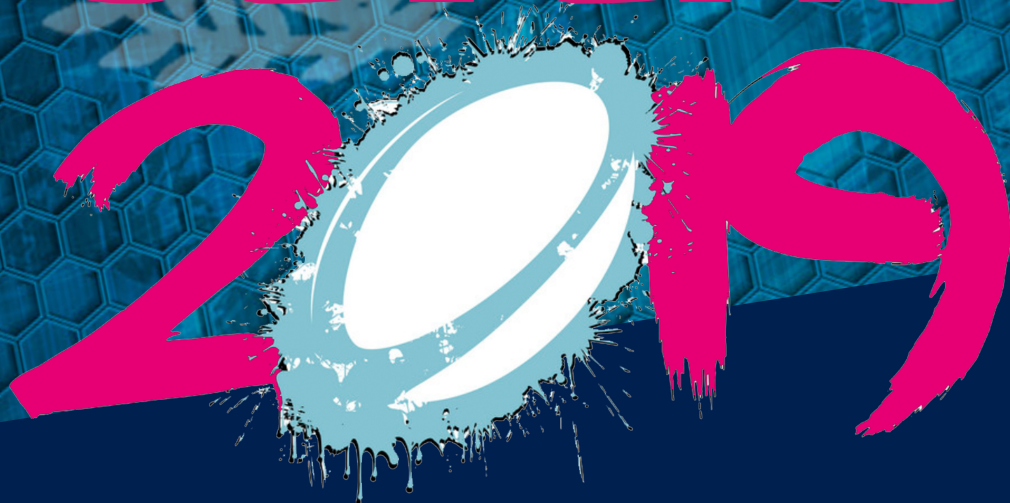


# LEITH RUGBY SEVENS



**SATURDAY 27 APRIL**

**OVER 35s GAME | 12pm**

**LEITH v TRINITY**

**FIRST 7s TIE | 12.36**

**ACADEMY PARK | EASTER ROAD**

**#LEITH7s**

## PRESIDENT'S WELCOME

I would like to extend a warm welcome to all players and supporters to the 2019 edition of the Leith 7's Tournament, a fantastic finale to a very encouraging season here at Leith.

2018/19 has seen the 1st XV finish in their highest position in years under new coach Kev Greenan, the 2nd XV debuted in the East leagues (4th placed finish) and huge numbers of youngsters getting involved with our Leith Hawks youth section (buy a burger!) Back to today, and the 12 teams will compete for the Carl Waugh Trophy, presented to Leith Academicals RFC in the early 1970s by Councillor Cornelius Waugh in memory of his late father when Leith Accies first held a 7s tournament. Councillor Waugh, known to all as "Cornie" was a well-known and respected figure in the Leith community as well as the wider Scottish rugby community where he refereed at a high level following the end of his playing days. Cornie went on to become the President of Leith Accies RFC and we look forward to presenting the Carl Waugh Trophy to the victors today.



## CAPTAIN'S CORNER

It is with great pleasure that I welcome all players, supporters and visiting teams to Academy Park for another enthralling Leith 7s, a tournament that continues to grow and this year's competition will be no exception. Today promises an action packed day of high quality rugby from this years participants. Thanks to everyone who has made the effort to travel today for this great occasion and I'm sure

it'll be a great day out.

The day kicks off at 12pm with Leith over 35s vs Trinity over 35s. This is sure to be a thriller with many legends of the local game once again lacing up the boots. Thanks to Alex Bowman and Leith Rugby Youth Development for the fantastic BBQ we have today . All proceeds will be donated to leith youth rugby so grab a burger and enjoy! Also look out for the Leith mini rugby session the main pitch at 11.30am. Thanks to Willie Cook for arranging this - there's bound to be a few future Leith stars in there! I'd also like to thank the Hawks and Vixens for providing the ball boys and girls for the tournament today. Massive thanks also to the bar staff for keeping everyone hydrated, and to the tea ladies for preparing the player's food. A special thanks again to Doug Watters for organising this event, without you this would not be possible . Finally, I hope you all have a great day at Leith Rugby. Here's hoping for some incredible rugby and another memorable competition. Enjoy.

# LEITH 7s COMPETITION DRAW

POOL A	POOL B	POOL C	POOL D
MORAY HOUSE	THE MIGHTY BOVS	TRINITY	LINLITHGOW
LFEA	LEITH PRESIDENTS	LEITH RUGBY	M. WANDERERS
KAVITI BABAS	BOROUGHMUIR BEARS	TITANS	EDINBURGH NAPIER

PITCH 1				PITCH 2			
			12:00	#00 LEITH 35s	V	TRINITY 35s	
#01 MORAY HOUSE	V	LFEA	12:36				
#02 THE MIGHTY BOVS	V	LEITH PRESIDENTS	12:54				
#03 TRINITY	V	LEITH RUGBY	13:12	#04 LINLITHGOW	V	WANDIES	
#05 BOROUGHMUIR BEARS	V	THE MIGHTY BOVS	13:30	#06 KAVITI BABAS	V	MORAY HOUSE	
#07 EDINBURGH NAPIER	V	LINLITHGOW	13:48	#08 TITANS	V	TRINITY	
#09 LFEA	V	KAVITI BABAS	14:06	#10 LEITH PRESIDENTS	V	B. BEARS	
#11 LEITH RUGBY	V	TITANS	14:24	#12 WANDIES	V	E. NAPIER	
			14:42				
#13 THIRD POOL A	V	THIRD POOL B	15:00	#14 THIRD POOL C	V	THIRD POOL D	
#15 FIRST POOL A	V	FIRST POOL B	15:18	#16 SECOND POOL A	V	SECOND POOL B	
#17 FIRST POOL C	V	FIRST POOL D	15:36	#18 SECOND POOL C	V	SECOND POOL D	

FINALS			
#19 SHIELD FINAL	#19 WINNER 13	V	WINNER 14 15:54
#20 BOWL FINAL	#20 WINNER 16	V	WINNER 18 16:12
#21 PLATE FINAL	#21 LOSER 15	V	LOSER 17 16:30
#22 CUP FINAL	#22 WINNER 15	V	WINNER 17 16:48
PRESENTATIONS			17:30

# THE TEAMS

## POOL A

### KAVITI BABAS

Making their first appearance at the Leith 7s, the Babas are a staple competitor on the spring 7s circuit, and showed up well at the Edinburgh Northern 7s last week-end, reaching the Bowl semis, where they went down to the Mighty Bovs. The Fijian select are known for their typically expansive style, and will be one of the sides to look out for this afternoon, with Ilimo Torau Tukana one player to watch - the Babas captain familiar to those at Leith from his days playing with Penicuik. A warm welcome to the tournament debutants.



### LFEA

LFEA are an Edinburgh-based 7s and touch team, set up a couple of years ago, who draw their players from across students and clubs in the region. The team are no strangers to the Leith 7s, having won the Plate at last year's event, downing Queensferry RFC in the final. It's fitting therefore that they have kindly stepped in at short notice to replace the 'Ferryman's late withdrawal from this year's tournament. LFEA and Leith have met once on the 7s circuit, a narrow win for our guests in the 2018 Edinburgh Northern 7s Bowl semi final. Welcome back to Leith guys!



### MORAY HOUSE

Moray House RFC are the current Carl Waugh Trophy holders, and will be defending their 2018 Leith 7s title this afternoon. President George Russell has been a driving force behind the club for decades and was an Edinburgh selector for 15 years, both he and coach Andy Kerr are well kent at Leith - and the two clubs famously played out a 0-0 draw in 2008. Latterly Moray House have led a nomadic existence and the club name has continued out of the Watsonians club, with the side playing our 2nd XV many times in the East Development league over the past few seasons. A Moray House selection also won the Leith 7s in 2015. Player to watch this afternoon is Adam Watt - "he has wheels on him like a Ferrari and a running style Michael Johnson would be proud of. However his best attribute is that he is the chief organiser of the best beer and curry night out in Edinburgh."



## POOL B

### BOROUGHMUIR BEARS

The Bears are the Meggetland outfit's 3rd XV, and one of the best in the country. Last year's beaten Leith 7s finalists, the Bears finished 7th in BT National Reserve League Division 2, ending the season with a 24-12 at Selkirk A a couple of weeks back, to roll into their second consecutive appearance at the Leith 7s. A rich blend of up and coming youngster and hardy veterans, the Bears defeated Leith in last year's cup semi finals, and last faced Leith at XV's (2nd XV) in a friendly in April 2014, running out winners in an entertaining game at Murrayfield. A warm welcome to the returning Bears.



### THE MIGHTY BOVS

The Mighty Bovs are an Edinburgh-based 7s and 10s side that competes in both UK and international tournaments. A side made up of players from across the East region, the side traditionally draws heavily on the Stewart's Melville club, as well as East Lothian sides such as Preston Lodge and Dunbar. The Bovs won the Perth 7s last season, and have begun their 2019 circuit in good form, finishing runners up at the Haddington tournament two weeks ago, before beating Leith in the Bowl Final at Edinburgh Northern 7s last weekend. This afternoon they've sides both here at Leith and at Broughton 7s. Keep an eye out for the powerful running of Dunbar fullback Antoin Penrose.



### PRESIDENT'S VII

The inclusion of Club President Jim Smith's side, made up of current and former Leith players reflect the growing player base at Leith, demonstrated by the 1st XV's solid showing this term, and the 2nd XV's debut senior league season, or at least first in 15 years. The President's VII will look to improve on last year's showing when they went out of the Shield to eventual winners Edinburgh Napier University. Keep an eye out for Lex Dunko this afternoon, the fullback has taken to senior rugby like a duck to water since returning to the sport following a long hiatus.



# THE TEAMS

## POOL C

### 1-TON TITANS

If the ground feels a little wobbly underneath you today, don't worry - you've not spent too much time at Top Out Brewery's bar.....it's likely the richter-scale-troubling, herd of elephants-like stampede of the 1-Ton Titans, who, thrown together to replace the late withdrawal of a side who won't be invited back, are a squad composed entirely of players weighing over 100kg. These boys will likely run it straight all day - perhaps we'll even be treated to a 7s maul - so stand tall or get out the way! Look out for Leith number 8 Luke McKinney, who despite shredding considerably over the past season...still meets the fighting weight.



### LEITH RUGBY

The home side finished off their season in 3rd spot in Tennent's East League 2, pipped to 2nd on the last day of the campaign. With 2 teams out every Saturday, as the 2nd XV made their East League bow - finishing 4th in Reserve 2 - and booming youth numbers, it's been an extremely positive campaign despite the disappointment of missing out on promotion. Last winners of the Carl Waugh Trophy in 2007, there have been some near misses in recent years, going down in the final to Linlithgow in 2014, and running out Plate winners in 2015 and 2017. Be sure and get right behind the home team this afternoon! Player to watch: wing Ross Marwick is a powerful runner and will be key to home success this afternoon.



### TRINITY

Trinity closed out their Tennent's East League 2 season with wins over Gala YM and Penicuik to end the term in 5th position, and enter the 7s season in confident mood. Drawn in the same pool as local derby rivals Leith, it was a mixed bag in 15s this season with Leith winning both league fixtures (24-20, 37-0) while Trinity were victorious in the 3rd meeting, this time in the cup (12-7). It's a first appearance at Leith 7s for Trinity in over 20 years - since the move from Hawkhill - and it's a pleasure to have our neighbours here today at their first Academy Park 7s.



## POOL D

### EDINBURGH NAPIER

The Cherry and Whites of Edinburgh Napier come into the 7s season off a hugely successful BUCS league campaign, winning 4 of their 5 final outings to finish 3rd in Division 2, before beating Queen Margaret University in the annual varsity clash, and then crowning their year by winning the Scottish Conference Cup final, taking down Abertay in an enthralling final in St Andrews. With players playing across the National and East leagues, the Meggetland-based side will be dangerous opponents today, and it's great to have the club along to their 3rd consecutive Leith 7s, after impressive showings in 2017 and 2018, winning the Shield last year. Keep an eye out for the fast feet of Musselburgh wing Gregor Tait for the students today.



### KINROSS

Kinross and Leith are well known to one another over recent seasons, thanks to a player link built a few years back which helped the Kinross men complete their season, and in bringing back the Leith 2nd XV. Although there has been no player sharing more recently, the clubs maintain the bond, playing regularly in pre-season, this year's Academy Park affair ending in a win for Leith. They've had a disappointing league campaign, finishing bottom of the Midlands League 2, and will look to bounce back with a good 7s showing - having reached the Shield semis in 2016, they'll be looking for their first Leith 7s silverware this year.



### LINLITHGOW

Regular participants at the Leith 7s, we're delighted to welcome the Mains Park side back to the tournament, who will again be one of the favourites to lift the Carl Waugh Trophy this afternoon. The Reds will be looking to go one better than last year, when they were edged out by Moray House in a tight final. Linlithgow look to have finished in mid-table in East League 1, currently sitting in 6th position having completed all their fixtures. Keep an eye out for Ross Plenderleith this afternoon, as he not only has a great name...he's a former Leith 7s Top Tryscorer.





# LEITH RUGBY YOUTH DEVELOPMENT UPDATE

Leith Rugby's youth section has continued to grow over the past year, and we now have over 30 youth members attending Sunday sessions and have over 15 fixtures scheduled for next season. This will be a great opportunity for the kids in Leith to get playing some competitive games of rugby. Sunday youth sessions are on Sundays 10:00-11:30 for P1-S4 boys and girls - all playing experiences welcome.

The rugby club also continues to build a great relationship with Leith Academy, this year we have managed to put out an S1/2 and U16's boys' team for the first time in over 20 years. The girl's rugby continues to grow at the school with 30 girls attending training on a weekly basis.

We have also welcomed 3 new primary schools into the rugby development programme Royal High Primary School, Leith Walk Primary school and Bun-Sgoil Taobh na Pairce. At the start of April, we had our 11th rugby festival inviting 400 P7 kids along from the 9 primary schools in Leith. The weather got the better of us for the morning session, but we managed to battle the elements and run the afternoon session. We look forward to working with the P7s again after summer when they start at Leith Academy.

I would like to take this opportunity to thank all the volunteers for their hard work in helping with the rugby development programme in Leith.

Thanks,

**Ross Johnston**

[Leithhawks@gmail.com](mailto:Leithhawks@gmail.com)

Leith Rugby Development officer



# LEITH 7S ROLL OF HOUNOUR

**2018**

**WINNERS**

**RUNNERS UP**



CARL WAUGH TROPHY	MORAY HOUSE	LINLITHGOW
PLATE	LFEA	QUEENSFERRY
BOWL	MERCHISTONIAN	LEITH RUGBY
SHIELD	EDINBURGH NAPIER	WALKERBURN

**2017**

**WINNERS**

**RUNNERS UP**



CARL WAUGH TROPHY	FORRESTER FP	BOROUGHMUIR BEARS
PLATE	LEITH RUGBY	MORAY HOUSE
BOWL	KILMARNOCK RFC	PAISLEY
SHIELD	QUEENSFERRY RFC	PANMURE RFC

**2016**

**WINNERS**

**RUNNERS UP**



CARL WAUGH TROPHY	LISMORE RFC	PORTOBELLO RFC
PLATE	LEITH RUGBY	LINLITHGOW RFC
SHIELD	AMIGOS DE SERRANO	PANMURE RFC
	MANCHEGO	

**2015**

**WINNERS**

**RUNNERS UP**

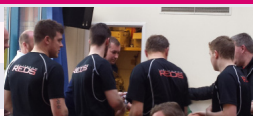


CARL WAUGH TROPHY	MORAY HOUSE	45 COMMANDO
PLATE	LEITH RUGBY	DUNS RFC
BOWL	LINLITHGOW RFC	EARLSTON RFC
SHIELD	KINROSS RFC	EDINBURGH EAGLES RL

**2014**

**WINNERS**

**RUNNERS UP**



CARL WAUGH TROPHY	LINLITHGOW RFC	LEITH RUGBY
PLATE	OCCASIONALS 7S	PENICUIK RFC

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## Leith RFC

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7pm - 8pm



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# LEITH RUGBY

## ACADEMY PARK | EASTER ROAD

[leithrugby.com](http://leithrugby.com) #backingblueandwhite

 LeithRugby

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 LeithRFC