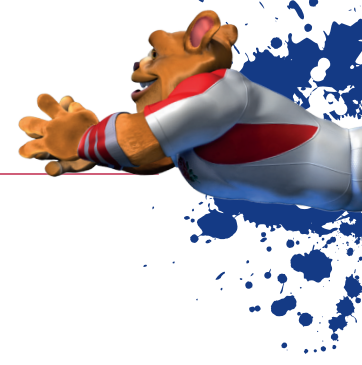


# KIDS FIRST MANIFESTO



## A KIDS FIRST CLUB WILL:

- Provide children with a safe, healthy and positive environment
- Endeavour to apply and support the Core Values of the game
- Adopt and robustly support the Ruckley Sticker Book Programme
- Ensure that children have fun without pressure, harassment or abuse from adults
- Publish the KIDS FIRST Manifesto on its website and direct parents and coaches to it
- Utilise the KIDS FIRST Development Framework
- Enrol on the KIDS FIRST Programme and ensure that coaches attend the relevant KIDS FIRST courses
- Support KIDS FIRST coaches in fulfilling their roles
- Acknowledge good practice and challenge less than good practice
- Ensure parents are conversant with, and adhere to, the Parent Code of Conduct.

## A KIDS FIRST COACH WILL:

- Treat every child with respect and dignity
- Set a good example of conduct, attitude and behaviour
- Attend the KIDS FIRST courses and workshops
- Have knowledge of, and be conversant with, the principles of the KIDS FIRST Programme
- Work with the KIDS FIRST Development Framework
- Utilise the KIDS FIRST Coaching Cards
- Apply the principles contained within the KIDS FIRST Manifesto
- Value qualities beyond winning and promote a love of the game, teamwork and connection with the club
- Emphasise progress and not outcome
- Provide equal opportunity for every child to participate in coaching sessions and competition
- Endeavour to build the confidence and self-esteem of every child in every session
- Encourage problem solving and creativity
- Plan and prepare thoroughly for each session and use the Ruckley Sticker Books to reward and highlight progress for children in the key areas:
  - Core Values
  - Social and Personal Development
  - Physical and Movement Development
  - Game Understanding
  - Skill Focus
- Place the needs and interests of each child above those of the sport
- Encourage all children to play to the rules and show respect to the opposition, officials and coach
- Acknowledge and reward effort and improvement, not just winning.

