



Rochford Hundred Rugby Football Club

REGIONAL 1 South East Versus Tring RFC





Saturday 9th September 2023 Kick Off 3.00pm



Referee - Alex Powdrell

4th Official - Simon Watkins

Ball Boys - Under 13's Mascots - Under 6's & Under 7's

Main 1st XV Sponsors













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Training nights

Senior Men - Tuesdays & Thursdays 7pm

Senior Ladies - Thursdays 7.30pm

Academy - Tuesdays & Thursdays 7pm

Inclusive Rugby (Men) - Mondays 7pm

Youth (Boys and Girls) - Wednesdays 7pm

Minis (U6-U12) - Saturdays 9am

Little Rascals (2-6) - Saturdays 9am

Mixed Ability Rugby (Youth) - Alternate

Saturdays 9.30am



Rochford Hundred Rugby Club

Welcome to Rochford Hundred Rugby Club

Our Club History

Rochford Hundred was the brainchild of John Roden and Ernie Mills and was first discussed in November 1961 when the two met at the White Hart in Hawkwell. John had played at Ilford Wanderers and Ernie was an Old Tottonian, so both were keen to play on their own doorstep. The inaugural meeting was held on the 4th of January 1962 at the Bull Inn, Hawkwell, and was attended by a small group. The club now needed a ground and the assistance of County Councillor, later Alderman, Bill Wright was sought. He was appointed Chairman of the Club and very quickly secured the use of Rocheway School which had been closed due to its proximity to Southend airport.

This of course gave the club changing rooms and rugby pitches immediately. To get players, an advert was placed in the Southend Pictorial and no less than 45 replies were received. Old Westcliffians had seen the advert and invited the new committee to a beer and cheese evening at the Gables. From this Rochford secured a fixture and an introduction to the London fixture Exchange. The first fixture was in fact against Billericay and not Old Westcliffians however. The name of the club had been suggested by John Roden after he saw a poster by Rochford Hundred Licensed Victuallers Association in the White Hart. Rochford Hundred was after all the name of the district.

The club also managed to secure a clubhouse in the car park of the Horse & Groom thanks to Mrs Innell, the licensee, and quickly set to work to make it ready for use for season 1962/63, although it was in use from March 1962.

It is worth noting that the first games were played in March and April 1962 and that Bob Light was captain. Bob was Head of PE at the local comprehensive school and brought along many pupils from the school to play for Rochford.

In Season 1962/63 the club fielded 2 senior teams and a Colts team which is remarkable for a first full season. It is recorded that over 70 fixtures were arranged for this first season. Tony Davies was the 1st XV captain in this season. The Colts team was made up of several players from Rochford Comprehensive School (now King Edmund), Rayleigh Secondary Modern School (now Fitzwimarc) and Sweyne School. Indeed David Allen (founder of DHL and then a 16-year-old) remembers being at one of the formation meetings at the Bull when he was still at school.

The first few years were not particularly successful, but things changed when the likes of Mike Treasure came onto the scene. He was captain in 1965/66 and 1966/67 and was our first full Essex cap. His team went unbeaten for 18 months and were one of the highest scoring teams in the country. He was fortunate in having players of the calibre of Peter Coster, who was a great centre.

With playing success there came a desire to move to our own ground and in 1968 Jim Sowter, who used to write a column in the local press, printed a story that the club wished to purchase a field in the Rochford district big enough for pitches and a clubhouse. He received a letter from the lady secretary of Southend Manor Football club stating that they had an option on 10 acres of land in Magnolia Road. They were unable to raise the money to proceed and suggested that we might like to take over the option. Jim arranged a meeting between her, and Ernie Mills. Ernie liked what he saw and took up the option. The land cost £3,200 and the purchase was completed in March 1969. The Rugby Football Union provided a loan of £2,100 towards the purchase.



Rochford Hundred Rugby Club

The lengthy process of obtaining finance, building the clubhouse, and preparing the pitches could now be started. In September 1970 a grant of £5,592 was offered by the Ministry of Housing and Local Government and this was supplemented by grants and loans from the Essex Playing Fields Association and the National Playing Fields Association. In July 1971 the Club gave the go-ahead to Muggleton's to start building based on an estimated cost of £11,320 of which we had raised only £8,000. The clubhouse was officially opened by Dickie Jeeps in April 1974 when the 1st XV played against a strong Eastern Counties

In 1971/72, when Malcolm Fleming was captain, there were two memorable games in the Essex Senior Cup. The first game was against Old Bancroftians when Dickie Kent, who played scrum half for England, and Howard Waller, who was a renowned sevens player for Richmond, were in the Bancroft side. Rochford won 21-6 in a tremendous match and demonstrated that they had joined the top echelons of Essex rugby. The next round was against Barking Park Modern Old Boys at Rocheway, and a pulsating match was finally won by Barking 14-12. To those who were present these were two of the finest matches played by Rochford at that time.

The pitches in those early days at Magnolia Road were frankly dreadful but over the years there has been considerable work done on them and the 1st XV pitch is now one of the best plating surfaces in Essex. In the late 1980's and early 1990's the clubhouse was expanded substantially with new changing rooms a gym and a new clubroom and kitchen. Floodlights were also installed to the top pitch.

Our youth section started in 1991 has gone from strength to strength and provides players for our 1st XV and other club teams. In past seasons our Mens 1st XV has been almost entirely made up of former youth players and we have a strong, growing ladies' team, the Rochford Hundred Vixens together with a girl's section.

The Mens 1st XV played a lot of its rugby from the turn of the century in the London Leagues, dropping up and down from London 1 to London 3. Around this time the Essex Senior Cup was the major trophy to win and up until 1999 Rochford had never won it. In that year we reached the final and played Basildon at Westcliff in front of huge crowd, Rochford were triumphant that day to record their first ever win of the Essex Senior Cup. After that we reached many Essex Senior and Intermediate Cup Finals, winning them a further 6 times, before the Cup lost some of its glamour, and we are now too high in the league structure to be able to compete in the competition.

In 2017 the Mens 1st XV were playing in London 2 North East when we decided to have a concerted push for promotion. The team then went on an incredible journey to take the title by storm without losing a single league game, gaining a bonus point in every one of them, and knocking up 1280 points in the process. Promotion to London 1 North gave us stronger opposition, but we remained unbeaten for the whole season again, repeating gaining a bonus point in every match, and scoring 1480 points. The London Premier League saw us play at the highest level that the club had ever played at before but gave us our 3rd promotion as Champions in consecutive years. Starting our season again unbeaten and with full bonus points, with that run finally came to an end after 54 matches across 3 seasons.

Covid put an early end to this season, and the RFU league algorithm confirmed us as champions, with Guernsey runners up. Our tremendous performance and win away at Guernsey being the pivotal decider in the league placing, and the fact we only lost 2 matches during the whole season too.

Following two fantastic years as one of the top 81 clubs in the country, playing National 2 rugby for the first time in our history, relegation unfortunately happened at the end of the 2022/23 season by a narrow margin, and we are now playing in Regional 1 South East, renewing some old rivalries, and we can look back on over 60 years of activity with considerable satisfaction.

07/09/2023 14:25



CHAIRMANS MESSAGE

Good Afternoon All,

Welcome Tring to our first Home League game. The last time our two teams faced each other was a pre-season friendly at Colchester in August 2022. I remember it was a very hot day and a tough day for our boys.

Our lads are presently riding high on a fantastic win away to Old Northamptonians, their first league game last Saturday, so will be hoping to continue this good fortune.

As a club we have been going through some changes from the end of last season. We have many new members on our Exec committee and of course myself stepping into Ray Stephenson's big shoes as Chairman. This has been an interesting baptism of fire.

The new changing rooms are finished and looking fantastic, thanks to all involved in this.

Last week saw the East Anglians down for the weekend with a fantastic game of rugby with our 3s. This was a great opportunity for them to test the squad for the season ahead, resulting in a confident 50-34 win. They will be away today to play Harlow 2s, good luck boys.

I also had the opportunity to watch our U14s play Thurrock at home Sunday. The coaches, parents and the lads should be proud of the effort put in, with some fantastic looking rugby, resulting in a 54-19 win for the lads. Good luck for the season ahead.

So back to today, a big thankyou to the organisers, from the bar, kitchen and grounds people, to make this first league game perfect.

A big shout out to our U6's and U7's, your mascots today. Also a thank you to our U13's, our ball boys for today.

Please have a great day and please remember to be respectful to both teams and the Match officials.

'This is not Soccer', as the great Nigel Owens would say.

Nortin Renshow

ROCHFORD HUNDRED RUGBY CLUB - Chairman









Rochford Hundred Rugby Club

LEAGUE LUNCHES

9th September 2023 v TRING

23rd September 2023 v **HERTFORD**

14th October 2023 v SHELFORD

4th November 2023 v SUDBURY

18th November 2023 v LETCHWORTH GARDEN CITY

16th December 2023 v WESTCLIFF

13th January 2024 v BEDFORD ATHLETIC

3rd February 2024 v HARPENDEN

2nd March 2024 v COLCHESTER

23rd March 2024 v OUNDLE

6th April 2024 v **OLD NORTHAMPTONIANS**

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VISITORS INFORMATION



There has been a rugby club in the small northwest Hertfordshire town of Tring since 1964, when two Tring based local commuters, Don Dover and Arthur Howlett, bemoaning the lack of rugby in the town, established a club at The Royal Hotel at Tring Station, where they used to meet for a dripk

after returning from London by train. They put adverts in the local papers to attract players and soon got themselves up and running.

The club's first home was on land to the north of the town, off Manor Road, generously leased to them by the Mead family who were local farmers and land owners. The facilities were meagre to say the least – the pitch was simply a bit of pastureland and players changed in an old open sided cowshed located on the site. The shower was made from a ½ inch piece of copper pipe with holes drilled in. If the weather were warm enough for water to flow players would try and clean up under a trickle of cold water fed from one of the water troughs. The clubhouse was the nearby Black Horse pub in the town centre.

Chief amongst those setting up the club was a New Zealander, Mark Ottway, who had been relocated to the UK for business and had settled in Tring. Ottway was the first club captain and had enjoyed rugby at all levels in his native New Zealand, becoming an All Blacks trailist as well as making the country's Davis Cup tennis squad.

Ottway brought tales of life at the rugby clubs in New Zealand where a core part of the club's set up was based around children playing the game too. This was unheard of in England, where rugby at junior level was played only at schools, and primarily fee paying ones at that. Tring liked what Ottway had to say about bringing youth into the club and developing a community feel and in 1965 became the first rugby club in the UK to have a junior team, long before the phrase minis rugby was dreamed up. Members of that first junior team are still active in the club today – a whole rugby career later.

As the town expanded the council compulsorily purchased the original site so it could become Dundale School and, in search of a new home, the club approached another local landowner, the show jumper Dorian Williams who owned the estate at Pendley, on the eastern edge of the town, close to the clubs roots at Tring Station.

Williams had a philanthropic vision for a cultural centre in Tring that comprised an arts centre, now the popular Court Theatre, an adult education college, which was located in Pendley Manor itself before it became a hotel and a sports centre which would be home to many of the towns sporting teams. Williams welcomed the club with open arms and they established a base alongside Tring Town Football Club (now home to Tring Athletic). By this time fielding 2 regular teams as well as a growing junior section, moved to the site in the early 1970's and were soon joined by the town's athletics, hockey, squash and bowls clubs at the burgeoning Cow Lane complex.

Facilities were little better at Cow Lane, the changing rooms were still in a cow shed, all be it enclosed, and the showers still a very "Heath Robinson" affair until eventually they managed to get hold of a large amount of concrete and install a lunge plunge bath into the building.

A few years after starting life at Pendley the club had raised enough money to erect a pre-fabricated unit to act as a changing room cum clubhouse and on April 13th 1975 the club hosted it's Ground Opening match when Tring took on an International XV which included many star names of the time.

The building remained in this use until the mid 1980's when the plans for a purpose built clubhouse were drawn up. The current clubhouse was opened in 1984 and the old clubhouse became the dedicated changing rooms until five years later when they made way for the brick built ones seen on site today.

Success has been endemic throughout the club for many years but the achievements of the first team since the turn of the century have caught many peoples eye.

In 2003/04 they won their league Herts/Middlesex One, losing only game all year and then repeated the feat in 2004/05 by winning London Four (north west), again losing just one game all season.

In 2005/06 they competed in London Three (North West) against other local teams such as Harpenden, Welwyn and Fullerians, based in Watford, as well as teams from north and west London. They were runners up to Woodford at the end of the season and beat Norfolk side Diss (runners up in London 3 North East) in a play off match to achieve their third successive promotion up to London 2 North. The season also saw the club advance to its furthest position in the RFU's national Intermediate Cup competition where they reached the quarterfinals, losing to eventual cup-winners Stockport.

In comparison the 2006/07 season was something of a disappointment although in reality a massive achievement for the club. They led London 2 north for long periods of the season, only to be over hauled by a strong Civil Service side in the last quarter. Tring were again runners up in the league and faced another play off to secure a fifth successive promotion. Their opponents were London 2 south side Thanet looking to make a return to London I having been relegated the previous year. Alas for Tring the luck was against them on the day and they lost to Thanet in one of the most compelling matches held at Cow Lane in front of nearly 500 spectators.

Not deterred Tring attacked the 2007/08 season from the start and were part of the leading pack all season. In the end they edged past Staines and Chingford to take the league title and gain promotion to London 1 for 2008/09 – this is level five on the rugby pyramid and the highest level the club has ever performed at.

Away from the first team the club fields three other sides on a regular basis, along with an occasional Vets side for the over 35's.

After several years unbeaten in the Herts / Middlesex Merit Tables the Second team now play in the highly competitive Canterbury Shield where they take on teams from across the region. The third and fourth teams continue in the Merit Tables. With so many sides to choose from there is rugby in Tring on offer to anyone and everyone who wants to play the game no matter what are or standard.

The success of the England national team at the 2003 IRB World Cup, development of the game for girls and the growing trend amongst parents that rugby is a 'nicer' sport for their children to be involved with has led to an increase in membership for the club's mini and junior section. This season over 300 children between the ages of 6 and 19 regularly played or trained at the club. At this level fixtures are mostly made up of mini tournaments or festivals where several clubs will bring players covering several age groups to the club for a day of rugby. Every year, in March, Tring host an annual festival for Mini Rugby – clubs from throughout the region compete and over 1000 children take part. Of course with that many children attending there is a strong

coaching or watching will often sit in the club and those that aren't involved with coaching or watching will often sit in the clubhouse enjoying a tea or coffee and reading through the papers.

As an amateur organisation the club is supported by the parents of mini and junior players, the senior players; who pay match fees every week, and the generosity of a large band of Vice Presidents – a level of club membership which is supported by regular match day dinners and other events throughout the year. There are also contributory schemes with prize funds to increase revenue.

In June 2007 the club decided to start work on the TringRugby project, which sees the two sections of the club; Mini & Junior and Seniors, amalgamate to form one strong club identity.



COACHES CORNER

A warm welcome to the Tring Taliban and a warmer welcome to the Rochford faithful, I hope you have enjoyed the time off and share the excitement we have for this season. This summer has seen several players move on which is natural, but we have also brought in a number of players that have come in and really bought into our team ethos and have settled in nicely.

Last week was a tough start to the season and a complete banana skin playing against Old Northamptonians which is our longest trip of the season. ON's won their league last season and won the Papa Johns National Cup at Twickenham, so were certainly a team on the up and full of confidence, so we knew we had to start fast, and we couldn't have started faster with a try with our first attack of the game thanks to a little chip from Sam Cappo which Spivey gathered and offloaded to Seth to run in from 40m. For the next 50 minutes of the game we took complete control racing into a 34-14 point lead playing down the slope and looking comfortable. Unfortunately, rather than kick on from here and knock up a big score we had a horror 10 minute spell. We lost Sam Cappo to a nasty knee injury and moved Dudman to 10, then within minutes lost Dudman to a yellow card, and within a further minute lost Craig Strachan to a very harsh yellow card and penalty try. So from being comfortable we then found ourselves only 14 points in front, 2 players down and on our third fly half of the game. We did well to only concede one further try during the 8 minute spell of having 13 players on the field and we managed to secure a 6 point victory, but more importantly the maximum 5 points on the road.

This week we face a very tough Tring side that finished 5th in this league last year and have always been a team competing at the right end of the table. In my Rochford tenure we have only faced Tring once and that was during our promotion and league winning season in 2019-20,

and that game was a very tough win at their place 28-11, so I am expecting an equally tough fixture today.

In terms of our team, we have been very unlucky with early injuries this season and have so many players on the sideline. This is pulling us very thin even at these early stages, and unfortunately the Harts face the brunt of it as lads get called up which in turn leaves them short. So huge respect to the boys that played 2's rugby last week with a bare 15, but brighter days will come when players are back fit, and I am sure we can have a successful season across all of our teams throughout the club.

Enjoy the Game.

Janny Cleave

ROCHFORD HUNDRED RUGBY CLUB - Head Coach





HOME TEAM SQUAD

ROCHFORD HUNDRED

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15	Nathan Lockwood	No Sponsor
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18	Sonny Gay	No Sponsor

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Rochford Hundred Rughy Club — Telephone 01702 544021 — Website www.rochfordrughy.com



AWAY TEAM SQUAD

TRING

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5	Not Supplied
6	Not Supplied
7	Not Supplied
8	Not Supplied
9	Not Supplied

Name

No.

Not Supplied Substitutes Not Supplied

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17

18

Rochford Hundred Upcoming Events

NEXT 1ST XV HOME MATCH

Saturday 23rd September vs HERTFORD

3pm Kick Off

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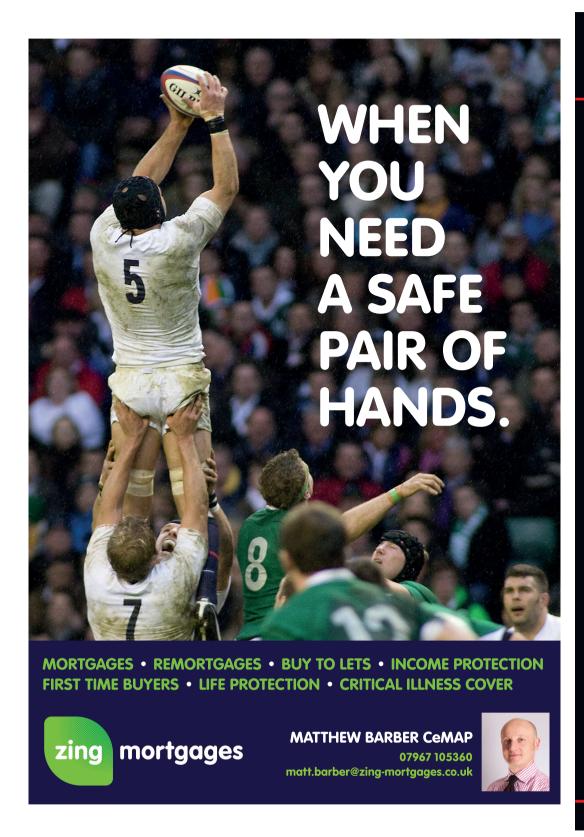
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Rochford Hundred Squad 2023/24

STAFF & COACHES



Daniel Cleare
DIRECTOR OF
SENIOR RUGBY

(



Aston Bevans-Royston FORWARDS COACH



Mark Billings ACADEMY DIRECTOR & Lst XV BACKS COACH



Luke Brewster
HEAD OF STRENGTH
& CONDITIONING



Redmond Newbury
ASSISTANT FORWARDS
COACH



James Tirrell SPECIALIST / SKILLS COACH



Adam Faherty Ist XV MANAGER



Laura Bailey Ist XV PHYSIOTHERAPIST



Andrew Livett

Ist XV
PHYSIOTHERAPIST



George Phelps-Knights

Ist XV

ANALYSIS



Bill Smith
IST XV VIDEOGRAPHER
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Josh Phelps-Knights
HARTS
HEAD COACH



Calum Brackett

ACADEMY
HEAD COACH

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Rochford Hundred Squad 2023/24

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Alex Harbrow (Back Row) No Sponsor



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Rochford Hundred Squad 2023/24

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Tauren Henwood (Fly Half) Simon Wakefield



George Griffiths (Winger) Vince Brown

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