SEVENS RUGBY2017

SPONSORED BY

REX CLUB







ALSO FEATURING LEITH OLD BOYS PEEBLES OAPEES

12PM KICK-OFF!



SATURDAY 8 APRIL 2017

FREE ENTRY! BEER TENT | DJ | BBQ GAMES FOR KIDS



£2 DONATION PER PROGRAMME

CAPTAIN'S CORNER

Hello and welcome to Academy Park for the Rex Club Leith 7s supported by Crabbies.

I'm delighted to welcome 11 teams from near and far to Leith today and I'm sure all will enjoy the day. There is plenty going on both on and off the pitchy. We have a fantastic BBQ with all proceeds going to our youth section, Leith Hawks. There is also a hamper raffle raising funds for the Hawks, so make sure you get involved. We have a cracking beer tent, supported by Crabbies, perfect for the warm spring day we have booked. And lastly a DJ who will be playing the tunes to keep the party going, so get in with your requests!

On the pitch the 12 teams will compete for the Carl Waugh Trophy which was presented to Leith Academicals RFC in the early 1970's by Councillor Cornelius Waugh in memory of his late father when Leith Accies decided to first hold a 7s tournament. Councillor Waugh, known to all as "Cornie" was a well-known and respected figure in the Leith community as well as the wider Scottish rugby community where he refereed at a high level following the end of his playing days. Cornie went on to become the President of Leith Accies RFC and we look forward to presenting it to the victors today.

I would also like to thank all our sponsors Rex Club, Crabbies, Matthew Priest, Health by Science and Excel Mobile Valeting for making the day possible. Check out the information on each in the club and in the programme, a few even have some deals especially for us!

Lastly as I will be lucky enough to be on the pitch throughout the day so will be missing many of the great moments that make this tournament so special. Please make sure you share them all on Facebook, Twitter and Instagram, tag us @Leith Rugby and #RexClubLeith7s. Hopefully I will scroll through them all while nursing a winning hangover tomorrow!!



Proud sponsors of LETTH RUGBY 7s





ZCO

LEITH 7s COMPETITION DRAW

POOL A	POOL B	POOL C	POOL D	
FIFE SOUTHERN	PANMURE	QUEENSFERRY	KINROSS	
KILMARNOCK	EDINBURGH NAPIER	PAISLEY	MORAY HOUSE	
BOROUGHMUIR BEARS	LEITH RUGBY	FORRESTER	PENICUIK	

ВОЛООВПІЛІО	IN DLA	1113	LEITH KUGDT		NKESTEK	PE	NICUK
PITCH 1			PITCH 2				
				12:00	#0 LEITH OVER 35s	V	PRESIENT'S XV
#1 LEITH RUGBY	1	٧	EDINBURGH NAPIER	12:30			
#2 BOROUGHMI	UIR	٧	FIFE SOUTHERN	12:48			
#3 FORRESTER		٧	PAISLEY	13:06			
#4 PENICUIK		٧	MORAY HOUSE	13:24	#5 FIFE SOUTHERN	V	KILMARNOCK
#6 LEITH RUGBY	,	٧	PANMURE	13:42	#7 FORRESTER	V	QUEENSFERRY
#8 BOROUGHM	IUIR	٧	KILMARNOCK	14:00	#9 PENICUIK	V	KINROSS
#10 QUEENSFERI	RY	V	PAISLEY	14:18	#11 PANMURE	V	EDINBURGH NAPIER
#12 KINROSS		٧	MORAY HOUSE	14:36			
#13 FIRST POOL	Α	٧	FIRST POOL B	15:00	#14 THIRD POOL A	V	THIRD POOL B
#15 FIRST POOL	C	٧	FIRST POOL D	15:18	#16THIRD POOL C	V	THIRD POOL D
#17 SECOND PO	OL A	٧	SECOND POOL B	15:34	#18 SECOND POOL C	V	SECOND POOL D
FINALS							
#19 WINI	NER	14	V WINNER 16	15:52			
#20 WINI	NER	17	V WINNER 18	16:10			
#21 LOSE	ER 1	3	V LOSER 15	16:28			
#22 WINI	NER	13	V WINNER 15	16:46			
	PRE	SEI	NTATIONS	17:30			

THE TEAMS

THE TEAMS

POOL A

Boroughmuir Bears

The Bears are the Meggatland outfit's 3rd XV, and one of the best in the country. They finished 8th in BT **National Reserve League Division** 2, ending the season with a 59 - 3 win over Dundee Titans to roll into their first appearance at



Leith (2nd XV) in a friendly in April 2014, running out winners in an entertaining game at Murrayfield. A warm welcome to the first time visitors.

Fife Southern Sharks

Fife Southern are a regular fixture in Leith's pre-season and are returning to the 7s for the third time, their best showing reaching the Bowl semi-finals



in 2014. The Sharks finished 3rd in BT Caledonia 3 Midlands, only missing out on the playoffs to runaway top two, Stirling County 3s and Grangemouth 2s. The Sharks did close out the season as the only side to beat winners, Stirling. Great to have the guys from Rosyth back this year.

Kilmarnock RFC

The Ayrshire side last played at Academy Park in pre-season in 2015 and we're delighted they've been able to return for their debut appearance at the Leith 7s. Definitely our turn soon! Killie lost a tough one to



Oban Lorne last time out to finish the year 9th in BT West 1, despite starting the term well with victory over Irvine, and an impressive win over Annan later in the campaign. Welcome back to Academy Park to Ivor Frater and his men!

POOL B

Edinburgh Napier University

Napier had a successful season in the university leagues, with the 1st XV competing well in the top tier following promotion and the 2nd XV making a good start to



life, finishing 2nd in 5A. Team Napier come in full of confidence having blown away Queen Margaret Uni in the recent varsity match, and with Leith's own Doug Watters part of the coaching setup, it's great to have the club along for their Leith 7s debut.

Leith Ruaby

The hosts have not won the Carl Waugh Trophy since 2007 with their best showing since being a lost final to Linlithgow in 2014. Success today would help make up for a largely disappointing campaign that



Panmure RFC

Back for a third year in a row, the Broughty Ferry side have become a regular fixture at the tournament after answering a late Twitter SOS for another team back in 2015. Who says you can't make friends on social

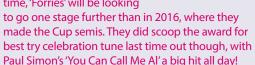


media? The BT Caley Midlands 2 side finished 8th in the 15s season, and are once again led by Mark Penny, who will be looking to get his hands on their first Leith 7s silverware, having narrowly lost the Shield final to the Leith President's VII in 2016.

POOL C

Forrester FP RFC

Paddy Bree's side retained their BT East 1 status this term, and the west Edinburgh team will look to go onto bigger and better things in 2017/18. A welcome returner to the Leith 7s for the second time, 'Forries' will be looking



FORRESTER R.F.C

PAISLEY

Paislev RFC

Club Captain Kenny Dannfald's former club, the Renfrewshire side are back at Academy Park for the second time this season, having won 43-34 in a preseason friendly back in August.



Queensferry RFC

Oueensferry have been the standout side in the BT East Region Development league this term, and one hopes they will soon be in a position to play senior rugby again, as the setup at Quensferry Sports and

Community Hub is fantastic. Current Leith flanker Ollie Main is a former player, and The 'Ferry were also at Academy Park pre-season, going down 45-25 to the 2s. It's great to see them again, and to welcome another debutant.

Kinross Rugby

Kinross and Leith have formed a bond in recent years, helping each other with players in an arrangement that has helped the BT Caley Midlands 2 outfit and get Leith 2s back into the



development league. The men from The Muirs hosted and won a recent friendly with Leith, also schooling the visitors in 'The Bottles'. Finishing 9th, they will be looking to the 7s season as a welcome tonic, having got to the Shield semis in 2016.

POOL D

Moray House RFC

Aided by players from Watsonians, Moray House have competed in the BT East Region Development league again this year, having dropped out of senior rugby two years ago. A return would be welcome, and the more rugby played in the Moray



House jersey the better towards that aim. The Myreside-based team won the Carl Waugh trophy in 2015, and Andy Kerr's men will be hoping for a successful showing once again.

Penicuik Rugby

Penicuik are well known to us Leithers, the two clubs having operated in the same league for many years until the Midlothian side's champion-



ship winning season in 2015/16. Despite some good results this term, we will (probably, but who knows) meet again in 2017/18, and it's great to have them back at Academy Park for the 7s for the fourth year running in any case. They previously won the Bowl in 2015.



LEITH OLD BOYS V LEITH PRESIDENT'S XV

LEITH RUGBY SEVENS 2017

Our Vets team is very much in its infancy, but the Over 35's squad are now just about in the habit of playing a couple of fixtures per season, with plans to add a few more in 2017/18. The venture is a great way for guys who have stopped playing to stay connected with the club, and to come together a few times per year to don the boots, have a few beers, and share (exaggerate) stories of yesteryear. It's great to have so many old crocks – some who are still playing in fact – along at the 7s today. As well as the likes of captain Willie Cook,



Ben Place, Andy MacIntosh, Richard Hastings and firebrand Keith Aitchison, all of whom have played 1st XV rugby this season, and 2nd XV stalwarts Donald Wright and Chris Hoy, the team welcomes back to Leith today a veritable league of nations including at the time of going to press - versatile Aussie forward Nigel Walker (predicted to be at centre this afternoon), tenacious Kiwi flanker Tom Scott, Sergeant George 'Doddie' MacHardy, Welsh tighthead Neil Holman, English centre Sam Walker, and hooker Davy Cornwall (Peebles). After a few thwarted attempts at finding an opposition brave enough to square off against this mob, the Vets will be facing a Leith President's XV in a 12pm curtain raiser to the 7s, on pitch two.

Make sure to be there to support them – and get the water/oxygen on!



Scotland's first and only Personal Training and Physiotherapy Social Enterprise in Edinburgh.

Use code leith20 to claim **20% OFF** at www.healthbyscience.co.uk





07572 240 926 excelmobilevaleting@outlook.com



Quote "Leith7s" for 25% off! 41 East Farm of Gilmerton, Edinburgh, EH17 8TG

Matthew Priest

Advanced Sports Massage Edinburgh



- Over 250 five-star reviews online
- Treatments for sports injuries and general aches & pains
- 333/7 Easter Road; Free on-street parking
- Easy online booking
- www.theedinburghmassage.co.uk



LEITH RUGBY

ACADEMY PARK | EASTER ROAD

leithrugby.com #backingblueandwhite





