



NATIONAL
LEAGUE
South



Rochford Hundred Rugby Football Club

Versus
Clifton RFC



Saturday 16th April 2022 Kick Off 3.00pm



SARACENS
PARTNER CLUB

Referee - Ben Wood *4th Official* - Tigan Renshaw
Assistant Referees - Henry Lewis & Andre Van Zijl
Ball Persons - Youth Section

Main 1st XV Sponsors

Seetec
SKILLS



Fairfield  

 **SWIFTCLEAN**
Duct Cleaning & Legionella Risk Experts

 **LooseHeadz**

To sponsor the club email:

COMMERCIAL@ROCHFORDRUGBY.COM

To hire the club email:

FUNCTIONS@ROCHFORDRUGBY.COM

To play for the club email:

COACHING@ROCHFORDRUGBY.COM

For up to date information join our Website at:

WWW.ROCHFORDRUGBY.COM

THE RUGBY PARK - MAGNOLIA ROAD - HAWKWELL - ESSEX - SS4 3AD



/RochfordRugby



@RochfordRugby



rochfordrugby

TELEPHONE

01702 544021

Training nights

Senior Men - Tuesdays & Thursdays 7pm

Senior Ladies - Thursdays 7pm

Academy - Tuesdays & Thursdays 7pm

Youth (Boys and Girls) - Wednesdays 7pm

Minis (U6-U12) - Saturdays 9am

Little Scrummers (2-6) - Saturdays 8.30am

Rochford Hundred Rugby Club - Telephone 01702 544021 - Website www.rochfordrugby.com

CHAIRMAN'S WELCOME

I am not around today as I am on holiday so Mike Drinkwater will do the honours today in his own inimitable style.

By the time you read this we will have played Redruth away following on from our two great results in going to Henley, 5th in the table, and really beating them quite convincingly (even if the score did not truly reflect this) and following that up with a great win at home to Hinckley. We played some really good rugby that day.

Our last 4 games are/were Redruth away, 2nd in the table as I write this, today, Clifton at home, 3rd in the table, Westcliff away, bottom of the league and we finish off with Esher at home, currently top of the league. Either one of the top three can win this league and Worthing are not totally out of it.

Clifton beat us at their place and we suffered a heavy defeat. Our current squad is ravaged by injury, but whoever put on our shirt to play today, I know they will give their best and we will give Clifton a good game.

Paul Head, our Head of Rugby, has been really busy these last few weeks talking to the current squad about playing for us again next season and he has also been recruiting new squad members. We will be announcing more news about all this in the coming weeks.

We are also interviewing now for the role of 1st team forwards coach. We have

interviewed one really good candidate and we are going to talk to two more with a view to appointing a new coach before this season ends. There are also lots of discussions being held about the future medical provision, not only to replace John Branch who might be standing down at the end of the season but to provide much wider coverage across the club.

Well that is it from me today except to say, as I always do, please support your team and respect the officials.

Have a great day

Ray Stephenson

ROCHFORD HUNDRED RUGBY CLUB
- Chairman



Rochford Hundred Rugby Club

LEAGUE LUNCHES

16th April 2022

v **CLIFTON**

30th April 2022

v **ESHER**

All members and friends are invited to attend any of the sponsored lunches at a cost of **£25.00** per head.

Book your seats through **Alan Gander**
hospitality@rochfordrugby.com
or **07768 441613**.

If you wish to be a match sponsor please email:

commercial@rochfordrugby.com

- Telecommunications & Broadband
- Rail & Metro
- Fleet Services
- Utilities
- Civils
- Traffic Management
- Energy

40+ Operational Centres



Kelly Group, a nationwide Telecommunications, Rail & Utility Service Provider are proud to support

Rochford Hundred Rugby Club 2021

Successfully trading for over 35 years Kelly Group has grown into one of the UK's leading telecommunications and rail infrastructure services and contracting companies

For more information please call 0208 424 0909
visit www.kelly.co.uk or e-mail info@kelly.co.uk

Kelly House, Fourth Way,
Wembley, Middlesex, HA9 0LH



PLAYER PROFILE

WILLIAM FERRIER

NAME – Will Ferrier

AGE – 26

HEIGHT – 6'1

WEIGHT – 87kg

POSITION – Wing

PREVIOUS CLUBS

– Chelmsford



WHAT'S YOUR PRE MATCH MEAL? – Cereal

FAVOURITE DRINK? – Vodka Cranberry

BEST RUGBY MEMORY? – Getting promoted into Nat 2

WORST RUGBY MEMORY? – Getting relegated 2 years in a row

MOST ANNOYING TEAMMATE? – Spivey, he's got verbal diarrhea

ANY SUPERSTITIONS? – None



THE BMW iX3.

AVAILABLE FOR TEST DRIVE
AT FAIRFIELD BMW.



Thanks to the standard-feature M Sport package in its new design, the new BMW iX3 M Sport looks sportier than ever. Aerodynamic elements and blue accents bring out the electric nature of the vehicle to its full effect. Whether for short or longer journeys – with a range of up to 285 miles* and electricity consumption from 3.3 mi/kWh*, the new BMW iX3 M Sport is ideally suited to every route.



Scan the QR code to book a test drive today.



Fairfield BMW

Arterial Road
Leigh-on-Sea
SS9 4XX
01702 429471

Mpg (l/100km): Not applicable. CO₂ emissions: 0 g/km. Electric energy consumption (combined): 3.3mi/kWh. WLTP combines electric range in miles: 284 - 285.*

† Test Drive subject to availability and applicant status. *Measured according to the WLTP test cycle. Figures shown are for comparability purposes; only compare fuel consumption and CO₂ figures with other cars tested to the same technical procedures. These figures may not reflect real-life driving results, which will depend upon a number of factors including the accessories fitted (post registration), variations in weather, driving styles and vehicle load.

GRASSED UP

The Ultimate Artificial Grass

No Mud



No Watering



No Mowing



Best Quality



Supplied & Fitted



Lowest Price



Gardens / Sports and Leisure / Schools / Commercial



0800 699 0075



sales@grassedup.co.uk



www.grassedup.co.uk



Proud Sponsors of Rochford Hundred Rugby Club



ROCHFORD HUNDRED RUGBY CLUB

non-contact rugby
for 1½ - 7yr olds

BUILD CONFIDENCE
ENJOY SPORT
HAVE FUN!

Come along and have a **TRY!**



**BOOK YOUR
FREE TRIAL
ONLINE TODAY**



book your **FREE TRIAL** at

www.littlescrummers.com



CONTACT US
MAIL@LITTLESCUMMERS.COM
0330 088 1172
FACEBOOK | INSTAGRAM | TWITTER



ROCHFORD HUNDRED RUGBY CLUB
THE RUGBY PARK, MAGNOLIA RD
ROCHFORD
SS4 3AD



CLASS TIMES
SATURDAYS
ROCHFORD HUNDRED RUGBY CLUB
8:30am - 11:15am

ESSEX | HERTFORDSHIRE | CAMBRIDGESHIRE | EAST MIDLANDS

VISITORS INFORMATION



Clifton is Bristol's oldest club, and one of the oldest in the world. Clifton Rugby Club was formed on 27 September 1872 at the Kings Arms on Blackboy Hill in Clifton, Bristol. The pub still stands. Clifton is the 32nd oldest club in the United Kingdom, the 21st oldest in England, the 2nd oldest in the South West and the oldest in Bristol. The 1st XV currently competes in National League 2, the 4th tier of English Rugby. The club has produced and developed a number of former and current professionals in the recent past including Andy Uren (Bristol), Auguy Slowick and James Newey, Lovejoy Chawatama (London Irish) plus Internationals Billy Meakes (Rebels & Australia), Ellis Genge (Leicester Tigers & England), Josh Bayliss (Bath & Scotland), Gabriel Oghre (Wasps & England), Callum Brailey (Benneton & Italy), Callum Sheedy (Bristol Bears & Wales) and British & Irish Lions, Mako Vunipola (Saracens & England) and Mark Regan (Bristol & England).



^
NOW
OPEN
v

> NEW

BAR
HOTEL
RESTAURANT
TERRACE



lacedemontriond.com



@lac.de.montriond



Rochford Hundred Squad 2021/22

STAFF & COACHES



Danny Cleare
Head Coach



James Kellard
Forwards Coach



James Tirrell
Specialist/Skills Coach



Luke Brewster
Head of Strength & Conditioning



Jon Branch
1st XV Physiotherapist



Paul Head
Head Of Rugby



Adam Faherty
1st XV Manager



Graham Pratt
1st XV Registrar



George Phelps-Knights
1st XV Videographer



Josh Phelps-Knights
Harts Head Coach



Tigan Renshaw
4th Official

FORWARDS *(sponsors under each name)*



Aston Bevans-Royston
Vice Captain
Delux Breeding Service



Todd Bailey
Vice Captain
Nick Jay



Lewis Brunger
The Sheads and Betchleys



Josh Ridgeway
No Sponsor



Rob Gardner
Vince Brown



Anthony Parish
Securitem Group



Jordan Dyer
No Sponsor



Harry Phelps-Knight
No Sponsor



Samuel Fombo
John Drinkwater & Big Fish Group



Ben Thomas
No Sponsor



Redmond Newbury
No Sponsor



Najee Mundicha
No Sponsor



Calum Brackett
No Sponsor



Chris Shields
Matthew Shields



Harry Hudson
Simon Wakefield



Craig Strachan
Dick Jones



David Rufai
No Sponsor



James Kellard
No Sponsor



Mac Duaibe
Vince Brown



Taylor Randall
Ambucar Marine Medical Services Ltd

COACHES CORNER

Hi all, firstly welcome to Clifton on their first ever trip to Rochford and Happy Easter to everyone.

Before I discuss today's match and previous fixtures I would like to bid farewell to a Rochford stalwart in Mark Billings. Mark has been a part of Rochford's success to the National Leagues from the beginning and in this time Mark has captained the team on many occasions, has broken the try scoring record for a singular season and has just recently achieved his 100th first team appearance for the club. On top of being a fantastic player for the club he is also a proper club man and good bloke. Although Mark is hanging up his boots he fully intends to stay involved with club and play a massive part in the development of our academy players and helping prepare them for the demands of senior rugby. So if you see Mark Billings in the clubhouse at the end of the game be sure to buy him a pint (although you might not get one back, there is a reason he is one of the richest players in the team!).

In terms of the rugby we recently put in 2 outstanding performances beating both Henley away and Hinckley at home. The Henley game was arguably the biggest win in the clubs history beating a National League giant away from home, but what was most pleasing was backing it up the following week against a very good Hinckley side at home. In this game we scored 5 excellent tries and put in a more dominant performance than the score suggested.

Last weekend we took the long trip down to Cornwall to play Redruth and this was a bridge to far with an already extremely depleted squad. Redruth is traditionally a hard place to go but when they are high flying at the top of the league and pushing for promotion, and we are struggling to get a full 20 out on the pitch due to injuries it makes the task even harder. Due to these injuries we had to

take out an emergency loan for a hooker and we're very grateful to Caley Gray at Bath University who helped us out that day. Although the heavy loss we suffered down there I can't fault the attitude and intent that we tried to play with in the second half and the boys deserve a lot of credit for that.

Today we welcome Clifton who are another outstanding team and another National League giant that have had an excellent season and were pushing for promotion for the most part of the year. We have had 2 big losses this season, one last week against Redruth and the other was away at Clifton in December, so we know firsthand how good they can be if given the opportunity to play.

Enjoy the Game

Danny Cleare

ROCHFORD HUNDRED RUGBY CLUB
- Head Coach



HOME TEAM SQUAD

ROCHFORD HUNDRED

RUGBY FOOTBALL CLUB

No.	Name	Sponsor
1	Josh Ridgway	No Sponsor
2	Rob Gardner	Vince Brown
3	Aston Bevans-Royston (<i>Captain</i>)	Delux Breeding Service
4	Calum Brackett	No Sponsor
5	Samuel Fombo	John Drinkwater & Big Fish Group
6	Harry Hudson	Simon Wakefield
7	David Rufai	No Sponsor
8	Mac Duaibe	Vince Brown
9	Jack Daly	Peter Jay
10	George Elliott	Ian Brown
11	Alex Baker	No Sponsor
12	Wouter Roters	No Sponsor
13	Munashe Muzuzu	No Sponsor
14	Mark Billings	Alan Peacock
15	Jake Spivey	FRONT - architecture
<i>Substitutes</i>		
16	Lewis Brunger	The Sheds and Betchleys
17	Jordan Dyer	No Sponsor
18	Anthony Parish	Securitamem Group
19	James Kellard	No Sponsor
20	Sam Cappaert	Burman Recruitment

To sponsor a lunch please email:

commercial@rochfordrugby.com

AWAY TEAM SQUAD

CLIFTON

RUGBY FOOTBALL CLUB

No.	Name
1	Not Supplied
2	Not Supplied
3	Not Supplied
4	Not Supplied
5	Not Supplied
6	Not Supplied
7	Not Supplied
8	Not Supplied
9	Not Supplied
10	Not Supplied
11	Not Supplied
12	Not Supplied
13	Not Supplied
14	Not Supplied
15	Not Supplied

Substitutes

16	Not Supplied
17	Not Supplied
18	Not Supplied
19	Not Supplied
20	Not Supplied

Rochford Hundred Upcoming Events

End of Season AWARDS DINNER

Saturday 14th May

Guest Speaker:

ANDY GOODE

Open to all club
members over the
age of 18

To sponsor a match ball please email:

commercial@rochfordrugby.com



^
NOW OPEN
v

> NEW

BAR
HOTEL
RESTAURANT
TERRACE



lacedemontriond.com



@lac.de.montriond



Rochford Hundred Squad 2021/22

BACKS *(sponsors under each name)*



Sonny Gay captain
Mike Drinkwater



Ricki Gould
Matt Stewart



Jack Daly
Peter Jay



Steven Jay
No Sponsor



Jack Doherty
No Sponsor



Jake Spivey
FRONT - architecture



Dominic McDonald
No Sponsor



George Elliott
Ian Brown



Sam Cappaert
Burman Recruitment



George Griffiths
Zing Mortgages



Will Ferrier
No Sponsor



Munashe Muzuzu
No Sponsor



Daley Aremu
No Sponsor



Matthew Needham
No Sponsor



Wouter Roters
No Sponsor



Danny Cleare
No Sponsor



Tom Pickering
No Sponsor



Damien Brambley
Mike Head



Mark Billings
Alan Peacock



Chris Dudman
Jim Bentley

Providing high quality video analysis at an affordable rate to all clubs

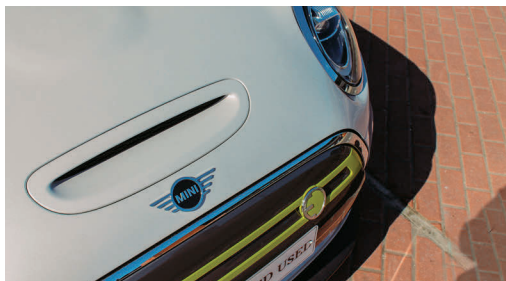

ProSportsAnalysis

Mobile: 07825 185633

Email: info@prosportsanalysis.com



TEST DRIVE THE MINI ELECTRIC.†



If you're looking for a car that's all torque, as well as action, then let us introduce the latest MINI Electric. It feels better than ever, with immediate oomph thanks to instant torque. And it looks better than ever too. With a sharper, sleeker update to its legendary MINI look and, of course, that MINI Electric feeling.

Scan the QR code to book a test drive



Fairfield MINI

Arterial Road

Leigh-on-Sea

SS9 4XX

01702 429472



*Mpg (l/100km): Not applicable. CO₂ emissions: 0 g/km. Electric energy consumption (weighted): 3.9 – 4.1 Miles/kwh (15.9 – 15.2 kwh/100 km).
Electric range: 3.9-4.1 miles/kwh (15.9-15.2 kwh/100km)

† Test Drive subject to availability and applicant status. *Measured according to the WLTP test cycle.

Figures shown are for comparability purposes; only compare fuel consumption and CO₂ figures with other cars tested to the same technical procedures. These figures may not reflect real-life driving results, which will depend upon a number of factors including the accessories fitted (post registration), variations in weather, driving styles and vehicle load. All figures relate to vehicles with 6-speed manual transmission.

NOTICE BOARD

VOLUNTEER



As a community rugby club, we are always looking for more volunteers to help us run the club. We are the size of a small business run entirely by a very willing volunteer workforce, but we always need more help. If you have some time from only perhaps an hour a week to much more, we can find a worthwhile role for when you join our volunteer army.

If you are willing to donate some time, please email:

chairman@rochfordrugby.com

The Rochford Hundred 200 Club has just been relaunched to become the Rochford Hundred 250 Club. This is a great way to support your club with all profits going into supporting the growth and progress of your community rugby club. We draw 6 lucky winners every month with the prize money increasing for the December draw. If we can reach the 250 figure we will then increase the monthly prize money. Each number will cost you £5 per month and if you email janebrew@yahoo.co.uk Fred will happily arrange for you to pay and give you your numbers. You can have as many as you like.



Rochford Hundred Rugby Club – Telephone 01702 544021 – Website www.rochfordrugby.com



WHEN
YOU
NEED
A SAFE
PAIR OF
HANDS.

MORTGAGES • REMORTGAGES • BUY TO LETS • INCOME PROTECTION
FIRST TIME BUYERS • LIFE PROTECTION • CRITICAL ILLNESS COVER



MATTHEW BARBER CeMAP
07967 105360
matt.barber@zing-mortgages.co.uk



Compliance through teamwork



Air

Ventilation cleaning & testing to TR19® & BS EN 15780; fire damper testing & IAQ monitoring



Water

L8 Legionella control (ACOP) & water tank cleaning



Fire

Kitchen extract cleaning to TR19® Grease & grease trap cleaning



SWIFTCLEAN

Duct Cleaning & Legionella Risk Experts

You need a good team around you to achieve good results. We work with building managers and FM companies helping them to gain legal compliance.

Call now for a FREE quote
& technical advice - NATIONWIDE

0800 243 471

www.swiftclean.co.uk



 zing mortgages

WHEN YOU NEED A SAFE PAIR OF HANDS...

Matt Barber is a loyal member of RHRFC and ex 1st team player providing quality advice on the following:

**MORTGAGES • REMORTGAGES • BUY TO LETS • INCOME PROTECTION
FIRST TIME BUYERS • LIFE PROTECTION • CRITICAL ILLNESS COVER**



07967 105 360

















zing-mortgages.co.uk

matt.barber@zing-mortgages.co.uk



LEAGUE & TODAY'S FIXTURES

LEAGUE TABLE

Club	Pld	W	D	L	F	A	PD	TBP	LBP	Points
 Esher	27	22	1	4	988	563	425	20	2	112
 Redruth	27	22	1	4	860	441	419	17	1	108
 Clifton	27	20	1	6	1013	619	394	19	3	104
 Worthing	27	18	1	8	815	588	227	20	6	100
 Leicester Lions	26	17	0	9	713	515	198	14	5	87
 Henley	27	15	3	9	715	619	96	14	4	84
 Dings	27	13	1	13	764	728	36	17	6	77
 Bury St Edmunds	27	14	2	11	766	656	110	11	5	76
 Guernsey	25	13	0	12	639	653	-14	12	4	68
 O Albanian	27	12	0	15	769	703	66	14	8	65
 Hinckley	26	9	0	17	650	744	-94	12	8	56
 Barnes	27	8	5	14	626	652	-26	9	5	56
 Canterbury	26	10	1	15	553	607	-54	9	4	55
 Rochford Hundred	26	7	0	19	475	788	-313	7	6	41
 Barnstaple	27	3	0	24	388	910	-522	0	2	14
 Westcliff	27	2	0	25	359	1307	-948	4	2	14

TODAY'S FIXTURES

Saturday 16th April 2022

Time	Match	Venue
15:00	Barnes v O Albanian	Queen Elizabeth Walk
14:30	Barnstaple v Hinckley	Pottington Road
13:30	Bury St Edmunds v Guernsey	GK IPA Haberdern
15:00	Canterbury v Esher	The Marine Travel Ground
15:00	Dings Crusaders v Redruth	Shaftesbury Park
14:00	Leicester Lions v Henley	TMDP Park
15:00	Rochford Hundred v Clifton	The Rugby Park
15:00	Worthing v Westcliff	The Rugby Park



LooseHeadz

#TackleTheStigma



The Rugby Brand That Gives Back

Help us to put a mental health lead in every rugby club.

We are here to #TackleTheStigma around mental health. Together, we can start the conversation that inspires a movement towards better mental wellbeing. 100% of the profit from every purchase of LooseHeadz rugby clothing and apparel helps to fund the LooseHeadz Foundation (charity number #1193051) and our campaign to put a mental health lead in every club.

Join the movement @ [LooseHeadz.co.uk/RUOK](https://www.looseheadz.co.uk/ruok)



Rochford Hundred Rugby Club

Welcome to Rochford Hundred Rugby Club

Our Club History

Rochford Hundred was the brainchild of John Roden and Ernie Mills and was first discussed in November 1961 when the two met at the White Hart in Hawkwell. John had played at Ilford Wanderers and Ernie was an Old Tottonian so both were keen to play on their own doorstep. The inaugural meeting was held on the 4th January 1962 at the Bull Inn and was attended by a small group. The club now needed a ground and the assistance of County Councillor, later Alderman, Bill Wright was sought. He was appointed Chairman and very quickly secured the use of Rocheway School which had been closed due to its proximity to Southend airport.

This of course gave the club changing rooms and rugby pitches immediately. To get players an advert was placed in the Southend Pictorial and no less than 45 replies were received. Old Westcliffians had seen the advert and invited the new committee to a beer and cheese evening at the Gables. From this Rochford secured a fixture and an introduction to the London fixture Exchange. The first fixture was in fact against Billericay and not Old Westcliffians however. The name of the club had been suggested by John Roden after he saw a poster by Rochford Hundred Licensed Victuallers Association in the White Hart. Rochford Hundred was after all the name of the district.

The club also managed to secure a clubhouse in the car park of the Horse & Groom thanks to Mrs Innell, the licensee, and quickly set to work to make it ready for use for season 1962/63, although it was in use from March 1962.

It is worth noting that the first games were played in March and April 1962 and that Bob Light was captain.

In Season 1962/63 the club fielded 2 senior teams and a Colts team which is remarkable for a first full season. It is recorded that over 70 fixtures were arranged for this first season. Tony Davies was the 1st XV captain in this season. The Colts team was made up of a number of players from Rayleigh Secondary Modern School (now Fitzwimarc) and Sweyne School. Indeed David Allen (then a 16 year old) remembers being at one of the formation meetings at the Bull when he was still at school.

The first few years were not particularly successful but things changed when the likes of Mike Treasure came onto the scene. He was captain in 1965/66 and 1966/67 and was our first full Essex cap. His team went unbeaten for 18 months and were one of the highest scoring teams in the country. He was fortunate in having players of the calibre of Peter Coster, who was a great centre. Regrettably, Peter died recently in America, where he had been living for many years.

With playing success there came a desire to move to our own ground and in 1968 Jim Sowter, who used to write a column in the local press, printed a story that the club wished to purchase a field in the Rochford district big enough for pitches and a clubhouse. He received a letter from the lady secretary of Southend Manor Football club stating that they had an option on 10 acres of land in Magnolia Road. They were unable to raise the money to proceed and suggested that we might like to take over the option. Jim arranged a meeting between her and Ernie Mills and Ernie liked what he saw and took up the option. The land cost £3,200 and the purchase was completed in March 1969. The Rugby Football Union provided a loan of £2,100 towards the purchase.

The lengthy process of obtaining finance, building the clubhouse and preparing the pitches could now be started. In September 1970 a grant of £5,592 was offered by the Ministry of Housing and local Government and this was supplemented by grants and loans from the Essex Playing Fields Association and the National Playing Fields Association. In July, 1971 the Club gave the go-ahead to Muggleton's to start building based on an estimated cost of £11,320 of which we had raised only £8,000. The clubhouse was officially opened by Dickie Jeeps in April, 1974 when the 1st XV played against a strong Eastern Counties XV.

In 1971/72, when Malcolm Fleming was captain, there were two memorable games both in the Essex Senior Cup. The first game was against Old Bancroftians when Dickie Kent, who played scrum half for England, and Howard Waller, who was a renowned sevens player for Richmond, were in the Bancroft side. Rochford won 21-6 in a tremendous match and demonstrated that they had joined the top echelons of Essex rugby. The next round was against Barking Park Modern Old Boys at Rocheway and a pulsating match was finally won by Barking 14-12. To those who were present these were two of the finest matches played by Rochford.

The pitches in those early days at Magnolia Road were frankly dreadful but over the years there has been considerable work on them and they are now adequate for the task, if not perfect. In the late 1980's and early 1990's the clubhouse was expanded substantially with new changing rooms a gym and a new clubroom and kitchen. Floodlights were also installed.

Our youth section has gone from strength to strength and provides players for our 1st XV and other club teams. In fact our current 1st XV is almost entirely made up of former youth players. We have a ladies and girls section which is unusual among Essex Clubs. The club is currently playing in National League 2 South and we can look back on 60 years of activity with considerable satisfaction.

Rochford Hundred Rugby Club - Telephone 01702 544021 - Website www.rochfordrugby.com

ACKNOWLEDGMENTS

Rochford Hundred Rugby Football Club members wish to thank all of our friends who have supported us through the years and this coming season.

We are grateful for the many donations made by various friends and business associates.



**REFLEXIONS COMPLEMENTARY
THERAPIES & BEAUTY**

Pampering, Relaxation, Tranquility

Based near Hockley Train Station, offering;

- Massage * Pregnancy Massage *
- Reflexology * Indian Head Massage* Facials *
- Dermaplane Facials * Microdermabrasion *
- Mesotherapy * Microneedling * Chemical Peel *
- LED Light Therapy * Manicure * Pedicure *
- Gel Polish * Gel Extensions *Waxing * Tinting *
- Lash Lift & Tint * Semi Permanent Eyebrows *
- Skin Tag Removal * Plasma Pen Skin Tightening *
- Brow Lamination * Ladies 'at Home' Pamper Party *
- Special Occasion Hair Up *

Tel; 07931112086
E-Mail; nikki-reflexions@hotmail.com



Rochford Hundred Rugby Club – Telephone 01702 544021 – Website www.rochfordrugby.com

design 4 print & signage

Print Signage Workwear

banners • posters • leaflets • vinyl • brochures • tickets • pull-up banners • programmes
newsletters • snap frames • a boards • chalk boards • signage • exhibition stands
correx boards • tent cards • business cards • menus • stationery • artwork & design
foamex boards • folders • letterheads • invoice pads • vehicle wrapping • shop fascias
booklets • compliment slips • ncr books • pur brochures • embroidery & printed uniforms

✉ sales@design4print.org

🌐 www.design4print.org

👍 Design 4 Print & Signage

Vikings Way, Thames Industrial Estate,
Canvey Island, Essex SS8 0PB

📞 **01268 510555**

pl@n GRAPHIC DESIGN For All Your Graphic Design Needs

**Free
Quote**

Just Telephone or Email
Your Requirements

Logos
Magazines
Adverts
Stationery
Leaflets
Brochures
Posters

**Call
Today**

Fast Response
& Fast Turnaround

Telephone: **01702 469035**

Email: plangd@live.com Web: www.plangraphicdesign.co.uk

27 Eros Avenue ■ Southend-on-Sea ■ Essex ■ SS2 4GN  Find us on facebook

Rochford Hundred Rugby Club - Telephone 01702 544021 - Website www.rochfordrugby.com

Seetec
SKILLS

Start your career the smart way
with an apprenticeship



- Earn a wage
- Get on-the-job training
- Gain industry skills

seetec.co.uk



Education & Skills
Funding Agency