



BRIGHTLINGSEA REGENT FOOTBALL CLUB

T: 01206 304199 www.brightlingsearegentfc.com



BRIGHTLINGSEA REGENT FC MEDICAL EMERGENCY ACTION PLAN (MEAP)

CLUB ADDRESS: BRIGHTLINGSEA REGENT FC NORTH ROAD BRIGHTLINGSEA ESSEX CO7 0PL		
NAME(S) AND TELEPHONE NUMBERS OF FIRST AIDER(S):		
FIRST TEAM MATCHES	UNDER 23'S MATCHES	YOUTH MATCHES
1. ROB EARLE – 07834 153425 2. MATT HATCH - 077481 65174 3. TONY OSBORNE - 07818 888817	1. MARK PILGRIM – 07906 058930 2. GEORGE PILGRIM - 07463 422314 3. MATTHEW BIRCH – 07712 262978	1. GARY HILL – 07788 217466 2. BECKY DIXON - 07955 018421
NAME AND TELEPHONE NUMBER OF FACILITY MANAGER: ANDY TURTILL – 07788 371173		
NAME AND TELEPHONE NUMBER OF SAFETY OFFICER: TERRY DOHERTY – 07794 545586		
LOCATION OF CLUB FIRST AID ROOM: PITCHSIDE NEXT TO DRESSING ROOMS		
LOCATION OF DEFIBRILLATOR: CLUBHOUSE BAR AREA		
LOCATION OF FIRST AID KIT: FIRST AID ROOM & CLUBHOUSE BAR AREA		
LOCATION OF STRETCHER: DRESSING ROOM LOBBY		
LOCATION OF ACCIDENT BOOK: CLUBHOUSE BAR AREA		
ACCESS ROUTES:		
FOR AMBULANCE INTO CLUB: THE MAIN GATE INTO THE CLUB VIA NORTH ROAD (SATNAV: CO7 0PL) (WHAT3WORDS: glides.shifters.briskly)		
FOR PITCH ACCESS: MAIN ENTRANCE GATE, THEN AROUND TO THE FAR SIDE CAR PARK: TURN RIGHT AT THE GATE AND FOLLOW THE ROAD ROUND TO THE FAR END AND ENTER USING THE GATES NEXT TO THE 'DANNY GEE STAND'		
FROM CLUB'S FIRST AID ROOM TO AMBULANCE: SAME AS ABOVE: THEN ACROSS THE PITCH AND PULL UP NEAR THE PLAYERS TUNNEL		
NEAREST HOSPITAL EMERGENCY DEPARTMENT: COLCHESTER GENERAL HOSPITAL TURNER ROAD MILE END COLCHESTER CO4 5JL	NEAREST HOSPITAL NEUROLOGICAL UNIT (FOR HEAD INJURIES): COLCHESTER GENERAL HOSPITAL TURNER ROAD MILE END COLCHESTER CO4 5JL	NEAREST MINOR INJURIES UNIT/WALK IN CENTRE: COLCHESTER PRIMARY CARE CENTRE TURNER ROAD MILE END COLCHESTER CO4 5JR

FOR ANY OTHER INFORMATION: PLEASE ASK YOUR NEAREST STEWARD

Brightlingsea Regent Football Club
North Road, Brightlingsea, CO7 0PL



ACCREDITED
PART OF ENGLAND FOOTBALL