

Colchester Rugby Football Club

Code of Conduct: Parents

1. Clubs and schools should encourage parents and guardians to:
 - a) Be familiar with the coaching and training programme in order that they can ensure their child is fully involved and the coaches are aware of their availability.
 - b) Be familiar with the teaching and coaching methods used by observing the coaching and training sessions in which their child participates.
 - c) Be aware that the Club or School has a duty of care to ensure the safety of players and therefore, where appropriate, assist coaches with the supervision of the players, particularly where numbers are large and there is a need to transport players to away games.
 - d) Be involved with Club and School activities and share their expertise.
 - e) Share concerns, if they have them, with Club or School officials.
 - f) Be familiar with the Good Coaches' Code contained in the RFU Continuum. In particular, be aware that:
 - Coaches should recognise the importance of fun and enjoyment when coaching players and
 - Coaches should keep winning and losing in perspective – encourage players to behave with dignity in all circumstances.
 - g) Support coaches in installing these values.
 - h) Remember that young people play rugby for their own enjoyment not that of their parents.
 - i) Encourage young people to play – do not force them.
 - j) Focus on the players' efforts, rather than winning or losing.
 - k) Be realistic about the players' abilities; do not push them towards a level they are not capable of achieving.
 - l) Provide positive verbal feedback both in training and during the game.
 - m) Remember that persistent, negative messages will adversely affect the players' and referee's performance and attitude.
 - n) Always support the Club and School in their efforts to eradicate loud, coarse and abusive behaviour from the game.
 - o) Remember young people learn much by example.
 - p) Always show appreciation of good play by all players both from their own Club or School and the opposition.
 - q) Respect decisions made by the match officials, even if they appear to be a mistake, and encourage players to do likewise.

- r) Recognise that every player has a right to expect their involvement in rugby to be safe and free from all types of abuse.

