

Brightlingsea Regent Walking Football
Draft Covid-19 Risk Assessment (for discussion)

Introduction

The purpose of this risk assessment is to outline the measures to be put in place to enable Brightlingsea Regent Walking Football to re-commence training during the period of the Covid-19 pandemic.

It only covers training and will need to be revised in order to engage in competitive matches and/or if the national guidelines on Covid-19 are revised or in the event of any local lockdown in the North Essex area.

Background and Introduction

Brightlingsea Regent Walking football runs weekly training sessions outdoors on the local Bayard Recreation Ground. In the event of bad weather training sessions have been held indoors at a local Sports Centre. For the purposes of this risk assessment it is assumed that indoor training sessions will not be possible in the immediate future.

In general terms the potential risks involved in this activity are as follows:

- Individual medical conditions
- Travel to and from training
- Arrival at and departure from training
- Moving and returning goals from the storage area
- Training activities
- Use of football equipment at training (balls, cones etc)
- Use of personal training kit at training (bibs, gloves)
- Availability of refreshments during training
- Arrangements in case of injury during training
- Cash handling

Risk assessment of specific activities

Nature of risk	Action to control risk	By whom	By when
Individual medical conditions	Every member of the club should assess themselves before attending training and should not attend if feeling unwell. This particularly applies in the event of anyone exhibiting the well known symptoms of Covid-19 which are: <ul style="list-style-type: none">• Persistent cough	Everyone	Weekly before training

	<ul style="list-style-type: none"> • Raised temperature • Loss of taste and/or smell <p>The names and contact details of those attending should be recorded on the day for the purposes of track and trace</p>	Covid-19 recorder	At every training session
Travel to and from training	<p>People should travel to and from training individually unless they are members of the same household.</p> <p>Preferably people should walk or cycle rather than travelling by car</p>	Everyone	At every session
Arrival at and departure from training	<p>All those attending should apply hand sanitizer from a personal bottle on arrival at training and before departing.</p> <p>Players should bring a personal bottle of sanitiser although a supply of gel will be available at training in the event of people having to handle equipment</p>	<p>Everyone</p> <p>David Willis</p>	<p>At every session</p> <p>Supply to be available from 28 August</p>
Moving goals to and from the storage area	<p>Those moving goals from the storage area to the playing area must wear disposable gloves which will be provided when bringing the goals out and then returning them.</p> <p>Goals should be wiped/sprayed with sanitizer before and after use</p>	<p>Boxes of disposable gloves to be obtained and brought to the session</p> <p>Those moving the goals</p>	<p>On training days</p> <p>At every session</p>

<p>Training activities</p>	<p>Training activities must be designed in order to maintain social distance as far as possible.</p> <p>No activities can take place which involve handling and passing a ball from hand to hand and/or close physical contact</p>	<p>Stitch and Gavin</p>	<p>From 28 August</p>
<p>Use of football equipment at training (e.g. balls and cones)</p>	<p>Balls and cones should be wiped with anti-viral wipes before and at the end of training.</p> <p>Balls should not be handled wherever possible.</p> <p>Only the session organiser should lay out cones and collect them up at the end</p>		<p>From 28 August</p>
<p>Use of personal kit at training.</p>	<p>People should come to training ready to play except for having to change footwear.</p> <p>Everyone attending will be provided with a standard reversable bib to keep and launder every week between training sessions to limit transmission by touch.</p> <p>Those wishing to play in goal have to wear a personal pair of goalkeeping gloves which are not shared with other players. The club will reimburse goalkeepers for the cost of reasonable standard of gloves for training purposes, although it</p>	<p>Everyone</p> <p>Someone needs to buy a supply (say) 20 which are distributed in sealed bags if possible</p> <p>By application to the club</p>	<p>By 28 August</p> <p>As required</p>

	<p>expected that goalkeepers will provide their own gloves of their choice in competitive matches</p>		
<p>Availability of refreshments during training</p>	<p>No common refreshments will be provided.</p> <p>Individuals should bring refreshments (e.g. water) in a container which is clearly marked with their name and only use that source</p>	<p>Everyone</p>	
<p>Arrangements in case of injury during training</p>	<p>In case of injury during training everyone should bring a face mask in case treatment is necessary.</p> <p>In the event of injury anyone administering treatment should wear a mask and provide a disposable mask for the injured person to wear</p>	<p>Everyone</p> <p>Someone needs to needs to buy a box of disposable masks from Boots or similar</p>	<p>By 28 August</p>
<p>Cash handling</p>	<p>Cash handling for subscriptions should be discontinued.</p> <p>Subs should be paid by bank transfer or (preferably) by standing order on the first of each month starting in September 2020.</p> <p>Details of the club's account should be made available via the Whatsapp system</p>	<p>Everyone</p> <p>Malcom White</p>	<p>By 1 September 2020</p> <p>By 28 August</p>

So far, the club has arranged training on a relatively informal basis with the Town Council. If this is no longer possible perhaps Stitch could make enquiries as to the availability of slots to book and area in which small group training can take place.

Financial implications

The immediate costs of this risk assessment are as follows:

Box of 100 disposable gloves	£5.83 at Screwfix
Box of 10 disposable masks	£5.00 at Tesco
20 reversible bibs	£60 at Soccer store
Goalkeeper gloves	£25 per pair (notional)
Anti-viral wipes (pack of 100)	£3.99 at CPD Direct
Antiviral spray and sanitizer	Free via David Willis

This the immediate cost would be c.£100 which could be covered from immediate club funds.

In the medium term the club might want to use subscriptions to purchase a set of balls which are only used by the Walking Football club and in the longer term to purchase a set of goals which similarly would only be used by the Walking Football Club.