



*Part of Meliora Medical Group*

# **Rochford Hundred RFC Concussion Care for £15**

*The UK's Leading Sports Medicine Partner for Schools*



# What is concussion?

Concussion is a **mild traumatic brain injury**.

Recently there has been growing concern over head injuries and concussions in sport and at schools. Concussions can affect a child's physical, mental and emotional health as well as their academic and sporting performance.

There are strict post-concussion guidelines in place that the injured child, their parents, their school and their sports clubs must follow before they can return to sport.

This involves having at least 2 appointments with doctors. It can often be difficult to find doctors with expert knowledge of the injury without having to wait weeks for appointments, or pay large sums of money for private referrals.

This is where Return2Play's **Head Injury & Concussion cover** comes in.

*The UK's Leading Sports Medicine Partner for Schools*

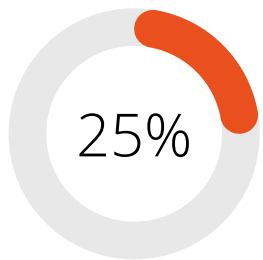


# Did you know?



**20%** of concussions are from non-sport incidents, such as in the playground, classroom or at home.

It's not a "rugby injury". We've treated concussions from **18 different sports**.



**25%** of concussions at our partner schools and clubs happen to girls. Often, the recovery time for girls is longer.

Being knocked unconscious is **very rare**. There are lots of signs and symptoms that suggest the brain is injured.



Return2Play's daily clinics ensure that there are **no delays in returning to sport** for those who are fit and able to do so.

*The UK's Leading Sports Medicine Partner for Schools*



# What is included in the cover?

## Unrivalled Medical Expertise

We've seen **6000+** child and youth concussions to date. Our medical team also work in elite sport and are seen as leading voices in the field of concussion.

## Unlimited Appointments

We provide an unlimited number of appointments for each head injury your child may have. All included in the one-off £30 payment.

## No Waiting Rooms

Our online clinics run 7 days/week, with morning, afternoon, evening and weekend appointments available, so you don't have to miss work nor your child miss school to spend hours sitting in a waiting room.

## Bespoke Care

Our medical team work with you and your child's school to ensure they follow a recovery plan specific to their needs.

**Giving you the peace of mind that your child is receiving gold-standard medical care.**

*The UK's Leading Sports Medicine Partner for Schools*



# How does it work?

## The Injury

Unfortunately, injuries happen. Whether it's at school, on the sports field, at home or elsewhere - your child is covered.

**STEP  
01**

## R2P System

Staff record the injury on the R2P System and parents are automatically notified and instantly able to book a doctors appointment.

**STEP  
02**

## Diagnosis

Same-day appointment available to confirm or deny diagnosis of concussion (subject to availability).

**STEP  
03**

## Ongoing Care

R2P's medical team guide you and your child through their recovery. You can have an unlimited number of appointments as needed.

**STEP  
04**

## Return to Sport

Once safe to do so, your child will be signed off to return to sport, with their school, clubs and yourself automatically notified.

**STEP  
05**

*The UK's Leading Sports Medicine Partner for Schools*





*Part of Meliora Medical Group*

**To find out more, please  
visit our website or get in  
touch.**

**[www.return2play.org.uk](http://www.return2play.org.uk)  
[hello@return2play.org.uk](mailto:hello@return2play.org.uk)**

*The UK's Leading Sports Medicine Partner for Schools*

