

# SWANS NEWS

## MARCH 22

### RULES REFRESHER

(as posted in the South Central Newsletter)

9.13 Players must not tackle unless in a position to play the ball without body contact. Reckless play, such as sliding tackles and other overly physical challenges by field players which take an opponent to ground and which cause injury should attract appropriate match and personal penalties.

*You are not in a position to tackle when you are behind the person!*

9.16 Players must not throw any object or piece of equipment onto the field, at the ball, or at another player, umpire or person. Following a penalty corner, if the ball hits any discarded equipment such as a hand protector, knee pads or face mask, a free hit should be awarded if this occurs outside the circle, and a penalty corner awarded if this occurs inside the circle.

### COVID-19

Despite the change in government rules, we expect everyone to act responsibly.

Test regularly if you can and please don't turn up to training, matches or any social event if you have either tested positive or if you are feeling unwell to avoid putting others at risk.

Your Covid Officer - Ed

### AGM & AWARDS NIGHT

Swanage Sailing Club

Friday April 29<sup>th</sup>

7pm start

£10 per head

This evening will consist of a 2-course dinner and a very reasonably priced bar.

The menu is a choice of:

- 1) Beef Lasagne or
- 2) Vegan, (nut and gluten free) Lasagne

Both with salad and garlic bread  
Desert:

- 1) Strawberry cheesecake or
- 2) Banoffee pie

The AGM will also be held during the evening and awards will be presented to the worthy winners.

As this is the first awards night we've had for three years we're hoping you'll all come along and offer your congratulations.

Please let your captains know if you're coming and email Jackie your menu choices, letting her know how you have paid.

[jacks.barker@hotmail.co.uk](mailto:jacks.barker@hotmail.co.uk)

(The sailing club is at Buck Shore, Swanage BH19 2AW. It's next door to the pier and there is plenty of parking)

### PLAYERS' PLAYER

This is where all players can have their say. Decide who deserves your vote then please message the Chair, Maria with your chosen player for this season on 07792 368456. Make sure you tell her who you are, who you are voting for and for which team.



### 100 CLUB

Congratulations to the March winners of the 100 club:

Steve Turnock £25

No winner £10

Liz Hewer £5

Don't forget it's not too late - you can pay £9 to be entered for the draws from April onwards.

### LADIES NIGHT OUT

The ladies are going for a night out in Wareham on Saturday March 19<sup>th</sup>. If anyone over 18 would like to join them after their meal they are very welcome.

### FORTHCOMING MATCHES

The following matches may not be on your calendar:

Men's 1<sup>st</sup> Team semi final of the Hampshire Cup  
Sunday March 20<sup>th</sup> at 11am at Purbeck.

Ladies 1<sup>st</sup> Team  
Saturday 26<sup>th</sup> March  
3pm at Purbeck.

Please let your captains know your availability and if you're not playing, come along and support.