



# AFC SUDBURY RESERVES

## OFFICIAL MATCHDAY PROGRAMME



**3:00PM**

**SATURDAY**

**10TH OCTOBER 2020**

**VS FRAMLINGHAM TOWN**

**THURLOW NUNN DIVISON 1N**

**Thurlow Nunn  
League**



**EASTERN COUNTIES FOOTBALL LEAGUE**

# WHO ARE WE ?

AFC (Amalgamated Football Club) Sudbury was formed on Tuesday 1st June 1999 from the amalgamation of Sudbury Town (founded 1885) and Sudbury Wanderers (founded 1958) making it then the newest senior club in East Anglia.

The first ever game was played at The Priory Stadium (the previous home of Town) on 17th July 1999 against a full Colchester United side in the Harwich Charity Cup Centenary Shield Semi-Final, and saw a 2-4 defeat after extra time in front of 397 spectators.

The club now plays at King's Marsh, Brundon Lane, Sudbury, which Wanderers purchased in 1972 and were previously water meadows, from which two pitches and a training area were created. The clubhouse was opened in 1985 and the dressing rooms in 1991. Floodlights were added in 1992 and the following year a 200-seat stand was built in addition to the two areas behind the goals being covered. In 2000 a new stand, 'The Shed', was opened and caters for 300 standing fans. In 2016 seating was added into The Shed stand as well.



AFC Sudbury's Academy was launched in 2015/16 and has very quickly become one of the best academy's in the region with numerous silverware in the trophy cabinet and players now studying in USA and playing professional football. AFC Sudbury Girls Academy was launched in 2019 and has proved an immensely popular option for girls interested in studying and playing sport post sixteen.

The AFC Sudbury Women's team has a rich and colourful history, the latest chapter of which begun in late 2018 following a restructure. Now under new leadership and guidance, the future of women's football in Suffolk looks very exciting at AFC Sudbury.

# CLUB HONOURS

## First Team

**Ryman North Champions:** 2015/16

**Eastern Counties League Premier Division Champions:** 2000/01, 2001/02, 2002/03, 2003/04, 2004/05

**Eastern Counties League Cup Winners:** 2005/06

**Suffolk Premier Cup Winners:** 2001/02, 2002/03, 2003/04 (Finalists 2000/01)

**FA Cup First Round Proper:** 2000/01

**F A Challenge Vase Finalists:** 2002/03, 2003/04, 2004/05 (Semi-Finalists 2001/02)

**FA Trophy Second Round Proper:** 2016/17

**FA Trophy First Round Proper:** 2006/07, 2009/10, 2011/12 2013/14

**Ryman League Division One North Play-Off Finalists:** 2006/07 (Semi-Finalists 2007/08 and 2014/15)

**Ryman League Cup Finalists:** 2007/08, 2013/14

## Academy

**Suffolk U18 Midweek Cup Winners:** 2015/16, 2016/17, 2017/18, 2018/19

**Thurlow Nunn South League Winners:** 2015/16, 2016/17, 2017/18, 2018/19

**Thurlow Nunn Youth League Cup Winners:** 2015/16, 2016/17

**Thurlow Nunn Youth League Playoff Finalists:** 2015/16

**Thurlow Nunn Youth League Playoff Winners:** 2016/17, 2017/18, 2018/19

**Thurlow Nunn Youth League Cup Runners Up:** 2017/18

**AOC U19 Eastern Region College League Winners:** 2017/18, 2018/19

**Southwest Soccer Club Tournament Winners:** 2017/18

**ECFA National Knockout Trophy Finalists:** 2018/19

**Suffolk Primary Cup Winners:** 2018/19

**ESBL Tommy Thompson Cup Winners:** 2018/19

**ESBL Knockout Finalists:** 2018/19

**ESBL League Runners Up:** 2018/19

# WELCOME TO AFC

Everyone at AFC Sudbury would like to welcome the visiting players, officials and supporters to the Mel Group Stadium.

We hope you enjoy our hospitality and have a safe journey home. Players, officials and supporters please feel free to use our kitchen & bar area for all your refreshment needs.

We also extend a warm welcome to today's match officials.  
Enjoy the game!



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Official Government Test Environmental Data. Fuel consumption figures mpg (l/100km) and CO<sub>2</sub> emissions (g/km). Vauxhall range: Urban: 12.7 (22.3) - 74.3 (3.8), Extra-urban: 23.9 (11.8) - 91.1 (3.1), Combined: 18.0 (15.7) - 85.6 (3.3). CO<sub>2</sub> emissions: 373 - 88g/km. The official fuel consumption in mpg (l/100km) and CO<sub>2</sub> emissions (g/km) for the PEUGEOT range: Urban 34.9 - 80.7 (8.1 - 3.5), Extra Urban 53.3 - 104.6 (4.9 - 2.9), Combined 46.3 - 94.2 (6.1 - 3.0) and CO<sub>2</sub> 136 - 95 (g/km). Figures are achieved under official EU test conditions, intended as a guide for comparative purposes only, and may not reflect actual on-the-road driving conditions.

# ACADEMY OVERVIEW

We are the only Football and Education Post 16 Scheme that provides the unique 'player performance pathway' where players are taught together, coached together and play together.

Every one of our coaches is also trained to degree level and therefore fulfills the role of coach and class teacher and instructor.

Our four Academy League Teams, AFC Sudbury Reserves, A, U19s and U18s mostly consist of players who are members of the Academy, we do not draw upon players who attend a different school or work or who plays for someone else. Similarly all our players only play for AFC Sudbury and no one else. We feel this is the only way to ensure your son develops alongside his peers and with the same coaches.

This may sound common but is unique in schemes such as this.

This unique program exposes our players to a high level of adult football from 16 years of age weekly in two leagues as well as regular age group football in our U18s and U19s. Because we do not balloon players in from outside the program a suitable volume of game time is available to maximise your two years with us.



# PARTNERS &

AFC Sudbury Academy would like to thank the following partners:



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	Finley Long	<i>Sponsorship Available</i>		Sam Wright	<i>Sponsorship Available</i>
	Jack Palmer	<i>Sponsorship Available</i>	<p>If you would like to become an Academy partner or explore different ways of getting involved with the AFC Sudbury Academy or any section of the club, please contact Gavin Peters via <a href="mailto:strikersltd@aol.com">strikersltd@aol.com</a> or speak to a member of staff. Sponsorship of an AFC Sudbury Academy Player for their two-year academy program is available for only <b>£50.00</b>.</p>		
	Ted Penn	<b>Mason Law Racing</b>			
	Shane Temple	<i>Sponsorship Available</i>			

# FRAMLINGHAM TOWN

**Ben Vincent**-Vinnie - New signing for this season, lots of experience playing this and higher level previously. Great communicator. Can pull off the purple kit

**Gary Rose**-Sharky - Highly respected goal keeper. Unbelievable distribution and was instrumental in Town gaining back to back promotion. Very popular character in the changing rooms.

**Edyn Cummings**-Ede - Goalkeeper signed from Whitton United. Great shot stopper and all round nice guy

**Jake Seaber**-Seabs - Versatile but does well in all positions played. Local lad racking up first team appearance, loves the physio room

**Kit McCausland**-Macca - young full back that can play either side, good at going forward. Practicing his throw ins between matches

**Stefan Mallett**- Magic Mallett - Can play several positions. Plenty of experience without the age, loves a chat with anyone, including the ref!

**James Carragher**-Carra - New addition for this season, previously at Needham and Ipswich as a youngster, good warrior

**James Mayhew**-Jim - Centre half who has achieved 300+ games for the club, some achievement. Well respected amongst the players, what he says in the pre-match rondo goes

**Cyrus Thorpe**- Cy - Broke into the first team aged 16, after coming through the youth set up. Strong defender and very comfortable on the ball. So chilled out, you can find him in the fridge aisle.

**Cion Wren**-Ci - Left back/left midfielder, signed half way through last year, previously at Lowestoft Town. Good on the ball and a good talker

**Simon Poacher**-Poach - Mr. Framlingham. Vice-captain and long serving club man, joined the club at a young age. Spent last season on the side lines but back to make amends and add to his impressive appearance tally for the club

**Chris Hunt**-Northern Rock - Hard tackling 6ft 4 midfielder. Been away from the club for a couple of years but welcomed back with open arms. Fans favourite in his last spell

**Joe Berry**-Bez - Goal scoring centre mid/centre back. Spends his and all of his mates money on fines and often found cutting Fiona's socks

**Josh Tysoe**-Tys - Talented baller. Played at the club through the youth system but spent the last two years with Sudbury academy. Very clever player with a great touch

# FRAMLINGHAM TOWN

**Dan Smith**-Smitty - Young midfielder, ex Needham and Histon academy but before that a Fram youth player. Good eye for a pass and likes to play from deep

**George Exworth**-Duracell - tireless midfielder who never stops running, covers his and everyone else's position. Good on the ball, and loves a clever yellow (each week)

**Isaac Robinson**-Ike - not only a talented musician but also talented midfielder. Toward the top end of our age scale, his experience is welcomed. Has a great influence on others around him when he plays

**Charlie Coe**-Chaz - tik tok specialist. Hard working midfielder, broke into the first team last season and performed weekly. Consistent player who adds a lot to the midfield

**Jonathan Fryatt**-Jono - when not solving mysteries Jono is a hard working striker who leads the line and presses well from the front. Had an impressive first full season at the club last year

**Jack Lawrence**-Northerner - Winger who likes to play both flanks. Played at a good level up north before flying down

**(Danny) Smith** -Smitho - The talisman. Scored 100 first team goals by the age of 20! Played for the youth teams. Changing room DJ.

**Kieran Driver**- Driver - Midfielder who knows where the net is. Joined the club in the summer having played previously for Whitton, Halstead and Debenham.

**Alexander Ling**-Pingu - Midfielder that can ping the ball as well as anybody. Bundles of talent and king of Instagram

**Ethan Whittingstall**-Ethe - exciting young winger who spent some time with Ipswich Academy around playing for the youth teams. Still an u18's but showing if you're good enough you're old enough. Set for an exciting season

# THURLOW NUNN FIRST DIVISION

POS		P	W	D	L	GD	PTS
1	Fakenham Town	6	5	1	0	19	16
2	Ipswich Wanderers	6	5	1	0	11	16
3	Lakenheath	6	5	0	1	13	15
4	March Town United	5	4	0	1	11	12
5	Downham Town	5	4	0	1	4	12
6	Leiston Res	6	4	0	2	-2	12
7	AFC Sudbury Res	6	3	1	2	2	10
8	Great Yarmouth Town	6	3	1	2	2	10
9	Mulbarton Wanderers	5	2	1	2	9	7
10	Diss Town	4	2	1	1	2	7
11	Debenham LC	7	2	1	4	-5	7
12	Kings Lynn Town Res	5	2	0	3	3	6
13	Framlingham Town	6	2	0	4	-7	6
14	Norwich CBS	6	1	2	3	1	5
15	Cornard United	7	1	2	4	-8	5
16	Needham Market Res	5	1	1	3	-10	4
17	Haverhill Borough	5	1	0	4	-9	3
18	Sheringham	4	0	2	2	-3	2
19	Wisbech St Mary	8	0	0	8	-33	0

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# AFC SUDBURY

## TBC

# FRAMLINGHAM TOWN

Ben Vincent

Edyn Cummings

Connor Ford

James Carragher

Joe Berry

James Mayhew

Cion Wren

Jake Seaber

Danny Smith

Charlie Smith

Oliver Smith

Alex Ling

Jamie Brooks

Jonathan Fryatt

Josh Tysoe

Dan Smith

Callum Knights

Manager; Liam Abraham

Assistants; Anthony Fryatt

Andy Pirie

Colours;

Shirts; Green & White Hoops; White Shorts & Socks

Goal Keeper; Purple Shirts, Shorts , & Socks or Grey/Blue

# CONTACT DETAILS

To find out more about the AFC Sudbury Academy:

Call us on **01787 376213**

Email us at [academy.afc@gmail.com](mailto:academy.afc@gmail.com)

Visit our website via [www.afcsudbury.co.uk](http://www.afcsudbury.co.uk)

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