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BRIGHTLINGSEA REGENT FC

Pen Pic 2023-2024

MANAGEMENT

BRETT MUNYARD - MANAGER



SPONSORED BY:

BRETT MUNYARD – MANAGER; Brett joined Regent 18 months ago from White Ensign where he had been for the previous 6 seasons. Brett came to the R's during a very turbulent time and saved the club from relegation. Brett is a very bright young manager who is very passionate, ambitious and dedicated to football. Based in Billericay, the young manager has an extensive knowledge of football at all levels and is a perfect fit for the club's ethos. Brett can develop into a great leader for our club.

CRAIG GLASHAN – ASSISTANT MANAGER

SPONSORED BY:

CRAIG GLASHAN – ASSISTANT MANAGER; Craig joined Regent over the back end of last season. Craig has great experience as a manager and as an Assistant Manager and is also a highly qualified coach that is superb on the training pitch. Brett played under Craig 10 years ago at Frenford and remained good friends ever since. Craig will be a big asset to Regent on the side-lines and in the clubhouse too.

RICKY STUBBS - COACH



Sponsored By:

RICKY STUBBS - COACH; Ricky also arrived with Brett 18 months ago, where he also had been with White Ensign for the last 6 seasons. Ricky is more of a quiet, levelheaded coach that will build a great bond with his players and help them with all areas of the game. Ricky will be someone that will work on the fitness side of the players and ensuring they are at the level required.

NICK HARDING - GOALKEEPER COACH

SPONSORED BY:

NICK HARDING – GOALKEEPER COACH; Nick joins Regent over the summer from Barking where he had a spell as first team manager, where he did a fantastic job, even delivering a trophy too. Nick brings much more than just being a goalkeeper coach, he is a winner and has acquired a great network of players too. Prior to Barking he was Goalkeeper coach at Redbridge and it is a great coup for Brett and Regent that he is able to bring Nick to the club.





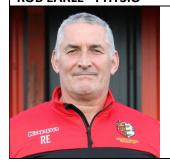
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KURT SMITH - COACH

SPONSORED BY: AVAILABLE

KURT SMITH - COACH; Kurt joined the R's in the summer from Tilbury, where he originally decided to hang up his boots from playing, this meant that Brett could get him involved in his management team. However, having been involved within the R's pre-season, he has certainly shown that he can play a bit too. It's unknown how much playing time Kurt will have this season, but what we do know is he is a great coach and fantastic character to have in the dressing room. Another great asset to our club.

ROB EARLE - PHYSIO



Sponsored By: **AVAILABLE**

Rob Earle - Physio; Rob needs no introduction to anyone when it comes to East Anglian football, Rob has been the R's Physio for a few years now after leaving the club initially to join Needham Market. Rob is a top physio who works on injury prevention within all sports including Athletics. Earle will be key to any success the club has this season by keeping players patched up and on the pitch.

PLAYERS

LEWIS GREENE – GOALKEEPER

SPONSORED BY:

LEWIS GREENE – GOALKEEPER; Lewis joins the R's this summer from Hullbridge Sports where he was number 1 for the past 4 seasons, He is a fantastic shot stopper with a big presence between the sticks. His previous clubs include Canvey Island and Redbridge, we look forward to seeing Lewis in goal for the Regent.

MARLON AGYAKWA - MIDFIELDER

SPONSORED BY:

MARLON AGYAKWA – MIDFIELDER; Marlon joins Regent this summer from Stowmarket Town, the pacey wide man has had spells with Grays Athletic, Hashtag United and Aveley, where he won the North title in 2021/22. His experience at the level will be key for Regent this season if the R's are to make a promotion push.





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KOJO APENTENG – MIC	DFIELDER
	SPONSORED BY:
	KOJO APENTENG – MIDFIELDER; Kojo joins Regent this summer following a successful season with Hashtag United where he played 23 matches having led the club to the Isthmian North title. Having spent time at both West Ham and Southend United when younger, Kojo joined in the Tags in the summer of 2021. His other previous clubs include Corinthian Casuals, Brentwood Town, Barking and Great Watering Rovers.
DANIEL BROCK – STRIK	ER
	SPONSORED BY:
	DANIEL BROCK – STRIKER; Dan is a striker who was on a lot of clubs' radars but opted for Regent this summer. The former Southend United youngster was at Walthamstow last season where he made 20 appearances having joined Stow from Southend Manor early into the campaign.
HARRY CRITCHLEY – DE	FENDER
	SPONSORED BY:
	HARRY CRITCHLEY – DEFENDER; Harry joins the R's this summer following a brief spell at Hashtag United. He's a 21-year-old left-back who progressed from AFC Sudbury's Academy and has represented both Coggeshall Town and East Thurrock United. He also spent some time on trial at both West Ham and Fulham after getting spotted during AFC Sudbury's good run in the FA Youth Cup a few years back.
DEVANTE DAVIS – STRI	KER
	SPONSORED BY: DEVANTE DAVIS – STRIKER; Devante has joined Regent following a very good preseason with Regent, the former Hastings United man was picked up from Brighton University having been top scorer for them in college football. Davis could be a fantastic find for the Regent management team.







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CHARLIE DURLING – MIDFIELDER



SPONSORED BY:

CHARLIE DURLING – MIDFIELDER; 'Durls' re-joined Regent from FC Clacton two seasons ago having been away from the club for 4 seasons. Charlie's last match for Brightlingsea Regent was back in 2016 under manager James Webster, when he departed in the summer to go to University in Brighton. Charlie is a strong, tireless midfielder, who will break up play with his never say die attitude and being a Brightlingsea lad, he will put in everything on the pitch with his love for the town.

ANDRE EMBALO – MIDFIELDER

SPONSORED BY:

ANDRE EMBALO– MIDFIELDER; Andre joins the R's from Stansted where he made 37 appearances last season, prior to Stansted he made 30 appearances for Ilford, and at a young age has lots of first team experience. Another pacey wide man, who will work hard, and will be keen to show what he can do as he moves up a level of football.

ANDREW GEORGE - DEFENDER



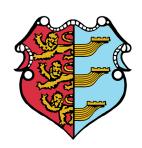
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ANDREW GEORGE – DEFENDER; Andy joined the R's in last November from White Ensign where he had played over 150 times for the Essex club, also wearing the captains armband on multiple occasions. Andy can play as a full back and centre back with his great versatility, he is a solid, no-nonsense defender who has bundles of energy with a never give up attitude. Andy can become a club legend at Regent!

MILO GRIMES - DEFENDER

SPONSORED BY:

MILO GRIMES – DEFENDER; Milo needs no introduction to anyone at Regent having had a spell at the club a few seasons back. The local lad started at AFC Sudbury before moving on to Coggeshall Town and then last season Felixstowe & Walton United. The strong, no-nonsense defender has been over in USA this pre-season playing for his college team Southern Soccer Academy. He will no doubt be an integral part of this Regent team and fans will no doubt be singing Milo's name on the terraces!





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BILLY HARRIS – MIDFIELD	DFR
	SPONSORED BY:
	BILLY HARRIS – MIDFIELDER; Billy joins Regent this summer having been someone Brett
	has chased for some time. Billy was previously with Hullbridge Sports and has previously
	played for Great Wakering and Tilbury where he was the club captain. Harris has been
	previously compared to Jake Turner with his qualities on the ball and his range of
	passing. He is another very integral part of this Regent team.
HARRY HONESTY – MIDF	IELDER
	SPONSORED BY:
	HARRY HONESTY – MIDFIELDER; Harry joins the R's bringing bags of experience with
	him, the former reality TV star is Hashtag United's record appearance holder with 107
	appearances, which included 25 goals and 25 assists. Harry also includes Haringey
	Borough and East Thurrock United as his previous clubs, and last season was at Witham
	Town.
EMMANUEL OKUNJA – N	/IDFIELDER
	SPONSORED BY:
	EMMANUEL OKUNJA – MIDFIELDER; Eman is another Hashtag United title winner
	joining the R's this summer. He is often described as the 'Non-League Kante' and can
	seriously play. With 36 appearances last year for the Tags, having joined in the summer
	of 2022. Prior to Hashtag, Eman was with Hullbridge Sports before joining
	Walthamstow. He's a great character off the pitch too, always laughing and joking. We
	can't wait to see Eman in a Regent shirt.
BABU OMBOK – MIDFIEL	
	SPONSORED BY:
	BABU OMBOK – MIDFIELDER; Babu has followed Nick over from Barking, which has
	helped Regent beat off a host of clubs after the teenager's signature. The hard working,
	battling, Central midfielder is a star in the making. He was previously with Enfield
	Town's academy and is now ready to show what he can do at senior football level.









BRADLEY RUSSELL – MIDFIELDER



SPONSORED BY:

BRADLEY RUSSELL - MIDFIELDER; Brad joins Regent in November from Stansted where he began this season, last campaign Brad was playing for Hullbridge Sports. Brad is a strong, hardworking central midfielder who will give 100% in a Regent shirt. He will be looking to get a run of matches as injuries haven't been too helpful in the past. If he settles, and stays injury free, he could have a big impact for Regent.

LUKE SKINNER – MIDFIELDER



SPONSORED BY:

LUKE SKINNER – MIDFIELD; Luke was another White Ensign signing made in November 2022. Luke is a ball winning Centre Midfielder who has a great attitude with tremendous work rate. Luke came in and hit the ground running for the R's as an ideal partner for Charlie Durling. Unfortunately, a serious injury hampered Luke last season, but he is looking to be back to his best now after a strong pre-season.

OLLY SOTOYINBO – STRIKER



SPONSORED BY:

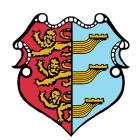
OLLY SOTOYINBO – STRIKER; Olly has Returned to Regent where he began last season's campaign with 2 goals in 12 appearances, before getting a money move to Stowmarket Town. However, he finished the season with Chatham Town despite his 8 goals in 13 games for Stow. Olly went on to win the Isthmian South East Division with Chatham last campaign with 7 appearances. His former clubs include Welling Town and Hullbridge Sports and has always added goals wherever he has been. We look forward to a big season from Olly!

JAKE THOMPSON - DEFENDER



SPONSORED BY:

JAKE THOMPSON – DEFENDER; JT returned to club where he initially joined in 2019 from Witham Town, but whilst studying at university, he only made a handful of appearances. JT completed his first full season with the club last term and the 6'4 Centre back has shown to be a great addition for us, not only does he bring a physical presence to our back 4, but he can also use the ball in key areas.





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ELJAY WORRELL - DEFENDER

SPONSORED BY:

ELJAY WORRELL – DEFENDER; Eljay has joined Regent this summer and has been made the club captain by Brett Munyard. Eljay has bags of experience as a leader having been captain at his previous clubs Barking, Basildon United, Tilbury and Billericay Town. Eljay is a left back by trade but is comfortable wherever he plays, he will bring great energy and enthusiasm to the team and we look forward to seeing what he can do in a Regent shirt.