break through a speculative effort following a counter attack.



AFC Sudbury proved to have too much firepower for the away side in the second half and travelled to Bristol on Tuesday 5th November for a 7pm kick off at the Memorial Stadium.

GIRLS ACADEMY NEWS

The AFC Sudbury Girls Academy traveled to St George's Park - the home of the England national teams - to take part in the national football youth league trophy. This was their first time taking part in this tournament and they performed very well, recording a loss, draw and victory in their games against national opposition.





In Focus: AFC Sudbury U16 EJA Coaches: Chris Smith & Matt Norman Games Played: 7 Points: 13 Goal Difference: 8 Postion in Table: 4th Last Fixture: 4-0 vs Needham Market (H) Next Fixture: 5th Jan vs Wroxham FC (H)





AFC Sudbury U11s are delighted with their new away kit, kindly sponsored by RDH Construction.



AFC Sudbury U11 (2019-20)

| Match | Date | Venue | Opponents | Ground | Post Code | |
|-------|------------|-------|--------------------|--|-----------|--|
| 1 | 08/09/2019 | н | Capel Plough | MEL Group Stadium, Brundon Lane, Sudbury | CO10 7HN | |
| 3 | 29/09/2019 | н | DAFA Youth | MEL Group Stadium, Brundon Lane, Sudbury | CO10 7HN | |
| 4 | 06/10/2019 | Α | Diss Town | Bressingham Playing Fields, Common Road, Diss | IP22 2AT | |
| 5 | 13/10/2019 | н | Haughley United | MEL Group Stadium, Brundon Lane, Sudbury | CO10 7HN | |
| 2 | 20/10/2019 | Α | Cornard United | Delphi Sports & Social Club, Alexandra Road, Sudbury | CO10 2RR | |
| 6 | 27/10/2019 | A | Ipswich Phoenix | Westbourne Academy, Ipswich | IP1 5JN | |
| 7 | 03/11/2019 | н | Walsham le Willows | MEL Group Stadium, Brundon Lane, Sudbury | CO10 7HN | |
| 8 | 10/11/2019 | A | Walsham le Willows | Sumner Road, Bury St Edmunds | IP31 3AH | |
| 9 | 24/11/2019 | Α | Capel Plough | Friars, Capel St Mary, Ipswich | IP9 2XS | |
| 10 | 01/12/2019 | н | Cornard United | MEL Group Stadium, Brundon Lane, Sudbury | CO10 7HN | |
| 11 | 08/12/2019 | Α | DAFA Youth | Chantry Academy Sports Centre, Mallard Way, Ipswich | IP2 9LR | |
| 12 | 15/12/2019 | н | Diss Town | MEL Group Stadium, Brundon Lane, Sudbury | CO10 7HN | |
| 13 | 05/01/2020 | Α | Haughley United | Wetherden Playing Fields, Stowmarket | IP14 3JS | |
| 14 | 12/01/2020 | н | Ipswich Phoenix | MEL Group Stadium, Brundon Lane, Sudbury | CO10 7HN | |
| 15 | 26/01/2020 | н | Haughley United | MEL Group Stadium, Brundon Lane, Sudbury | CO10 7HN | |
| 16 | 02/02/2020 | Α | Capel Plough | Friars, Capel St Mary, Ipswich | IP9 2XS | |
| 17 | 09/02/2020 | н | DAFA Youth | MEL Group Stadium, Brundon Lane, Sudbury | CO10 7HN | |
| 18 | 16/02/2020 | A | Cornard United | Delphi Sports & Social Club, Alexandra Road, Sudbury | CO10 2RR | |
| 19 | 23/02/2020 | н | Walsham le Willows | MEL Group Stadium, Brundon Lane, Sudbury | CO10 7HN | |
| 20 | 01/03/2020 | A | Diss Town | Bressingham Playing Fields, Common Road, Diss | IP22 2AT | |
| 21 | 08/03/2020 | н | Ipswich Phoenix | MEL Group Stadium, Brundon Lane, Sudbury | CO10 7HN | |

Men's First Team News

AFC Sudbury are pleased to announce the appointment of their new goalkeeping coach. Filling th role recently vacated by Darren Gould is Kevin ' Moley' Holland, a player well known to the Suffolk non league community. Our manager Mark Morsley said ' Danny mentioned Moley to me which was interesting as he played for me some years back at Needham Market. He is a really infectious guy who i like immensely and will not only be excellent for Paul Walker, he'll also have a 'presence' in the dressing room.'



Women's First Team News

AFC Sudbury Women made it two wins on the bounce as they ran out winners against Gorleston FC on Sunday, following on from their resounding 4-2 comeback victory against East Bergholt United the week before.



Today's Visiting Team - King

Before the demise of King's Lynn F.C. in November 2009, the Reserves played in the Eastern Counties League Premier Division.

The Club was reformed as King's Lynn Town F.C. for the 2010/11 Season.

The Reserves have been extremely successful by winning the United Counties Reserve League Division 2 in season 2010/11 and the U.C.L. Reserves League Division 1 in season 2011/2012. Cup glory eluded them, in the same season, as they failed to win in the finals of the Reserve Supplementary Cup & the Reserve KO Cup.

For the season 2012/13 they transferred to the Peterborough & District League where they were placed into Division one. They gained promotion in their first season, winning 20 out of their 28 games gaining promotion to the Premier Division, level 7 of the National League Pyramid, for the season 2013/14. They again gained promotion as league winners of the Premier League after a 17 game unbeaten run, to pip Netherton United to the title. Netherton gained a degree of revenge in beating Lynn in an 11-10 penalty shoot-out to win the Presidents shield.

After a successful application they moved back to the Eastern Counties League First Division for season 2014/15, level 6 of the National League Pyramid.

Having had a very successful season, they finished in 5th position.

In another very successful 2015/16 season, they once again achieved a 5th place finish.

gs Lynn Town FC Reserves

In the 2016/17 season, although finishing in 10th position, the Team won the First Division K.O. Cup in a hard fought Final against Wisbech St. Mary.

In the 2017/18 Season the Young Linnets achieved a Creditable 6th position in the Eastern Counties League First Division. With a new squad of young Players the Team finished in 13th position after a slow start to the 2018/19 season.

The Reserve team priority as always is to try and blood youngsters into the first team, over recent seasons many of the younger players have been given an opportunity with the first team, who now play at Level 2 of the National League Pyramid.

It is hoped the development process of young players will continue and grow, therefore adding to the playing squad of the Club.

Freddie Collison (Defender d.o.b.05-09-01):

At a very Young Age, Freddie is unflustered in Defence and is looking a very good prospect for the future and is also a Member of the Club's Youth Team.

Joseph Gascoigne (Midfield d.o.b. 30-11-01):

Joseph is a very talented young midfield player who has progressed through King's Lynn Community Football, into the Youth Team and now establishing himself in the Reserves.

Today's Visiting Team - King

Owen Gilbert (Defender d.o.b. 08-11-01):

For his age, Owen is a very experienced Defender. Released from Peterborough United Academy in the Summer of 2018, he wishes to use his experience gained as a Youth to push forward into a Higher Level of Non League Football.

Finn Howe (Midfield / Striker d.o.b. 10-11-02):

Finn having progressed through King's Lynn Community Football, moving into the Youth Team and now into the Reserves is showing great progress in his development.

Luke Johnson (Midfield d.o.b. 04-06-02):

Luke is another talented young midfield player who has progressed through King's Lynn Community Football, into the Youth Team and now establishing himself in the Reserves. He is following in his Father's footsteps in playing for his home town Club.

Sam Lammiman (Midfield d.o.b. 05-09-02):

Sam having progressed through King's Lynn Community Football, moving into the Youth Team and now into the Reserves is showing great progress in his development.

Liam Mitchell (Defender d.o.b. 19-08-02):

Liam is learning his trade as a defender and has progressed through King's Lynn Community Football, into the Youth Team and now establishing himself in the Reserves.

Jack Noble (Defender / Midfield d.o.b. 31-08-99):

Jack has developed through the Club's Youth Team. A strong young right back, originally played on the right wing in

gs Lynn Town FC Reserves

his early career. He has established himself in the Reserve Team in recent seasons and is making good progress in his development.

Mitchell Rasberry (Midfield d.o.b. 10-03-03):

Mitchell a gifted young Midfielder having progressed through King's Lynn Community Football, moving into the Youth Team and now into the Reserves is showing great progress in his development.

Charlie Rudland (Striker 14-12-00):

A young talented Player, having come through the ranks of King's Lynn Community Football, Charlie has progressed well in his development at the Club's Youth Team and now progressing to the next footballing level with the Reserve Team..

Kieren Shipp (Defender d.o.b. 31-12-98):

A versatile young Defender, with a lot of potential, who has progressed through King's Lynn Town Youth. He achieved County Honours playing for Norfolk County Under 18 team 2016/17 season and Captained the successful Norfolk County Under 18 team who won the Eastern Counties F.A. Youth League in April 2017.

Kieren wishes to play at a Higher Level.

Jake Smith (Striker d.o.b. 09-02-03):

Jake is a young Striker who has progressed through King's Lynn Community Football, into the Youth Team and now establishing himself in the Reserves.

Joe Owen Taylor (Midfield d.o.b. 18-04-02):

Today's Visiting Team - Kin

Joe is developing quickly as a robust midfield player, who has progressed through King's Lynn Community Football, into the Youth Team and now establishing himself in the Reserves.

Joseph Taylor (Striker d.o.b. 18-11-02):

Joseph is a talented young Striker who is developing quickly having been given the opportunity to move into the Reserve Team, after progressing through King's Lynn Community Football, into the Youth Team.

Ben Welch (Striker d.o.b. 21-09-01):

Ben is an exciting young Striker who is developing quickly having been given the opportunity to move into the Reserve Team, after progressing through King's Lynn Community Football, into the Youth Team.

Kyle Wells (Defender d.o.b. 17-12-02):

Kyle is a good young Defender who is progressing in his development having been a member of King's Lynn Community Football, moving into the Youth Team and now into the Reserves is showing great.

George Whitehall (Goalkeeper d.o.b. 20-08-03:

A young, very talented Keeper who will progress and mature in the next few years.

Kieron Wingfield (Striker d.o.b. 09-10-00):

Kieron a strong Striker who can also help out Defensively is growing in confidence having progressed through King's Lynn Community Football, into the Youth Team and now establishing himself in the Reserves.

gs Lynn Town FC Reserves



AFC Sudbury

1. Sam Wright 2. Ellis Girling **3. Harry Critchley** 4. Lewis O'Malley 5. Reece Langridge 6. Matt Woolridge 7. Ethan Mayhew 8. Sam Girling 9. Jake Horlock **10. Jack Renwick** 11. Rauf Kabangu **12. Josh Hughes** 14. Josh Tysoe 15. Freddie King

Coaches: Gavin Peters, Brett Girling, Louis Hrebeniak

Kings Lynn Town FC Reserves

Freddie Collison Joseph Gascoigne Owen Gilbert Finn Howe Luke Johnson Sam Lammiman Liam Mitchell Jack Noble **Mitchell Rasberry Charlie Budland Kieren Shipp Jake Smith** Joe Owen Taylor **Joseph Taylor Ben Welch Kyle Wells Jacob White George Whitehall Kieron Wingfield**



To find out more about the AFC Sudbury Academy:

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