

Richmond Cricket Club – 2024 Easter Training Camps



- Week 1 - Monday 25th – Thursday 28th March
- Week 2 – Tuesday 2nd – Friday 5th April
- Week 3 – Monday 8th – Friday 12th April

Easter Camps Training Schedule

WEEK 1 <small>No Camp Good Friday</small>	10:00-10:30 - Warm up	10:40-11:15 Skill set	11:15-11:30	11:25 - 12:30 - Nets	12:30 - 13:30	13:30 - 14:00 - Warm up	14:10-14:45 - Skill Set	14:45-15:00	15:00 - 16:00 - Nets
Monday	Quick Cricket	4 x fielding stations	B R E A K	Net Test Match	L U N C H	Run the gauntlet	Off side game	B R E A K	Net Test match
Tuesday	Pull shot game	Hitting in the "V"		t20 Format		9 Ball pick up	Playing against the spin		t10
Wednesday	Hand hockey	Playing spin		100 format		Head shoulders knees cone	Sweep game		Pairs net
Thursday	Rush the stumps	Bowling Variations		Net Test Match		Relay fielding - Teams	Boundary game		Net Test match
WEEK 2 <small>No camp Easter Monday</small>	10:00-10:30 - Warm up	10:40-11:15 Skill set	11:15-11:30	11:25 - 12:30 - Nets	12:30 - 13:30	13:30 - 14:00 - Warm up	14:10-14:45 - Skill Set	14:45-15:00	15:00 - 16:00 - Nets
Tuesday	Off Side Game	High catching	B R E A K	If you're out you're out	L U N C H	Cricket ladders	High catching	B R E A K	Net Test match
Wednesday	Corner ball	Ground fielding		Net Test Match		Catching pairs - relay	Table/flat catching		Pairs challenge
Thursday	Hitting into the stands	Playing short bowling		50 ball challenge		Rush the stumps	Short leg/silly point catching		T20 Format
Friday	Cricket Rounders	Hitting top of off - Points		t20 Format		Squares - Hand grenade	Bowling alignment		Net Test match
WEEK 3	10:00-10:30 - Warm up	10:40-11:15 Skill set	11:15-11:30	11:25 - 12:30 - Nets	12:30 - 13:30	13:30 - 14:00 - Warm up	14:10-14:45 - Skill Set	14:45-15:00	15:00 - 16:00 - Nets
Monday	An outfield match	Rotating of the strike	B R E A K	Net Test Match	L U N C H	Hitting in the "V"	Cut shot game	B R E A K	Net Test match
Tuesday	Pull shot game	Bowling in partnerships		Seam net & spin net		Bowl out	Bowling machine - Grooving		100 format
Wednesday	Squares - Hand Grenade	Bowling machine - Grooving		Powerplay cricket		1,2 & 3 stump challenge	Duck and dive catching		t10 net
Thursday	Spin survival	Boundary riding		Net Test Match		An outfield match	4x fielding stations		No dot ball challenge
Friday	2 x stations Quick cricket	Tops and tails - Catching		Power hitting net		Batting Javelin challenge	Ramp shots		Net Test match