



KING'S RUGBY
THE HOME OF KCS OLD BOYS' RFC



www.kingsrugby.org.uk



King's Rugby Minis and Juniors welcome information

Arthur Road, Motspur Park, KT3 6LX

Welcome to King's Rugby

Message from the Mini's Chairman, Darren Gawley



On behalf of King's Rugby Football Club, we would like to welcome you to our mini and junior sections, and provide you with some information about our club and our activities.

King's Rugby run a full minis' rugby section for boys and girls from under 5 (Reception) to under 11 (Year 6) plus a junior sections from under 12 (Year 7) to under 14 (Year 9). It is a vibrant and fun environment for **boys and girls of all abilities**.

We pride ourselves on creating an environment where the needs of the player are put first and every player can develop to the very best of their ability. We strive to provide a growing community-based and financially sound rugby club, offering first class sports, leisure and social facilities to the communities of Motspur Park and surrounding areas.

We promote **fun and friendship** and we want every player and parent to enjoy their time at the club, whilst supporting each other through the core values of rugby union: teamwork, respect, enjoyment, discipline and sportsmanship.



Teamwork



Respect



Enjoyment



Discipline



Sportsmanship



The basics



When?

The playing season runs from the 1st Sunday in September through to April (Easter weekend).

There will be training or fixtures every Sunday morning (excluding holidays and weather and pitch conditions permitting).

Mini's coaching (under 5s to under 11s) is held on Sunday mornings between 10am and 11am.

Juniors' coaching (under 12s to under 14s) is held at the same time (but the location of training does vary).



How to join?

We look forward to welcoming new boys and girls of all abilities (previous rugby experience is not required). King's Rugby is so much more than just an hour's weekend activity, it's a club in every sense. We offer excellent value for money and are happy to **offer free taster sessions for the first 2 weeks** – so simply come along and see how your child enjoys playing rugby.

There is more information in this welcome pack on the joining process and membership fees.

Please come and try rugby at your local friendly community club.



Where?

Our address is:

King's Rugby Club, Arthur Road, Motspur Park, KT3 6LX

There is ample free parking available on-site.



What to bring?

A water bottle and appropriate sportswear. Footwear should be trainers or ideally studded rugby (or football) boots.

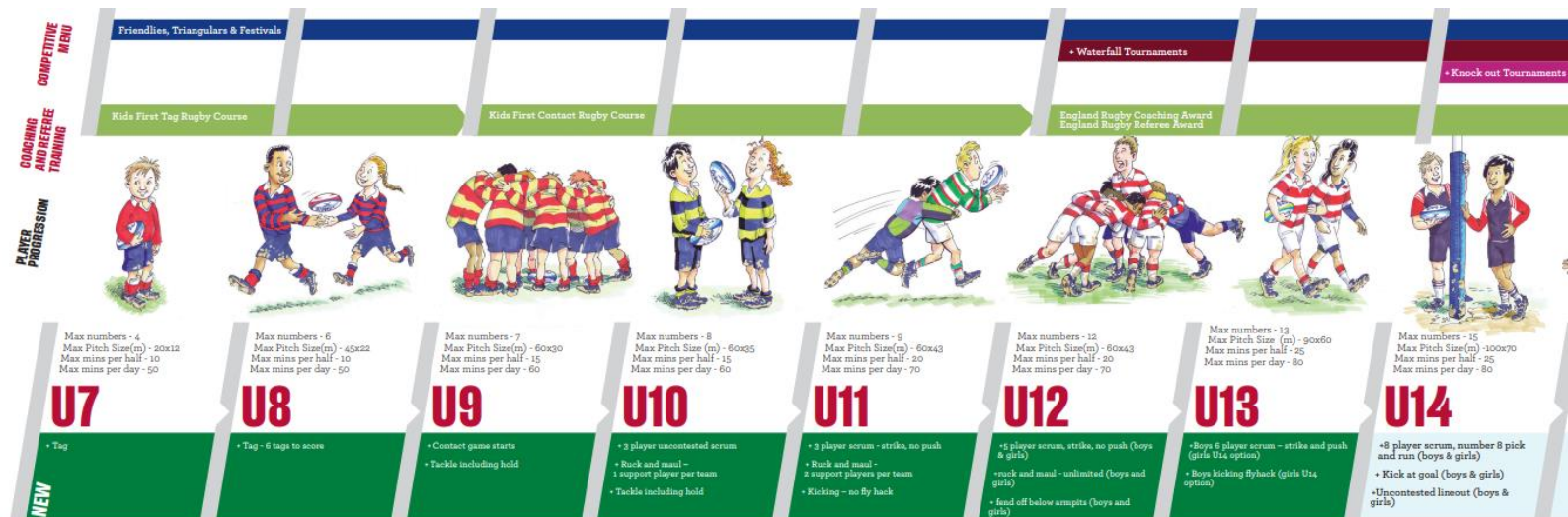
For under 9's and above, King's Rugby strongly recommend using a gumshield in contact training and during matches.

If your child has asthma, an inhaler must be brought along to every session.

Rugby is a winter sport so waterproofs and warm clothing should be considered – for players and for parents!

Age grade rugby, club kit and communications

Age grade rugby



Club kit

It's a good idea to invest in a pair of rugby / football boots because the grass we play on will be slippery for much of the season.

Club shirts, shorts and socks etc. are not compulsory for training but your child will need a club shirt to take part in festivals (although we must point out that our club kit looks great!). Boots and kit is available at the club shop upstairs in the clubhouse (open on Sunday mornings).

For under 9's and above, King's Rugby strongly recommend using a gumshield in contact training and during matches. They are available from the club shop or online.



Communications

Team communications

Team communications are organised by individual age group team coaches or managers and are sent via WhatsApp. Your team coach or team manager will give you further details when you join.

Club communications

Important club-wide communications are sent by email. You will be able to keep up to date with events and news from around the club on our website: www.kingsrugby.org.uk

You can also follow us on Twitter

<https://twitter.com/KingsrugbyUK>

and Facebook

<https://www.facebook.com/kcsoldboys>

You will find it very useful to follow these social accounts to keep up with club news and last minute communications.

Weather, health and safety, fixtures and tour

Weather

Rugby is a winter sport and while the club is prepared to facilitate a session in the rain, it is the player's responsibility to ensure they are appropriately clothed for the conditions.

When it begins to get cold and wet please make sure your child is suitably dressed, both for their comfort and to avoid interrupting training sessions.

Should lightning be forecast, or pitches are judged unsuitable for play, sessions may be cancelled at late notice. Please look out for communications shared via your team WhatsApp groups from your team coach or team manager on these occasions.

Health & safety

Health & safety is taken very seriously at our club and every week we have first aiders who can immediately take care of any injuries. However, parents are expected to remain on-site in case of injury during training sessions or matches and to support their children during play.

If your child knowingly turns up with an illness or injury, please bring this to the attention of your coaches so we can tailor your child's session appropriately. Equally, where a child is carrying an injury, we may suggest that they miss a period of training until such time as you and they think they have returned to full fitness.

Fixtures & tour

King's have an active and busy schedule.

All age groups (from under 7s and upwards) play regular club fixtures and rugby festivals against other clubs in the area.

The season's fixtures are arranged by the Mini's Fixture Secretary at the beginning of the season. Information on fixtures list and joint training will be published and provided to you by your team coach or team manager.

Rugby tours are a long standing tradition in the game and are a fantastic way to build team spirit, morale and identity. Each year, usually in April, our entire minis section – from under 6s through to under 11s – go on tour together, enjoying a full weekend of fun and rugby somewhere in the UK. It provides an exciting opportunity for players, parents and coaches to get to know each other better and help build lasting relationships.

Further information on this year's tour will be provided later on in the season!



Volunteering, registration and fees, and “introduce a friend”



Volunteering at our club - get involved!

Our club is run on an entirely voluntary basis and as such we are reliant on our members to lend a hand when required.

Helping out at our club is great fun and highly rewarding. You don't need to be a rugby player, or have any rugby experience. The old adage that many hands make light work is still very true – and the time commitments for these roles are minimal. There is a need for support in a number of key areas, including:

- **Age group managers**
- **Minis safeguarding manager**
- **Minis fixtures and festivals secretary**
- **Minis membership registration manager**
- **Minis website and communications manager**

Please don't be shy – if you feel you could support the running of the club in any way, or can offer any specialist skills or services, please contact your team coach or team manager to hear about volunteering opportunities.

Registration and fees

King's Rugby provide 3 weeks' training for free to new members. This allows time for new players to give rugby a try and see how much they enjoy the game before needing to join.

The membership fee covers all Sunday training sessions as well as festival and tournament entrance fees. We offer a discounted rate to members who already have a sibling paying a full membership fee

Membership fees for the 2023/24 season are:

- Family membership with one mini or junior player £135.
- Family membership with two or more mini or junior players £225.

Further information is provided at the back of this welcome pack and please refer to the GMS Membership Guide on the website for a step by step guide on registration and how to pay membership fees www.kingsrugby.org.uk

The senior section and “who’s who”

The senior section

The senior section of King’s Rugby compete under the club's full name of KCS Old Boys RFC.

King's run two senior sides, an occasional 3XV, a vets side and an U21 team. The 1XV, 2XV and vets play competitive rugby in the RFU and / or surrey rugby league structure. The 2XV, Vets and U21 all compete in surrey rugby cup competitions.

The 1XV play in the regional 2SE league (level 6 of the RFU pyramid) and the 2XV are in the surrey championship. King's is an open club and welcomes players of any standard, the emphasis here is on enjoyment and participation. Non playing members and supporters can be sure of a warm welcome too!

If you are new to the area having relocated with work, returned from university or perhaps just fancy a different challenge and are keen to test yourself at a good level of amateur rugby then please get in touch via the website or go direct to

Paddy Ralston, Club Manager on
07958 23286 / paddy@kingsrugby.org.uk.

Spectators are always welcome to attend and support the senior matches. All full list of the 1st XV and 2nd XV results and upcoming fixtures are available at

www.kingsrugby.org.uk

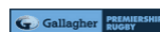
Who’s who in the club

As well as your team manager and coaches, you will occasionally come into contact with other officials from the wider club. A full list of club contacts can be found on a large display inside the clubhouse. We look forward to meeting you!

AFFILIATIONS



**London
& SE Division**



Registration and fees

All players (senior, junior and mini) at King's Rugby must be registered with the RFU.

All parents of mini and junior players must affiliate their child(ren) on the RFU Game Management System (GMS). This must be done before they can play in matches/festivals etc.

All membership fees should also be paid via the RFU GMS system.

Please be aware that all children under the age of 18 must have as a minimum one parent or guardian also signed up as a member.

Some parents will be familiar with the system, but it will be new to others, so there are a number of scenarios of the route you must take, so please take the appropriate one below:

- 1** New to the Club and/or GMS.
- 2** Renewing Player Affiliation - I know my login details.
- 3** Renewing Player Affiliation - I don't know my details.
- 4** Adding a New Child

Please refer to the GMS Membership Guide on the website for a step by step guide on registration and how to pay membership fees www.kingsrugby.org.uk



Contact us:

Arthur Road, Motspur Park, KT3 6LX

Visit: kingsrugby.org.uk

Follow us on Twitter: @kingsrugbyuk

and Facebook: kcsoldboys

Email: kingsrugbyuk@gmail.com

Call: 07841 496-548