



UPTON CRICKET CLUB PLAYERS AND OFFICIALS GUIDE JULY 2020

These guidelines are for all players and officials participating in games at Upton Cricket Club and follow ECB guidelines published to enable the return of recreational cricket.

Pre- Game Protocols

- Players and officials should not partake or visit Upton Cricket Club if they are suffering from any of the COVID-19 symptoms or if they are in a period of self-isolation.
- Upton Cricket Club is co-operating with the NHS Test & Trace system and will require details of all players, officials, spectators and scorers. This information will be kept securely for 21 days before disposal.
- Players, officials, spectators and scorers must follow and respect the latest Government guidelines regarding shielding and protecting people who are clinically vulnerable to COVID-19.
- Personal hygiene measures should be carried out at home and all participants must bring their own hand sanitiser where possible and maintain frequent and strict hand hygiene measures.
- A socially distanced area for participants will be made available outside the changing rooms on both the front and back pitches. Shared equipment (e.g. chairs) in these areas will be sanitised between innings.
- Players, where possible, must arrive ready to play and if driving must park in the car park. Changing rooms and indoor shelter must not be used during breaks for bad weather.
- Each team will be allocated a specific changing room. These can be used for storage, or, to change if you are unable to arrive match ready.
- Use of the changing room is strictly on a one in one out basis.
- Toilets in the main pavilion is for the use of players on the front pitch and in the Tearoom for players on the back pitch. Users MUST sanitise hands before use and wipe down touched surfaces with provided anti-bacterial wipes before leaving.
- Showers cannot be used.
- Sharing of cars should only take place in line with Government guidelines.

In game activity

- Where possible, players should limit sharing of equipment. If equipment is shared strict hand hygiene must be followed and equipment cleaned before and after use.
- No sweat or saliva to be applied to the ball.
- All participants should sanitise their hands before start of play, between innings and at any hygiene break.
- Players should refrain from spitting or rinsing their mouth.
- Social distancing guidelines must be followed with the exception of the wicket keeper standing up to the stumps and distance between slip fielders.
- A hygiene break, where participants hand sanitise, must take place every 6 overs or 20 minutes (whichever is sooner). The ball must also be cleaned with an antimicrobial wipe. This will also take place between innings and drinks break. This is the responsibility of the Captains not Umpires.
- Batters to sanitise their bat and wicket keepers their gloves when leaving the field.
- Players must not hand items to Umpires to hold but placed behind the boundary line.
- No teas or drinks will be provided for any team. All participants should bring their own refreshments.
- Application of covers should be done observing social distancing guidelines.
- Only one scorer will be permitted in the scorer's box which will be the home team scorer. An area will be set up for the away scorer outside the scorer's box and if the home scorer decides not to use the scorers box, they should be 2 metres away from the away scorer at all times. The home scorer will be the only person who controls the electronic scoreboard.

Post-Game Activity

- All participants should sanitise their hands after the game
- Players must observe social distancing when leaving the field
- One Upton CC player should be responsible for collecting and disinfecting any shared equipment.
- Regular cleaning of facilities will take place during the game.